

Naalya Food 16th April 2024

Bulletin

Rotary
Kampala-Naalya

CREATE HOPE
in the WORLD

Issue 15 | 2024



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Editor's Note

Dear Reader,

The 99th District Conference is this Thursday! 18th - 20th April 2024 Exciting, isn't it? Especially for RC Kampala Naalya as we celebrate our own Rotarian Anne Nkutu being installed District Governor.

The DISCON organizing committee has created a very special and meaningful conference experience for our District.

This issue of the Naalya Food Bulletin brings you a summary of events and activities for the upcoming days.

Thank you for registering to take part in these wonderful events throughout the conference.

Join us this Tuesday at Ndere Cultural centre, for a final preparatory fellowship.

Enjoy.

Keno Lillian
Bulletin Officer

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Feedback

We'd love to hear from you about any of our stories this year 2024. Contact the Bulletin Officer: **+256 782 601 009** or Email: **rcklanalyafoodbulletin@gmail.com**

Message from the President

**GODFREY OKELLO-OMODING
HCP**

Dear Rotarians and Friends,

The District Conference is here! As a Club we are very excited to be part of the conference. This District Conference is historical for our Club; producing for the first time the District Governor. In addition, the first woman District Governor for the District 9213.

This is going to be a great celebration. Just coming at the time when we are cooling down from another wonderful celebration; marking of our 9th Edition of Women in Rotary that took place on 9th March 2024. Indeed, this is a special and unique time for our Club. It comes coupled with blessings, visibility and a new call to the Club members for more actions.

As we celebrate Rotarian Anne Nkutu's ascension to the district governorship, we feel humbled yet honoured by all the clubs in the district. We share this part of history with the rest of Rotarians. Naalyakos, as we call ourselves, we come with renewed spirit and a reserve of strength to arise beyond the expectations. Rotary year 2024/25 is the year we shall navigate with a deeper sense of responsibility.

We do know that a celebration of this kind comes with a lot

of hard work behind it. It can be too tiring organizing such conference. Funds are required, different human resources are involved and the time needed is enormous and demanding. We take this opportunity to thank the District Governor, organizers, sponsors and all the Rotarians. The leadership and committees, thanks for the dynamism exhibited; allowing for adaptability and flexibility. Every district conference is unique, different and comes with its challenges. Guests change and too are their tastes.

For us, as a Club, celebrating ascension of one of us is very important. First, it's good to celebrate with the one we have known for long, shared a lot and journeyed together. It's a show of our togetherness. It deepens our togetherness. Second, the time we have in rotary must be lived with happy moments. This particular moment comes once in a while. The moments of joy are times to reflect, renew and rekindle the shared spirit of voluntary service. No better moment than this. Third, it's time to expand on our network worthiness. It's times like these we meet new Rotarians and friends. And, four, it's time like this we come to appreciate togetherness of humanity, and what can be achieved when we are together in a common cause.



Our endowments are many and diverse but when put together in use they change lives of many people and communities for better.

In the District Conferences, we witness celebration of the true spirit of rotary; getting reenergized, motivated and uplifted with a lot of activities. It's a coming together of a grand family from different corners with different testimonies. In this year's conference, it's the testimonies of created hopes. Created hopes are sweet melodies to hear and share. It's a delightful time to make connections, reconnect, recollect and take a count of transformative changes attained. It's time to enjoy ultimate joy of service and feel sense of humanity.

Let us celebrate our friendships. Let us celebrate our fellowships.

Let us celebrate our achievements regardless of the size, volume, depth, width, breadth or length. May we be filled with happiness, contentment and fulfillment.

Be blessed.



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DISCON 99 is here. Are you ready?



BY RTN. HERBERT OLOKA

Friends from Rotary and Rotaract Kampala Naalya and beyond, this conference is perhaps the most significant for our club in a while, and the foreseeable future. We shall be welcoming our own Rtn Anne Nkutu as the Governor for Rotary District 9213 for the 2024/25 year. This comes just 12 years after our club was chartered. As a club, it is time to celebrate this major milestone by fully attending the DISCON - day, evening, and night. Let us use the opportunity to connect to various clubs in our district and internationally (yes, we shall have other districts visiting the DISCON) as we gear up to implement local and international projects.

As we get ready for the DISCON, here is a snapshot of the events and activities

during the conference.

Conference Dates: 18th to 20th April

Venue: Munyonyo

Day One Thursday 18th, 3:30PM till Midnight

- Event: Opening Ceremony
- Theme: One Love
- Dress Code: Reggae Colours
- Hosted by: RC Kampala Early Bird (KEB)
- Venue: Marquee Tent

Day Two, Friday 19th

- Aerobics – 6:30-7:30AM
- Plenary – 8:00AM-12:15PM, including GoH speech
- Breakout Sessions (Youth and ESG): 12:20-1:05PM
- TRF Recognition Luncheon - 1:05-2:35PM
- Parallel events – 2:40-4:00PM (Rotary Fellowship for Empowering Women; Swimming Gala; and Tours and Excursions; Rotaract Awards)
- Caribbean Night – 5:30-11:00PM, Dress Code Floral and White

Day Three, April 20th

- Ride against malaria; Run and walk; and Spinning - 6:00-7:40AM (See flyer)
- Golf Tournament –

10:00AM

- Plenary – 8:00AM-1:20PM REFLECTIONS OF HOPE IN SERVICE
- Luncheon, tours, boat and horse rides 1:20-4:00PM
- Governors Banquet – 6:00PM till midnight.
- Hosted by RC Kampala Sse
- Rtn Anne Nkutu is welcomed as incoming DG.




- Dress Code for RC Kampala Naalya: Ladies Black dress with many pearls; Men – Black Tie, 3 piece

The DISCON organizing committee is preparing the best for you, for all these events and activities. Don't miss. We shall be dedicating next Tuesday's club meeting to rehearse our DG welcome, seek clarity on events and dress codes, and pick kits for the DISCON.

But are you ready? Here is a sample checklist for you.



MON TUE WED THU FRI SAT SUN No _____ Date ○ ○ ○

 **99TH DISTRICT CONFERENCE**
KEEPING HOPE ALIVE

MUNYONYO SPEKE RESORT | **18-20 APRIL 2024**

CHECKLIST:

- PAID-UP
- FRIENDS
- BOOKED ACCOMMODATION
- MEANS OF TRANSPORT
- THEME NIGHT DRESS CODE. ETC



**99TH
DISTRICT
CONFERENCE**
KEEPING HOPE ALIVE
FITNESS AND HEALTH

AEROBICS SESSION

6:30AM - 7:30AM

19TH
APRIL 2024

GOLF TOURNAMENT

12:00PM - 5:00PM

19TH
APRIL 2024

SWIMMING GALA

2:00PM - 4:00PM

19TH
APRIL 2024

RUN AND WALK

6:30AM - 7:30AM

20TH
APRIL 2024

RIDING AGAINST MALARIA

6:30AM - 7:30AM

20TH
APRIL 2024

SPINNING SESSION

6:30AM - 7:30AM

20TH
APRIL 2024

Rotary



Rotary Fellowship for Empowering Women



99TH DISTRICT CONFERENCE

KEEPING HOPE ALIVE

ROTARY FELLOWSHIP FOR EMPOWERING WOMEN'S Break Out

Session

Save the Date

DATE:

FRIDAY 19th

APRIL 2024

TIME:

2-4pm

VENUE:

Munyonyo Speke Resort

OPEN

TO DELEGATES AND NON-DELEGATES



www.rotaryfellowshipforempoweringwomen.org

IN PARTNERSHIP WITH:
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Pictorial - Last week's fellowship



#Rotary24



SHARING HOPE WITH THE WORLD

SINGAPORE | 25-29 MAY 2024



OutToLunch: Govt must clear domestic debt, prioritize service delivery to widen tax base



BY DENIS JUUKO

If you buy a 15-year-old car from Asia or Europe and bring it to Uganda, it will feel and handle like a brand new vehicle while driving it. Many parts will still be intact and you won't hear a part rubbing on another. At least that is what happens in the short run.

A few months later, you will start visiting the garage. Shock absorbers that no longer work. A tie rod end that is broken. A rack

end that needs urgent replacement. The mechanic presents the bill and after scratching your head for money, you remember that TV advert of Osmosis and reach out to borrow some money so at least you can get back to the road.

A few weeks later, the car is feeling exactly its age. The problems are back again. You visit another mechanic while cursing the other. It is the same problem again. And now, you reach your phone for another money lending app. It is time for Wewole.

Weeks later, you are in the garage again. The problems don't seem to go away.

At the workplace, things are tight. The human resource manager has just issued a memo to all staff.

This month's salary will be delayed. "As you all know," the HR's memo starts to read, "government has not paid us the money they owe

us for supplying them four years ago. Management is doing everything in its power to pay you but in the meantime, please understand the situation. For years, we had never failed to pay you but this time things are different."

As you drive out of office, the traffic jam is simply unbelievable and the fuel sign is lighting up the dashboard and the fuel station pump sign is incessantly flashing illuminating your car with some irritating unwanted warning. But somehow you manage to reach home.

You switch on the TV and a ministry of finance official is being interviewed on issues to do with taxation. He is enraged that Ugandans don't pay taxes and is threatening action. He claims he is going to make the world so difficult for you. You wonder how



difficult he is exactly going to make your world difficult. It is already difficult.

You also know that you pay lots of taxes. Pay as you earn is deducted every time your boss is paying you. Every time you transfer your salary that is already taxed to your mobile wallet, you will be taxed again when withdrawing it. Every time you buy fuel, you are paying some tax.

You are very much aware that if your tax had been used properly, you would not have been going to the garage every single day. Your tie rod ends and shocks are being broken by gaping potholes that are everywhere you turn.

The mobile money lending apps wouldn't be threatening court action had the ministry official ensured that your company was paid on time for the goods and/or services rendered four years ago.

Your company would have grown if the government had paid its domestic debt to its suppliers.

Although it is important that government widens the tax base as the ministry of finance is threatening to do, one sure way people can easily pay taxes is by ensuring effective service delivery. If the roads are smooth, schools are built and functional hospitals exist, people would gladly meet their tax obligations. Instead of buying tie rod ends every few weeks, taxpayers would have some surplus that would enable many sectors of the economy to blossom.

But many companies are seeing their assets being sold on auction simply because they have failed to pay their debt as a result of supplying the government of Uganda. Seasoned businesspeople are advising their protégés to avoid supplying government.

Government is the biggest business in any economy and therefore

companies can't grow to pay more taxes or pay their workers better when they aren't being paid for decades.

Under pressure by the electorate, politicians dip their fingers in the public till just to provide social services to ensure re-election. People no longer trust their government to deliver. That is why they put so much pressure on members of parliament to do the work that government is meant to do.

To collect more taxes, let government pay its domestic debt and at the same time ensure effective service delivery. Once people see what their money is doing, they won't be much cajoling for them to pay Caesar what belongs to him.

The writer is a communication and visibility consultant.
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Family Matters



BY PASTOR RONNIE MUTEBI

Genesis 8:22(KJV): While the earth remaineth, seedtime and harvest, and cold and heat, and summer and winter, and day and night shall not cease.

THE NATURE OF SEED

No man in this world has admirable and distinctive fruit without a seed.

If he is enjoying success in his ministry, finances, relationships, business or career, there is a seed.

Don't get too fixated on the fruit, ask what the seed is.

People who criticize those who are greater than them do not understand this principle.

Because it was buried for a while, bearing the burden of the soil and of feet treading it underfoot, some assume it was not there in the first place.

But it was there all along, waiting to burst forth.

Most importantly however, this seed is in actual sense a price.

What you may be doing now in your journey to greatness may seem small and



ignored by many. It may be buried under the soil of sacrifice and struggle but it is a seed and in time, if you are diligent and consistent, it will bear fruit.

Keep the quality of your seed under the right condition for a distinctive taste and quality of the fruit.

Take Home: Success is not by mistake. Learn the quality of seeds which bring forth what kind of fruit and develop the mindset and fortitude of spirit that always pays the price.



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- Dental implants
- Tooth Extraction

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- Face Lifting

PK's Corner: Me or My Shadow Part 2

BY PAMELA KAWADDWA

Can we all be real and raw? If you are on a path of seeking the real and avoiding the fake, check this out.

1. Keep connected with the opposite of your tribe.

We selected our friends because they make us feel good and they share similar tastes and desires. But with no challenge to our status quo, we risk losing out on vital learning. Our brain schemas are designed to accept familiar information and discard what doesn't fit with our versions of reality.

This makes for groupthink that ranges from boring to dangerous. I have come to see a good friend as someone who can hold me kindly but boldly in the space of our relationship and ask, "What on earth are you thinking?"

So don't ditch all your old friends (unless you need to), but do challenge your viewpoints by talking and listening to the person you think is weird, reading the book that makes you shift uncomfortably, and exploring the activity that evokes a bit of fear. Instead of rejecting new ideas outright, play with them, think them through critically, and then keep or discard them.



2. Start being real with people.

The greatest challenge here is that we first have to be real with ourselves. This might offend some people, but take a look at the famous "Bad Black". I damn like the lady for being real, raw, and true to herself. She became unmasked and accepted her own strengths and foibles without shame.

If we can accept our full, awkward humanity, then we can learn how to extend ourselves openly into what aligns with us and feels right, our purpose. We will know when to say "no" and when to say "hell yes." We will speak our minds and take scary steps not because we have lost all sense of fear, but because we know we can be afraid and do it anyways. And we can meet conflict directly, without the misalignments that grow from avoidance, denial, and gossip.

Speaking of gossip, when we are being real, we won't do it. When we hear it, we will state that if a person has a problem with someone else, they should speak to them directly. And we will have no part in cliques that exclude others. Instead, we will seek other intrepid explorers, who also embrace life with the exclamation, "let's be free of all of that."

Let's catch up again!

KIKOMANDO BUDDY GROUP IN CHARGE



Ann Natukunda



Anne Nkutu



Christine Amucu



Denis Jjuko



Dorcas Karungi Mwanje



Elizabeth Wamalwa



Godfrey Okello Omoding



Julie Nabwire



Mathias Mulumba



Rita Aciro Lakor



Sam Byagweri



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