

Naalya Food 14th May 2024

# Bulletin



Issue 19 | 2024



## Inside This Issue



Pictorial - DGE Anne's Homecoming



Rotary Initiative empowering communities



# Editor's Note

Dear Reader,

Thank You for joining us last week during DGE Anne Nkutu's Homecoming.

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**It was a vibrant and lively event, with a record-breaking attendance! Thank you to all who made it possible.**

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And to Rtn. Anne Nkutu, wishing you a successful and impactful year ahead as District Governor for 2024-2025 in District 9213

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**This issue of the Naalya Food Bulletin brings you highlights from the event and so much more.**

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Enjoy.

Keno Lillian

**Keno Lillian**  
Bulletin Officer

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## Feedback

We'd love to hear from you about any of our stories this year 2024. Contact the Bulletin Officer: **+256 782 601 009** or Email: **rcklanalyafoodbulletin@gmail.com**



# Message from the President

**GODFREY OKELLO-OMODING  
HCP**

**Dear Rotarians and Friends,**

**N**o, it is a mini district conference! exclaimed one Rotarian. How would it have been if it was not Ndere Joy Arena venue. The people are many; noted Rtn. Dr. Margaret Okello." This is the summary of the homecoming of Incoming District Governor, Anne Nkutu. Registration records revealed that there were more than four dozens of rotary clubs, and one and half dozens of rotaractors clubs represented.

Over one quarter of thousand Rotarians, guests and friends, and more than half dozen past district governors and two current district governors (Districts 9213 and 9214) were in attendance. On behalf of the Rotary Club of Kampala-Naalya, I take this opportunity to sincerely thank all those who joined us to celebrate the homecoming of Rtn. Anne, the only one of its kind.

**The District Governors, Edward Kakembo Nsubuga and Francisco Semwanga, and past district governors, district governors elects and nominees, assistant governors (past, present and nominated) and district officials, thank you for taking time off and taking part in the great celebrations.**

Hope creator presidents and magic presidents elect who attended homecoming, thanks for coming and being such supportive teams. I extended my

thanks to rotaractors, our guests and friends. To my Kampala-Naalya family, thank you for such a welcoming spirit. This is the spirit that sets us apart and makes us unique and admirable.

This month we are reflecting on Youth Service. As we continue to reflect on youth service, the messages of club presidential installations are filling up space and minds. Indeed, they are reminders of the season of change in club leaderships. The season comes in with tendencies of getting immersed in installation preparations and "parties". Some preparations and parties tend to be enormous and involving. Whatever we do for preparing and carrying out installations, let us hold in mind that the youth are still with us. They are transitional segment of our human growth that needs our attention.

The older segment of the population has a role to nurture and advance the course of the youth. Sometimes, unfortunate part, the youth seem to lose touch with the elders or vice versa. Very often causing worries among the older population. A lot is expected from the youth since they are the very active segment of the population and the future. The challenge today is the level of investments and efforts directed to the youth services which is still wanting.

The theme of month is there to echo on the Rotarians to reflect on their level of investments and efforts on



the youth service. The youth service investment needs are diverse. They generally encompass the learning and doing. Learning involves among others acquisition of knowledge and skills while the doing is a transformative part of what has been learned or acquired.

**The placement of learning and doing is crucial in youth service. This is where hope creation can be realized, attained or given.**

As Rotarians, where are we in the placement? This question and many others are what the theme of the month is reminding us. We are called to do the modelling of our youth. We are called to keep keen eyes on our future, which is in our youth.

We are called to willingly give our skills and knowledge to the service of the youth through various avenues including our vocations. We are reminded that knowledge shared with the youth is a seed planted. We are called to mirror ourselves in the youth, where our future is vested. We are reminded that a forest is a forest because of young trees. Let us bring up the youth through youth service to stand on our shoulders and they will be enabled to see far. Light up the youth.

Be blessed.





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# Don't Give up Convincing People to Join Rotary - **DGE Anne Nkutu**



BY **ROBERT WALAKIRA,**  
**RC KASUBI**

**G**overnor Elect Anne Nkutu is distinguished by her intellect, eloquence and academic achievements. She is a Social Scientist educated at both Makerere and Manchester Universities.

Anne has cultivated a network of esteemed acquaintances within Africa through her work, which initially led her to overlook the value Rotary could bring to her life.

Anne's father was a Rotarian, her brother a Rotaractor, and she has a sister who served as a Charter President of Kampala Sunrise. Despite her family's deep connections to Rotary, Anne never felt compelled to join until her persistent friend, Lady Justice Patricia Basasa, nudged her towards the organization. Patricia is a Rotarian of RC Kampala.

It is often said that most free thinkers think independently and do not blindly follow the crowd without scrutiny. Well, it took Anne an entire decade of gentle persuasion before she finally acquiesced to join the organization.

**Speaking to a crowd of over 250 people gathered at Ndere Centre for her Homecoming celebration on Tuesday May 07, 2024 Anne said that the only catalyst for her decision to join Rotary was the void left by her friend, Stella, who immigrated to the US, leaving Anne feeling socially and intellectually isolated.**

And in 2011, when RC Kampala decided to sponsor a new club in Naalya, Patricia's unwavering persistence prompted Anne to give it a try for the sake of expanding her network.

**Although she never bought into the idea initially, the fact that Sky Hotel, the club's meeting venue, was a five-minute walk from her home further influenced her decision to join, Anne said.**

According to Charter President Francis Lakor, RC Kampala Naalya was chartered with 30 members,



but Anne's dedication and leadership skills swiftly propelled her from the role of club admin to club president within a mere three years, marking the beginning of an extraordinary journey.

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**However, Anne's journey did not end with her presidency. She seamlessly transitioned into roles of greater responsibility, serving as an Assistant Governor, Editor of the District Magazine, and eventually as the Country Chair.**

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Anne's rise through the ranks not only highlighted her capabilities but also illustrated the transformative potential of Rotary.

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**Anne is passionate about growing Rotary, and during her tenure as president in 2014, she said that the District witnessed an unprecedented surge in membership, welcoming 789 new Rotarians, a feat that set a new record.**

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Reflecting on her early days

in Rotary, the Incoming Governor emphasized the importance of engaging new members from the outset. Anne, who spoke for a good 25 minutes, urged club presidents to involve newcomers in meaningful roles as early as possible, citing an example of the attrition experienced by RC Kampala Naalya, which saw 15 members lose interest within the first year.

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**Anne's insights resonated with many clubs and served as a reminder to Rotarians that the true essence of Rotary lies in the active engagement of its members.**

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HCP Geoffrey Omoding wished Anne a successful tenure and urged her to be herself.

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**Geoffrey expressed gratitude to the Rotary leaders in attendance, including Past and Future Governors: Rosetti, Stephen, Ken, Mike, Xavier, John, Edward, Gerald, and Francisco, as well as Daniel, both from D9214.**

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# Pictorial - Homecoming





# Pictorial - Homecoming





# Thank You!

for joining us during DG. Anne Nkutu's Homecoming. We are highly grateful for your presence that made the evening even more memorable.



## Clubs in Attendance:

### Rotary

RC. Kampala Naguru	RC. Seeta
RC. Muyenga	RC. Kasubi
RC. Kampala Ssese	RC. Tororo Sam Owor
RC. Najjeera	RC. Kitante
RC. Kasangati	RC. Kyambogo University
RC. Naalya States	RC. Kololo
RC. Bukoto	RC. Ssonde
RC. Kampala Metropolitan	RC. Nateete
RC. Kampala	RC. Mengo
RC. Ntinda	RC. Kampala Impala
RC. Gayaza	RC. Kira
RC. Gulu	RC. Ntinda Metro
RC. Kyanja	RC. Kampala Maisha
RC. Bweyogerere Central	RC. Mbalwa
RC. Nakawa	RC. Upper Kololo
RC. Nsasa	RC. Kampala Life Stars
RC. Kampala South	RC. Mukono
RC. Kitukutwe	RC. Bwebajja
RC. Kampala North	RC. Kampala East
RC. Kawempe	RC. Kampala City
RC. Bugiri	RC. Kampala Central
RC. Kampala West	RC. Makerere Rainbow
RC. Kiwatule	Prov RC. Kyadondo Rugby

### Rotaract

Rct. Kampala North Musical  
Rct. Kawempe  
Rct. Kampala Naalya  
Rct. Nansana  
Rct. Kyanja  
Rct. Najjeera  
Rct. Ntinda  
Rct. Cape Munyonyo  
Rct. Nangabo  
Rct. Kasangati  
Rct. Kampala The Core  
Rct. Bulindo  
Rct. Ndejje City  
Rct. Kampala Naguru  
Rct. Mukono central  
Rct. KYU



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www.rotarykampalanaalya.org



# Empowering Youth and Transforming Communities - A Rotary Initiative

**I**n the heart of Kampala Naalya, a beacon of hope is shining bright through the Rotary Club's impactful project, in collaboration with Rotary Vijana Poa and Bandera Farmers Network International. Under the dedicated leadership of Rtn Fathila Nanozi, the project has been instrumental in uplifting the lives of young individuals in Kiyunga and Bugumira communities, kamuli district

## Youth Empowerment at its Core

The project's primary focus has been on youth empowerment, particularly targeting young women, teen mothers and young men who often face daunting challenges in securing their futures.

**Through a series of targeted trainings, workshops, and mentorship programs, the project has successfully equipped these youth with essential skills and knowledge, fostering a sense of confidence and self-reliance.**

## Creating Opportunities through Enterprise

One of the most remarkable outcomes of the project

has been the establishment of youth-led enterprises. From shoe making to manufacturing laundry bar soap, these ventures not only generate income but also serve as platforms for fostering creativity, innovation, and teamwork.

**With an initial investment of over 5 million shillings, these enterprises have already begun to make a tangible impact within the community.**

## A Testament to Transformation

The impact of the project on the lives of its beneficiaries is truly profound. From overcoming trauma and stigma to embracing newfound opportunities, the youth involved in the project have demonstrated remarkable resilience and determination. Prossy, the group chairperson, aptly captures the sentiment, expressing gratitude for the support received and the transformative journey embarked upon.

## Sustainable Growth and Future Prospects.

As the project continues to evolve, it has expanded its scope to include initiatives such as the Bandera School Program, aimed at supporting young children and teenage mothers in staying in school. With

support from Rotary Club of Kampala Naalya, two teenage mothers and one boy have gone back to school all at secondary level. There are other initiatives that the implementing partner as established such as carpentry and all these are as a result of initial projects. With a firm foundation laid and a clear vision for the future, the project looks forward to scaling up its efforts and making an even greater impact in the community.

## Call to Action

In light of the project's success and its potential for further growth, the Rotary Club of Kampala Naalya calls upon fellow Rotarians to extend their support. The projects still need a lot of funds to scale out.

**Whether through financial contributions, mentorship opportunities, or advocacy efforts, every contribution matters in empowering youth and transforming communities for the better.**

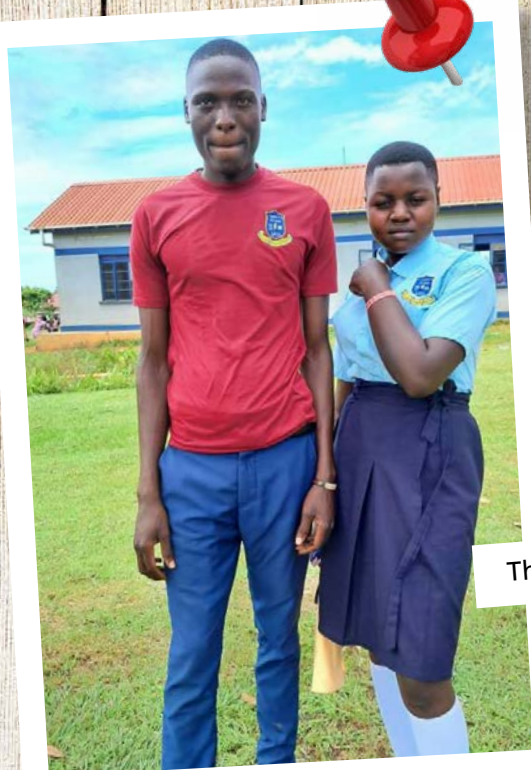
The Bandera school program is also running a campaign to support young children attend school. We are looking for support in form of school fees, scholastic materials and capacity building for teachers.



# Pictorial - Rotary Initiative



The youth who were trained.



The boy and girls are back to school





# Pictorial - Club Visits)

RC Nalumunye, Bweyogerere Namboole, Rct Club of Nangabo.







# INSTALLATION

OF THE **13<sup>TH</sup>** PRESIDENT

**RTN. SYLVIA JAGWE  
OWACHI**

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## OutToLunch: Should a postgraduate degree be required for every job?



BY DENIS JUUKO

**S**tories about people looking for jobs can sometimes sound unbelievable yet could be true. Like a recent post that 7,000 people had been shortlisted for 100 temporary jobs. My first reaction was to wonder who does that. Who shortlists 7,000 people for a mere 100 positions? Why give people false hope? But the law could require that all qualified candidates are shortlisted to seem to be fair.

Yet here I think that it is unfair to give people false hope.

I can imagine the frustrations when people who could fill a sizable soccer stadium turn up for interviews for these very few jobs. The resources they put in, the expectations and then that dreadful email or message that regrets they haven't been selected. And that is if the hiring organization even sends them that notification. The majority don't do that. That perhaps explains why false prophets make so much money. People clinging to prayer for the ever-elusive jobs.

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**In a country where so many young people are unemployed, both those working and those looking for work try to find ways to gain advantage. One such way is by having the requisite academic qualifications. It used to be a certificate, diploma or a bachelor's**

**degree for almost every job. A degree was the ultimate but it wasn't always required for many positions.**

---

Many people with their diplomas worked until retirement age. That is changing. I read recently that primary teachers in districts like Rakai are retiring early because they have been asked to upgrade to at least a bachelor's degree. Those interviewed argued that it didn't make business sense for them to go back to school when they are about to reach retirement age. Others said they are prioritizing the education of their children. Basically, they didn't have financial resources to go for further studies while at the same time paying tuition fees for their offspring and other relatives.

If primary teachers are being asked for degree qualifications, what will happen to secondary teachers and those in other positions in public service?



The simple answer is a post graduate qualification most likely a master's degree. In the private and development sectors, a master's degree is almost a requirement for many positions.

---

**For people to secure their jobs or get invited to face an interview panel or even sit for an aptitude test, they are flocking back to universities to acquire these qualifications. And many with master's degrees are also not happy with what they have, they are doing PhDs or buying honorary ones for the politicians and businessmen.**

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Sometime back, I visited a rural school in eastern Uganda where I found a teacher to be a PhD holder. It wasn't one of those PhDs people buy in Dubai or awarded at events at Kampala's not-so-fancy restaurants. I wondered whether it was worth it.

Anyway, that pressure for postgraduate qualifications saw somebody frantically seeking for an appointment

for advice on a suitable course. All the courses the person listed didn't seem to align with his career plans. They were outside what the person had done or intending to do in the future. The more I listened, the more I realized that the degree had nothing to do with the person's career aspirations. It was about ticking boxes when the time comes and he is asked for academic qualifications so he can secure the corner office and all the perks that come with it.

I then wondered why the person needed any advice. My advice was for him to just go do the easiest affordable course at any university and complete it on time before his human resource manager asks for it. He said he had other reasons as well but wasn't so convinced.

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**Anyway, I believe for those who aren't just ticking boxes, a graduate academic qualification should be aligned with somebody's career path that would make a person an expert in their preferred profession or enhance**

**their chances of becoming one.**

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I am perfectly aware that people's interests change due to many factors but if we over emphasize academic qualifications, we may end up with a workforce of career students whose sole interest may be to keep their jobs.

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**That is why I think the teachers in Rakai who preferred to retire than going back for bachelor's degrees were right. Their experience should have been considered and may be encouraged to do refresher shorter courses than enduring three years of academic study at universities.**

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Perhaps, it is time to reconsider postgraduate qualifications and encourage people to use the money they would spend on Masters Degrees on stuff that could ensure increased household incomes.

The writer is a communication and visibility consultant.  
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# Travelling to **Singapore?** Don't Chew Gum - Unless you have a **Prescription**

**M**ost people are aware that **Singapore is fastidious when it comes to urban cleanliness.**

In fact, you may have heard that it's actually illegal to chew gum there. To be accurate, the ban is actually against buying gum or importing it into the country, but it's essentially the same thing. If you can't have it, you can't chew it and, more importantly to the Singaporean authorities, you can't spit in out in the streets.

---

**You have to admit, stepping in a sticky wad of chewing gum is never pleasant. It's just the only place to outlaw the offense.**

---

Don't worry, you're not going to get caned for inadvertently smuggling a stick of Wrigley's in your suitcase, but you can be fined \$500 if you dare to chew and drop it.

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**Since 2004, an exception is made for those who need to chew gum for "therapeutic purposes" and have a medical prescription from a doctor or dentist.**

---

Yep, they take "gum control" seriously in Singapore. Best to quell that garlic breath with a mint.



Rotary



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**Sunday 26th May 2024**

Time: **5:00pm**



Rotary  
Kampala Naalya



CREATE HOPE  
in the WORLD



HAPPY  
BIRTHDAY

Rtn Johnson



# Family Matters



BY PASTOR RONNIE MUTEBI

**M**ark 9:23 (KJV): If you can believe, all things are possible to him that believeth.

## THE POWER OF POSSIBLE

All things are possible to him that believes. To believe is to serve priorities and set goals to achieve.

The question to you as the person who believes is , 'how big is possible in you?' To some people, possible is handling what everyone else is able to do while to others possible is the zeal to achieve more.

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**To one man, possible is venturing into a business of thousands, to another it is an absolute stretch to a millionaire mindset.**

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To one woman, possible means buying a new phone, to another, it equates to the nations opening up to connections of entrepreneurship to set up a phone assembling plant.

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**The brain is wired to achieve as much as you are able to stretch it to or even above what we hope or expect.**

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This scientific discovery is supposed to provoke you to expand the horizons of what you define as possible.

Today, purpose to make room in your heart for greater 'possibles.'

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**Take Home: All things are possible to him that sets priorities and desire to achieve. Expand the horizons of what you define as possible.**

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- Face Lifting



# PK's Corner: The heart of the matter is the matter of the heart

**BY PAMELA  
KAWADDWA**

**I** hadn't intended to have a heart still raw and exposed from the hurt imposed on it by other people. I thought my heart was closed off and sealed from the world's cruelty..

**I had filled my balloon of hope with expectations and dreams only to realise that I had not tied it tightly enough. And the air had escaped!!!**

I then realised it's just a matter of my heart..

Wait!  
Wait!!!

Then my heart gave way to my mind.  
Uhhmm.. my mind instead travelled! Looking through the busyness of us all..  
This obstructive busyness has become the greatest distraction from living, as we coast through our lives day after day, showing up for our obligations but being absent from ourselves.

Mistaking the doing for the being!

**My heart joined my mind... hey! Stay still little mind!  
Take in the moment and let none go by.  
Live as if it's your last day appreciating every breathe.  
It's not bad to have a raw heart. Let your heart beat again ! Let your mind wander more, as that's life!..**

Till again







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