

Naalya Food November 2023

# Bulletin



Issue 21



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# EDITOR'S NOTE

## DEAR READER,

We take this opportunity to thank you all for joining us as we welcomed DG Edward Kakembo Nsubuga on his official visit to RC Kampala Naalya last Tuesday. We couldn't have had such a fantastic time without you.

My best part of the day was the induction of new members and recognition of hard work, fitting into the Governors call for membership growth and retention.

Thank you Barbra and Ronnie for making a choice to serve humanity with us. May your Rotary Journey not only be blissful but also bring hope to the world

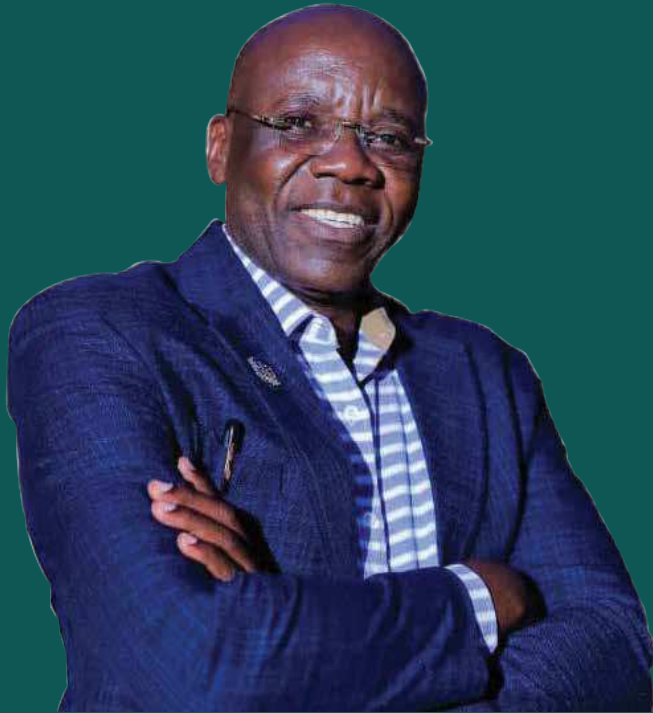
This TRF month we are keen to ensure that we give more to the Foundation through the buddy group giving challenge. To help us meet our target, we are hosting PDG Xavier this week to remind us how we can create hope through The Rotary Foundation. Perfect timing! Isn't it? After all is said and done, we meet again at the TRF dinner to celebrate the givers across the district and give more.



If you have unanswered questions about what your money does, this is your time to find them. We are looking forward to hosting you once again as we give, grow and expand our reach.

Keno Lillian  
Bulletin Officer

# PRESIDENT'S MESSAGE



Last week we had a great time with the District Governor (DG). He paid us his scheduled official visit. We had a fruitful interaction and candidly discussed with him a range of issues. He gave very constructive advice for taking the Club forward. He handed over recognitions to three of our Rotarians; Stephen Kakonge, Lillian Keno and Sylvie Nankya. As a Club, we are very proud of the commitment of these three Rotarians. The sounding message coming up is, **“they deserve it”**. Felicitation!

The DG inducted two members into our Club; Ronnie Mutebi and Barbra Ninsiima. Ronnie is a pastor and Barbra is a procurement specialist. Excellent addition to the Club. We welcome our new members. Ronnie is establishing a footing in our weekly Bulletin- Naalya Food. Look out for his weekly column on family. It is a must-read piece, and do some reflection on the insightfulness of the writings. Also inducted were four Rotaractors for our Rotaract Club. They too are welcome to the family of rotary. All these were crowned with the Club giving the DG “groundnuts” worth USD 6,000 towards the Rotary Foundation, superseding the earlier commitment. Yet, still promising to stretch beyond this. Beneath this giving, there is the wholesome act of remembering this month of giving to the Foundation.

Giving as an act, and particularly giving to The Rotary Foundation (TRF), can be striking to the minds of many. It calls for appreciating, understanding and having an internal conviction. This, in any way, is not easy said and done. For sure, everyone in one way or another encounters such self-internal decision making in daily life when it comes to giving. It may require sitting back and having deep reflection to get insightful meaning of giving. As is the case in our daily living,

very often we are confronted with messages of giving, giving and giving. Sometimes coming from spiritual circles, families, friends and others. The difference comes from the packaging of the messages embedded in the seeking of giving. Messages are packaged in all types of manners; promissory, threatening, entitlement, persuasion, transactional and even manipulative. Nevertheless, the aim of the messages to the receiver is to cause to act.

What is the way of TRF giving? Should the receiver of the message of giving be left, if unable to give, and saved from making excuses or unsolicited explanations? The TRF giving ought to come out of the giver's appreciation, understanding and conviction. Ideally, giving is a conviction and within the ability of a giver. However, since we are different, cases of impression loop in. Some people struggle debating internally; “What will they say about me? What will they think about me? When I give USD 5 or 10”. Some people get entangled with minding much about impression than giving. Of course, there are those who mind about recognition. They forget we have different abilities and resources. It is important to unlearn this “impression thing” and give according to what your heart tells you and within your ability.

Rotarians, being gratitude and contented in giving is important. Besides, having an understanding why you are giving or should give. One attains these when giving is within one's ability and with full understanding. As we endeavor to create hope in the world, we must first create and receive our own gratification of the act of giving. Hope creating begins from the giver. When you are stressed in giving, you will not be a hope creator. Hope creator is more bothered about readiness to give not the amount or form. Hope creator acts with gratitude heart. Hope creator has a story to share, a story of change. Hope creator beams with a giving smile on the face. Hope creator gratifies giving regardless of amount and bothered with making a difference. Hope creator exhibits generosity. It is that generosity that is used in transforming the advancement of the world understanding, goodwill, and peace by fighting diseases, improving the quality of education, protecting the environment, alleviating poverty, improving water access and doing even more. Therefore, Rotary giving is about extending hope; taking hope to others through changing their status.

Be blessed.

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**Rotarian Godfrey  
Okello-Omoding, HCP**

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# *Celebrating* **Paul Harris Fellows**

This Foundation month, the Rotary Club of Kampala-Naalya has registered two additional Paul Harris Fellows and one member who has been elevated to PHF+2

The Paul Harris Fellow recognition acknowledges individuals who contribute, or who have contributions made in their name, of \$1,000 to The Rotary Foundation.

Rotary established the recognition in 1957 to encourage and show appreciation for substantial contributions to what was then the Foundation's only program, Rotary Foundation Fellowships for Advanced Study, the precursor to Ambassadorial Scholarships.

The latest club additions are HCP Godfrey Okello-Omoding and CMP

Sylvia Nankya. In addition Charter President Francis Lakor becomes a PHF+2 after contributions USD 3000 to the foundation.

Meanwhile the club is running a giving challenge through its buddy groups to encourage all members to give to the foundation. A prize awaits the members with the highest contributions at the end of the TRF Month.

The challenge will climax with the celebration of Giving Tuesday on November 28.

These Generous gifts to The Rotary Foundation help create lasting change in communities both close to home and around the world.

# Paul Harris fellows *Pictures*

# HAPPY FOUNDATION MONTH





**THANK YOU FOR  
GIVING**



# TeamBuilding *at* **TEMBUZI**

## ABOUT US

Tembuzi Cultural Fun Park is designed as a family-friendly leisure park, with recreational facilities, kid's play area, restaurants and bars. Tembuzi is a place where individuals and families can chill, catch-up and celebrate themselves.

## WHAT WE OFFER

Tembuzi Cultural Fun Park offers you the most appropriate venue for all kinds of outdoor corporate events, including team building activities to increase communication, motivation, leadership skills, goal setting abilities and productivity. Along with an amazing space, we offer food, drinks and a games master to guide the experience. Book the Tembuzi space for team building, corporate parties and more.



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# FAMILY MATTERS

*2 Corinthians 10:12* .....For we dare not make ourselves of the number, or compare ourselves with some that commend themselves: but they measuring themselves by themselves, and comparing themselves among themselves, are not wise.

## DEALING WITH GREATNESS

God has designed life in such a way that there will always be someone better than you at something.

It is delusional to assume that no man beats you at anything

in this life. You cannot be the sole master of all trades.

The question then is, how do you behave when you meet someone who excels at some aspect of life more than you?

Some people become jealous and instead fight anyone better than them.

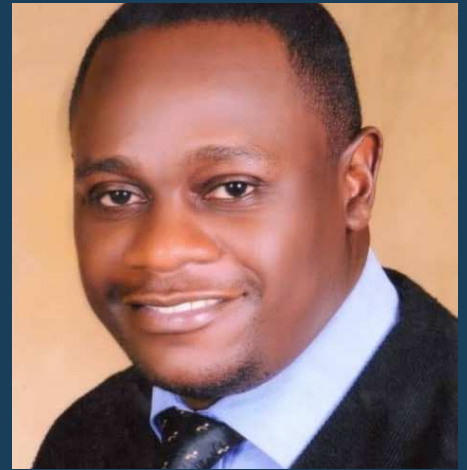
They always assume that their stars are somehow diminished by the mere fact that someone is better than them.

Our theme scripture calls that foolishness. Never be intimidated by greatness. Choose to embrace and celebrate anyone greater than you.

By this principle, you will always attract unique favor into your own life.

*\*Take home\** Never be intimidated by greatness. Choose to embrace and celebrate anyone greater than you.

*Pastor Ronnie Mutebi*





# 99TH DISTRICT CONFERENCE

KEEPING HOPE ALIVE



**RISE AND SHINE!**  
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FOR ROTARIANS

**\$200**

FOR ROTARACTORS

**\$120**



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VENUE

**MUNYONVO  
SPEKE RESORT**

DATE

**18-20  
APRIL 2024**

PARTNERSHIP WITH:



REGISTRATION LINK -  
<https://discon.rotaryd9213.org/>



99thDISCO

# D9213 AND D9214 OFFICIALLY LAUNCHED

## Journey to Singapore Rotary Convention



**D**aydreaming about a trip on your calendar is one of life's small rewards. All the more so if the destination is the 2024 Rotary International Convention in Singapore, Asia's dazzling garden city, rich in culture and unique attractions.

To attract more registrations for the event Rotary Districts 9213 and 9214 last week launched the journey to Singapore with an event held at Speke Resort Munyonyo. The event hosted by the Rotary Club of Kampala-Munyonyo attracted guests from various clubs within and outside Uganda.

Speakers on the day used the event to encourage Rotarians to take advantage of the early bird registration discount which ends on December 15. There will not be a lower rate after this date.

Past District Governor John Magezi Ndamira shared the benefits of attending the convention explaining that apart from being an opportunity to get the much needed holiday, one can only believe in the magic of Rotary by attending the largest gathering of like-minded people from all over the world.

Past Assistant Governor Richard Were took Rotarians through a session to start booking for better fares and hotels.

*"It's the right time to lock in a good airfare rate before prices almost certainly go up closer to 25-29 May."*

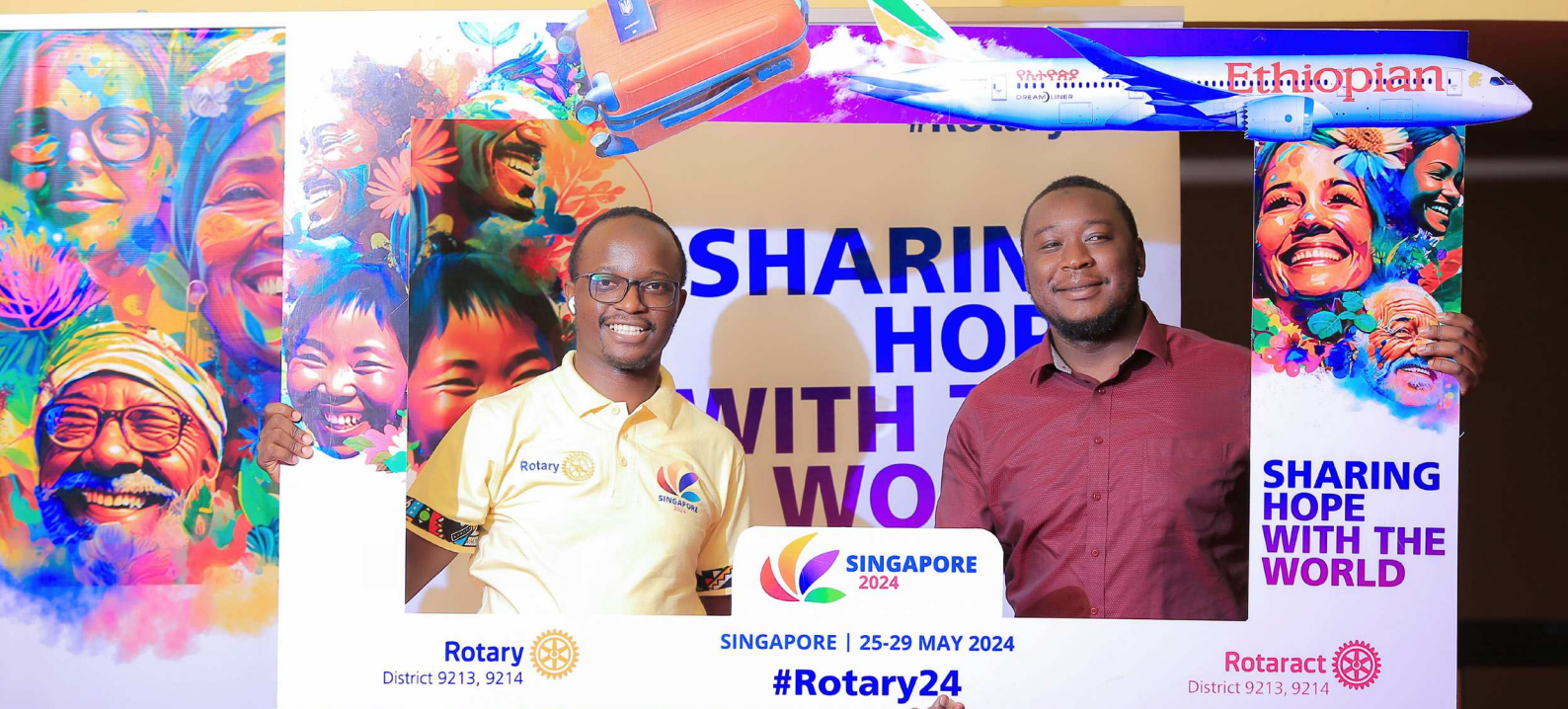
Rtn Were promised a special experience to Rotarians ranging from exclusive excursions and curated tour packages to see hidden gems in Singapore and nearby countries.

At the meeting, Ethiopian airlines announced that it will give out one free ticket for every 20 tickets bought by Rotarians travelling to Singapore.

PAG Moses Musiitwa also encouraged clubs to make the most out of the convention by unveiling their projects through the District Booth at the House of Friendship and gain meaningful partnerships.

The Singapore convention will help members to turn ideas into actions for Sharing Hope With the World.

*For more information about the Convention contact the RI convention Promotion Chair Rtn Sylvia Nankya on 0778120939 or email [sylvien79@gmail.com](mailto:sylvien79@gmail.com)*





## #OUTTOLUNCH:

# INVESTING IN THE MOVIE INDUSTRY AND ITS VALUE CHAIN COULD BE THE NEXT BIG THING

About 30 years ago, a Ugandan soap opera captured the imagination of the nation, turning hitherto unknown actors and actresses into household names. Some like Sam Bagenda who was quoted over the weekend, the public doesn't even know their real names. Where he turns, he is known as Dr Bbosa after the character he portrayed so well in the famous series, *That's Life Mwattu*

Other series followed such as *Bibaawo* and *Ekitobeero* trying to capture the market created by the success of *That's Life Mwattu*. Actors took to the stage and it seemed a new industry was born. But it seemed the success of Ugandan TV shows was always short lived.

Foreign soaps such as *Sunset Beach*, *Generations*, and *Isidingo* would always interrupt the flow, leaving Ugandan actors to only perform in poorly attended theatres. South American telenovelas and even Philippine ones have of recent been the rage.

But it seems there is a revival of the Ugandan TV soaps. You have probably heard the kids in the neighborhood singing *Sanyu Sanyu nkwagala*, a theme song for the *Sanyu* series on one of the pay TV channels. Or you have been incessantly called to remind you that the ***"TV has been cut off yet Sanyu Sanyu Nkwagala is about to start, please pay up."***



DENIS JJUUKO



Sanyu revolves around a young fashion designer who marries into the extremely rich Kirunda family that runs the country's biggest fashion enterprise. Kirunda, a cunning businessman or criminal depending on how you look at things is played by Abbey Mukiibi of the Kalisoliiso Crew. It is a well-crafted script and the production is good.

It isn't only Sanyu that is keeping soap lovers captivated. There is also Ssuubi, a domestic worker working for the family of coffee mogul Kaaya. Kaaya is played by renowned actor Andrew Benon Kibuuka of the Bakayimbira fame. It also features visual artist and former Buganda Kingdom minister Owek Nuwa Wamala Nyanzi. And of course, Comedy Factory and its Mzigo Express. The production of Ssuubi or Mzigo Express is as good as Sanyu even though sometimes the casting could have been better.

There are several other Ugandan TV series and lovers can be hooked on TV the entire weekday evening. Of course, there are also some poorly done ones I have watched but there is no need to dwell on them.

Even though these series are featuring many known faces, there are many actors and actresses I am seeing for the very first time and they are good at what they are doing. Many are young and smart and the future for the industry seems to be bright.

Like I have argued before, the creative industry can employ millions of young people. There are 71 licensed TV stations in the country and hundreds of radio stations, most of which lack content. Audio dramas targeting mobile phone users could also be made. And of course, the internet opens many opportunities.



Many young people already earn a living creating content on YouTube and TikTok. X, formerly Twitter, recently started paying verified users (may not be yet possible in Uganda though). However, some of the creators on platforms like TikTok produce bizarre videos in a bid to bait followers to watch them. Many such creators lack the skills and talent to write creative scripts and of course acting them out. I don't think they will stay in the industry for long.

So, there is a need to train more script writers

and production crews if this is to work and most importantly create distribution channels and systems so the content can reach the target market.

The training doesn't necessarily have to be through formal education where people get degrees and such certificates. Hands on training would create the numbers necessary today to get these young people quickly into work.

The emphasis must be on original content and not

necessarily on recycling or even copying jokes like some standup comedians do. It also doesn't have to be vulgar or tribal to sell either. What channels through which would this content be distributed? What synergies can be made?

In Nollywood, Nigeria's highflying film industry, it is estimated that each movie employs approximately 100 people from pre-production to movie production to post production. Nearly 3,000 movies are produced annually in Nollywood, which translates into approximately 300,000 jobs a year. Generally, a million people work in Nollywood. According to Business Day, a Nigerian newspaper, Nollywood contributes 2.3% of the country's GDP. Nigeria is Africa's biggest economy.

Africa's film and entertainment industry has the potential to create 20 million jobs and US\$20 billion annually by 2025 according to UNESCO.

This won't happen on its own. Deliberate efforts will be needed for the industry to thrive. If you are looking for where to invest, what about the movie industry and its value chain?



The writer is a communication and visibility consultant. [djuuko@gmail.com](mailto:djuuko@gmail.com)





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- Root canal Treatment
- Crowns and Bridges
- Orthodontic Treatment/Braces (For clients with teeth mal-alignment)
- Denture for clients with missing teeth
- Periodontal Treatment (scaling and polishing or Cleaning)
- Provision of mouth guards to sports men and women
- Teeth whitening.
- Dental implants
- Tooth Extraction

### MAXILLOFACIAL IMPLIES ONE DEALS WITH THE FACE, MOUTH AND THE SURROUNDING AREAS. THIS INCLUDES;

- ORIF (fixing broken jaws)
- Reconstruction surgery to Patients who might have lost their palate due to cancer.
- Face Lifting

Pk's Conner

# MY GOD!

*My God is not waiting inside a church or sitting above the temple's steps. My God is the refugee's breath as she's running*

*Is living in the starving child's belly*

*Is the heartbeat of the protest.*

*My God does not rest between pages written by holy men. My God lives between the sweaty thighs of women's bodies sold for money.*

*Was last seen washing the homeless man's feet and feeding the hungry.*

*Comforting the heartbroken.*

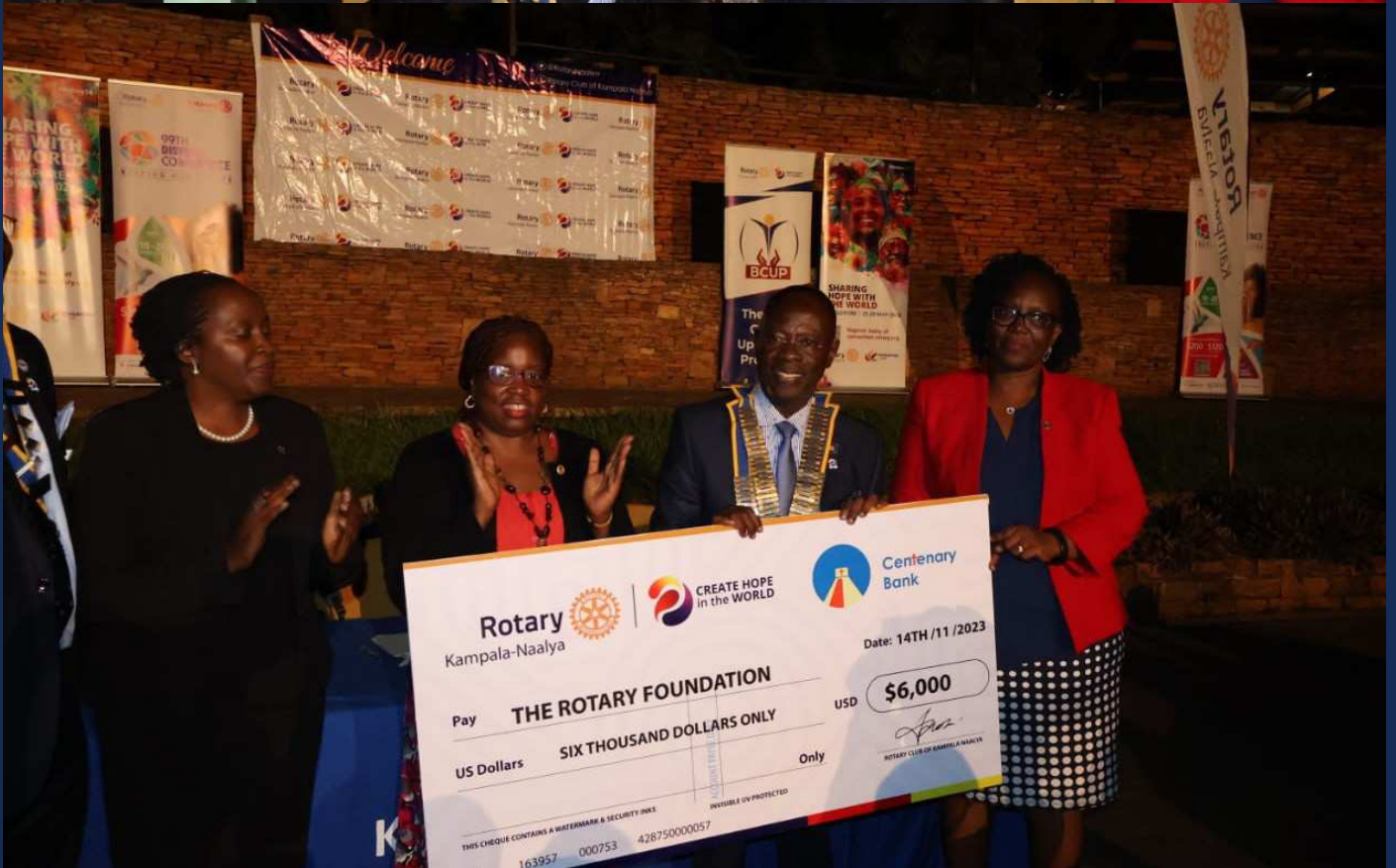
*My God is not as unreachable as they'd like you to think. My God is beating inside us infinitely.*

Pkwya



**Pamella Kawaddwa**

# DG's Visit Pictorial





**Rotary**  
Kampala-Naalya



**CREATE HOPE**  
in the **WORLD**

# Creating Hope Through The Rotary Foundation

**TUESDAY**



**Nov 21, 2023**



**7:00 PM**



**Ndere Cultural  
Centre Ntinda**

**Buddy group in charge**  
**Kitoobero**



**PDG Xavier Ssentamu**

# KITOOBERO BUDDY GROUP IN CHARGE

## *OUR MEMBERS*



**Rtn Bobby Louis Ogwal**

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**Rtn Charles Owekmeno**

---



**Rtn Esther Babirye**

---



**Rtn Faith Nambozo**

---



**Rtn Flavia Serugo**

---



**Rtn Jackie Mutimba**

---



**Rtn John Mugisa**

---



**Rtn Julie Kisekka**

---



**Rtn Margaret Harriet Kugonza**

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**Rtn Paul Jerome Luyima**

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**Rtn Sylvia Nankya**

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CALL 0778 120939**

**THE ROTARY CLUB OF KAMPALA NAALYA  
MEETS EVERY TUESDAY AT 7-8PM**