

Naalya Food 21st May 2024 Bulletin

Rotary
Kampala-Naalya

CREATE HOPE
in the WORLD

Issue 20 | 2024



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Editor's Note

Dear Friends,
I hope you had a good weekend.

Thanks to all members who spared time and joined the Annual Club retreat at Hotel La Vena Seguku, last weekend. A Big Thank You to PE Sylvia Jagwe Owachi for coordinating and organizing the retreat.

As you embark on your journey to Singapore, I wish you safe travels.

I also encourage you to fully participate in the Convention events as you connect with thousands of fellow Rotary members from around the world.

In this issue, PE Sylvia Jagwe Owachi shares her Rotary Leadership Institute experience and so much more.

I invite you to join us, as our Rotaractors take over fellowship this Tuesday evening at Ndere Cultural centre.

Have a Blessed week..

Lillian Keno O

Keno Lillian
Bulletin Officer

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Feedback

We'd love to hear from you about any of our stories this year 2024. Contact the Bulletin Officer: **+256 782 601 009** or
Email: **rcklanalyafoodbulletin@gmail.com**

Message from the President

GODFREY OKELLO-OMODING
HCP

Dear Rotarians and Friends,

Once again, it is good to have you around. We have journeyed together since July 2023. Your involvement and engagement continue to inspire the club members. This, I'm very grateful. I have to bring to your attention that the Club has youth initiatives. They have proved to be very impactful despite their modest. We have preferred to build on these initiatives to reach more youth in our youth service. They remain our fulcrum for expansion and learning in the next rotary year.

During the Club Members' retreat last weekend dubbed; reflect, restructure and reconnect, there was no doubt that the new leadership team is coming in well refueled. The Club's Three-Year Strategic Plan (SP) entering the second year of implementation forms a solid base. The steam of implementing SP has already been generated such that the new team will touch the ground running.

Drawing from the retreat, there were range of key questions that guided the formulation of new targets. For the youth service in particular, there were key questions raised, among them was; What is the main focus we want for the youth? This question is clearly loaded. When one unpacks it, there are many areas to

be tackled. Areas of skilling, employment, empowerment and gender targeting feature saliently. Of course, this is not all that the youth need. But, one step made in defining what to do is the beginning of a journey.

Instilling values to the youth is important too. Fundamentally, progress per se goes with values. Beneath any advancement, there are values underpinning it. Values such as hard work, trust, honesty, ethics, integrity, patience, courtesy, order, adherence to rules and standards, and love of others are very essential. A number of these values are wanting among the youth. May be what they are exposed to has shaped them that way. An empowered youth without values is valueless. Parameters of success to today's youth are equally the concern to define. Also, may be, this is mirroring what society today defines as success.

The efforts rotary is putting on Rotary Youth Leadership Awards (RYLA) is excellent for modeling youth as leaders. This is creating hope for tomorrow's world. As a club, we embraced this very strongly and we continue to sponsor youth. This year, our focus was giving opportunity to the youth from our rural project in Kiyunga, Kamuli District. This was very uplifting to this youth. We saw this as



one perfect way of creating hope; hope in exposure, hope in leadership skills, hope in horizon expansion, and hope in inspiration.

As part of our Club engagement with the youth this month, we have dedicated this week's meeting/fellowship to our rotaractors. They are the ones leading us, call it "Rotaract take over Rotary". They have mobilized a guest speaker who will give a talk on a topic; "Decision Making and Behavioral Change". This topic resonates with instilling values. We take such "a takeover" by rotaractors as empowering; remembering that they are the future of rotary too.

Rotarians, as always being reminded by the District Governor, Edward, that rotaractors are future good Rotarians. Let us continue supporting Rotaract clubs. They are the nursery beds of rotary. Let us continue being involved in their projects and engage with them. They are our part of the bigger rotary family. Let us not be absentee parents. Let us nurture and nourish them.

Be blessed.



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BY SYLVIA JAGWE OWACHI
PRESIDENT ELECT
RC KAMPALA NAALYA

In October 2023 I enrolled for the 25th Undergraduate Class of the Rotary Leadership Institute (RLI). As a President Elect of my club Rotary Club Kampala Naalya I wanted to go into leadership more knowledgeable. RLI has done that for me and much more.

Though I joined rotary in 2017 I had not clearly understood what it was all about. In RLI we got to clearly understand the rotary structures and the Rotary Foundation and what it does as well as the various ways of giving to the Foundation. I was amazed by the work the Foundation has done funding various projects and especially around making the world polio free.

My Rotary Leadership Institute Experience

We also covered several Leadership topics such as how to lead volunteers, leadership styles and effective communication. We were encouraged to make use of the free courses under the Learning Centre available on MyRotary. The learnings were very good and I will carry them with me even outside Rotary.

We had sessions of sharing ideas around making our clubs vibrant, member attraction, engagement and retention and using the different avenues of service i.e Club service, Vocational service, Community Service, international service and Youth service. These will help me improve the member experience in my club.

The undergraduate was completed in 3 classes over 3 months and upon completion of the undergraduate class I immediately signed up for the 18th Graduate Class in January 2024. In the Graduate class we

have covered discussions on diversity, ethics and motivating volunteers which I found very interesting.

The Graduate class also focuses on public speaking. The learning is conducted through discussions, research assignments and presentations which I have found very useful and I look forward to graduating soon.

Over and above the knowledge, Rotary Institute has also helped me expand my network, I have met other Rotarians from different clubs and faculty members who volunteer to teach. All in all it has been an interesting experience with lots of learning and I encourage all Rotarians to make time and go thru the Rotary Learning Institute.

I'll end with a quote by Alvin Toffler. "The illiterate of the 21st century will not be those who cannot read and write, but those who cannot learn, unlearn, and relearn." D9214.





Proposed RLI Training Calendar 2024-2025

Particulars	Dates
27th Intake Undergraduate and 19th Intake Graduate Courses	
Module I Undergraduate Course	20 th July 2024
Module I Graduate Course	20 th July 2024
Module II Undergraduate course	24 th August 2024
Module II Graduate Course	24 th August 2024
Module III Undergraduate Course	21 st September 2024
Module III Graduate Class	21 st September 2024
28th Intake Undergraduate and 20th Intake Graduate Courses	
Module I Undergraduate Course	26 th October 2024
Module I Graduate Course	26 th October 2024
Module II Undergraduate Course	23 rd November 2024
Module II Graduate Course	23 rd November 2024
Module III Undergraduate Course	14 th December 2024
Module III Graduate Course	14 th December 2024
29th Intake Undergraduate and 21st Intake Graduate Courses	
Module I Undergraduate Course	1 st February 2025
Module I Graduate Course	1 st February 2025
Module II Undergraduate Course	1 st March 2025
Module II Graduate Course	1 st March 2025
Module III Undergraduate Course	5 th April 2025
Module III Graduate Course	5 th April 2025

The Rotary Citation will become the Club Excellence Award

Thousands of Rotary, Rotaract, and Interact clubs have earned the Rotary Citation, an award that recognizes their effective work throughout the year.

To earn the citation, clubs set and achieve goals that enhance engagement, increase our impact, expand our reach, and increase our ability to adapt.

Effective 1 July, the citation will become known as the Club Excellence Award. The RI Board approved this change to better convey the award's purpose in recognizing club achievement.

Although the name is changing, the award's purpose and Rotary club requirements are not.

In the new Rotary year, Rotaractors will also be able to set their goals and report their achievements in Rotary Club Central by 30 June 2025 to earn the Club Excellence Award.

Note that because award certificates are distributed after each year is over, clubs that earn the 2023-24 Rotary Citation will receive their award certificates by September 2024.

Rotary materials used in 2024-25 will refer to the Club Excellence Award, and clubs that earn the award that year will receive certificates with this wording in September 2025.



DGE Anne Nkutu at RC Kampala North Installation



The Annual Club Retreat

The Rotary Club of Kampala-Naalya held it's annual Club retreat over the weekend, mapping the road for the magical year which starts on July 1. The retreat started on Saturday with a bonding session in which members shared their Rotary Journeys, reflecting how far both the individuals and the club have come.

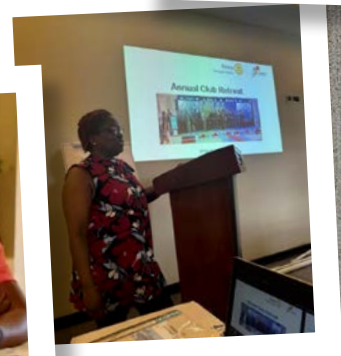
The team reviewed the current status of the club and unveiled workplans for the next Rotary Year, in line with the strategic plan.

With guidance from Assistant Governor Kimberly Gasana, directors and club members also renewed their commitment to club activities for the next Rotary Year.

The year is particularly important because the club is home for incoming District Governor Anne Nkutu whose term is officially starting on July 1 under the theme; the Magic of Rotary

A big thank you to PE and team for planning and organizing the retreat.

Pictorial





OutToLunch: Home ownership one way to a country's development



BY DENIS JUUKO

More than 20 years ago, a man set up an office at the current Serena Conference Centre. He seemed to have a huge advertising budget and didn't spare a coin in pushing his product. Newspapers featured him. Radio presenters talked about him.

I was in active journalism at the time and looked out for him. He gave me an appointment at 4.30am. Any chance to change to a favorable time fell on deaf ears. 4.30am, or nothing. I agonized. How would I make it from my home to his office in

the middle of Kampala? I was about to accept but he wasn't the Pope, US President or Osama bin Laden. Why would he only have time at 4.30am? The article I was to write was to enhance his profile for free. But I also thought he was pretentious, trying to prove to a journalist that he works so hard. I gave up on him.

A few months later, his property brokering business started foundering. He never owned the properties he advertised. He was a broker. But he was smart enough to set up an office at a fancy location. Most of his colleagues operated on the streets of Luwum and William. Those who had found a fortune, their Toyota Mark IIs were their offices and impressing meant wearing sharp pointed fake-crocodile skin shoes.

Since he was different, with an office, people trusted him and gave him their money. Some of the people who had told him they owned the land were fraudulent. The land either didn't belong to them or the families were fight for every square foot of it. Since he was the one making the connection between the buyer

and seller and sometimes received money from clients, whoever didn't get their land came for him. He would end up on the beaches of Luzira.

Having learnt from him, another broker went a step further and set up a dingy office in Old Kampala. Although it wasn't glamorous, he had one unique aspect about him — he and his associates owned the land. He bought large swatches of land in areas like Kulambiro, Buwaate, Kira and divided them into 50x100 feet plots (approximately 11.5 decimals).

Kampala was expanding at the time beyond its original seven hills. People who had seen their retrenched or retiring parents move from fancy homes in Kololo into poverty thought to act differently. They would build houses. The economy was growing, and a semblance of a middle class was emerging.

There was a ready market of people streaming to his Old Kampala office to buy land. Unlike his Serena Conference Centre predecessor, land titles were easily availed to whoever purchased from him. He too advertised heavily, promising



Ugandans to live in organised estates with access roads and all that. People saw an opportunity to live in a community that was not too much of a slum at an affordable rate.

Before a place sold out, another new estate would be opened. Eventually, there was an estate on every major road to Kampala to cater for every purchaser's interests. You know how Kampalans love living near highways that lead to their ancestral villages!

To further impress, he put up a mega building in Old Kampala and expanded into a quarry business along Jinja Road. A building hardware shop was set up, if you bought a plot of land, he would give you a few bags of cement so you could start building your dream home!

Anyway, that growth was funded by banks which meant they would hold on to the land titles. So, people who purchased land took away agreements instead of titles. Some of the land was far away from the city yet the majority of his

clients were first home owners. The others were speculators involved in land banking. The estates were not selling out at the previous rates. People who needed their titles were not getting them. That led to people stopping buying from him. The original landlords were also in some cases not fully paid. Court appearances became his preoccupation.

The other week, the banks won a case against him that declared him bankrupt. It was one of the saddest stories of Ugandan entrepreneurship. A self-made man who had made it to the top. Yet he is not the only Ugandan real estate entrepreneur to go under.

One of the challenges of real estate in Uganda especially the one where the model is buying land and parceling it into small plots for selling is that most of these estates are deep in areas that lack access and basic services today. First home owners shun them yet they don't have resources to buy in their preferred areas. Second home owners already have

land in areas that these estates sold 10 or so years ago. Or they are looking for bigger land for their country homes. Other investment vehicles like treasury bonds and unit trusts are competing with land banking.

Wrangles over land are common as family members of the original owner always come up with counter claims against each other. Squatters are everywhere and they are more protected than the owners in some cases. Police is not competent or facilitated to investigate these cases. Courts take forever to decide these cases.

Yet home ownership is one way that countries develop. People who own homes won't wake up to burn a city down. They work hard for its development because they have something to lose. If we need to develop this country, we must devise means that enable young people to easily own homes.

**The writer is a communication and visibility consultant.
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Pictorial - Last Week's Fellowship



**Clubs Visited: RC Kampala Springs, RC Kampala North,
Kyadondo Rugby in formation**



Rotaract Take over Rotary

Topic:

DECISION MAKING & BEHAVIORAL CHANGE

TUE 21ST MAY 2024

7:00PM

NDERE CULTURAL CENTRE

Guest Speaker

**LINDA
JOSEPH
ROBERT**

IAS 2023 Changer Maker



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Travelling to **Singapore?** Watch Your Drinking Time

Although alcohol is not completely outlawed like many other types of drugs, those travelling to Singapore need to make sure they completely understand the laws surrounding the selling and consumption of alcohol throughout the city.

Keep your eyes open for signs around what they call the Liquor Control Zones. The cops are extremely strict about this, and if you're caught with an alcoholic beverage in your hand while you're out in public, your wallet is about to bleed dry. You could end up paying as much as \$1000.

Don't drink in public from 10:30 pm to 7:00 am. If you're in a restaurant enjoying a night out with friends, be sure to stay indoors because you could get accosted by the roving cops. Drinking in public areas between 10.30 pm and 7 am the next day is banned. Drinking in licensed premises

from 11.59 pm to 6 am the next day is also banned.

There are also certain areas (Little India & Geylang) which have no-public drinking periods from 10.30 pm on any Friday ending at 7 am the following Monday, as well as 7 pm onwards during weeknights. This is called the Liquor Control Zone and was put in place to prevent the spread of Covid.

In other words, those who want to enjoy a night out on the town need to make sure they understand where they can and cannot enjoy their preferred beverages so they can plan accordingly and avoid breaking any laws. Thankfully drinking at home is not forbidden any time of the day or night.

Family Matters



BY PASTOR RONNIE MUTEBI

1 Corinthians 2:10: Yet to us God has unveiled and revealed them by and through His Spirit, for the [Holy] Spirit searches diligently, exploring and examining everything, even sounding the profound and bottomless things of God [the divine counsels and things hidden and beyond man's scrutiny].

YOU HAVE TOO MUCH FOR OTHERS

Years ago, as a young man, I was approached by older men who sought to teach me the secrets of life.

He said, "You know, when you teach others, be careful not to give everything you can, keep some to yourself. If you share all that you know, they will go away and you lose the knowledge grip on them."

In his mind, he assumed that the knowledge within can be hoarded in order to increase demand and dominion over others.

That is a blind approach to fulfillment and to life in general.

Our theme reminds us that there's too much within us for the benefit of others. By extension, what God has put in you will never run out irrespective of your relentless help.

What's within you is God given and that which is without is acquired. So God expects you not to 'keep some to yourself.'

Paul the tent maker spent himself yet he never run out. He still teaches us today through his writings.

Like King Solomon reveals to us in his writings of wisdom. Proverbs 11:24, "There is that scattereth, and yet increaseth; and there is that withholdeth more than is meet, but it tendeth to poverty."

Misery always is with the old forks who kept their wells of wisdom yet blocked them from sprouting to create future feeds.

Take Home:

We increase in the knowledge of who we are, service and abilities by how much we give of ourselves to the betterment of others and of the things God has placed in us.



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PK's Corner

BY PAMELA KAWADDWA

You've known for some time that you needed more.

More happiness, more peace, more good times, more substance.

All the things you used to do aren't fulfilling you any more- at least, not the way they used to.

That's because you're growing..

Growing out of the old you, feeling new desires, changing in new ways...

Into a better, happier version of you.

Everything that you used to do and want just doesn't have the same meaning that it used to.

But remember, change isn't easy, fast or painless.

There will be some people who don't like the person you're becoming and that's okay..

They'll choose to make the effort to stay in your life or they won't..

And you'll be better off either way.

After all, you need people who encourage you to grow, change and experience new things not hold you back and judge you.

No, the people that love you will fully embrace every change and evolution you undergo, and that's exactly what you need.

Take your time, find your way and listen to your heart and soul.

Deep down, you already know the path ahead, but take the steps, experience the



growth and love the new person you're becoming. Only you know what makes you happy and where you want to end up in your life. Don't sell yourself short, settle or give up on what you want.

It doesn't matter if your life has taken some bad turns, painful detours and hurt you along the way.

You've grown from each challenge, learned from every setback and gotten stronger with each disappointment.

It took a long time to get where you are now, so don't ever discount your effort,

your hard work and your strength,

Because we all fall down, we all hurt, we all make mistakes.

Don't let the bad stuff define you, because you're so much more than that.

You're beautiful in the ways you take on life fearlessly, so don't ever lose that warrior spirit..

Chin up, darling-

You're almost there.

Knowing it's time for change is half the battle.

No matter how hard it gets, how down you get, how discouraged you may feel, always keep getting up, fighting back and moving forward.

It may take some time to get closer to where you want to be but you'll get there.

Keep going.

Make today the first day of your new story.. Of the rest of your life.

Make it great.

Smile.

Happy Mother's day!

Till again



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