

Naalya Food Bulletin

10th September 2024

Rotary
Kampala - Naalya



Issue 11 | 2024



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RC KAMPALA - NAALYA



SCAN TO LEARN MORE



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EDITOR'S NOTE



Dear friends,

Thank you for devoting your time to read the Naalya Food Bulletin. We appreciate the feedback too and continued support.

The International Literacy Day was marked on Sunday September 8, 2024 with concern that 24% of our population remains illiterate!

As Rotarians, let us reflect on this, in line with the theme -Basic Education and Literacy, as we work together to bridge the gaps and look to a future where every Ugandan has the power of literacy to transform their life.

In her message for this month DG Anne Nkutu highlights that promoting basic education and literacy extends far beyond tangible donations.

This issue of the Naalya Food Bulletin also brings you an update on the progress of our Bandera Community projects among other interesting and motivating articles.

This Tuesday, our Guest is Bernard Arinaitwe, a Compliance and Financial Crime Professional. His presentation will focus on Financial Crime in the Digital era. Please join us.

Keno Lillian - Bulletin Officer

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Feedback

We'd love to hear from you about any of our stories this year 2024. Contact the Bulletin Officer: **+256 782 601 009** or Email **rcklanalyafoodbulletin@gmail.com** or **tap on the buttons** below



Tap to send a WhatsApp



Tap to visit the Club Website



Rotary 
District 9213

ONLINE WEBINAR

THE ROTARY FOUNDATION

DOING **GOOD** IN THE WORLD

14th Sept 2024

8am - 11:30am

FOCUS AREAS:

- TRF Basics
- Club TRF Committees
- TRF Fundraising Strategies
- TRF Recognitions for Individuals & Clubs

PARTICIPANTS:

Club Presidents,
Club Directors, Interested
Rotarians & Rotaractors.

FACILITATORS:

PDG Xavier Ssentamu (DRFC) &
The District TRF Fundraising Committee

Rotary District 9213



DG's Message

RTN ANNE NKUTU
SEPTEMBER MESSAGE



What seeds are we sowing?

During my recent visit to the Rotary Club of Mukono, I had the opportunity to hand over scholastic materials and desks to a school supported by the club. Later, while reviewing photos from the event, I noticed a particularly striking image: a young girl gazing at me with what seemed to be deep admiration. This moment triggered a memory of an experience from nearly twenty years ago.

Back then, a colleague and I were assigned to the mid-western region of Uganda to conduct focus group discussions with local community leaders. We were the only women in a room full of older men, and initially, we were worried that that they might dismiss us as just city girls,

with little experience of real-world challenges.

However, as the discussion on governance and social accountability progressed, we found ourselves engaged in a lively exchange. When it was time to wrap up, we expected the usual polite remarks. Instead, one of the quieter men stood up and said, "Thank you, young ladies, for coming

here today and teaching us so much. After watching and listening to you, I have decided to keep my daughter in school and make sure she finishes her education.

I would like her to be like you one day." In that

moment, the notes and data we had collected seemed insignificant compared to the impact we had made. Knowing that we had inspired a community where girls are often married off early

was incredibly moving.

Reflecting on this, I realize that our influence in promoting basic education and literacy extends beyond tangible donations. While desks, books, and classrooms are crucial, our ability to inspire and shift mindsets is equally powerful. I am not sure what the little girl in Mukono admired about me, but I hope it was something positive. Perhaps she, too, dreams of becoming a woman of significance, one day.

As we commemorate the month of basic education and literacy, I would like to encourage you to reflect on how else you can use your influence to inspire and make a difference. For example, how are you engaging with school children to motivate and empower them to become better citizens and leaders with the desire to create a better society?

“

In that moment, the notes and data we had collected seemed insignificant compared to the impact we had made.”



President's Message

RTN SYLVIA JAGWE OWACHI
Club President 2024-2025



Dear Rotarians and Friends,

The month of September is the month of Basic Education and Literacy and the goal is to strengthen the capacity of communities and support education of all children and literacy for children and adults. "Education is not the filling of a pail, but the lighting of a fire". This magical year we are intentional about collaborating with our Rotaract Club of Kampala Naalya so that together we spread the magic. Last week we had an amazing joint meeting with them dedicated to Rotary Youth Leadership Awards (RYLA).

RYLA is a 3 day leadership programme aimed at empowering and nurturing the leadership potential of young individuals within our communities aged 18 to 30 years.

The Chair this year, Rtn Maureen Kawombe gave us insights on the programme and we also got to hear personal experiences from Rotaractors who have been through the programme. I must say I was owed by the confidence, commitment to community serve and leadership skills of these young people.

This year's RYLA is happening from the 10th to 12th January 2025 under the theme Passion, Action, Reaction. The youth are the future of Rotary so let's ensure we or

our Rotary Clubs sponsor deserving young persons within our community. Registration is ongoing at USD 100 (UGX 380,000).

This week I escorted our District Governor Anne to her visits to RC Kampala and RC Saturday E Jazz and other club members escorted her to other clubs.

Through the visits we get a chance to strengthen our connection with the broader Rotary network. I was inspired by the enthusiastic participation of Rotarians and the collective effort to join hands and resources to undertake service projects in the community. Over the next few months, we look forward to growing our club membership by recruiting more members so that together we serve. I hope this bulletin inspires to join hands and Serve above Self.

Our world today is undeniably digital. New technologies from Social media, Digital financial services, Artificial intelligence have emerged and the speed of change is getting faster. We cannot afford to sit back and watch but need to continuously unlearn, learn and relearn. Join us for this week's meeting focusing on Financial Crime in the Digital Era.

Happy reading and Be Blessed!

“

We cannot afford to sit back and watch but need to continuously unlearn, learn and relearn.

Our Basic Education and Literacy Interventions in Kamuli

Bandera School Program, was started as an initiative to support the less privileged children of farmers in Kiyunga and neighbouring villages in Kamuli, who could not afford to take them through school.

Earlier, our teams had held engagements with farmers and noticed that school going children were accompanying their parents instead of attending school. We later discovered that the high levels of poverty, insufficient land for commercial agriculture, and general lack of appreciation for education fuelled the concerning trend.

The Rotary Club of Kampala-Naalya had worked with the community under the Rotary Vijana Poa programme which mainly focussed on skilling the youth in the same community. Through the Programme, more than 20 youths were taught the art of making craft shoes and bar soap. Their products are now on the market.

Two of the Rotary Vijana Poa Trainees, were teenage mothers, who had dropped out of school during the COVID-19 pandemic. Thanks to the support from Club Members, they both returned

to school and continue to thrive with renewed energy. One of them was part of the Rotary Youth Leadership Awards RYLA, last year, a program that she credits for transforming her life.

Later, the club supported an initiative to take children to school through the Bandera School Programme which aims to break the cycle of poverty through education.

Each primary school child in the Community needs only 50,000 Shillings and direct donations like books, pens, pencils, reams of paper school bags, uniforms, and reading materials to stay in school for a term. Those in Secondary School need up to 150,000 Shillings per term.

One can also donate a goat to the program with the hope that as the goats grow and produce, each goat will be used to cater for the school needs of the child it's attached to. The Program



BANDERA SCHOOL PROGRAM

DID YOU KNOW?

UGX 50,000 (\$15) is enough to facilitate an unprivileged primary school child out there for a full term (3 months)....

Join us as we support the un-privileged kids out there

TO DONATE CONTACT

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Bandera Farmers Network



banderafarmersnetwork.org

also encourages teachers who can to volunteer their services whenever possible to teach or learners and mentor the teachers on the ground.

We have seen a steady rise in student enrolment since the inception of the school program and plans are now

underway to expand the school facilities to accommodate the growing student population. Today, the school program has up to 203 learners. However, only 25 of these are supported financially.

“

Your dedication and support have been instrumental in transforming lives...

You too can be part of this program by extending your support to the needy.

The Club support in Kamuli has so far:

- Empowered youth with practical skills.
- Inspired the creation of the school program.





Meet our *Bandera Parents*

- Directly supported the education of vulnerable individuals.
- Encouraged community-wide participation in development initiatives.

In an inspiring show of community support, the school's director has generously offered land for the community to begin making bricks. This initiative will significantly contribute to our construction efforts, reducing costs and fostering a sense of ownership among community members.

The community's involvement in brick-making not only aids in the physical construction of the school but also symbolizes the strong foundation of community support and participation that will ensure the long-term success of this program.

Our goal is clear: To empower young minds and give them the chance to pursue a better future through education. By addressing the barriers to schooling, we hope to transform not just individual lives, but entire communities.

Happy Basic Education Month!





**BANDERA SCHOOL
PROGRAM**

DID YOU KNOW?

You can donate a goat to the Bandera School Program that in turn will be paying school fees for children in the future ...

EACH GOAT CAN COST UP TO
\$150

TO DONATE CONTACT



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Bandera Farmers Network



banderafarmersnetwork.org



9 in 10 children

in Africa cannot read for
meaning or do basic maths
by the age of ten

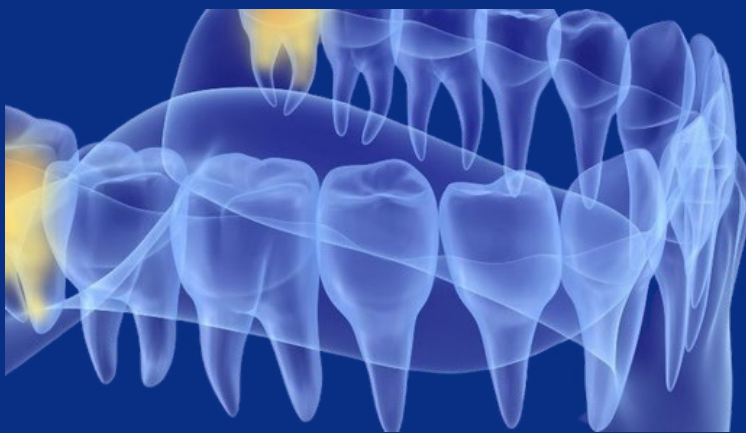




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- Cracked Tooth
- Gum Disease
- Crown Fractures
- Inflammation of Tooth Pulp



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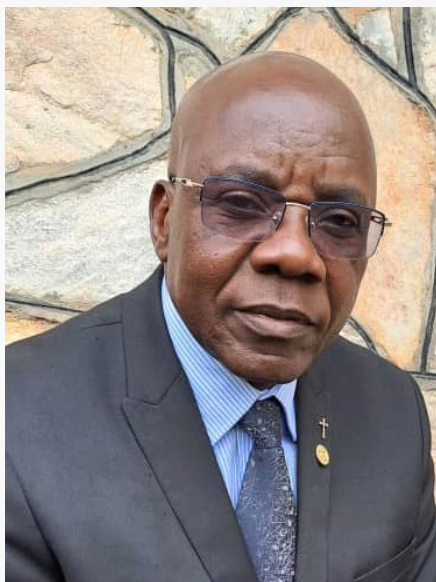


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MONDAY	8.00am - 8.00pm
TUESDAY	8.00am - 5.00pm
WEDNESDAY	8.00am - 8.00pm
THURSDAY	8.00am - 5.00pm
FRIDAY	8.00am - 8.00pm
SATURDAY	9.00am - 5.00pm
SUNDAY	9.00am - 5.00pm

Mentoring as a tool for Club Members' Participation



**BY IPP GODFREY OKELLO
OMODING**
Club Training Facilitator

Two weeks ago, as a Club, we had very closed interactions with our sixteen prospective members. It was great time spent listening to these prospective Rotarians. One thing that was common among them was their eagerness to be Rotarians. One could see new energy going to be infused into the Club. The concern now is; how rightly is the Club going to channeled such forthcoming "channel"?

The Membership Director has taken steps to attach the prospective members to some members of the Club

for mentoring. Yes, a good step. But it still calls for all the Club members to take part in the mentoring of new members. This ought to be one of their club participation portions. With this harvest, it is right and proper to broaden the context of mentoring by including total embracement.

Embracement brings in strong boding, bidding and a process of mindset change as a result of getting different views and outlooks. Membership to an organization which is voluntary like rotary requires an element of life evolving.

Finding one's purpose and fulfillment is very essential right at the initial stages. Individuals should be encouraged to define their growth and development paths right at the beginning of their life in rotary. This removes reliance on narrow outlook or on other members' happiness, discoveries

“

To have a productive and satisfying rotary life, it is a process of continous internal discovery, experience

.....

wherever and whenever called upon or where there is a gap.

and paths. An individuals must get opportunity to reflect deeply and measure his/her depth of commitment. It encourages the individual to shine his/her light and not to be timid to stand or take responsibilities

Additionally, whatever contribution later expected of an individual extends to his/her reputation. With such, the participation of various club members in mentoring a prospective member avails a wider fertile ground; the ground for exploration, discovery and understanding various aspects of rotary.

To have productive and satisfying rotary life, it is a process of continuous internal discovery, experience touching and sharing. When a person is being mentor to be Rotarian, there are tendencies to take a narrow approach yet life in rotary is dynamic. To pick out such dynamics in rotary, it is better where different club members are forthcoming to share their rotary life.

It is noble thing for all members to be involved in the preparation of a new member to any group. Since a rotary club is "smallest" unit in the "huge" rotary, it has its unique ways of doing things. Fundamentally, it is these unique ways and things of a club that draws its members closely and holds them. Ask any Rotarian why he/she is in a certain club. The answers will be rotating around the individual derivatives and interests. To harness and strengthen such, wider club members' participation in mentoring prospective members is the magic.



Meet our Guest this Tuesday

BERNARD ARINAITWE

Bernard Arinaitwe is a Compliance and Financial Crime Professional currently working as a consultant for BDO East Africa and RKA & Company. Previously, he worked as a Computer Forensics Consultant at Digital Forensics Consult, a Forensic Investigator at KCB Bank Uganda Ltd, and as a Senior Information Technology Officer / Head of Digital Forensics Unit at the Inspectorate of Government.

He is an accomplished Compliance and Data Privacy Specialist who delivers innovative solutions that drive organizational excellence and safeguard data integrity.

He holds a Master of Science in Information Technology (MScIT), and certified as a; Fraud Examiner (CFE), Information Systems Auditor (CISA), Digital Forensics Examiner, and Computer Hacking Forensics Investigator (CHFI).

With over 12 years of experience, he has developed robust compliance programs, mitigated fraud risks, and spearheaded fraud prevention initiatives in both public and private institutions.

Publications:

"Analysis and Insights of Data in Government Organizations Using Big Data Hadoop Framework," presented at the International conference on International Business and Information Technology-ICIBIT2017, Manuscript Id: ICIBIT-022.

Speaking Engagements:

- a) 35th Annual ACFE Global Fraud Conference: "Empowering Anti-Fraud Efforts: Integrating Predictive Analytics"
- b) MSSPACE Risk Management Forum: "Fortress vs. Flexibility: Striking the Balance in Cybersecurity"
- c) ISACA Kampala Chapter: "The Power of Forensics"
- d) Attorney General Alliance Africa: "Cybercrime and Electronic Evidence"



TOPIC:

FINANCIAL CRIME IN THE DIGITAL ERA



Bernard Arinaitwe

Compliance & Data Privacy Specialist



**TUESDAY
10TH SEPT, 2024
7:00 PM**



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Partner



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TO
12TH**
JANUARY, 2025

FEE
380K
PER PARTICIPANT

**30TH
NOV**
REGISTRATION
DEADLINE

Payments to: District account (Name: **D9213 Rotary District Dues**,
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**Passion
Action
Reaction**



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School digital strategy couldn't have come at a better time.

BY RTN. DENIS JJUUKO



Some years ago, a photo trended on social media. A teacher with impeccable fine art skills somewhere in Africa had drawn a Microsoft Word interface on the blackboard of his classroom. He would use that image to teach the learners about computers and most importantly how to use Microsoft Word.

Microsoft Word is one of the most essential computer programs that people use to create all sorts of documents. It is also the entry point for most learners when it comes to using computers for documentation purposes. The teacher must have found it important to teach his learners how to use it.

I don't know though whether the learners learnt anything. Learning how to use a computer is majorly practical. Without a

computer, you would be most likely wasting time. But what choices did the teacher have?

Uganda through its Ministry of Education and Sports has launched its digital agenda strategy that is expected to see improvements in teaching and learning outcomes according to newspaper reports. Thus, laptops, tablet computers, smartphones and such other devices will be allowed in schools to facilitate learning.

It is a good idea because digital skills are necessary for the 21st century. Learners must therefore be computer literate if they are to compete in this rapidly digitally changing world. Digital skills are so essential today that employers expect every job seeker to possess at least the basic ones. Yet largely in Africa this has been missing.



There are many reasons for this. Lack of the devices such as computers, electricity to power them and even the internet these days even

though the cost per gigabyte of data has been reducing over the years in Uganda, it is still out of reach for many people and more so for rural schools. In some areas, the internet coverage may exist but not of the required speeds such as 4G and 5G to facilitate a seamless learning experience. Nothing is more frustrating than videos buffering or unable to download or upload at all.

There are 27.7 million internet subscriptions in the country resulting in an internet national penetration rate of 61 connections for every 100 Ugandans according to the Uganda Communications Commission June 2023 performance report.

“

It is a good idea because digital skills are necessary for the 21st century.

In the period of more than a year since that report, the numbers must have significantly gone up.

It is therefore the right time for the ministry to launch its digital strategy though it must be careful enough not to widen the digital divide. Schools especially public ones must be facilitated with devices through grants that can enable children to learn as most parents especially in rural Uganda can't even afford a feature phone (kabiriiti) and therefore shouldn't be expected to provide digital devices to their children. Electricity to power them must be extended too.

Teachers will need to undergo training so that they are empowered to teach these lessons. Already, they are crying about being asked to possess bachelor's degrees and as many as 5,000 are leaving the profession according to media reports. They see no monetary value in going back to school to upgrade.

Already, many teachers never returned to classrooms after COVID-19. They had already moved on to other things such as petty trade, farming and boda boda riding.

Digital skills are very dynamic and new technologies emerge all the time. The teachers will have to keep up with the rapid changes so that they don't impart learners with yesterday's skills.

It is a daunting task though for the Ugandan public service. Today, in many cases, if you send an email to most people in public service, you have to call them several times to remind them that you sent an email. In some of these offices, it is not even uncommon to be informed that there is no data to check emails. Many times, officers don't even have a working computer. I believe many public schools



don't have a working computer either. In fact, there is a school in northern Uganda where my Rotary club has built a lab pending provision of such digital devices.

Although some of the teachers have email accounts, they usually ride a boda boda a few kilometers away to a trading centre to be able to access emails. I believe many schools face similar challenges.

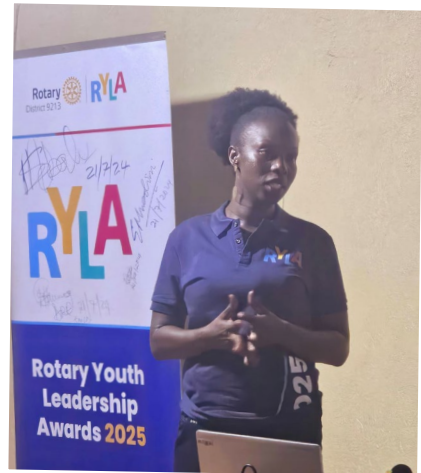
The new digital approach cuts out the job for the ministry of education to empower learners with the digital skills they need to take on the challenges of the 21st century.

And since the highest level of education the majority of Ugandans will ever attain is secondary education, the implementation of this new digital strategy couldn't have come at a better time.

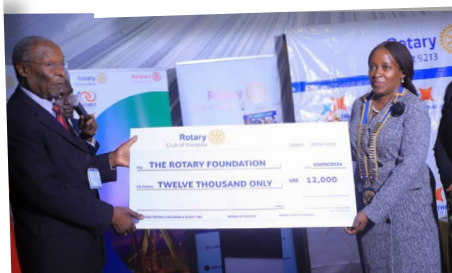
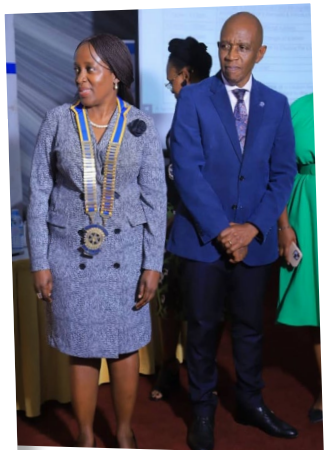
**The writer is a communication and visibility consultant.
Email: djuuko@gmail.com**



Last week's club fellowship



RC Kampala



RC Najjera



RC Sunrise - Kampala



RC Kitukutwe



RC Nansana - Project Visit

The Rotary Club of Nansana, Buganda Kingdom, Buganda Land board and Nansana Municipality entered a tripartite partnership to renovate and upgrade the current **Nakuule Health Centre** to the standards of a fully-fledged Health Centre IV.

In the partnership the government will provide medical personnel and drugs, Buganda Kingdom

has provided the land, and Rotary club of Nansana is spearheading the mobilization of funds for the construction and equipping of the hospital.

The overall objective of the proposed project is to enable Municipality residents, most of them low income earners and urban poor to access affordable medical services.



Rotary

District 9213



DISTRICT
GOVERNOR
ANNE NKUTU

WEEKLY SCHEDULE

MON 09 SEPT - SUN 15 SEPT 2024

10

September

DG's official visit to RC Mbale

5.00pm-8.30pm

11

September

DG's official visit to RC Mbale City

5.00pm-8.30pm

12

September

DG's official visit to RC Mbale Metropolitan

5.00pm-8.30pm

13

September

DG's official visit to RC Elgon Maisha

5.00pm-8.00pm

14

September

TRF Global Grants (Learning Seminar)

8.00am- 11.30am

Charter of RC Nansana Metro

3.00pm- 7.00pm

Rotary District 9213



Family Matters



BY PASTOR RONNIE MUTEBI

Matthew 7:29 (KJV): For he taught them as one having authority, and not as the scribes.

A LIFE OF AUTHORITY

Authority is an internal affirmation whose sound is understood without assertion of external strength.

When Jesus Christ spoke, He did so with authority, not as the teachers of the law of His time.

“
God is inviting
you into this
authority today.
It will introduce
you without
anyone needing
to check on your
credentials first.

But what was the source of His authority? It was in the desire of knowing better. Every knowledge acquired is power defined.

I know people seeking authority through the wrong avenues. Some assume that wealth, social status, or educational background will give it to them. Those things do not give the kind of authority our theme scripture alludes to.

A parent who affirms authority over their children by threats still lacks the knowledge of how to connect to the divine. Every sperm that connected to manifest a child is coded with a gene that must heed to it's source.

Every person needs the authority that comes by divine knowledge. He had the power to influence people without the need to overly explain Himself. His words could convict and stir hearts without any verbal semantics on His part.

God is inviting you into this authority today. It will introduce you without anyone needing to check on your credentials first.

This kind of authority follows people who have built a personal relationship with what avails knowledge. It works in those who know how to tap into the divine; to hear, feel and be fully tuned to assignments by which knowledge is affirmed.

Take Home: Divine wisdom is the active life of authority. You cannot claim to have authority without knowledge.



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Rotary
Foundation



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RESERVE THIS DAY



**10TH.
JAN. 2025**



**15H (GMT)
18H (EAT)**



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that it uplifts even as it tells a sad story."

Nelson Mandela

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My Credo of Life

BY RTN PAMELA
KAWADDWA

Let me live within the moment. Let me feel all that I can. Let me cherish life for all it's worth, With everything I am.

Let me see what's right in front of me,
With vision crystal clear.
And face what's waiting there for me,
With no hesitation or fear.

May I wake each day with gratitude,
For all my life may be.
And always feel that wonderment
At the world surrounding me.

May I welcome any strangers
With an open heart and mind.
And always stand for what is right
With all the strength that I can find.

Let me forgive myself for my mistakes,
While forgiving others theirs.
And never grow indifferent
But always strive to care.

Let me not forget what matters
In the scheme of every day,
To live each precious moment
In a kind and loving way.
For this moment now is



everything,
Nothing matters but today.
So I'll willingly embrace it
And not let it slip away.

For it passes all so quickly,
And one chance is all we get.
And a life of wasted moments
Is a life filled with regrets.

Live, love, laugh, learn and
unlearn

Till again,

PK



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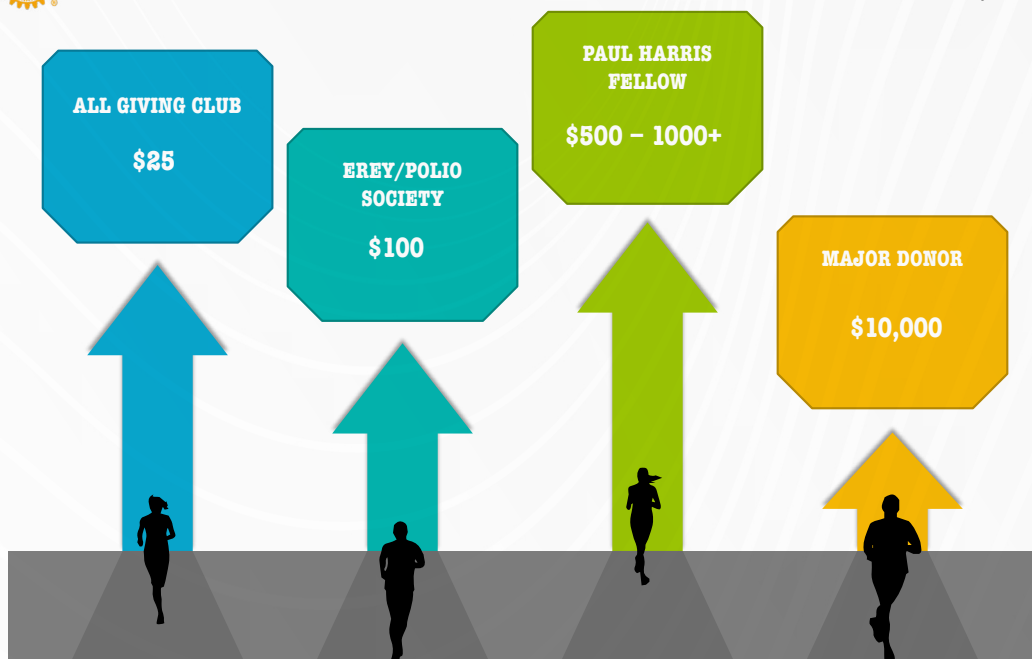
Enter your email address
and follow the prompts

You can donate multiple times

#25x25TRFRelay #GivingMadeEasy



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Choose your Challenge





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Enid Kabunga



Fathila Nanozi



Grace Mutungi



Herbert Oloka



Keno Lillian



Joachim Buwembo



Pamela Kawaddwa



Johnson Akanyijuka



Ruth Mugisha

WOULD YOU LIKE TO

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GET IN TOUCH WITH

OUR MEMBERSHIP DIRECTOR FOR
GUIDANCE AND MENTORSHIP

E: RCKAMPALANAALYA@GMAIL.COM
or CALL 0752 964 448

OUR CLUB MEETS EVERY TUESDAY AT 7-8PM

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