

Naalya Food SEPTEMBER 2023 Bulletin

Rotary
Kampala-Naalya

CREATE HOPE
in the WORLD
Issue 13



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Editor's Note



Dear Reader,

As we end the Basic Education and Literacy month this week, I would like to thank you, the contributors and readers of the Naalya Food Bulletin

I encourage you to continue sending us your invaluable feedback and ideas for further improvement.

I also take this opportunity to Congratulate Rtn Elizabeth Wamalwa – one of the recent graduates at Rotary Leadership Institute. This is encouraging, for all that are yet to take this step, to enroll.

Let's also reflect on this. Over the past few days, different parts of the country have experienced heavy rainfall, which has led to flooding and landslides in some areas. In view of

this experts are advising decision makers and the general public to develop preparedness and response actions to manage the potential impacts. Informal settlers are particularly vulnerable to flooding.

In this issue, Rtn Hadijah Nankanja pens an interesting piece put together after talking to a group of learners at St. Mbaaga Primary School about the BCUP project and so much more. Once again thank you all who have contributed articles to keep this going.

**Joins us this week at Ndere Centre,
7pm for a Fun Tuesday.**

Keno Lillian
Bulletin Editor

PRESIDENT'S MESSAGE

DEAR ROTARIANS AND FRIENDS

We are coming to the end of September, the month whose **theme is Basic Education and Literacy**. We have shared very informative talks which were worthy reflecting. To end the month, we shall have a fun Tuesday. This is to relieve us some stress as well as keep us bonding together. We do certainly appreciate that basic education and literacy has had an instrumental part in our lives. We are able to read and write, opportunities many still yearn for. Rotarians across the globe acknowledge this and do wish to extend their support to others too to acquire basic education. New form of illiteracy- computer/ electronic illiteracy has also come into spectrum. As a Club, we are happy that we are pioneering computer/ electronic literacy in Akwang Hill Secondary School. We hope to provide whatever computers we can. So, partially, this month reminded us of our commitment.

The month has also given each one of us opportunity to reflect past moments when we began undertaking basic education and literacy classes. When you glance at your past moments, it's when you appreciate the month's theme. Of course, for some of us having an education is part of growing up, while to others it's a wish that comes to pass. With these scenarios, different stories are told. With such, the experiences of moments are shaped differently. Though the foundation formations are laid for all. These are delightful moments in one's life, moments of fond memories.

During this month, we were reconnected to challenges in the education sector. The call was made to Rotarians to create impact in communities. It could be where you live or beyond. There is a challenge of boy child, who is increasingly becoming vulnerable or already vulnerable. Rotarians are challenged to try to reach a boy child through basic education and economic empowerment. The boy child needs role models. Rotarian Jennifer Mirembe Ssensuwa, Chair Boy Child Uplifting (BCUP), reminded Rotarians to build partnerships in reaching out to the boy child. As a Club, we have adopted St Mbaaga Primary School Kiwatule. Community assessment is already carried out and number of issues affecting the boy child came out. Among them, money to buy basic and survive on. This is understandable. The majority of learners from this school come from the low-income households.



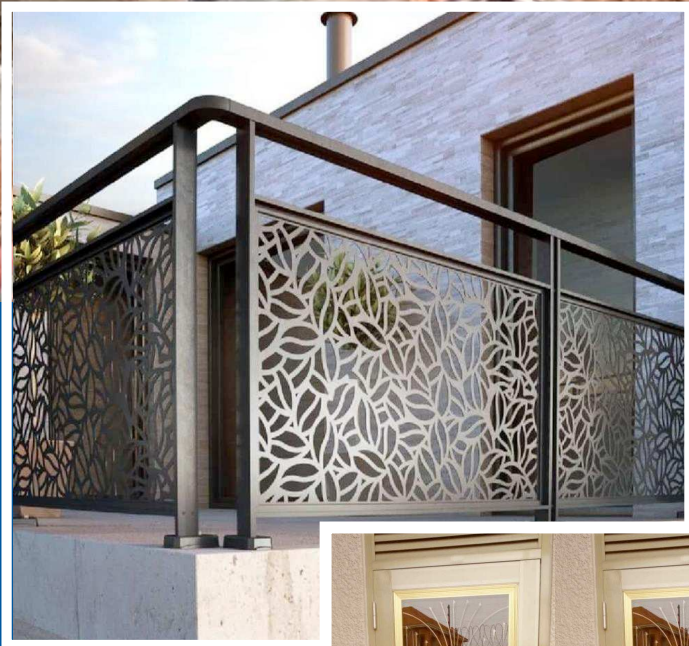
Rotarians, in this time of the century, there are still children among us who cannot access basic education. It is a luxury or a dream to them. We know that the basic education in Uganda through universal primary education (UPE) is free. Why are some children not benefitting? How "free" is this education? These are questions and more that need our interventions. There is a lot to be done and, we could do something. We need to create that needed hope. So that soon or later we will have people who will sign with their thumb as an option not as the only choice they have. This month is reminding us to arise and do something. Arise and create hope. Arise to think for those who cannot. Arise and say, 'here I'm, I can be a role model to a boy child and a girl child'.

Be blessed.

Rotarian
Godfrey Okello-Omoding
HCP



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BOY CHILD UPLIFTING PROGRAM: Understanding the Dynamics, Young Girls' Perspectives on boys as peers.

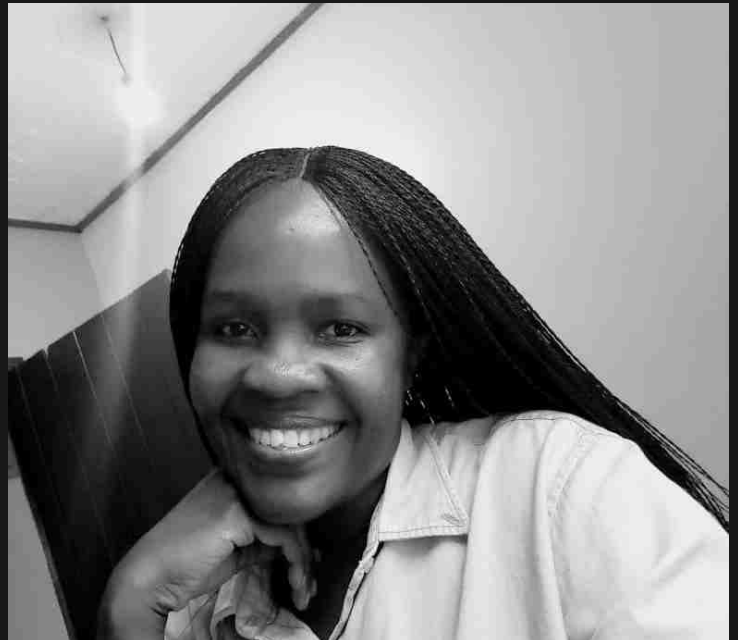
BY: **Hadijah Nankanja**

In Uganda, The Rotary fraternity for this year has a signature project to uplift the boy child. The boy child program is not about empowering young boys, it has profound implications for how young girls view boys as peers. The innovative program challenges traditional gender roles, fostering an environment where both genders learn to appreciate and support each other as equals. In this article we explore what young girls in St. Mbaaga primary School in Kiwatuule think about boys as peers.\

I spoke to young girls aged 13-16 and the conversation rotated around support at home, education and general social behaviors. Young girls believe and recognize the importance of boys receiving education. The group agreed that boys are very supportive when it comes to class work. They are stronger in certain subjects and willing to support the girls especially in mathematics.

Another important concern was that boys are not LOVED in homes as girls! This was interesting to listen to. The discussion in the group was that girls are favored more. One gave an example where every morning she is given money to buy flavored milk for her break snack while her brother receives nothing. This in turn makes the boys look for external company and validation thus ending up into gangs, drugs, sex etc.

The young girls mentioned the challenging characters of boys and here all kinds of finger pointing came out. Boys put a lot of pressure on young girls to go into " Boyfriend +girlfriend



relationships. This in turn leads to teen pregnancies and school dropouts. Secondly they mentioned boys join gangs, they are influenced to take alcohol, drugs, and other behaviors (here I heard whispers) At home boys are forced to shower, wash and clean up. Boys get petty jobs or if they do not turn to stealing. This has caused a lot of problems for them. They also emphasized poor hygiene by the boys. They do not shower and come to school looking very shabby.

On a positive note, all girls agreed that boys keep their secrets better! They do not spread rumors as their counterparts and always give truthful advice to the girls. At the end of the discussion, all girls agreed that the Boychild Uplifting project will be great and they will be happy to see something happen for the boys as most programs or people who come to their school only talk to the girls.



HELP YOUR DRIVER, OFFICE CLEANER TO OWN A NICE HOUSE IN 5 YEARS



It is interesting how tough times make the alert thrive! Take the example of the Covid-19 lockdown! Some sharp traders did not return to town (Kampala city) when the country re-opened – they started business in the suburbs and beyond where the population had retreated to, moreover in their own premises.

But let us face it: our economy constantly subjects us to stress. Have you noticed how fuel prices are creeping back to extortionist levels again, for example? So, if when the going gets tough the tough get going, then all the time is time for individual development in Uganda. Today let us address our unfortunate brothers and sisters who ‘serve’ us so that we can concentrate on our professions. I am talking about the office help, the house help, the driver and the gardener.

These people too deserve to own a house of their own but some of them think their earnings are too little to allow them entertain the idea of becoming a ‘landlord’. As a Rotarian, with the welfare of others being your concern, you can help show these people the concept of strength in numbers and how it can liberate them from perpetual ‘bupangisa’.

Before letting that office help export herself to the Middle East as a housemaid, or becoming a fulltime housewife to a boda boda boy, why not encourage her to join four other people in her income bracket and they form an investment group! They don’t even

have to register it – they just need to open a joint bank account and commit to saving a certain amount of money each per month.

The first and possibly only hurdle is to get some five positive thinking people together, from the crowd of negativist pessimists who declare every suggestion impossible even before hearing you through.

One you have the attention of our less fortunate brothers and sisters, take them through the time tested approach, which has been handed down to us over generations and is repeated in all cultures of the world. The English summarized it in a saying, “One by one makes a bundle,” and there certainly is an equivalent in whatever your own language is.

In all countries of the world, one of the most solid investments (literally solid) you can make is in owning a house. Even if you don’t live in it in case it is located far from your work station, someone will rent it and pay you.

Some countries have well developed property and mortgage markets, ours is not yet mature. But the good news is that there are now increasingly reliable ways to acquire your own house. Tell our brothers and sisters that not all the home owners they see are rich; what they have in common is determination. And institutional structures to make home ownership are rising to the occasion.

Although forming/ joining a housing cooperative society can present one of the cheapest ways to acquire/ own a house, it requires bringing together at least 30 like-minded persons, by law. But there is good news around, for as we said, there are more than one ways to skin a cat.

So you have brought together some five young and not so young positive-minded Ugandans, who earn in the region of 400k to 600k. Let’s us build the scenario basing on five serious persons, not negative ones who prefer to whine and blame anyone and anything else for their hardships, and giving excuses for not being able to save and invest. The scenario is practical and realistic.

The second step is for the five to open their investment account in the bank, for example dfcu, where they will be given enough instruction on how to manage it. Another realistic banks I know that can listen and advise are PostBank and Centenary. In fact for Centenary, all the decisions of the magnitude for this

model are made at branch level. Call it a kalango but it is useful information which our youth are entitled to. And guess what, dfcu and even Standard Chartered that appears to be aloof can pay 11% annual interest on savings that are not interrupted. So if you agree to each contribute 150k per month, you will have about ugx10million after one year of saving.

Today, in 2023, you can get an acre of land in a radius of 50 kilometres from Kampala city centre in any direction at ugx10million. And with the ongoing building of roads, aiming to live 50kms from the city centre is the right thing. Between five people, this will be a 65ft x 130ft plot for each. And at 50kms, it will be prime space in five to ten years. And let's face it, even if you earn five or ten million shillings a month, this is a smart way to spend the 'pocket change' of 150k/month which you can otherwise 'eat' or drink in one sitting.

To continue with our 'poor' group whose members each contributes 150k a month, in the second year they will accumulate another ugx10 million. But in the meantime, they have, following your advice have been cultivating on the one acre, after contracting a neighbor to maintain it while keeping an eye on your crops. At today's prices, they can easily make a profit of ugx2million times three seasons per year on the acre (after paying the caretaker) by growing one of the common grains. But they should not get too ambitious to dabble into too many things like poultry

or piggery which they are not experts at and rather remain focused on developing their mini estate, to avoid stress. The cultivation is basically to keep their land busy while showing occupancy and hopefully, it can fetch you an extra 6m in the second year, but not much longer, as construction work once it starts, will not allow farming.

Armed with their ux16million or so, they can confidently kick off the building project, by doing the foundation and a central drainage/sewage infrastructure for the five units. They should then start injecting their 750k per month over the next three years. I cannot speak for any bank but our 'Smart Five' should be in position to negotiate for a facility to finance the project which will already have taken off, so that they can benefit from the economies of purchasing materials in bulk, as they continue depositing their monthly 750k to pay it off.

This way, however lowly one's job maybe, they too will be a "my house" in five years. And the kind of house in this scenario, is one that will be sellable at between 50 and 100 million shillings at the time of completion. Remember it will be sitting on a 65 x 130 in what will then be a heavily populated neighborhood.

By;
Joachim Buwembo





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KAMPALA'S CONGENIAL CHAOS

Come rain, come shine, welcome to the enchanting world of Ugandan traffic. Here, commotion isn't just a daily routine; it's an art form! In the bustling city of Kampala, the streets are an arena where the rules of the road seem as fluid as the Nile River. Motorists have turned vehicular anarchy into a fine-tuned ballet. Traffic lanes are mere suggestions. Road signs are treated like cryptic pictographs only decipherable by a few. People have mastered the art of driving on the wrong side of the road, all in the noble quest to beat the omnipresent traffic jam. Hold ups all the time; when schools resume, traffic jam takes up permanent residence.

Private car owners, feeling the weight of this urban symphony of gridlock, resort to a stroke of genius. They've fitted their vehicles with ambulance sirens, turning their commutes into riveting emergency missions. It's a cunning ploy to hoodwink fellow commuters into believing they hold the divine right of way. Move aside, mere mortals; the sirens demand! But it doesn't stop there. In the adrenaline-fueled quest to outwit traffic, some cars have discovered an even faster route to their destination: the pavement. That's right, forget the confines of the road; these drivers are ready to boldly go where no car has gone before. Pedestrian walkways? More like optional lanes for the daring motorist. And while we're at it, who needs zebra crossings when you can stage your own amphibious assault on the road?

Pedestrians in Kampala face a daily test of survival that would make even the most intrepid adventurers quake in their boots. They dodge, weave, and sprint across the streets, mastering the art of crossing without any assurance that the oncoming traffic will yield. It's a high-stakes game of Frogger; the pedestrians are the agile amphibians.

Now, let's talk about Uganda's beloved boda boda drivers. These two-wheeled daredevils have embraced impunity as if it were an Olympic sport. They zoom through traffic like caffeinated cheetahs, overtaking from the wrong side with the grace of a circus acrobat. Who needs traffic lanes when you can weave through the tangled chaos like a ninja on wheels? Zebra crossings, those quaint white stripes that are supposed to offer pedestrians a modicum of safety, are nothing but optical illusions in this traffic circus. In Kampala, they serve as mere decoration, like sprinkles on a cake you can't eat. Attempting to use one is akin to auditioning for a real-life game of "Red Light, Green Light" with your life on the line.

The madness reaches its crescendo during rush hours when the streets of Kampala turn into a chaotic symphony of honking horns and frustrated commuters. It's a cacophony that could rival a heavy metal concert, with drivers competing in a high-stakes game of "who can inch forward the most."

When the heavens open up and rain pours down on Kampala's streets, insanity intensifies. The roads, ill-prepared for even a mild drizzle, transform into waterlogged battlegrounds. Puddles become lakes, and cars navigate these aquatic challenges like ships in uncharted waters. And if you think it couldn't get any worse, imagine the chaos that ensues when some roads are closed off because a dignitary's convoy must make its way in



or out of Kampala or a nearby suburb. It's a spectacle to behold, with traffic redirected into a maze of detours and frustrated drivers seeking alternate routes, as if participating in a real-life version of "The Amazing Race."

In this audacious theatrical production of daily life, the pedestrian is a lone actor, forced to navigate the treacherous stage with no script, no director, and no safety net. It's a thrilling performance that could rival any edge-of-your-seat thriller, and the audience – the people of Kampala – have learned to adapt to this peculiar form of street theater. But perhaps there's a method to this madness. After all, isn't life just a grand experiment? Kampala's traffic mayhem, with its vehicular ballets and pedestrian daredevilry, is a reminder that in the face of adversity, humor can be the greatest survival tool. Kampala continues to march to its own chaotic beat, leaving outsiders bewildered and locals mastering the art of improvisation. So, if you ever find yourself in the Ugandan capital, remember to bring your sense of adventure, embrace the chaos, and dance to the rhythm of unparalleled traffic madness. After all, in this urban circus, every day is a spectacle worth witnessing.

By;
Crispin Kaheru

#OUTTOLUNCH:

EXTENDED INFRASTRUCTURE WILL LEAD TO AFFORDABLE HOUSING IN URBAN AREAS

Dear Mr. President

The community in Wakiso is stuck with three children whose father abandoned after failing to clear rent for nine months totaling to Shs630,000 or approximately US\$160. The father woke up one morning and never returned according to an article that appeared in the New Vision newspaper last week. The eldest of these children is nine years old! When contacted on phone, the father said he couldn't afford to clear the arrears, the newspaper further reported.

As this story was unveiling, the Uganda National Roads Authority (UNRA) posted on its X (formerly Twitter) handle of the ongoing asphaltting of the Buwaate-Najjeera Spur as part of the construction of the Kyaliwajjala-Matugga Road. Buwaate had become famous for dust and social media trolling for those who live in this part of the ever-expanding Kampala. Buwaate is about 15km from the main post office in Kampala's central business district.

Since the construction of the road commenced in Buwaate, landlords have been licking their lips with glee in anticipation of increased incomes from their properties. Politicians will claim it is their ability to lobby that led to the construction of the road as they campaign for votes in the 2026 general elections. The construction of a road changes everything in this part of the world, an indicator of how far we need to go to achieve some elusive status as a country.

The lack of roads, piped water and electricity is one of the reasons why land is very expensive in greater Kampala and in many other urbanizing areas in Uganda. So, where the roads, electricity and piped water have been extended, property prices go up. In Buwaate, a plot of 50x100 feet or 0.12 decimals is going to nearly double once the road is complete. Landlords will increase rents as people seek to move into this part of the city.

So how does that make land expensive? Because few areas have proper infrastructure, areas that end up getting a road become extremely expensive. Areas that have a bitumen standard road, water and electricity make life easy for those living or planning to settle there. They don't have to pay much to extend electricity to their homes or suffer fetching water due to lack of access to piped water.



DENIS JJUUKO

In an area like Buwaate, if a 50x100 feet plot has been selling for Shs70m, it will go to Shs100m or more by the end of this year if it hasn't gone up already. This means that people who can't afford there, will now buy further away. Some will sell in Buwaate and look for land in Kalagi or Busiika thereby creating demand in those area. Simple economics teaches us that increased demand leads to increases in prices.

As demand increases in these areas, landlords will increase the price of land and rent too thereby making it difficult for men like that father of Wakiso to afford a decent house for their children.

So, if we want decent affordable houses, what do we have to do? Extend asphalt roads, electricity and piped water to every little part of greater Kampala. Have good hospitals and schools that are affordable in those areas too and have a plan on reliable and affordable public transport.

If we had those everywhere, asphaltting a road would cease to be news. It would stop landlords from smiling every time they see a grader in their area. Electricity and piped water would cease to be part of texts in property adverts and promotion

campaigns. If there is a good road everywhere, a compactor in an area wouldn't lead to increased property prices. Electricity poles or trenching earth for piped water wouldn't lead to abnormal increases in prices.

People would easily live in Kiringente in Mpigi town or Namagunga near Lugazi and still be at their desks at 8.00am on Kampala Road.

Greater Kampala isn't a very big area where the government can't do this kind of work. The Buwaate-Najeera Spur that is causing all sorts of excitement is just 5km long. The Kulambiro Ring Road that caused much more excitement earlier is approximately 3.5km. Spear Motors to Ntinda is just 2.2km. So, imagine if government constructed just 10km every year in greater Kampala, the price of land would significantly go down thereby making houses affordable.

I have seen some social media posts by the Ministry of Lands, Housing and Urban Development and its partners notably Habitat for Humanity promoting the upcoming annual Uganda Housing Symposium and the theme is on affordable housing. I hope that they can look at how extending infrastructure as mentioned above could solve the affordable housing issue especially in urban areas, obviously one of the most significant challenges our country is facing today.

Children who are worried of a landlord throwing them out of a house will be affected mentally, denying them the ability to develop to their full potential. In fact, they would also be suffering physically as well. so that they can be piled on rickety boats to cross into Europe. Many such boats capsize. Instead of addressing the lack of jobs, they instead see your henchmen building mansions the size of shopping malls and even whisking their girlfriends away.

Those whose girlfriends are lucky to escape the clutches of your kinsmen, suffer in hospitals while giving birth. Some even die. They have seen their parents die because the hospitals have no drugs or qualified health workers. Yet they hear that you fly your children to Europe for the most mundane things such as routine immunization!

If their kids don't die as infants, they attend schools where there are no teachers or even a simple bench. They study on empty stomachs and finish school unable to read or even write their name. Yet they now realize that for you and your family, you have private tutors who even train you to speak some international languages should problems come your way.

In every speech you give, statistics roll off your tongue. You talk about minerals that their country possesses and you claim life is better than when you assumed office decades ago. However, those statistics aren't reflected in their pockets.

The roads are terribly potholed. There is no reliable and affordable electricity. Piped water remains a pipe dream. They see no future for their children. They don't care about elections at all. They know you steal them to justify your stay in office. All they want is a better life. And if you give them that life, no army officer will overthrow you.

Mr. President, this model worked for Singapore and in countries like UAE and many of the Asian Tigers—countries at the same level as the country you preside over a mere 60 years ago. Copy and paste that model since you want to rule for life or being succeeded by your offspring and there will be nobody jubilating your ouster. In fact, no boy in your so-called elite force or republican army or whatever fancy name you call your guards will dare to overthrow a genuinely loved leader.

The writer is a communication and visibility consultant.
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Love

(INFLUENCED BY NUWA NNYANZI'S PAINTING ENTITLED 'AT PEACE WITH EACH OTHER')

Will our children know and hold beauty Like
a permanent magnet?
Will they know tenderness in the vivid colors
of the sun and the rainbow?

Will our children know quiet contentment
In living daily with each other And toasting
to the future? Will our children say love is
being close without words?

Will our children know love better than us
who have lived these times of anger? Will
our children be beautiful In their youth
better than us who discovered youth cannot
be forever?



Will our children's arms be strong
enough to embrace each other?

Will our children get the time to close
their eyes feel the energies of each other
without gunfire forcing them open and
closing them forever?

Will our children conquer our
dismembered past and read our crimes
to shun our punishment?
Will they reconstitute our joys and throw
away our tears?

Will our children know and live love
Despite the guns, the mass graves, the
children abducted to service our woes
Will our children lay these loads down
and live love?

By;
Joachim Buwembo

2023 BERLIN *Marathon*



A popular running club, *Team Matooke* led the group of Ugandans who took part in the Marathon, Which was won by Kenyan legend Eliud Kipchoge for the 5th time.

IPP Evelyn Mulinda was part of the team







PP Denis Jjuuko
Inducted ***Gloria Pearl Kembabazi*** into
the Rotaract Club of Najeera



OUR VISTORS LAST WEEK

1. PAG Margaret Okello-RC Kampala-Naguru
2. Rtn Namaganda Christine -RC Kampala-Naguru
3. Rtn Moses Arorwa-RC Kampala-Naguru
4. Rtn Eddy Mupende-RC Kiwatule
5. CMP Jennifer Mirembe Sensuwa-RC Kampala Early Bird
6. Rtn Raymond Kalema - RC Kitante
7. HCP Joshua Asiimwe -Rotaract Club of Kampala-Naalya
8. Rtr. Ritah Mbabazi -Rotaract Club of Kisaasi-Kyanja
9. Rtr. Kasozi Jacob Kennedy -Rotaract Club of Kyengera
10. Rtr Emmanuel Baale- Rotaract Club of Mengo-Mutundwe.
11. Rtr Tunde Oyeyemi-Rotaract Club of Cape Munyonyo

Thank you for visiting. Please come again.

KATOGO BUDDY GROUP IN CHARGE

OUR MEMBERS



Dr Lakor Francis



Enid Kabunga



Fathila Nanozi



Grace Muntungi



Herbert Oloka



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