

Naalya Food Bulletin

29th October 2024

Rotary
Kampala - Naalya



Issue 18 | 2024



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www.rotarykampalanaalya.org



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EDITOR'S NOTE



Dear Reader,

We have come to the end of October, the month of the theme- Economic and Community Development. Time is flying by. I encourage you to continue empowering communities through various development projects and improve livelihoods.

Last week we joined other Rotarians to celebrate **World Polio Day**. This issue brings you highlights from the event. Let us all support efforts to protect children everywhere from disability or even death due to polio.

I invite you to join us this Tuesday for our **Fitness Fellowship** at Arches Gardens, Kisaasi, along Kisota road.

Enjoy this issue of the Naalya Food Bulletin.

Keno Lillian - Bulletin Officer

Editorial Design by:

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DESIGN | ANALYTICS | STRATEGY



Feedback

We'd love to hear from you about any of our stories this year 2024. Contact the Bulletin Officer: **+256 782 601 009** or Email **rcklanalyafoodbulletin@gmail.com** or **tap on the buttons** below



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President's Message

RTN SYLVIA JAGWE OWACHI
Club President 2024-2025



Dear Rotarians and Friends,

When I meet people and they get to know that I'm a Rotarian, I'm often asked the question **what are the benefits of joining Rotary.** There are many benefits ranging from making new connections and friendships, giving back to the community, fun and entertainment, business development, personal growth and development, continued learning travel opportunities and list goes on and on depending on what is important you as an individual.

In our meeting last week we were joined by **Rtn Prossie Kimbowa** a financial literacy specialist and membership director of Rotary Means Business. She talked to us about Rotary Means Business which is a fellowship whose objective is to see Rotarians support each other in their respective businesses.

Their mandate is promoting each other's hustles and build a clientele base within Rotary and beyond. It also aims to create opportunities for Rotarians' businesses to grow through strategic partnerships and collaborations. **To join one has to be a Rotarian, have a business and pay an annual fee currently UGX 110k.**

Last week I listened in on the meeting of Rotary Club of Kampala Morning Stars where the topic was the hidden power of connections. **Rtn Frank Yiga** broke it down so well. There is a saying that your network

is your net worth however this should not be mistaken by the number of people you know or the likes and followers you have on social media. The measure should be deeper than that and we should always strive to make meaningful connections. **I encourage Rotarians with businesses to join in however one needs to be intentional with what they need to achieve.**

Still about benefits of joining Rotary on 24th October Rotarians across the world celebrated World Polio Day. This was an opportunity to give back to the community. Many clubs rallied their members to give towards the Polio Fund while others undertook different activities within their communities working with health centers to immunize children. As a club we set a target at the start of the Rotary year and it was heartwarming to see us surpass that target through members giving. **I encourage Rotarians and non-Rotarians to continue giving because every dollar given is matched by two dollars by the Bill and Melinda Gates foundation to help eradicate polio around the world.**

This week we will be joined by Rtn Robert Sebugwawo aka Coach Bob for a fitness fun fellowship. **He will remind us about the importance of keeping healthy and fit as a way to a better life.** Enjoy our bulletin and you are welcome to join us for this activity.

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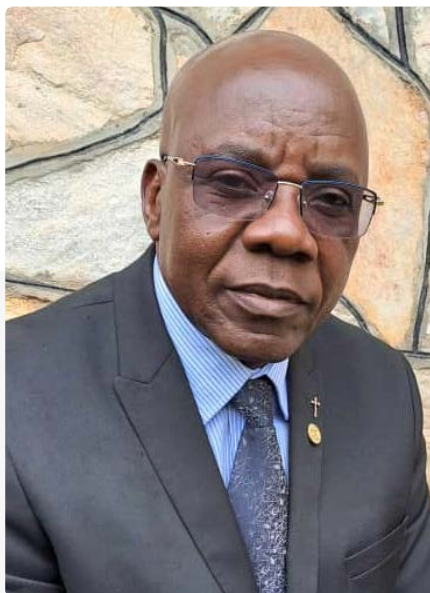
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Teaching Voluntarism

BY IPP GODFREY OKELLO
OMODING
Club Training Facilitator

When one is joining rotary, first, it is taken to be voluntary. Secondly, one is expected to give voluntary services. With these two, right from the start, **one is expected to be an all-round volunteer.** So, is voluntarism taught or is it a spirit or both? It gets a touch when you read the Object of Rotary; it is all about ideal of service. One wonders where then was one expected to have learned voluntarism or acquired it before joining! **This seems to suggest that anyone can volunteer no matter how big or small one is in society or status.**

The reality seems to indicate that not anyone can be a volunteer. So, what is holding others back? For most people, it's a feeling that they don't know how to volunteer. The truth is that anyone can learn to volunteer with the right guidance or among the right people. **Other people are afraid of losing their time, resources and even status.** Yet, they have seen or seeing others deriving satisfaction and deep down they see happiness in them. At the same time, they know, be it remotely, that it is possible for them too to volunteer. **There are all great opportunities every single day and everywhere to volunteer.** One just need to be open to participate and, in the course,



learn and feel how fulfilling it is.

Voluntarism in a person has manifestations. First, it manifests as an embedded spirit in one. Here, you have a drive or an ache to help, even when you are not called upon. It is internal and keeps

popping up all the time. You are full of empathy. Secondly, you want to do something even when you may have no means or you do on your own resources without being asked. You bear

the conviction.

Another manifestation is the willingness of a person to join those who are doing something one believe is good for others. **You find yourself belonging to a willing group. You get nurtured and the spirit**

of voluntarism in you sprouts and blossoms. Your contributions and presence get noted, liked and preferred. Your place of belonging is imprinted. The manifestations are dynamic and bring in unique membership.

Teaching of voluntarism also has a bearing in one's religious, cultural, and societal roots. Very often, roots that bear love produce fruits of love. Fruits of love harbour seeds of love that very easily manifest voluntarism. Over time, the trend in rotary is try to instill voluntary spirit to its members. This is good. It helps to a certain extent. It takes care of different factors that continue to influence the world. Inward looking of the world today need outward looking people. People who can come out to support those marginalized, forgotten, difficult to reach, and fill created social, economic and political gaps in society.

As Rotarians explore extent of their voluntarism, may we tap more on the natural spirit of voluntarism in us. Let us extent our horizons through touching more lives. Let our numbers not be inhibition because our spirits are more powerful. May the ideal of service get rooted in us. May the recitation of the Object of Rotary come from our hearts rather than our minds. **May our spirit of voluntarism make many greater strives in the betterment of humanity. This is where the magic of rotary is found.**

“

The truth is that anyone can learn to volunteer with the right guidance or among the right people.

85 per cent of children affected by Polio in 2023 lived in fragile and conflict-affected countries



BY RTN SYLVIA NANKYA

8 **5 per cent** of the 541 children affected by polio globally in 2023, lived in the 31 fragile, conflict-affected, and vulnerable countries, according to a new analysis by UNICEF.

Polio cases in these settings have more than doubled in the past five years, while routine childhood immunization has dropped from 75 to 70 per cent – well below the 95 per cent needed for community immunity.

The data issue a stark warning that the life-threatening disease continues to thrive in areas where life is most precarious, and where conflict, natural disasters, humanitarian crises, other destabilizing factors make it difficult to deliver critical healthcare.

“In conflict, children face more than bombs and bullets; they are at risk of deadly diseases that should no longer exist,” said UNICEF Executive Director Catherine Russell. **“In many countries, we are witnessing the collapse of healthcare systems, destruction of water and sanitation infrastructure, and**

the displacement of families, triggering a resurgence of diseases like polio. Children are being left paralyzed, unable to walk, play, or attend school.”

A global decline in childhood immunization has also led to an increase in polio outbreaks, including in countries that had been polio-free for decades. Nowhere is this more evident than in conflict-affected areas, with 15 out of 21 such countries – including Afghanistan, Democratic Republic of Congo, Somalia, South Sudan, and Yemen – currently battling polio.

In recent months, UNICEF and partners have intensified emergency responses to surges in polio outbreaks. **In Gaza, for example, UNICEF, in partnership with WHO, reached nearly 600,000 children under 10 years during the first round of a polio vaccination campaign in mid-September.** The second and final round has been successfully implemented in south and central Gaza, but renewed mass displacement and bombings have delayed the process in the north. The campaign follows the return of polio to Gaza for the first time in 25 years.

In Sudan, national childhood vaccination coverage plummeted from 85 per cent before the war to 53 per cent in 2023, while in active conflict zones, the coverage has dropped to just 30 per cent. In response, UNICEF and partners have led two emergency polio campaigns in recent months, reaching 2.9 million children under 5 years through house-to-house vaccinations.

Successful polio vaccination campaigns in fragile, conflict-affected, and vulnerable countries are critical to stopping further cases and protecting children who are already vulnerable.



Humanitarian pauses are essential to ensure healthcare workers can reach children and deliver vaccines safely.

The battle against polio is hardest in the most challenging places, but eradication is within reach.

UNICEF, which delivers over 1 billion doses of polio vaccines annually – the largest share of its global vaccine deliveries – urges governments, partners, and donors to:

- Prioritize vaccination of all children against polio, especially in conflict and humanitarian settings and in countries with low immunization coverage across Africa and parts of Asia.
- Strengthen immunization systems to ensure all children receive essential, lifesaving vaccines.
- Protect humanitarian and healthcare workers delivering vaccines, and respect essential humanitarian pauses needed for campaign success.
- Provide critical resources to the Global Polio Eradication Initiative and Gavi, the Vaccine Alliance, to quickly halt outbreaks and ensure children are vaccinated.
- Elevate polio eradication on political agendas at all levels, prioritizing innovative solutions and coordinated actions to enhance immunization campaign quality.

“The spread of polio not only puts children in affected countries at immediate risk but also poses a growing threat to neighbouring countries,” added Russell. “The final push is the hardest,

but now is the time to act. We cannot rest until every child, in every corner of the world, is safe from polio – once and for all.”

During the World Polio Day celebrations October 24, at silver springs Hotel in Kampala, Dr. Annet Kisakye, an immunization officer with the World Health Organisation said more effort is still needed to fight Polio.

Referring to a new Polio case registered in Mbale in May 2024, Dr. Kisaakye said the case was traced to have originated from Somalia, then to Garisa in Kenya and then Mbale. She said following this new case, which was discovered in tests done on sewerage, the Ugandan government working with World Health Organisation started a campaign to vaccine all children between zero and five years.



DG Anne Nkutu of D9213 administering the vaccine to a baby

She said the second phase of the immunization campaign will kick off in Uganda in November in 49 districts of , Karamoja, Bukedi , Teso, Busoga and Bugisu sub regions to reach 3.2 million.

Speaking at the event, District 9213 Governor Anne Nkutu said the end of polio is within everyone’s grasp, but noted it requires unwavering focus and renewed energy.

“Rotary International’s commitment of over \$2 billion and countless volunteer hours has brought the world to the brink of eradicating polio. We are close to achieving a polio-free world, a triumph of collective action and dedication,” Nkutu said

World Polio Day Commemoration at RC Kampala Springs





TOGETHER, WE

END POLIO

Rotary  PEOPLE OF ACTION

Rotary  PEOPLE OF ACTION



Takeaways from last week's fellowship



Who is Rotary Means Business (RMB-Uganda)

Rotary Means Business (RMB) Uganda is the business arm of Rotary, fostering a network of entrepreneurs and professionals within **Districts 9213 and 9214**. As a company registered by guarantee, **RMB Uganda serves approximately 6,000 Rotarians and Rotaractors nationwide**.

Our mission is to encourage Rotarians to support fellow members' success through business collaborations and referrals.

Led by a board of esteemed business leaders, **RMB Uganda aims to register 1,000 businesses within three years**. Our organization operates with robust systems, ensuring:

- Strong leadership*
- Strategic and operational planning*
- Financial management and accountability*
- Effective operational systems*

By leveraging these systems, we deliver value to all stakeholders, promoting business growth, networking, and community development.

Some of the key goals to be achieved by RMB in 2024-25

- **Web Platform Development:** Create a website to showcase and promote members' businesses. This platform will enable members to gain visibility worldwide and attract potential customers.
- **Strategic Partnerships:** Formalize partnerships with

financial institutions, business advisors, and foreign business networks to support members in running their businesses effectively.

- **Business Exhibitions:** Partner with the Rotary family to host six major business exhibitions across Uganda, providing opportunities for members to network and showcase their products/services.
- **Training and Development:** Roll out training programs focusing on six key business areas where members face challenges, enhancing their skills and knowledge.
- **Decentralization and Representation:** Establish smaller zones within RMB Uganda, headed by RMB Ambassadors, ensuring decentralized decision-making and effective representation.
- **Five-Year Strategic Plan:** Develop a comprehensive plan outlining goals, objectives, and strategies for RMB Uganda's growth and development over the next five years.

Why should you join RMB?

By joining this amazing network, you access the following benefits:

- Global business networking opportunities: For exports, Business Representations/ partnerships, Exhibitions
- Business growth and market expansion.

Through deliberate referrals, Local major exhibitions, exposure on our web forum and more...

Why should you join RMB?

- **Mentorship and Technical support:** Through our routine free business training meetings and low cost customized technical support from our approved partnership advisory firms.
- **Access to financing and other key business resources:** From our partners that're signing up to support our members (Banks, microfinances, IT firms, marketing firms and more....)

Requirements to Join:

You should be:

1. A Rotarian/Rotaractor
2. Running a verifiable Business or a Consultant
3. Offering quality verifiable services/products
4. Ready to attend RMB Activities
5. Pay annual subscription fee, currently Ugx 110,000

Conclusion:

Rotary Means Business is one of the options available for Rotary to support Rotarians and Rotaractors to improve their business earnings, creating more relevance of rotary, improving on membership retention, easing payment of dues & supporting the Rotary Foundation as the economic and social lives of the Rotarians in business improves. **Let's encourage each other to join RMB.**

Contacts:

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Vice Chairperson: Connie Magomu - 0772475713

Membership Director: Prossie Kimbowa - 0782639630

Last week's fellowship





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Meet our *Fitness Coach* this Tuesday

RTN ROBERT SSEBUGWAWO

Brief Biography and Professional Profile of Robert SSEBUGWAWO a.k.a Coach Bob

Robert Ssebugwawo is a Ugandan who has lived in California for the past twenty years. **He is a Preventive Health Specialist, Economist, Published Poet/Writer, Health Coach, Nutritionist, and Physical Fitness Expert.** He works with the Parliament of Uganda as a Fitness and Preventive Health Expert.

Over the past two decades, he has worked in a wide variety of professional capacities in both the public and private sectors. **He is a retired Bodybuilder who competed globally from 1996 until 2008.** He is a registered Member of the USA-based Exercise is Medicine Global Organization. He is a Global champion of Physical Activity and Nutrition.

He earned his Bachelor of Arts Degree in Economics from Makerere University. He has other qualifications at the Diploma level such as Fitness & Nutrition, Paralegal Studies, Sports Nutrition and Health Coaching which he

earned from USC University in California, United States of America.

Robert has recently been a Physical Activity Consultant with the University of Southern California Institute for Global Health. He has done Global Health Promotion effective work for the last 10 years. He also spearheaded the establishment of the Fitness Gym in the Parliament of Uganda which was officially launched in 2011.

He is also a valued Youth Motivational Speaker and a proactive Champion for Physical Activity for better health and lifetime well-being. He regularly makes presentations in Workplaces, Schools, Churches, Universities, Law Enforcement Agencies, Rotaries, Sports Communities, Government Ministries and International Private Education Institutions. He

loves reading, Sports, Social Interactions and Volunteering for Global causes. He is a Family-oriented man blessed with a Wife and Children.

Robert is a Rotarian from the Rotary Club of Kampala Central and he is serving on the Board as SAA. He is also the Fitness Team Leader in the D9123 and currently serving on the Cancer Run Team 2024.

Contact Information:

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Email: bobfitness6@gmail.com

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WITH COACH BOB

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ARCHES GARDENS
KISOTA RD, KISAASI

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Tuesday October 29

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Venue; Serena Hotel, Kampala

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**Passion
Action
Reaction**

Group savings could help young people become homeowners.

BY RTN. DENIS JJUUKO



For most people, owning a home is the ultimate dream. It is a key component of what constitutes the American dream. In many parts of Africa, a boy only becomes a man if they owned a house.

At kwanjula (betrothment) events, you hear spokespersons of the groom to be bragging that the man who is intending to marry already owns a house, when they are mentioning his home address to which the congregation claps incessantly in wonder. It confirms, somewhat, the potential of the man to look after the bride.

But like we heard recently as the country marked the World Habitat Day, housing in Uganda is increasingly becoming a pipe dream for the majority of Ugandans. Apparently, 76% of the population won't be able to afford to build or own a decent home. That is such a huge number. The cost of land and building materials are way too out of reach for the majority of Ugandans.

That shouldn't be very nice for any government to hear. Home ownership is a cornerstone of stability.

The biggest asset the majority of people will ever own is a home. And once they own a home, it means that they have a big stake in their country.

They will do whatever it means to protect their biggest asset. So, they won't be involved in burning down a street on which they own a home.

There is a lot government can do to ensure that this happens. Ensuring people have sustainable jobs, affordable mortgage rates, social security linked to home ownership, tax deductions on building materials etc.

However, sometimes, the government may not do all those things. They may leave individuals to do it on their own. So how can people, especially those that banks may not

describe as "high net worth", be able to afford a decent house?

Home ownership in Uganda, at least for the majority, starts with the ability to own land.

Land that is affordable is usually far from urban centres without any utilities such as water and electricity. For many young people, living in such an area can be scary so they end up postponing to buy land.

By the time they have raised some money to buy land in a place that they consider livable, they are taken to the same place which was extremely rural a few years ago but it is now unaffordable to them. The places they can afford are again so rural.

However, they now have school going children which means less money at their disposal. Before they know it, it is

76% of the population won't be able to afford to build or own a decent home.

retirement time and no house. They now hope that their children would be able to look after them. The poverty cycle continues.

How can young people afford to build and own homes affordably? At least those who earn a regular income?

They will need to come together either as friends or relatives and save money together consistently for some time. They don't

have to be so many, a maximum of about eight people. When they are too many, so many interests will come up and they may lose focus. They can consistently save money for about 3 years. **If each of them saves Shs50,000 per a month, it means that they will have Shs4.8m by the end of the first year.** If they invest this money in a unit trust at about 12% annually, they will have an extra Shs576,000 after one

year of investing it.

If they invest Shs400,000 every month after their initial investment of Shs4.8m, at the end of the 3-year saving cycle, they will have at least Shs16,197,120 according to an online compound interest calculator. That is

why compound interest is sometimes called the 8th wonder of the world.

In the design, there are things they can share, such as septic tanks and a perimeter wall but that can come in later.

With Shs16.1m, the group of eight can now look for an acre of land to buy at

about 15m, which they can now divide among themselves. If eight of you decide to buy land in an area you consider rural, you won't be scared of living there because you will have the security of your neighbours.

Anyway, each member should be able to get a 50x100ft plot in a well organised estate. With the Shs1.1m balance, they can now employ the services of an architect to design

eight houses for them. The houses should look exactly the same and should be of the same size. They should not be fancy storied houses that are too expensive to build. Simple would do it. The dream is to own a home, not a Hollywood-esque home!

In the design, there are things they can share, such as septic tanks and a perimeter wall but that can come in later.

Now that they are good at saving and investing, they can double their monthly savings to Shs100,000. If they invest Shs9.6m and continue investing Shs800,000 per a month at 12% annually, they would have Shs32,394,240 by the end of 3 years. Depending on the design they choose and materials they use, they could now be able to build a house or two for every member every 3 years. **In 12-24 years, each of those members will be able to own a decent mortgage free house.**

The writer is a communication and visibility consultant.
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Ambassadorial Visit - RC Naalya States



PP Flavia Serugo (Right)
represented at World Polio
Day celebrations organized
by RC Kampala Springs

PP Sylvia Nankya (2nd right)
represented at RC Sonde

District Officers' Retreat - marking 100 days of magical service





THEME: UNLEASHING AFRICA'S POTENTIAL; ROTARACT LEADING THE WAY



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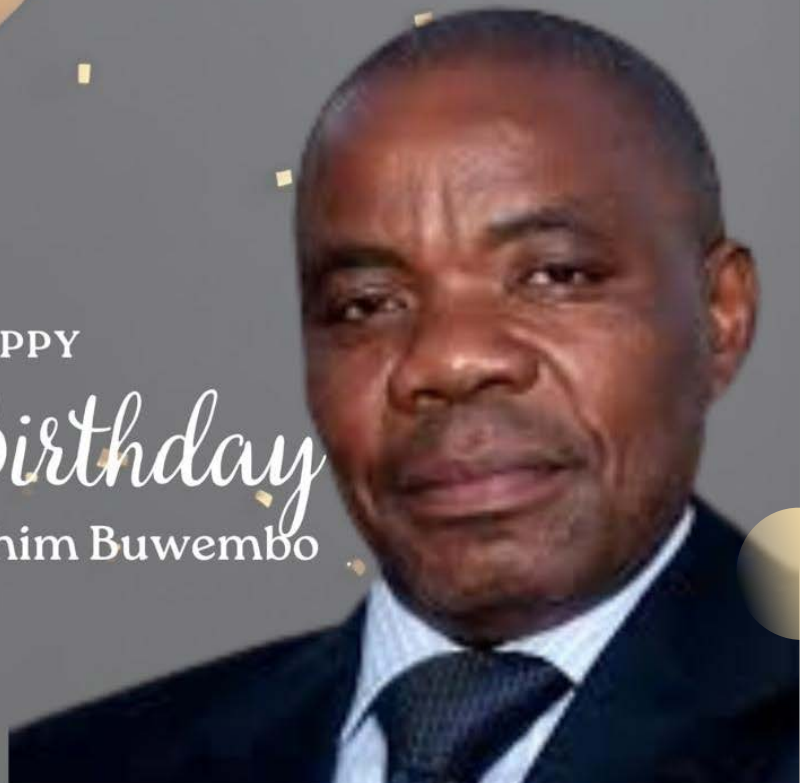
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HAPPY

Birthday

Rtn Joachim Buwembo



Family Matters



BY PASTOR RONNIE MUTEBI

Hebrews 12:2: Looking unto the author and finisher of our faith; who for the joy that was set before him endured the challenges, despising the shame..

THE POWER THAT STARTED YOU

To everything, there is a power. Do you believe that God set you on your current path irrespective of whatever is happening?

Do you realize that He is the one who started your pursuit of the things you do?

Have you acknowledged that He is the foundation of your business or career?



So why, when things get tough, do you forget to include Him in what He started?

God is the “author and finisher.” He surely knows everything along the pathway.

If you feel like giving up, that’s your choice—not His. He is still with you in that business, supporting your career, and upholding you in that relationship or marriage.

A wise saying reminds us: “Water flows where it has flowed before.”

You need to trust the same power that started you on this journey; it’s still there as a guiding light in the dark spots.

If you built a successful business once, you can do it again. If your relationship was once full of joy, it can regain that happiness.

Many have ended up in dire conditions like, stress, depression, anxiety, arthritis, pressure, simply by losing the grip of the power that started them, holding onto the pains that came along the journey.

Take Home: Just as water flows where it has flowed before, you need to trust the power that started you on your journey; it’s still there. If you succeeded once, you can succeed again.

You must always complete the life of what You begin. That is who You are, and no situation, storm, or hardship can change that.

Remember the past victories, knowing that if You worked through them before, You can do it again.

ALWAYS LOOKOUT FOR THE GOOD IN EVERYTHING.

Rotary
Club of Butabika Royals



District Governor's *Official Visit*



TUESDAY
29th
OCTOBER

**SILVER SPRINGS
HOTEL BUGOLOBI**
5PM-8PM

**DG ANNE
NKUTU**



@ButabikaRoyals



Chasing Polio through THE LENS

STORY BY JEAN-MARC GIBOUX

As a freelance photographer, I was looking for a great story for the new millennium when I read an article in the *Chicago Tribune* in 1997 about the drive to eradicate polio. I noticed a local connection: **Rotary**.

I called Rotary and the organisation gave me a grant to cover the story. The Rotary team picked five places in the world for me to visit. Starting in 1997, I spent a year traveling to Turkey, India, Nepal, Ethiopia, and the U.S. Centers for Disease Control and Prevention in Atlanta.

At the end of my travels, Life magazine picked up the story and published it in the November 1998 issue.

I went on to cover the polio eradication effort for 18 years. I kept the subject fresh by trying to link polio eradication with major events happening in the world. For example, I decided to see the polio vaccinations in 2004 during the conflict in the Darfur region in Sudan.

There were more than 200,000 refugees in Chad

on the border with Sudan. Just getting there was very difficult. I had a contact with Doctors Without Borders — the group was handling health care on the border. I stayed in tents with doctors and nurses in the camp for a week. I would follow them on their daily routine to do the vaccinations.

It was interesting to get to see what was happening in people's private spaces. The polio programme allowed me to get into those places.

"WE NEED TO TAKE CLIMATE-FRIENDLY ACTIONS ON AN INDIVIDUAL AND A CLUB LEVEL. WE HAVE TO ACT TOGETHER."

I was impressed by the way the polio campaign was done from the bottom up. It reminds me of an ant colony working together. Its teachers, nurses,



Boy on merry-go-round: Addis Ababa, Ethiopia, 1997

health workers, anybody. It's a pretty simple vaccination to give, and so everybody's involved. Hundreds of thousands of people are contributing.

Jean-Marc Giboux speaks more about his experiences as a photographer covering polio eradication on the Rotary Voices podcast. Listen at on.rotary.org/podcast

At the time I took this photo, there weren't too many places for kids who had polio to receive treatment. The Cheshire Home, part of a worldwide network, was giving them reconstructive surgery and a place to live. What I love about this photo is that kids are kids. The child's legs had to be reconstructed, but he's having a blast on the playground like any other kid.



Kids in blue smocks sitting on bench: Freetown, Sierra Leone, 1998

This is one of my favourite photos. I was on my first assignment with the World Health Organization. As in Ethiopia, the Cheshire Home was a place for kids with polio. There were no parents there. The children were in a big estate surrounded by walls, and outside those walls a civil war was raging. What always stayed with me about this is that it was such a haven of peace, of retreat, for them to be there. I had to be evacuated because the war was worsening. I don't know what happened to them afterwards.



*Kids' legs with polio supports and crutches:
Delhi, India, 1998*

At the Amar Jyoti Research and Rehabilitation Centre there is an integrated school where children with polio study alongside children who don't have polio. This photo was striking because of the condition of their legs. It was such an intense picture when you see how they got reconstructive surgery. Their legs are supported by metal rods; they get shoes, but they still need crutches. They are the lucky ones. They are getting an education.



*A bunch of insulated boxes:
Delhi, India, 2004*

This photo of insulated boxes captures a behind-the-scenes glimpse of the campaign — the importance of the cold chain in the drive to eradicate polio. The polio vaccine is cheap to produce, but it has to be kept cold all the way to delivery. That is one of the biggest challenges of the campaign, because in some places there is



*Girl taking ticket from seated man:
Herat province, Afghanistan, 2002*

no electricity. So everywhere I went there were always those ice boxes. From Africa to Asia to everywhere, always the same small boxes.

I was following teams of vaccinators just after the fall of the Taliban, when there were a couple of years where it was easier to travel around Afghanistan. **Over 100,000 people lived in the Maslakh settlement, where displaced people from within the country came to stay. There was a food distribution centre where they would line up for hours.** That's where you'd find the children. You could see who was vaccinated in the camp and who wasn't by looking for the marking on their finger. That little girl in the centre of the picture is getting a ticket to be in the food line.



*Big group of nurses in striped clothing:
Mathura District, India, 2015*

This photo of nurses and health workers at the Farah Community Health Centre is from the first anniversary of a polio-free India. When the end of polio was celebrated, of course it happened in New Delhi with the cabinet ministers. But the really hard work was being done by hundreds of thousands of workers going by foot door to door. The lines, the visuals, the composition makes the picture beautiful.



*Boy in line for school with eyes closed:
New Delhi, India, 2004*

The Akshya Pratisthan school is another private school that provides education and rehabilitation in an integrated environment. When I go into places like this, I'm taking a lot of pictures. In this one, they're lining up to pray before school. It's a nice environment — it's early morning and there's beautiful light. The photo's composition is more geometric and drives you to the boy's face.

**This article was first published
by Rotary International**



GREENING PRIMARY SCHOOLS

OFFICIAL PROGRAM LAUNCH

Tuesday, 29th October
10:00 AM

Namalere Mixed SSS,
Kagoma, Wakiso District



GUEST PLANTER

DG ANNE NKUTU
District Governor, Rotary Uganda





In Support of the
**Africa Rotary
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#APeaceConcert25

The
Rotary
Foundation



MEET THE RI PRESIDENT

The RI president
Stephanie Urchick
will be part of the
4th edition of the
Africa Peace Concert.



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MUNYONYO**



**10TH.
JAN. 2025**



**15H (GMT)
18H (EAT)**

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