Naalya Food 19th November 2024

Bulletin





Issue 21 | 2024



Inside This Issue

www.rotarykampalanaalya.org





Millions out there to give



DG Anne's Eureka Moment

EDITOR'S NOTE



Dear Reader,

ast week RC Kampala Naalya had a great time hosting the District Governor Anne Nkutu. We are grateful for the constructive advice on how to take the Club forward.

DG Anne also inducted six members into the Club, impressive indeed. I take this opportunity to warmly welcome our new members.

This issue brings you highlights of the event and so much more.

Our guest this Tuesday is PAG Catherine Barasa Asekenye - District TRF Fundraising Chair. Please ioin us.

Keno Lillian - Bulletin Officer

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Feedback

We'd love to hear from you about any of our stories this year 2024. Contact the Bulletin Officer: +256 782 601 009 or Email rcklanalyafoodbulletin@gmail.com or tap on the buttons below

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Tap to visit the Club Website 1

President's Message

RTN SYLVIA JAGWE OWACHI Club President 2024-2025



Dear Rotarians and Friends,

n our last meeting we hosted the District Governor. It was a special visit for us lacksquare given that we are the home club of the District Governor this Rotary Year! A special thanks to all of you who turned up to join us welcome the District Governor home. We had quite a number of activities starting with the Board meeting to take stalk of where we are, what has worked well and what we need to do more of. We have done well in the area of membership growth We have done and The Rotary Foundation giving well in the area of and now need to focus more on membership growth consolidating our service projects.

During the meeting we inducted 6 new members into our club bringing the total to 49. At the close of October District 9213 had 129 Rotary Clubs and crossed the 5,000 mark

in number of Rotarians. We as Rotary Club of Kampala Naalya are happy that we have added to this number!! A very warm welcome to our new members and we are excited to have you join us to serve humanity. We cannot wait to tap into the new energy and diversity you bring to the club.

We also pinned 7 new Rotary Foundation givers at different levels. As a club we set a target towards our Rotary Foundation giving at the start of the Rotary year and it is heartwarming that we have already surpassed that target through members giving. I encourage Rotarians and non-Rotarians to continue giving towards

the foundation. "It's not how much we give but how much love we put into giving" For its in giving that we receive". The District Governor also celebrated her birthday by asking friends to give towards the foundation. Amazing response I must say!!

The month of November in the Rotary calendar is The Rotary Foundation (TRF) Month and we have dedicated this week's meeting to understand this more, how one

can give, the different recognitions for ones giving, how our giving then supports projects.

Enjoy our bulletin and you are welcome to join us for our meeting.

Be blessed!

and The Rotary

Foundation...





An Evening of Celebration as DG Anne visits her Club

BY RTN SYLVIA NANKYA

wo Major Donors, six Paul Harris Fellows and six new Rotarians flashed the celebration as the Rotary Club of Kampala-Naalya Hosted **District Governor Anne Nkutu** on the evening of Tuesday, November 19, 2024.

The Joy Arena at Ndere Cultural Centre was filled, as Rotarians from across clubs in the district gathered to celebrate with us. The Key celebration was Governor Anne's prestigious Major Donor (Level One) status for which she received a sapphire

from Past District Governors Mike Kennedy Sebalu, John Magezi Ndamira and Stephen Mwanje. The Other Major Donor for the Day was Charter President Francis Lakor.

Major Donors
to the Rotary
Foundation
are individuals, married
couples, non-Rotary
affiliated Foundations, and
Corporations that contribute
an outright or cumulative gift
of at least USD 10,000. The
money is channelled through
the Annual Fund, PolioPlus,
Approved Global Grant, and
Endowment Fund.



TRF Recognition commemorates giving at these levels:



Meanwhile, as the Club hosted the Governor, it also welcomed six fresh faces into the Naalya fold.

- Level 1: \$10,000 to \$24,999
- Level 2: \$25,000 to \$49,999
- Level 3: \$50,000 to \$99,999
- Level 4: \$100,000 to \$249,999

In a dazzling display of Rotary spirit, Governor Anne honoured five new Paul Harris Fellows, including the club's Magical President, Sylvia Jagwe Owachi, now a PHF+1, giving more than 2000 Dollars to the Foundation. The other are Rtn Christine Amucu (PHF+2), Rtn Sylvia Nankya (PHF+1), Rtn Denis Osikol (PHF+1), Rtn Barbara Ninsiima (PHF), Rtn Johnson Akanyijuka (PHF).

The Paul Harris Fellow recognition acknowledges individuals who contribute or who have contributions of up to 1000 US Dollars made in their name to The Rotary Foundation. The money, which was mainly donated through the Annual Fund and Polio Plus Fund helped the club to achieve its financial goals in the first quarter of the Rotary Year.

Meanwhile, as the Club hosted the Governor, it also welcomed six fresh faces into the Naalya fold. They include Betty Namono, Peter Simon Nyanzi, Racheal Komuntale, Betty Namutebi Kasaija, Juliet Nabunnya and Theopista Fokukora.

With the new additions, the club now has a solid 49-member squad.

Earlier, a surprise celebration of Governor Anne's Birthday started the celebration as she was led by the sound of a saxophone at the staircase next to the Ndere Centre reception. To the sound of Happy Birthday, and holding a bouquet, she walked through the aisle leading to the Joy Arena.

DG Anne Nkutu's Eureka Moment



BY RTN PETER NYANZI

G Anne Nkutu told this personal story when she visited the Rotary Club of Kampala - Naalya on November 12, 2024:

About ten years ago in 2014 to be exact, I was the President of the Rotary Club of Kampala-Naalya. A few days to Christmas, I was invited for a Christmas Party at Missionaries of the Poor, an organization that takes

care of destitute, abandoned and disabled children. It is one of the community projects that the Rotary Club of Naalya is supporting.

Honestly, I was reluctant to join them for the party because it was to be held held on the last day of work at the organization that I was heading. I had to close the office for the festive season and there was quite a lot that I was going to do on that day. My plan was not to attend the party.

But the Brothers at Missionaries of the Poor kept on calling to remind me – "It's two days to the party"; "It's one day to the party"; "the party is today." Eventually, I told them that I would join them for the party, if anything to give a good example as the president of the club. My plan however was to show up and attend the Mass only and then leave to catch up with the many things that I had to do.

But as soon as I reached the place in Busega, I realized that there was a lot of activities going on. I simply looked at my watch and wished that everything they were doing would end so we save time.

They went on for another hour! When the long-awaited Mass eventually started, I still tense and I kept looking at my watch and wishing that it would end sooner. Time had gone and yet the priest didn't seem to realize it. Finally, when the priest was closing the Mass, he invited the children to present a song. The song was titled; 'What the Lord has done for me, I cannot tell it all.' It was my first time to

hear it but I will never forget it.

But the energy and joy with which the children the kids were expressing while singing the song really struck me. It was simply unbelievable. As I watched and listened to them, I kept wondering what they were happy about. Most of them were

I kept wondering soo the what they were happy about. Most of them were the

abandoned or

orphaned...



abandoned or orphaned. Every one of them had issues of one sort or the other – severe disabilities, albinism or some other unique special needs. But they were singing so joyfully.

That's when I had my 'Aha moment.' I was like, wait a minute! These are abandoned kids who are singing so joyfully yet they don't have anything apart from disabilities? Yet I

am here all stressed because it is the last day of work and I must close my office? I was stressed because I had a well-paying job. I was stressed because I had also planned to go to the bank, to withdraw money. I had to withdraw money because the following day, I and my children were going for holiday at Mweya Safari Lodge. I was stressed

because I had to do the shopping, and the packing and getting everything ready for the long trip. I was stressed because I had a good family! These children didn't have families. I was stressed because I had money in the bank and the opportunity to go away for a holiday. These kids didn't have anything of the sort or anywhere else to go apart from the orphanage.

But here they were so happy and thankful to God. It dawned on me that I was actually

stressed because of the blessings that the Lord had given me. These children were happy because of the little that they had received that day – sodas, biscuits, balloons, music and some food. It was a moment of reckoning for me.

And I asked myself; surely how much more grateful should I have been for what the Lord had done for me? I should be the one

more excited and rejoicing with the children about what the Lord had done for me. I had never suffered from lack throughout my life, though I might not be wealthy. It occurred to me in that very moment that the person who was all stressed up and anxiously looking at her watch all the time had more blessings than those little kids. I was like, how much ungrateful could one be?

That moment had created a lasting change in me."

Immediately, I stopped looking at my watch and relaxed. After the Mass, I even stayed for an extra hour just to talk to the kids and everyone else. In that moment, I had learned a very important lesson. In Rotary, we talk about creating lasting change in the communities and in ourselves. That moment had created a lasting change in me.

Last week's club fellowship



















The Rotary Club of Kampala Naalya appreciates you for Joining us when we Hosted our District Governor Anne Nkutu on Tuesday November 12, 2024

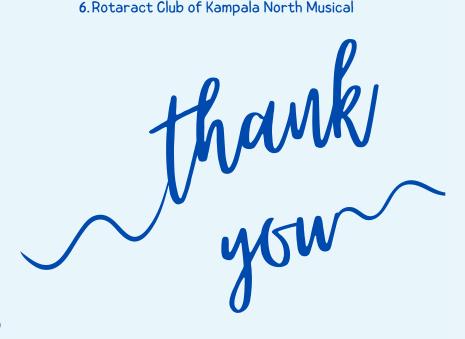
Rotary Clubs

- 1. Rotary Club of Kampala City
- 2. Rotary Club of Bukoto
- 3. Rotary Club of Kampala
- 4. Rotary Club of Ntinda
- 5. Rotary Club of Kyambogo
- 6. RC Kampala metropolitan
- 7. Rotary Club of Kira
- 8. RC Nateete-Kampala
- 9. Rotary Club of Sonde
- 10. Rotary Club of Mukono
- 11. Rotary Club of Kololo
- 12. Rotary Club of Naalya States
- 13. Rotary Club of Gayaza
- 14. Rotary Club of Kitukutwe
- 15. Rotary Club of Kampala North
- 16. RC Morning Tide Bugolobi
- 17. RC Kampala Life Stars
- 18. Rotary Club of Kampala East
- 19. Rotary Club of Ntinda Metro
- 20. Rotary Club of Kasubi
- 21. Rotary Club of Kasangati
- 22. Rotary Club of Namugongo
- 23. Rotary Club of Upper Kololo
- 24. Rotary Club of Kiwatule
- 25. RC Manywangwa-Nakwero
- 26. Rotary Club of Wandegeya
- 27. Rotary Club of Kampala-Maisha
- 28. Rotary Club of Mityana
- 29. Rotary Club of Tankhill City

- 30. Rotary Club of Kampala 7 Hills
- .31. Rotary Club of Mbale
- 32. Rotary Club of Kampala-Kibuli
- 33. Rotary Club of Kulambiro
- 34. Rotary Club of Kampala Early Bird
- 35. Rotary Club of Portbell
- 36. PRV Rotary Club of Kyaddodo Rugby

Rotaract Clubs

- 1. Rotaract Club of Najjeera
- 2. Rotaract Club of Ntinda
- 3. Rotaract Club of Kampala-Naalya
- 4. Rotaract Club of Cape Munyonyo
- 5. Rotaract Club of Mengo (Royals)
- 6. Rotaract Club of Kampala North Musical





Our Speaker this Tuesday

CATHERINE BARASA ASEKENYE

atherine is the Charter President of Rotary Club of Sonde. She served as Change Maker President of Presidents in 2021-22 and Assistant Governor (Kampala Area 1)/Dean of AG's in 2023-2024.

In the same year she received the DG's special recognition of The Assistant Governor of the Year.

She has also served as the District Chair Major Gifts & Endowments.

Catherine is currently serving as District TRF Fundraising Chair for D9213 and has been nominated as the Lieutenant Governor for Next Rotary Year.Catherine is a Major Donor Level 1.

She has received several Awards of excellence within and outside Rotary. In 2024-25 she was recognized by her Club as the Rotarian of the Year.

Her classification is Public Health & Social Development services. She has served in several positions including University teaching & research, in several international organizations including the World Bank, United Nations and several bilateral organizations.



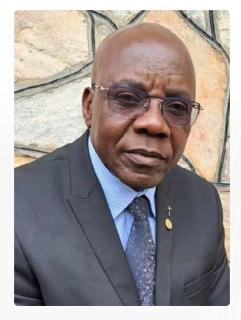
Millions and Millions of Shillings are out there to give!

BY IPP GODFREY OKELLO **OMODING** Club Training Facilitator

was listening to one of the presenters on The Rotary Foundation (TRF) giving. This particular presenter asserted that, "millions and millions of shillings are out there to give to TRF." She did elaborate that giving is about the "heart" to give. You can give small amounts over and over. So, what matters how many people have the heart to give these small amounts. If, for instance, every Rotarian gave a small amount, we shall realize millions and millions of shillings for TRF. Therefore, it requires having dedicated givers who can give small amounts many times.

presentation, when it came to time for questions, one Rotarian posed a question of recognition and segmentation in giving. This Rotarian's concern was on the nature of lapels. He wanted unique lapels for those, for example, who give more than USD 5,000.

In the same



you notice two sides of giving; there are those who give because they have the heart of giving; and there

are those who give because they want to be recognized. Ponder about where you fall? May be both or neither.

I have also noticed that a number of presentations

made on giving to TRF is about attaining lapels and recognitions. True, recognition is good but the away the messages are packaged matters. Will the millions and millions of shillings out there come in with these kinds of messages? Of course, everyone has different perspective about giving and what goes with it. When messages on giving are packaged to emphasis small amounts giving in numbers, the number of givers will go high. Someone already encircled in small amounts giving has potential to grow and give more, even in a big amount. Keeping such a person outside the giving bracket "kills" his/her potential.

Giving per se has no challenge. To some people, the challenge comes with the amounts and the worry of being seen giving small amounts. And, also, they worry about when to reach a bracket of a lapel. This worry gets magnified when messages seem to be directed to obtaining lapels. It rather becomes status derivation, yet there are people contributing and doing great service without necessarily having lapels. To many, they may see giving still far stretched for them, which should not be the case. Let giving be seen from a point of none destinational but mile marks.

To some people, the challenge comes with the amounts and the worry of being seen giving small amounts.

To him, this will encourage

giving. In this presentation,

Maybe it has come time too to acknowledge small givers and change the messages. I'm reminded in the scriptures that Jesus sat at a strategic position, watched people giving and he upheld the least giver

(Mark 12: 41-44). Don't get me wrong here, the point of emphasis is the heart of giving regardless of the amount. Let us put out there messages that encourage

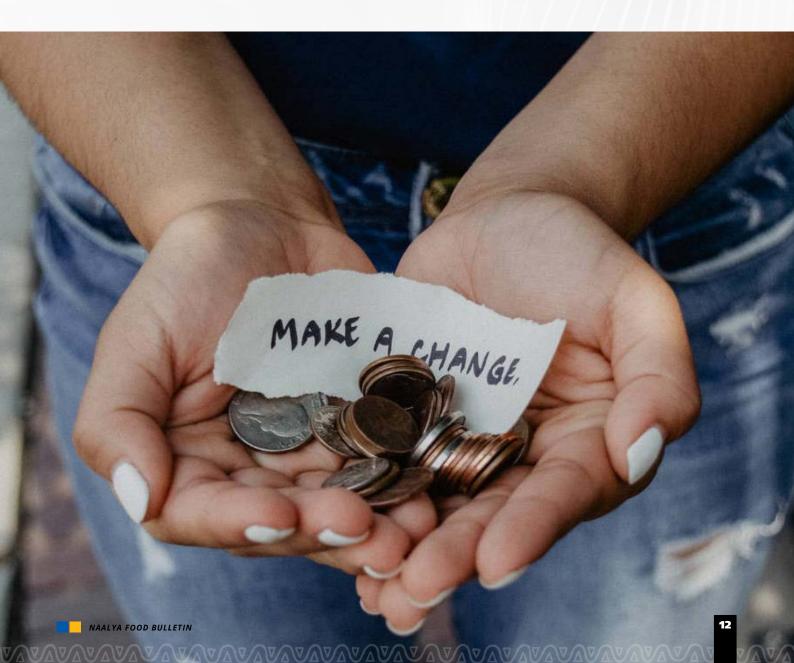
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To many, they may see giving still far stretched for them, which should not be the case. giving. Rewards can come later as a point of gratitude. Let us look out to cheer up all the givers.

It is also essential that messages of how to make use of the Foundation

and how to make it impactful be amplified. Pointing out the use of the Foundation in and for transforming communities. This comes with explaining and helping clubs across on how to access global grants. This has transitive effect on giving. There is evidence that when a club receives a global grant, members' giving increases. This month, we can as well carry out an assessment on how to help all or more clubs to get global grants.

May we continue to look for ways of giving smiles to humanity. May we extend the magic of rotary far and beyond.





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Red Ribbon Campaign commemorating World AIDS Day 2024

very year the world commemorates
World Aids Day on 1st

December, and this year the national celebrations will be held in Buyende Eastern Uganda.

As part of the commemoration Uganda AIDS Commission has launched a campaign entitled "Wear the Pibbon" which air

entitled "Wear the Ribbon" which aims to raise awareness that HIV/AIDS is still very present in our lives and in our communities. Recognizing the important role Rotarians and Rotaractors play in our communities, Uganda Aids Commission has invited all of us across Uganda to join this awareness campaign by doing two simple things. First by wearing the

The campaign aims to raise awareness that HIV/AIDS is still very present... ribbon every day from November 14th 2024 until 2nd December 2024 and Secondly by sharing our participation in the campaign across all our social media handles like X,

Designated Red

Facebook and others.

If we all wear the designated red ribbon, we can make this a powerful symbol of solidarity and support for HIV/AIDS awareness. Evidently Rotarians and Rotaractors are recognized as being able to effectively

reach and engage diverse audiences, contributing to greater understanding and compassion for those affected by HIV/AIDS.

The Ribbons can be secured from the Uganda Rotary office for distribution to your members effective TODAY 14th November 2024 at a cost of only Uganda Shillings Five Thousand (5,000/=)

Contact:

ugarotary@gmail.com or +256 782 530 943

Let us all join this effort to raise awareness, show solidarity, Educate, Empower, and End Stigma. Together, we can make a difference in the fight against HIV/AIDS.

Interact * Awards

The 2024 Interact Awards are here!

ach year, over 15,000 Interact clubs across the world are driving positive impacts within their communities.

To celebrate their hard work, Rotary International hosts an annual campaign: the Interact Awards. Interact clubs are invited to submit a video, photo(s), and/or essay that showcases their club experience and service initiatives. By participating, Interact clubs have the opportunity for their submission to be named "Best Video," "Best Photo," or "Best Essay," alongside receiving funds to support their next service project.

This year, Interact clubs are invited to show us your favorite service project! Submit a video, photo(s), or essay that shows your service project from start to finish. Include your planning stage, your service in action, and demonstrate how your project makes a difference in your community.

Submissions due by 2 December 2024

Awards will be given for best video, best photo, and best essay. One (1) club will be awarded in each category and will receive a financial award from Rotary International to support the Interact club's next service project.

Tap to submit your nomination

L





Make sure to follow us on social media for daily updates!



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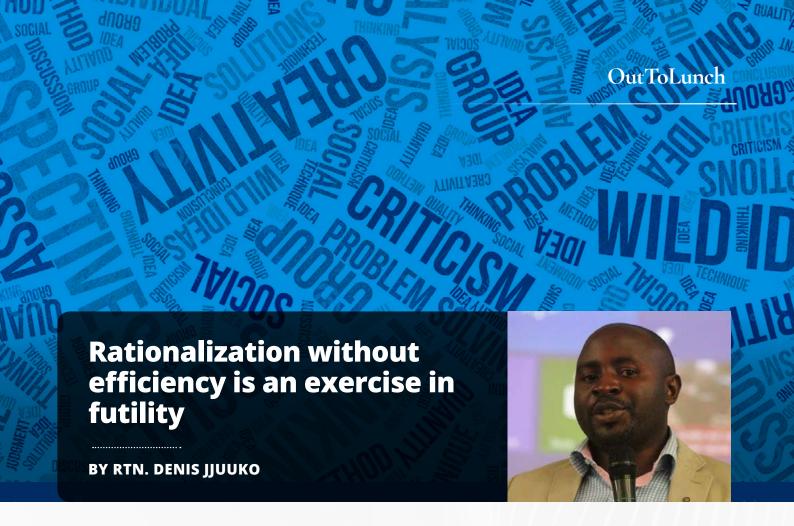


MAGIC ALL AROUND

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he rationalization of some of the government agencies back into their parent ministries has been the talk of town of the last few weeks with the Uganda Coffee Development Authority (UCDA) carrying the day. See, coffee is the lifeblood of more than two million households in the country.

The government has said that that agencies being rationalized are inefficient and incompetent cost centers that bleed the national treasury doing the same work the ministries could do. That duplication is their other silent name. There seems to be no middle ground for those who propose rationalization and the same could be said of those who oppose it. But if efficiency is what government hopes

to achieve through rationalization, there is a long way ahead. The work isn't insurmountable but there is a lot that will have to be done.

I think the first one is the issue of payment. We are told that staff of agencies were earning several times their colleagues in the ministries. That could be true. I sometimes see some of the CEOs of the agencies being driven around in powerful SUVs with lead or back up cars and police in black uniforms opening their doors or carrying their handbags. Somebody said that public servants in the ministries were jealousy of the executives in agencies. Maybe they were.

If payment is such an issue, there is need to ensure that civil servants are paid salaries equivalent to what they would earn in the private sector and then

put in place the same tough requirements in place. Regular assessments should be done and those that fail to meet them should be let go. Performance contracts should replace the method known as permanent and pensionable jobs because if anyone knows that they are assured of their job for life regardless of performance, they will do whatever they want.

Performance contracts will end the culture in some government offices where people arrive in the morning, place their jacket on the back of their swivel chairs or place a second pair of their eye glasses on the desk to give the impression that they are around the building whereas they are not.

Civil servants that work a few hours a day and enjoy a four-day working week should also be dealt



with. Service delivery shouldn't be just a topic of discussion in seminars and newspaper columns. It must be practiced and lived. That would require that officers are given a certain number of days to have a file in their office before they send it to the next person.

to go to heaven! Technology is available where each folder or file that goes to somebody's office is tracked to know how long it has remained in that particular office and then asked why the file is still on their desk. That level of tracking would also reduce on the number of missing files in government offices. Efficiency would ensure that no officer has hundreds of files on their desks for months or even years or unopened emails. So free gmail and yahoo emails should be replaced with official ones that can

be tracked.

Payments to

contractors

shouldn't take the

same process it

would require one

Time management is critical if government is

to be efficient.
Meetings must
start and end
on time. There
is no reason to
give somebody
an appointment
of 10.00am and
make them wait
up to 3.00pm and
then inform them
that you wouldn't
be able to see
them or that you
didn't even come

to the office.

There is no reason why government should take two years to procure a contractor for an infrastructural project like a road or electricity dam and then the contractor takes years to start working and a decade to complete a project that could be done in nine months. Payments to contractors shouldn't take the same process it would require one to go to heaven!

One of the reasons we are so poor is our lack of investments in key social services like education, health and transport. Many Ugandan civil servants have to send their kids in expensive schools and then abroad for university, do annual medical checkups in India, Kenya or Turkey yet they don't earn well enough to afford them. That leads to corruption. Because of lack of public transport, government officials must have vehicles which are expensive to buy and maintain yet they should be driving their own.

Rationalization without being efficient will not improve service delivery and drive the country out of poverty.

The writer is a communication and visibility consultant.

Email: djjuuko@gmail.com



DG's Trail last week







Rotaract Africa Summit



RC Kampala - Naalya



RC Kira























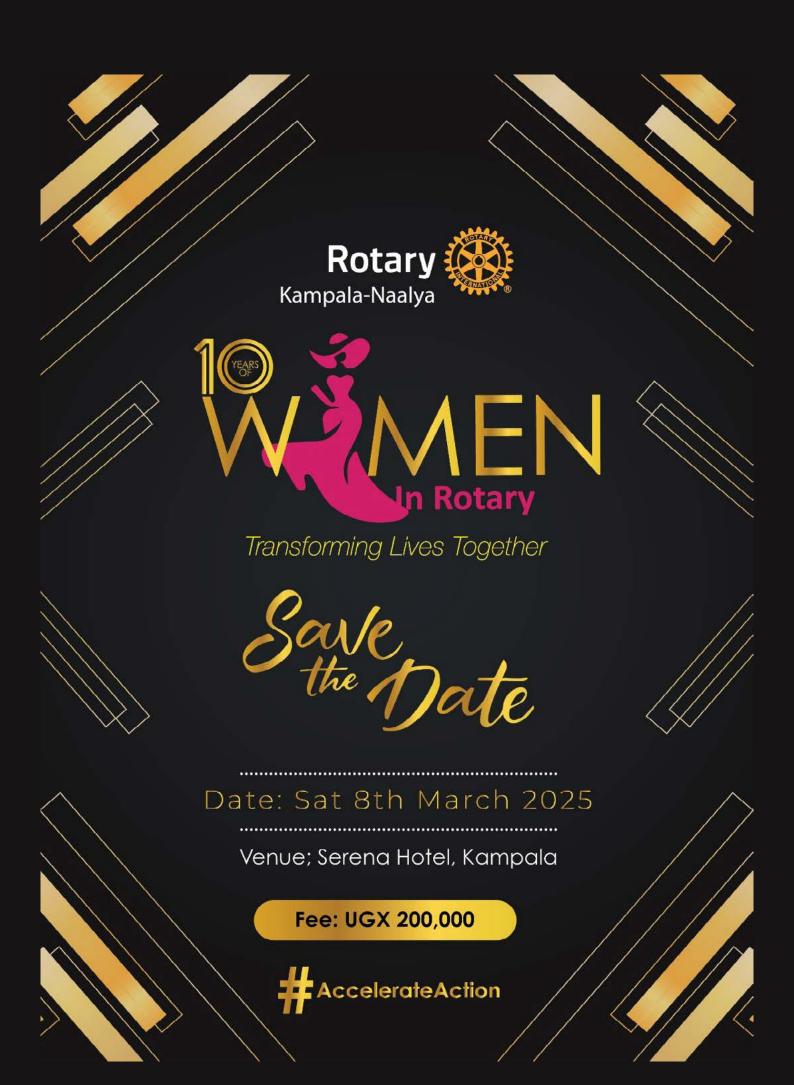
Ambassadorial Visit - RC Kira







Left to Right: PP Herbert Oloka, Rtn Barbra Ninsiima, PP Sylvia Nankya, DG Anne Nkutu, Rtn Jackie Mutumba and PP Jjuuko



Family Matters

1



BY PASTOR RONNIE MUTEBI

Corinthians 12:7: But to each one is given the manifestation of spiritual illumination and the enabling of the Spirit for the common good.

THE CHANGE AGENDA

God gives gifts and empowers people for the sake of others. When God purposed to increase you and gave you a unique gift, it was not so you could simply provide for yourself and enjoy a comfortable life.

His instruction to us was, "Go ye into the world"-The world is synonymous with systems which are operated and run by people.

However, in this generation, many people have lost sight of this divine agenda.

They pursue visas, cars, houses, and new phones. There is nothing wrong with desiring good things, but they should not be the sole reason for your living.

As a blessed and gifted person, you must have a godly agenda, ask God to teach you how to impact the world systems together with the people that run them.

Pray that He will use you to reach those in need of the gifts and blessings bestowed upon you. These gifts are diverse measures, patience, kindness, hospitality, caring, encouraging and many other specialties that set you apart.

Seek to know your position to the benefit of others in this world. You're an answer for those who need healing or are searching for meaning. BE THE DESIRED CHANGE TO CHANGE OTHERS."

Take Home: God gifts and empowers people for the sake of others. Billions of lives can be impacted by what God has given you. Purpose to use it to reach the many who are less privileged.

ROTARY FAMILY CARNIVALDAY

I will be performing at the Rotary Family **Carnival Day**

Madoxx

Las Vegas Bunga, Kampala

8th December 2024



District 9213 District 9214



p> Scan me to buu ticket 50,0000 UGX





















MADDOX TAKES THE STAGE TO FIGHT MALARIA!

We're thrilled to confirm **Maddox** will be performing LIVE at the **2024** Rotary Family Carnival on December 8th!

Venue: Las Vegas Hotel Bunga

Don't miss out!

Tickets selling fast!



Secure yours now!



#ZeroMalariaStartsWithMe*

To Do List (1) So (2) Many (3) Things

I'm busy

BY RTN PAMELA KAWADDWA

I'm busy;
but not in the way
most people accept.
I'm busy calming my fear
and finding my courage.
I'm busy listening to my kids.
I'm busy getting in touch
with what is real.
I'm busy growing things and
connecting with the natural world.
I'm busy questioning my answers.
I'm busy being present in my life.

In my being "busy," I realized that to be more alive, I had to be less afraid so I did it...
I lost my fear and gained my whole life..
My life is now, and so is my moment.

Till again,

















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