

Naalya Food Bulletin

10th December 2024

Rotary
Kampala - Naalya



Issue 24 | 2024



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www.rotarykampalanaalya.org



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EDITOR'S NOTE



Dear Friends,

As we approach the end of the year, I invite you to take time to reflect upon the great work we do as individuals and Rotarians.

Let us renew our commitment to Service and to each other.

I also take this opportunity to thank everyone who donated and spared time to visit Missionaries of the Poor on Saturday, such compassionate acts are a reflection of values that shape a better world.

Have a blessed week!

Keno Lillian - Bulletin Officer

Editorial Design by:

[CHUNZI Technologies](#)

VISUALS | ANALYTICS | STRATEGY



Feedback

We'd love to hear from you about any of our stories this year 2024. Contact the Bulletin Officer: **+256 782 601 009** or Email **rcklanalyafoodbulletin@gmail.com** or **tap on the buttons** below



Tap to send a WhatsApp



Tap to visit the Club Website



President's Message

RTN SYLVIA JAGWE OWACHI
Club President 2024-2025



Dear Rotarians and Friends,

In Rotary the month of December is dedicated to Disease prevention and Treatment. Becoming a Rotary member connects you with a diverse group of people. At our meeting last week our speaker Gloria Nakajja introduced us to some alternative well-being products on the market. I'm a firm believer that wellness i.e. improving ones physical, mental, emotional and social health is all about adapting healthy lifestyle habits. We should all endeavor to eat a balanced diet, do regular exercise, stay hydrated, limit the intake of processed foods, smoking and alcohol. One should also have regular checkup and ensure you have adequate quality sleep.

Rotary currently unites 1.4M people worldwide united in service. Rotarians can experience Rotary through the weekly meetings at your club and also visiting other clubs and attending their events. Rotarians can also experience Rotary through Rotary Fellowships. Rotary fellowships are international groups that share a common passion. Being part of a fellowship is a fun way to make friends around the world, explore a hobby or profession and enhance your rotary

experience and fosters a sense of inclusion and belonging.

One of the rotary norms we recite at our meetings is the Object of Rotary.

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

“

Rotarians can experience Rotary through the weekly meetings at your club and also visiting other clubs and attending their events.

- **FIRST:** The development of acquaintance as an opportunity for service;

- **SECOND:** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

- **THIRD:** The application of the ideal of service in each Rotarian's personal, business, and community life;

- **FOURTH:** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Through this bulletin we will we bring you some of the events that are happening within our Club and elsewhere. Enjoy and be blessed!!!.

OUR SERVICES :

- Scaling and Polishing
- Dental Checkups
- Tooth Extraction
- Root Canal Treatment
- Teeth Whitening
- Fracture Management
- Dental Implants
- Crowns and Bridge work
- Orthodontic Treatment/braces
- Facial Reconstruction
- Dental Surgeries
- General and Cosmetic Surgery

WE LOVE TO MAKE YOU SMILE

Message from the District Governor - D9213

December means different things to different people. For us in Rotary, it is the time to honor and promote disease prevention and treatment efforts worldwide.

I want to extend my heartfelt thanks to all the individual Rotary members and Rotary/ Rotaract/ Interact Clubs engaged in various disease prevention and treatment initiatives in Uganda. Whether through donating health equipment, distributing mosquito nets, upgrading health facilities, conducting medical camps, raising awareness about polio, combating pollution, planting trees, or running against cancer, we are making strides towards healthier communities and empowering individuals to lead more productive lives.

But aside from reaffirming our commitment to healthy communities, this month also provides us with an opportunity to reflect on our own health. Remember, we can only give what we have. "Health is like money. We never have a true idea of its value until we lose it." Just as people often realize the value of money when they don't have enough to meet their needs, health is similarly taken for granted until it begins to deteriorate. Many of us may overlook our health while we feel well, much like one might take a steady income for granted until financial struggles arise. But we must



DG Anne Nkutu
District Governor, D9213

“
Your contributions
yielded a
significant amount,
that will ultimately
translate into
the gifts of good
health, education,
safe water and
peace for the less
privileged...”

recognize that both health and money require ongoing investment and proactive management. Financial assets grow through wise investments, just as physical health improves through regular exercise, nutritious eating, and preventive care. Neglecting either can lead to deterioration.

Since July, a number of clubs have integrated physical fitness into their monthly schedules and I applaud you. Plans are underway to establish a Rotary Fitness Fellowship (Uganda Chapter), and it is my hope that this will provide our members with more regular opportunities to enhance our physical and mental wellbeing.

But December is also that time of the year for celebration and thanksgiving. As the year draws to a close, I find myself reflecting on the

myriad of blessings that have enriched my life. It has been a year filled with growth, connection, and purpose. And I am thankful for the experiences that have shaped me and for the relationships that enrich my life. I have been immensely touched by the magic, love, support and hospitality accorded to me during, and outside of my club visits.

I am thankful for the chance to make a difference in the lives of others; and the opportunity to serve alongside like-minded individuals has been profoundly rewarding. Together, we have tackled challenges, celebrated victories, and made tangible impacts in our communities. The spirit of service that Rotary embodies has inspired me and reinforced the importance of giving back. And so, I would like to thank in a special way, all those who joined me to celebrate my birthday last month, by giving to the Rotary Foundation, in my honor. Your contributions yielded a significant amount, that will ultimately translate into the gifts of good health, education, safe water and peace for the less privileged across the world.

As we prepare for the Christmas break, I wish you and your families a blessed and joyous season. May we all continue to embrace gratitude as we move into the new year, finding joy in the blessings that surround us and the chance to make a difference in the lives of others.

Rotary Club of Kampala Naalya Brings Christmas Cheer to Missionaries of the Poor



BY RTN SYLVIA NANKYA

The Rotary Club of Kampala Naalya on Saturday carried out its annual charity activity, visiting the Missionaries of the Poor in Busega, a home that provides care and shelter to destitute children.

This noble initiative, held every year, reflects the club's commitment to spreading joy and supporting vulnerable communities during the festive season.

Led by Club President Sylvia Jagwe, the team brought with them a variety of essential items, including soap, sugar, rice, flour, clothes, and diapers, among other items.

These donations aim to improve the children's quality of life, ensuring their basic

needs are met. The gesture underscores the club's dedication to service above self, a principle that lies at the heart of Rotary.

Brother Zoachim, who received the donations on behalf of the Missionaries of the Poor, expressed deep gratitude for the club's generosity. **"Your support brings light and hope to these children, especially during this special time of the year,"** he said.

Founded in 1981 in Kingston, Jamaica, The Missionaries of the Poor (MOP) have maintained a presence in Uganda since September 2000.

The home looks after underprivileged persons, including abandoned sick, disabled, or dying children, women and men. It provides permanent shelter for the homeless and disabled; maintain feeding programs and medical clinics for the

poor; provide pastoral ministries and celebration of sacraments for the poor; provide free education and support for school children.

As we celebrate this season of love and giving, the Rotary Club of Kampala Naalya calls upon everyone to extend a supportive hand to those in need. Acts of kindness, no matter how small, can make a profound difference in the lives of the less fortunate and create a ripple effect of compassion in our communities.

“

Founded in 1981 in Kingston, Jamaica, The Missionaries of the Poor (MOP) have maintained a presence in Uganda since September 2000

The visit was not just an act of giving but a moment of fellowship and love, reflecting the true meaning of Christmas. The Rotary Club of Kampala Naalya continues to

inspire others to join hands in creating a brighter future for the less fortunate.

The day ended with a Home Hospitality hosted by Rtn Joachim Buwembo at his home in Kiwatule.

Visiting the Missionaries of the Poor



RC Kampala Naalya members
delivering essential items to the
Missionaries of the Poor.

Rotary
District 9213



Rotaract
District 9213



ON THE NILE Over a Century of Rotary Service in Africa

CIVIL SERVICE
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9 – 13
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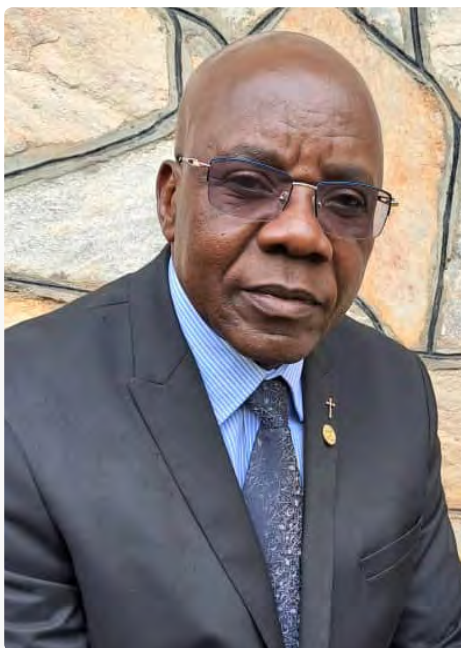
100THDISCON

Filling the World *with Love*

BY IPP GODFREY OKELLO
OMODING
Club Training Facilitator

Instead of the world being filled with love, we have it filled with uncertainties. Everywhere, everything and even in transactions there are uncertainties. It's important to remember that the golden rule has existed for over 2000 years- *do to others what you want others to do to you*. In other words, we ought to have already known and possessed what it takes to practice this golden rule. Together we can achieve a lot of success. And this world will be different and filled with love.

As we remember the month of gifts, at least, give a gift to someone. For Rotarians, give a gift to the Rotary Foundation (TRF). Trust TRF with your gift. Your gift will contribute to filling the world with love. Each one of us has been given by God the gift of trust. So, extend that trust in your giving to TRF. What comes with the gift of trust is that each one of us has a unique way of expressing it, and accompanied with talents that set us apart.



Your gifting is embodied with intrinsic qualities and values, never the same with others. However, as a group, when we harnessed together our gifts, we get extraordinary outcomes.

There is a need, to begin with, for the unlocking of our love to gift others. It lies with one's desire and determination to give. And having faith that whatever little I give will be put into good use, and it results at giving another person happiness.

“
The call to serve the poor is an invitation to happiness. This is a call of filling the world with love.

Naturally, givers' desires are reflection of their passion. Therefore, this month further gives an opportunity for sparks of giving to be re-ignited. At our Club, this has continued to be seen in our collective annual gifting to the Missionaries of the Poor (MOP). This has remained the Club's steadfast commitment. Last Saturday, 7th December 2024, the Club did it again, led by President Sylvia. Persistently, at least, putting a smile to those taken care of by MOP. Truly, the needs of MOP are many and challenging. But we have never looked back instead get inspired to support whenever and wherever we can with whatever we have and what we can mobilize from friends and partners. We continue to be encouraged by the words of the father founder of MOP, Father Richard Ho Lung, *"The call to serve the poor is an invitation to happiness"*. This is a call of filling the world with love.

Filling the world with love has to bear with whatever setbacks but remaining striving toward goals of taking love. As Rotarians, what is important is

to continue cultivating deep faith in our togetherness, competencies and abilities to take love to the world. The true is that we are equipped with unique gifts that the world needs.

This month also reminds us of available opportunities to give gifts. It does not define the kind of gifts and

“

...our success
is not how best
we do things
but about how
we realize our
potentials to do
things.

However, let us embrace our individuality and use it to better the world we live.

quantities. It just beckons on us, as individuals, and recognizing that each has his/her path of life. We may all be on one calendar journey but our endowments in the world are different. Yet, again, this is perfectly fine.

There are opportunities that we can use to better our world, directly or indirectly.

Let us remember, our success is not how best we do things but is about how we realize our potentials to do things. Let us keep using our potentials to create magic whenever and wherever there is opportunity. Let our lives reflect true purpose of rotary. Let us leverage on our networks to fill the world with love.

Give a gift today!



Participate in the Rotary Friendship Exchange (RFE) Program in USA

We are excited to announce an opportunity for members of our district (9213) to participate in the **Rotary Friendship Exchange (RFE) Program** with Rotary District 5240 (USA). This program offers an incredible chance to foster international goodwill, cultural exchange, and meaningful connections with fellow Rotarians from a diverse and dynamic district in the United States.

Rotary District 5240, located in Southern California, encompasses a vibrant community of clubs known for their impactful service projects, strong fellowship, and commitment to Rotary's values. This exchange will allow participants to experience District 5240's unique approach to service, engage in cultural activities, and build lasting friendships with Rotarians from another part of the world.

Program Overview:

- **Host District:** Rotary District 5240 (California, USA)
- **Tentative Dates:** June 2nd -15th, 2025
- **Duration:** Approximately 10 -12 days
- **Exchange Activities:** Rotary club visits, service project tours, cultural excursions, professional and vocational visits, and fellowship activities

Please send your Expression of Interest document to RFE Chair RD-9213 to Rtn Lillian Ayikoru on email: ayikorulillian25@gmail.com, and Phone contact 0782829589 by 13th December, 2024.

Please also share your responses, with your Club president and /or Club secretary as you communicate back your EOI.

REGISTRATION CLOSED

Thank You To All Magical Clubs that have Taken
This Magical Step to Grow The Future Generation

www.rotaryd9213.org | ryla92132025@gmail.com ▶ **+256782963777 | +256759113540**

A heartfelt thank you to all the magical Rotary Clubs for your overwhelming support, warm reception and enthusiasm as we waved our **RYLA flag**. You have now taken **ACTION** to support the Future.

Registration and payment are **_Now CLOSED**. We are now in the kitchen, cooking up an incredible RYLA experience for the youth from January 10th to 12th, 2025.

For any inquiries & Follow UPs
+256 782 963 777 / +256 759 113 540
Email: ryla92132025@gmail.com

Thank you for your unwavering commitment to youth leadership development.

RYLA District 9213 Team
#PRTeam
#RotaryYouthLeaders
#RYLA25

Last week's club fellowship





INJECTING NEW ENERGY INTO SERVICE PROJECTS

Panel Discussion

NDERE CULTURAL CENTRE
December 10, 2024 7PM



 [rotarykampala_naalya](https://www.instagram.com/rotarykampala_naalya)

 **RelaDental**
Smile for Miles

 www.RotaryKampalaNaalya.org

 [@RotaryNaalya](https://twitter.com/RotaryNaalya)

 [Rotary Club of Kampala Naalya](https://www.facebook.com/RotaryClubofKampalaNaalya)



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DISTRICT GOVERNOR'S AWARDS TO CLUBS FOR ROTARY YEAR 2024-25

Continued...

EXPAND OUR REACH

3. MEMBERSHIP

These awards recognize membership development and growth.

HIGHEST GROWTH DURING ROTARY YEAR

To the Club with the highest numbers of NET GROWTH from 30th June 2024 to 31st March 2025.

MEMBERSHIP DIVERSITY AWARD

To the Club with the most diverse membership.

Parameters to consider: -

Age – 5 points

Gender – 5 points

Classification – 5 points

Nationality – 5 points

People with disability – 5 points

N.B: Age, Gender and Classification will be checked against data available on Rotary Club Central.

MEMBERSHIP EXTENSION AWARD

To the Club has made the greatest contribution to membership extension through formation of new Rotary Clubs, Rotaract Clubs, Interact Clubs.

Parameters to consider: -

Rotary Clubs – 6 points

Rotaract Clubs – 6 points

Interact Clubs – 4 points

Satellite Clubs – 3 points

MEMBERSHIP RETENTION

To the Club has not lost any member from the close of last Rotary year.

4. PUBLIC IMAGE

These awards recognize clubs for building awareness of or Rotary work and the Rotary Brand in the community.

CLUB BULLETIN AWARD

To the Club that has published a regular bulletin that is, informative and widely circulated using different channels; and with Rotary compliant branding. Attach copies of bulletins in your application, evidence of wide circulation and reach.

Parameters to consider:

Regular Bulletin (minimum monthly) – 5 points

Informative Content – 10 points

Good Design & Branding conforming to RI guidelines – 5 points

Evidence of Wide circulation – 5 points

PUBLIC IMAGE AWARD

To the Club that has promoted Rotary's visibility the best. Evidence will include press clippings from newspapers, video clips from TV coverage & audio records from radios.

Parameters to consider: -

Corporate partnership fundraisings – 10 points

Number of media coverage through Club Events & projects – 10 points

Visibility of Rotary Brand at events/ project sites – 10 points

SOCIAL MEDIA AWARD

To the Club that has fully utilized social media to promote Rotary visibility/work.

Parameters to consider: -

Number of platforms – 10 points

Number of followers – 10 points

Frequency of posts (minimum weekly) – 5 points

ENHANCE PARTICIPANT ENGAGEMENT

5. MEMBER ENGAGEMENT

These awards recognize clubs that engage their members in rotary service and fellowship.

MEMBER PARTICIPATION & ENGAGEMENT AWARD

To the Club with the largest average % of members attending key Club activities

Parameters to consider: -

Service Projects (field assessments, supervision & monitoring) – 10 points

Other Club activities (Assemblies, Retreats and Social activities) – 5 points.

YOUTH MENTORSHIP AND ENGAGEMENT AWARD

To the Club which has undertaken service projects and other initiatives that improve youth personal development.

Parameters to consider: -

Joint GG projects (developed, funded and implemented together) – 10 points

Joint non-GG projects (prepared, funded and implemented together) – 5 points

Number of Youths sponsored to and attended mentorship series under Rotary Youth Leadership Awards(RYLA) – 5 points.

DISCON ATTENDANCE AWARD

To the Club that has the largest number of members and guests fully registered and paid for the 100th District Conference (DISCON) by 31st March 2025.

DISCON LONG DISTANCE AWARD D9213

To the Club with the longest geographical distance travelled to the 100th District Conference (DISCON).

CLUB GOVERNANCE AWARD

To the Club that has demonstrated very high levels of good governance. (Checklist already shared with clubs).

...to be continued



In Support of the
**Africa Rotary
Peace Fund**
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UNITING FOR SUSTAINABLE PEACE



**10TH.
JAN. 2025**



**15H (GMT)
18H (EAT)**



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Lasting wealth is through hard work not placing bets

BY RTN. DENIS JJUUKO



There is a young man who told me that he had come up with an innovative idea that may change the world but lacked funding to realize it. I told him that I didn't work in the angel investment space but he was incessant that I listen to him. All that he needed, he argued, was about 30 minutes of my time. If I listen to him, maybe I could talk to some of my "rich" friends and they invest. I was reluctant but I could easily find the 30 minutes.

Over time and perhaps through personal experiences, I have increasingly become skeptical of "innovations" and great "ideas." Many such ideas are hard to pull off in a country like Uganda. Also, in the developed world, very few people come up with great ideas. Most entrepreneurs that

succeed do what everyone is doing but a little bit better. However, I also didn't want to spend the rest of my life regretting.

He kept time. Since we are Africans, we asked each other about our respective families, the weather and what is actually "new that side." The "new" thing on his side was the innovative idea that he had come up with. He said for some time, he has been studying sports betting.

Almost every other English premier league football club is sponsored by a betting company. Every other advert on pay TV platforms is of sports betting or some form of betting. Every little nook around Kampala has some form of sports betting shop or another. Somebody



told me that many young people have a betting app on their smartphones.

Indeed, one day, I was walking behind some guards returning from their night duty. I eavesdropped on their conversation. They were talking about a football match that had taken place in Kazakhstan. Of all places. They had placed some bets on the outcome of match in a league in Kazakhstan!

I understood why the young man wanted to pitch his ideas even to people who may not have any capacity to raise any money. Anyway, the young man said that he had spent the last few years involved in sports betting and he thinks he can generate a lot of money. I became attentive, writing down questions at the back of my mind to ask him once he finished his presentation.



Eventually, it became clear that he wasn't looking for money to invest in a sports betting company. His innovative idea was that he had studied the formula of beating the sports betting companies!

Wow! He said if he got money and placed his bets strategically, he would be able to beat them and win.

He explained how he thought the betting companies work and what one needs to do to beat them. I don't remember the exact formula he explained but I doubted whether one could beat these companies.

I told him that he stood a better chance if he started a betting company instead but he said that is not the best way to make money. Why invest in that

“
His innovative idea was that he had studied the formula of beating the sports betting companies!

when you have realized the formula to beat the “muyindi”? Muyindi in betting language refers to the sports betting companies.

I could tell that he was very

disappointed that I couldn't invest or refer him to my so-called “rich” friends and that I didn't see how his idea would make “us” extremely wealthy. The last time I heard about him, the stories involved police, court and Luzira Prison.

Anyway, somebody recently claimed that there are some young people whose job is sports betting. Apparently, one is more likely to become wealthy through it than

a regular normal job. My argument was that unless you own the sports betting platform, you can't be placing bets and expecting to become wealthy.

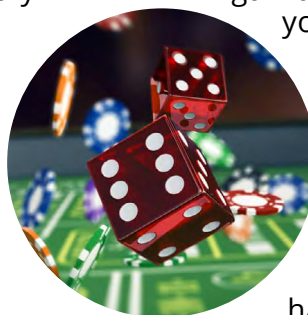
Wealth is through selling goods or services. Gambling has never been known to create lasting wealth for a gambler. How do we stop

young people from spending all their time placing bets?

We must create sustainable jobs for them while informing them that overnight success only happens in movies.

In real life, people sell something in exchange for money. They don't just place bets on who will score in which minute of a soccer match.

The writer is a communication and visibility consultant.
djjuuko@gmail.com



Rotary
District 9213



MAGIC PRESIDENTS'
BRUNCH
MEETING



14TH SAT
DEC 2024

ROZA DYMZ,
KOLOLO

9:00 AM



Rotary District 9213





Aluminium and Metal Fabrication



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vipventuresltd@gmail.com

Family Matters



BY PASTOR RONNIE MUTEBI

2 **Corinthians 5:17:** Therefore, if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

CORE THINGS OF LIFE

The core of a thing determines how it responds to life and how life responds to it. There are circumstances individuals may find themselves in, but the root cause often lies in their family history, spanning generations. Similarly, events that affect nations can frequently be traced back centuries to foundational issues.

Too often, we focus solely on the present, placing blame in the wrong places, instead of examining the core of things. For instance, when a person struggles with anger issues,

it's easy to blame their current circumstances or environment. However, the root cause may lie in a family history of unresolved conflicts or unhealed emotional wounds.

Another example is a community plagued by poverty and crime. On the surface, it may seem like a lack of resources or opportunities is the main issue. But if we dig deeper, we may find that the root cause lies in historical injustices, systemic inequalities, or cultural norms that perpetuate cycles of poverty.

Core. Core. Core. The spirit world is strategic with too much craftiness. This world can trace and travel years back into a person's past, identify a weak link, and exploit it. This is why having a sense of higher place of salvation and redemption is important.

If any person responds to higher spiritual understanding, that person is transformed into a new creature: old things are passed away; behold, all things become new."

“

The spirit world can trace and travel years back into a person's past, identify a weak link, and exploit it.

You must grasp what happens to you when you receive and acknowledge the leadership of God. If the evil world attempts to revisit your past to find a weakness—whether through disease or any other fault—it will encounter a new you with God.

You should not inherit diabetes, cancer, or a bone disease because your grandfather had it. You should not struggle with alcoholism because someone in your lineage did. Your core changes immediately you lean on God!

Take Home: You must grasp what happens to you when you receive the leadership of God. God severs all ties to your old self and makes you entirely new. He gives you a different lineage.

GOD IS SOVEREIGN IN ALL!

Rotary

D9213
D9214



Rotaract

D9213
D9214



The

PEACE WALK

Hosted by Rotary Districts 9213 & 9214 in
partnership with Rotary Makerere Peace Centre

11 . 01 . 2025

Makerere University Freedom square

Chief Walker

Stephanie Urchick

RI President (2024-2025)

Save the Date



Entangled

BY RTN PAMELA KAWADDWA

It's hard to get out of my own way
Tripped up by remnants of
unaccomplished goals and
misplaced to-do lists
with no checkmarks

I'm entangled by myself
Held tight from within, restrained,
but also constrained by society
and what I think it thinks of me
for playing outside of the sandbox

Ropes pull tighter,
whether imaginary or not,
and keep me captive and quiet
afraid to ask for help
but screaming inside to break free
of this tangled web
Holding still so as not to
disrupt the universe

Bind me to my tether
and tangle me deeper
so I have no excuse
but to sit still, in the face of fear,
heroic in the face of absolutely no
one
because all I am doing is allowing
myself
to stay entangled..

Un-entangle yourself, my soul
screams
My mind silences my soul and the
circle continues!

Till again.

Phvy



E-Club of Uganda Global



RC Kampala Life Stars



RC Kampala Mahaba



Rotary

District 9213

DISTRICT
GOVERNOR
ANNE NKUTU

WEEKLY SCHEDULE

SUN 08 DEC - SUN 15 DEC 2024

08
DEC

Rotary Family Carnival

Las Vegas Hotel, Bunga
9:00am

DG's Official Visit to RC Mukono Namilyango

Hasteh Royale Hotel, Njereere
5:00pm

10
DEC

Hand Over of Blood Bank Equipment

Nakasero Blood Bank
11:00am - 1:00pm

11
DEC

DG's Official Visit to RC Nakasero Central

Kati Kati Restaurant, Lugogo
5:30pm

13
DEC

DG's Official visit to RC Manyangwa Nakwero

Victors Valley Hotel, Nakwero
6:00pm

14
DEC

Magical Presidents' Brunch Meeting

Roza Dymz, Kololo
9:00am

Rotary District 9213



Visit



Rotary 
Manyangwa-Nakwero

DG'S OFFICIAL Visit

DG ANNE NKUTU
DISTRICT GOVERNOR

FRIDAY 13TH
NOV 2024

VENUE:
VICTORS VALLEY HOTEL,
NAKWERO
TIME: 05:30 PM

Buddy Group in charge: Ann Nkutu



Rotary Club of Manyangwa Nakwero

TIME: 05:30 PM

Buddy Group in charge: Ann Nkutu



Rotary Club of Manyangwa Nakwero

Ambassadorial Visits

CP Francis Lakor visiting RC Kampala Mahaba.



PP John Mugisa visiting RC Naalya States.

Rotary
Kampala-Naalya



*Happy
Birthday!*

Rtn Jackie



Rotary
Kampala-Naalya



Happy
BIRTHDAY

**Rtn Barbara
Ninsiima**



Rotary



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2025



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Peter Simon Nyanzi



Anne Nkutu



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Dorcas Karungi Mwanje



Elizabeth Wamalwa



Godfrey Okello Omoding



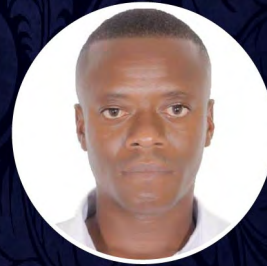
Julie Nabwire



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