Naalya Food 21tst January 2025

Bulletin





Issue 27 | 2025



Inside This Issue

www.rotarykampalanaalya.org





Unveiling 2025 DISCON Theme Nights



Opportunities for youth in the political season

EDITOR'S NOTE



Dear Rotarians and Friends,

s we continue to observe the vocational service month, let our vocational services be a gift to humanity. Our jobs in themselves are a way of serving the community.

As a Club, we have areas within our projects where our vocational services can be essential.

I encourage you to be more proactive and create the magic as you serve society.

Enjoy this issue of the Naalya Food Bulletin.

Keno Lillian - Bulletin Officer

Editorial Design by:

CHUNZI Technologies
MODELS | DIGITAL | MEDIA





Feedback

We'd love to hear from you about any of our stories this year 2024. Contact the Bulletin Officer: +256 782 601 009 or Email rcklanalyafoodbulletin@gmail.com or tap on the buttons below

Tap to send us a WhatsApp

T.

Tap to visit the Club Website 1

C

President's Message

RTN SYLVIA JAGWE OWACHI Club President 2024-2025



Dear Rotarians and Friends,

n Rotary the month of January is dedicated to Vocational Service. Vocational Service is one of the five avenues of service in Rotary, representing a commitment to the highest ethical standards in professional and personal life. It focuses on using one's skills, expertise, and professional Vocational Service experience to contribute to is one of the society, improve five avenues of communities, service in Rotary, and help others representing a through the

practice of service

Rotary recognizes

above self.

professional and that each Rotarian brings a wealth personal life. of knowledge and experience to the table, and by leveraging these strengths, they can make a significant impact on individuals, communities, and global initiatives. This is captured well in the object of Rotary that we recite at every

commitment to

the highest ethical

standards in

Vocational Service in Rotary offers a unique and powerful way for Rotarians to use their professional knowledge and skills to serve others. By upholding the highest ethical standards, mentoring the next generation of professionals, and actively supporting community initiatives, Rotarians make a significant impact that goes beyond their personal

or professional achievements. Engaging in Vocational Service not only enriches the lives of those in need but also strengthens the Rotary network, fostering a culture of service, integrity, and mutual support.

In our meeting last week members reflected on what vocational service

means to them. It was interesting and inspiring to hear the various reflections. There are several ways Rotarians can actively engage in Vocational Service such as;

Adherence to Ethical Standards: by upholding high ethical standards in their professional lives,

serving as role models within their industries.

- Mentorship and Career Development by experienced Rotarians advising on career development, skill-building, and helping others to navigate professional challenges.
- **Vocational Training** and Education: by sharing their expertise and offering resources to help individuals improve their vocational skills.
- Support for Community Projects through professional skills such as medical services, engineering services, education services etc.
- Vocational Talks and **Exchange Programs:** by sharing insights from their professions with the club providing an opportunity for networking and learning.

In our meeting this week we have invited the Headmistress of St. Mbaaga Primary school to give highlights of our partnership under the Boy Empowerment Project. You are welcome to join us. Enjoy our bulletin and be blessed !!!.

meeting.





Dental Consultation, Tooth extraction, root canal treatment, scaling and polishing, filing and cementing, orthodontic treatment/braces, teeth whitening, fracture management, crown and bridge work, dental surgery, dental implants, cosmetic surgery







BY RTN SYLVIA NANKYA

et ready to turn heads, break boundaries, and set the style bar high as the Rotary District 9213 Annual Conference descends on Jinja this April!

This year's conference promises a perfect blend of camaraderie, inspiration, and fun, enhanced by a series of captivating theme nights.

From April 9 to April 12, 2025, participants will not only engage in insightful discussions and reflections on Rotary's impact but will also enjoy a variety

of uniquely themed evenings designed to create excitement, connection, and unforgettable memories.

Themed Highlights to Look Forward To; 66

With a futuristic theme, participants are encouraged to embrace creativity during the day and show off their style with a touch of denim elegance by night.

Host: Eastern Corridor Clubs

Immerse yourself in the rich cultural heritage of Eastern Uganda. This night will showcase the beauty and diversity of the region through vibrant performances, cuisine, and a spectacular fusion

of traditional attire.

1. Oldies - Opening Night

Date: Wednesday, April 9,

Host: Rotary Club of Kampala

Prepare to step back in time and celebrate the music, fashion, and nostalgia of the good old days. This retroinspired evening will set the tone for a conference filled with energy and unity.

2. Cultural Night - Welcome to Eastern Region

Date: Thursday, April 10,

2025

Theme: The Feel of the Nile Dress Code: Cultural Fusion

3. Rotaract Day & Night

Date: Friday, April 11, 2025 **Theme:** Futuristic Fusion; Igniting Creativity and Collaboration

Day Dress Code: Shorts

Affair

Night Dress Code: Denim

Elegance

Rotaractors will shine on this day dedicated to their innovation and energy. With a futuristic theme, participants are encouraged to embrace creativity during the day and show off their style with a touch of denim elegance by night.



4. DG's Banquet – Glitz & Glamour

Date: Saturday, April 12,

2025

Host: Rotary Club of Kampala-Naalya

The conference will culminate in a grand banquet celebrating the achievements of District Governor Anne Nkutu and the Rotary year. Prepare for a dazzling evening of elegance, featuring fine dining, entertainment, and inspiration.

More about the Glitz and Glam Dress Code

The "Glitz and Glam" dress code typically refers to a stylish, upscale, and dazzling look perfect for formal or semi-formal events. Here are some ideas:

For Women:

Gowns: Floorlength evening dresses with sequins, metallics, or embellishments.

Cocktail Dresses: Knee-length or midi dresses in satin, silk, or with sparkly details.

Accessories: Statement jewelry, clutch bags, and high heels.

Colors: Bold tones like gold, silver, black, or jewel tones (emerald, sapphire).

For Men:

Suits: Well-tailored tuxedos or suits in classic colors like black, navy, or gray. Add a velvet jacket for extra glam.

Shirts: Crisp white dress shirts or shirts with subtle metallic or satin finishes.

Accessories: Pocket squares, cufflinks, and polished dress shoes.

Bow Tie or Tie: Choose one with a touch of sparkle or sheen.

The key is to exude confidence and elegance with a hint of glamour!

Why Jinja?

Known as the Adventure Capital of East Africa, Jinja offers the perfect backdrop for this year's conference. With its scenic views of the Nile, a wealth of cultural history, and warm hospitality, the city is ready to welcome Rotarians and Rotaractors for this annual celebration of service and fellowship.

Reflecting on Last Year's Success

The 2024 conference, held at Speke Resort Munyonyo, set a high standard with its excellent organization and impactful discussions.

This year's event aims to build on that success, bringing together leaders in service to chart a path for even greater community impact.

Mark your calendars and start planning your outfits! Let's make the 2025 Rotary District 9213 Annual Conference in Jinja a celebration to remember.

Together, we deliver the Magic!



DISCON Activation - Jinja



















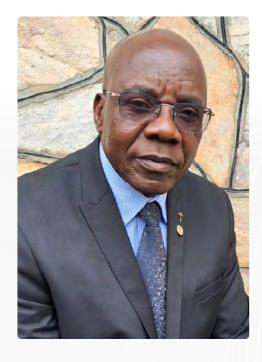


BY IPP GODFREY OKELLO OMODING Club Training Facilitator

xtending vocation service is one magic ✓ one can give to a society. Its costs are not easily quantifiable for the giver. It is a powerful and good thing to do. It transforms people's life in extraordinary ways. This month's theme awakens and reminds each Rotarians to put his/her vocation(s) to use. There are numbers of ways to do it. It can be through an act of generosity. Remember, it is noble to give vocation service.

Giving vocation service is, first, a recognition for an individual that she/he is endowed with something to offer. Whatever little. Secondly, vocation service rewards in such a way that you give others dignity. By doing so, you reward your passion. Exercising

passion comes with respect, honesty and fairness. Meanwhile making others better and feeling better.



Giving vocation service is, first, a recognition for an individual that she/he is endowed with something to offer."

46

satisfaction of knowing that the service you give makes a difference. You give it freely but the transformations it makes are enormous. It also opens yourself to know that you are part of the world's abundant

When you offer

you attain

vocation service,

resource. In addition, you recognize that you are part of the universe. When you return in kindness to the

world, lives are blessed and enriched. You are rewarded too by the universe in ways and times you may not know.

Giving vocation services are priceless moments. They are embedded with ingredients that distinguish them from other types of services. They have ripple effects that include giving smiles to others and positivity that extends far beyond. In some instance, creating foundations in which others can climb on to see different directions and horizons. Every act of giving vocation service is a generosity of planting seeds for tomorrow's harvest.

Basically, in life, things that give durable delight to a person are simple and basic. Things like smiles, sweet sounds, hug/touch, and welcoming looks. They seem costless but bring a difference to another person. These form part of the generosity of vocation service. Often, we get constrained by our inward looking. Looking out only where we derive benefits. Life per se is not totally like that. It is good, where you can,



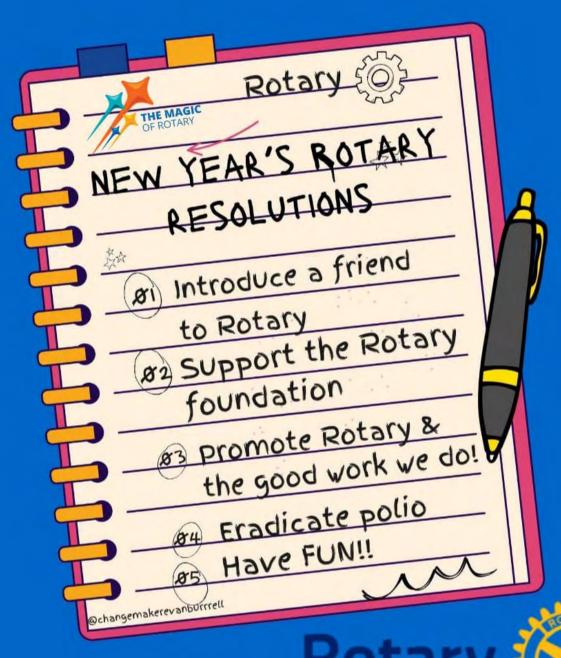
to lift up others regardless of relationships. Life without others is no better. Living in a community where people are happy makes life worthy enjoying.

Rotarians, the theme of this month brings out the essence of the saying, "He Profits Most Who Serves Best." By you extending your vocation service, you are putting in action the philosophy of Service Above Self. Giving your services where you don't directly get rewards but the satisfaction that comes from the heart.

There is no better time to give vocation service than this month, when the year is just beginning. It comes with giving hope to others; the hope that might last the whole year. It can create a difference in the outlook for those who receive the service; an outlook of hope, care and expectation of a better year. The Chinese have a way of expressing this by the saying, "He/she who assists someone up the hill cannot help but get to the top himself/herself." So, as you give your vocation service,

you too benefit through being part of those making humanity better. The satisfaction that comes with this is magical. You be happy too. Being in happiness improves one's health, and happiness is shared. This has been approved by health practitioners.

Let us take time off this month to contribute to making better people and communities through our vocation services. May we receive a magic dividend of happiness through giving vocation services. May we give others illuminating smiles as our vocation services truly give a testament of what rotary is.







BY RTN SYLVIA NANKYA

▼ he Rotary Foundation is calling on Rotary and Rotaract clubs worldwide to recruit and recommend candidates for the prestigious Rotary Peace Fellowships. Applications will be accepted from February 1 to May 15, 2025, with successful fellows set to begin their studies in 2026 at one of Rotary's Peace Centres located globally, including Uganda.

The Rotary Peace Fellowship is a fully funded program offering up to 130 **Applications** fellowships annually will be accepted to experienced from February 1 peacebuilders. Fellows can pursue to May 15, 2025, a master's degree with successful or an advanced fellows set to professional development certificate in peace studies in 2026... and developmentrelated disciplines. Since the program's inception in 2002, over 1,800 fellows have graduated, working in over 140 countries to promote peace and development.

The Fellowship covers

tuition and fees, room and board, round-trip transportation, and internship or field-study expenses. Candidates do not need financial support from recommending clubs or districts, making this opportunity accessible to deserving individuals worldwide.

However, Eligible candidates must demonstrate a strong background in peacebuilding, leadership, and community

service. Rotary and Rotaract clubs are encouraged to collaborate with their district Rotary Foundation chairs or Rotary Peace Fellowship subcommittees to identify and refer potential fellows.

Uganda is home to one of the seven Rotary Peace Centres

globally, housed at Makerere University in Kampala. The centre specializes in a year-long professional development certificate program designed for midcareer professionals with

begin their

a strong commitment to peacebuilding and community development. The program focuses on African challenges and solutions, drawing participants from across the continent and beyond.

During the recent visit of Rotary International President Stephanie Urchick, the centre celebrated a significant milestone with the graduation of its Cohort 7. President Urchick lauded the graduates for their dedication to fostering peace, emphasizing Rotary's unwavering support for investing in peacebuilders who will transform their communities.

"Makerere **University's Rotary Peace Center stands** as a beacon of hope and progress in promoting peace and development," Urchick said during her address.

"These graduates are the leaders we need to



drive sustainable change in their communities and beyond."

The celebrations continued with the Africa Peace Concert; a vibrant fundraiser held at Nsambya Gardens in Kampala. The event featured performances by Blu 3, Ghetto Kids and Rotaract Club of Kampala North Musical. Organized by Rotary District 9213, the concert aimed to raise funds for the Makerere Rotary Peace Center and support Rotary's peacebuilding efforts.

Proceeds from the fundraiser will support scholarships, fieldwork, and other critical programs at the Makerere Peace Center, ensuring that more peacebuilders from Uganda and beyond receive the training they need to effect change.

With Peace Centres in Australia, Japan, Sweden, Türkiye, the United Kingdom, the United States, and Uganda, Rotary continues to expand its influence in shaping the next generation of global peacebuilders. Uganda's program, in particular, has received international acclaim for its focus on African-led solutions and its role in addressing challenges unique to the region.

For more information about eligibility, the application process,

and how to refer candidates, clubs can visit the official Rotary Peace Fellowship website or use the fellowship referral form.

You are <u>NOT ELIGIBLE</u> for the fellowship if you are:

- An active Rotary member or a Rotaract member who is also a Rotary member
- An employee of a Rotary club or district, Rotary International, or another Rotary entity
- A spouse, lineal descendant (child or grandchild by blood or legal adoption), spouse of a lineal descendant, or the parent or grandparent by blood of any living person in the previous categories
- A former Rotary member, or their relative as described above, within 36 months of the member's resignation

Rotaract club members who are not also Rotary club members are eligible to apply.



SPECIAL INVITATION-WOMEN IN ROTARY 2025

he 10th Edition of WOMEN IN ROTARY celebration hosted by RC KAMPALA NAALYA a will be held on Saturday 8th March 2025 at Serena Kampala Hotel.

Join us at the **GALA DINNER** and **AWARDS** ceremony by securing a ticket/table/stall today.

\$ CLICK TO LEARN MORE...

Proceeds go towards the Skilling of Teenage mothers in Kamuli District.

AccelerateAction #EndTeenagePregnancies #WomenInRotaryUg2025

NAALYA FOOD BULLETIN







MEET OUR KEYNOTE SPEAKER

SHEIKH ABDUL AZIZ AL NUAIMI

(The Green Sheikh)





IN PARTNERSHIP WITH: fireworks

REGISTRATION LINK https://discon.rotaryd9213.org/







(a) (f) (X) 100THDISCON

EYNOTE SPEAKER: Join us for the 100th Rotary District Conference as we celebrate over a century of Rotary service in Africa! This historic event, will feature **Sheikh** Abdul Aziz Al Nuaimi, famously known as The Green Sheikh, as our keynote speaker.

Set against the backdrop of the beautiful Nile, this conference promises engaging discussions, inspiring sessions, and memorable experiences.

CLICK TO REGISTER & PAY

Regular rates apply until 28th February 2025:

Rotarians: \$250 Rotaractors: \$150

Jinja is ready to host all of us from 9th-13th April 2025 at Civil Service College

#100ThDISCON



Improve your Rotary Knowledge and Leadership Skills

21st INTAKE GRADUATE











MODULE 1 Topics - 01st Feb 2025. 8AM

Transforming your Rotary Club

Fee: 115,000/= Per Module for meals and venue. Protea Hotel, Kololo.
For registration call Sarah Rubanga - 0752 735 768
For Payments send to (DO Not Call)

Sylvia Kizito Nakajjugo on 0789 913 242 or 0708 691 213 **Deadline:** 25th JAN 2025. **Email:** infoatrliuganda@gmail.com



Governor Anne Applauds Rotarians for Exemplary Teamwork During RI President's Visit

ntary District Governor Anne Nkutu Thanks Rotarians for Supporting President Stephanie Urchick's Visit to Uganda.

District Governor Anne Nkutu has extended heartfelt appreciation to Rotarians, Rotaractors, and partners who actively participated in making Rotary International President Stephanie Urchick's visit to Uganda a resounding success.

In a statement following the visit, Governor Nkutu highlighted the enthusiasm and collaboration displayed by members during the various activities organized to welcome and engage the Rotary International President. She noted that this energy and commitment are what make Rotary in Uganda strong and called on members to build on the momentum generated to achieve even greater impact in communities.

"I would like to express my sincere gratitude to the Host Organizing Team, Rotary and Rotaract Leaders,



DG Anne with RI President Urchick during her visit to Uganda.

District Officials, Club
Presidents, and the Public
Image and Media teams
for their tireless efforts to
ensure a successful visit.
I also acknowledge all the
individuals, teams, and
partner institutions who
organized and supported
the various events in
countless ways. Thank you
all for making us proud!"
said Nkutu.

The visit by President Stephanie Urchick was a significant moment for Rotary in Uganda, offering an opportunity for members to showcase their contributions to community development and engage with the global leader on key issues. It included project site visits, meetings with club leaders, and discussions on advancing Rotary's work in areas such as health, education, and economic empowerment.

Governor Nkutu emphasized the importance of harnessing the fresh insights and partnerships gained during the visit to further strengthen clubs and enhance Rotary's impact across the country.

"As we move forward, let us harness the fresh insights and partnerships gained from this visit to further strengthen our clubs and enhance the impact of our work in communities across the country," she urged.

Rotary International President Stephanie Urchick's visit was not only a celebration of Rotary's achievements but also a call to action for members to remain steadfast in their mission of creating lasting change.

Governor Nkutu's message reflects Rotary's spirit of gratitude, collaboration, and continuous growth as it strives to make a difference in Uganda and beyond.

NAALYA FOOD BULLETIN

Africa Peace Concert

























NAALYA FOOD BULLETIN



Why Call It a "Storm in a Teacup"?

s a child, did you ever create a big fuss around the house, involving every family member to help find your missing new toy, only to remember later that you'd left it in your toy box?

That's a classic example of a "storm in a teacup" moment. It's the situation where you make a big fuss over something minor or trivial. It's when you blow something out of proportion, literally like a massive storm in a tiny teacup.

According to the Oxford English Dictionary, the term "storm in a

teacup" has been around since the 1800s, where it was first used in 1838. While the 1800s might not sound so far back, the idea of the idiom dates way back to 52 BC, where a Roman orator called Cicero had a similar saying, which is "stirring up waves in a ladle."

Over the years, British authors enjoyed using that term, especially in the Victorian era, and that could be due to its dramatic and exaggerated nature--particularly when you picture an actual storm in a tiny teacup.

As the phrase crossed the Atlantic Ocean and came to America, it transformed into "tempest in a teapot," perhaps to make it sound better when the first and last words both start with a "t." However, the phrase kept its meaning; only the storm is situated in a larger container now!

Now, whenever you encounter someone who is blowing things out of proportion, such as a friend making a big deal out of a celebrity tweet or Facebook post, or when a colleague makes a fuss about an office drama, you can always remember "storm in a teacup" or "making a mountain out of a molehill," which is another phrase that can be used to explain blowing things out of proportion.

Both phrases remind us to stay calm and put things in their correct perspective.







CALL FOR VOLUNTEERS

Calling upon Rotaractors and Rotarians to volunteer as Sergeants at Arms

Roles and Responsibilities:

- Maintain order and decorum.
- Enforce Rotary protocol and tradition.
- Oversee the registration desk and welcome conference attendees.
- Provide information and direction to attendees.
- Control the crowd in the plenary & breakout sessions and social events.
- Provide a positive, respectful, and productive environment for Discon 100 delegates.

Required skills:

- Attention to detail
- Multitasking
- Prioritises duties
- Time management
- Good communication skills with discretion and tact to handle confidential information

To register please contact:

Rtn Prosscovia

DISCON SAA - +256 772 858801 or your Club President.













Just like that, we are in 2025,

t was just the other day when politicians were all over the place, crisscrossing our beautiful country telling stories and

country telling stories and endearing themselves to the voters. The season for political stories is here again. With general elections set for early 2026, those vying for various offices are already making alliances, breaking off some and ensuring they are in our faces.

It is plausible that politics is one of the most paying jobs in Uganda and there

are many positions to vie for. From parish level to the presidency. In between, the most clamored is the position of Member of Parliament followed by that of District Chairperson (LCV).

Thousands of people will campaign for these

As a young person, perhaps without the resources to compete for political office, how do you benefit from this political season that comes once every five years?

positions.
Because
the
monetary
reward is
allegedly huge,
many candidates
will not leave any
stones unturned.
They will spend
the money leaving
some on the verge
of bankruptcy but
for purposes of

this article, that should not be 'our' problem.

As a young person, perhaps without the resources

to compete for political office, how do you benefit from this political season that comes once every five years? By positioning yourself for some of the opportunities that come

with political campaigns.
So let us look at
some of the areas
where young
people could
make some
money from
politicians.

Graphic design

 Every candidate will have to create a master artwork of their campaign. In Uganda, this largely means a portrait of a candidate with a few words like unity, peace, prosperity, development and all those things politicians say but don't mean. You don't need to be a super talented designer here. Just download Canva and start designing. The paid version will do wonders for you. It costs less than 400,000 a

year. But the money is in printing. You could even offer to design for free as long as they give you the contract to print the posters, calendars, flyers etc. they will be displaying in every little trading centre.

For those who have mega resources, you could also print for them the cheapest of t-shirts with the thinnest microns in their party colors.

Photography – As faster affordable internet spreads across the country, many people have smartphones and are able to consume content online even in some of the remotest villages. Crowds at campaigns help sway public opinion about a candidate. But crowds at campaign rallies are only important for a politician if they are captured on camera. Photographs and videos are going to be important. You will need a drone camera to capture this content so it can feed the candidate's social media channels.

Social media manager/influencing - Many political candidates are old school and social media disturbs them. You can manage the social media channels of the candidates, curating content and manage the accounts. TikTok which may not have played a key role in 2021 is going to be critical in 2026. So,

ability to create compelling videos will be necessary (learn how to use KineMaster, CapCut etc.). Candidates will want to be on TikTok alongside other platforms particularly X and Facebook especially for those in urban constituencies and at the national level. WhatsApp will be another one. Learn what you can do with it for your client.

Sound system -Music plays a key role in political campaigns. Many times, political candidates have moved with musicians who work up the crowd before they appear. Some like President Museveni even did some rap song an election or two ago. You don't necessarily have to be a musician to tap into this.

You can own the sound system that the politicians are willing to hire from you. You could also be the link between musicians, dancers and all those people that entertain crowds at the rallies.

Communication strategist – Some candidates especially in urban big constituencies and at the national level will need experts in communications to help them put their messages across, schedule media interviews and support the communication aspects of their campaigns. Many candidates especially those joining politics for the first time and not used to media interviews, coaching and preps will be required so that they don't simply go and mess themselves up. The communication strategist will work hand in hand with the digital and social media team mentioned already.

Research assistant –

Those vying for the presidency will require some researchers on their team even though it is an important role for other candidates too. For example, a researcher would

inform the campaign strategy team on the messaging in particular areas and finding information that empowers the candidate. They could manage polling to assess the candidate's messaging, popularity and help the campaign make informed decisions.

Lastly and most importantly, many politicians are known not to honor their word. Make sure you get some advance payment for the work being done. Wishing you a happy 2025.

The writer is a communication and visibility consultant. Email: djjuuko@gmail.com

NAALYA FOOD BULLETIN



Najjera- Buwaate Rd, Kira +256 75 811 1409 +256 740 863 399 vipventuresItd@gmail.com

Family Matters

Be grateful to

God for every

lesson learnt

as a profound

escape to a better

understanding.



BY PASTOR RONNIE MUTEBI

John 4:16-19 (King James version):

o, call thy husband, and come hither. woman answered and said, I have no husband. Jesus said unto her, Thou hast well said, I have no husband: For thou hast had five husbands; and he whom thou now hast is not thy husband: in that saidst thou truly. The woman saith unto him, Sir, I perceive that thou art a prophet.

THE GREATEST GIFT FOR MARRIAGE

What is the most enduring and valuable gift you can offer your marriage? While material gifts and gestures of affection hold significance, a far more profound offering exists.

The story of the Samaritan woman in John 4 provides a touching illustration.

Despite her multiple marriages, she remained unfulfilled, a testament to the inherent limitations of human relationships to provide lasting satisfaction.

This passage highlights a profound truth: no human connection, regardless of its intimacy, can ultimately fulfill the deepest longings of the human soul.

The woman's deep-seated yearning extended an invitation to the most fulfilling relationship imaginable: a personal, intimate relationship with God. Offering her the living water is so symbolic of the, eternal source of love and life that would quench her thirst forever.

> Therefore, the most precious gift you can bestow upon your marriage is a vibrant, flourishing relationship with

> **Take Home:** The most precious gift for your marriage is a vibrant, flourishing relationship with God. Cultivate this connection diligently, nurture it with prayer and devotion, and deepen your communion with Him.

Be grateful to God for every lesson learnt as a profound escape to a better understanding. Knowing God is the greatest privilege, a source of immeasurable joy and fulfillment. Trust God to grant you the unwavering desire to learn from Him of everything above all else, allow this pursuit to permeate every aspect of your life, including your marriage.







Giving made easier



Choose your race

No amount is too small

Log on to 25by25.jjengo.com

Enter your email address and follow the prompts

You can donate multiple times

#25x25TRFRelay #GivingMadeEasy



rom a Fundraising Dinner in Abuja raising thousands of dollars and climaxing with the \$5m Endowment to The Rotary Foundation, to a Town Hall in Lagos and a Fundraising Dinner, Rotarians, Rotaractors and family of Rotary in Nigerian have indeed magically pumped Rotary Africa with more energy this weekend.

In addition to meeting Rotary Leaders and members, the Foundation Chair got the opportunity to Immunise children against Polio today and inspect some Rotary Projects.

Enjoy a few pictures to highlight the moments.

Nigeria's Contribution to TRF



















NAALYA FOOD BULLETIN

Last week's fellowship





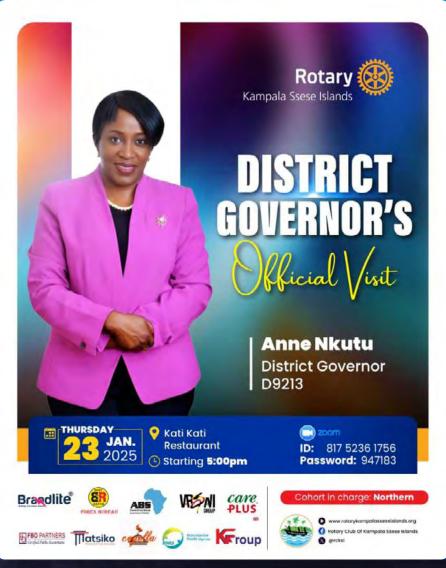


Make sure to follow us on social media for daily updates!

Visit to RC Semuto



NAALYA FOOD BULLETIN



Islands





DISTRICT **GOVERNOR ANNE NKUTU**





DG's Official Visit to RC Semuto 1.00p.m



DG's Official Visit to RC Kampala Ssese Islands 5.00p.m



DG's Official visit to RC Kiteezi 7.00p.m



DG's Official visit to RC Wakiso 1.00p.m

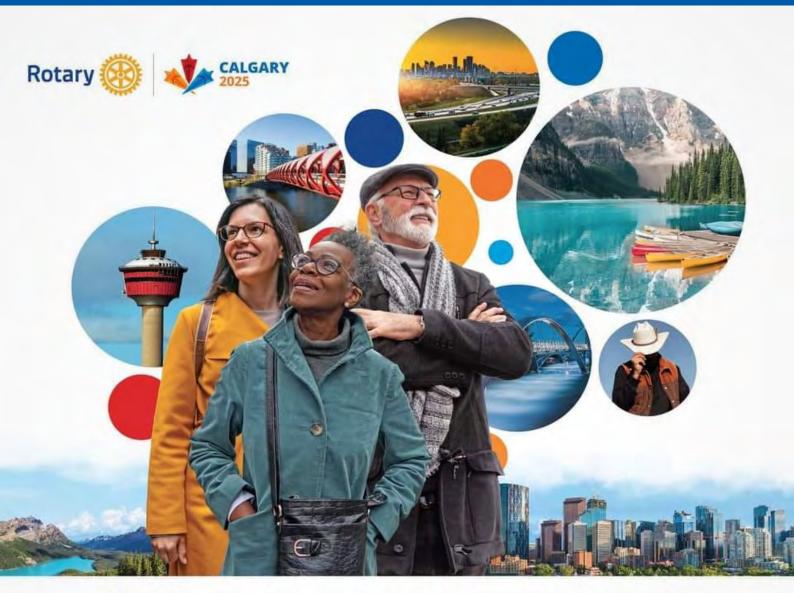
Rotary District 9213 🕴 📵 💇 in











MAGIC ALL AROUND

21-25 JUNE 2025 • CALGARY, CANADA
Register today at convention.rotary.org
#Rotary25















ALLYOUR BESPOKE MERCHANDISE NEEDS IN ONE PLACE

Affordable Prices and So Much More!

uganda@rocketafrica.com www.rocketafrica.com TANZANIA|UGANDA|KENYA|RWANDA|SYCHELLES



KATOGO BUDDY GROUP MEMBERS



Dr Francis Lakor



Enid Kabuunga



Fathila Nanozi



Betty Doreen Namono



Herbert Oloka



Theopista Fokukora



Grace Mutungi



Joachim Buwembo



Pamela Kawaddwa



Johnson Akanyijuka



Keno Lillian



Ruth Mugisha

WOULD YOU LIKE TO

JOIN OUR CLUB?

TAP THE BUTTON BELOW

FILL THE FORM AND OUR MEMBERSHIP DIRECTOR WILL REACH OUT



Tap to submit your details



OUR CLUB MEETS EVERY TUESDAY AT 7-8PM

www.rotarykampalanaalya.org