Naalya Food 17th June 2025

Bulletin





Issue 47 | 2025



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Old Mutual Partners with Rotary to Launch Funeral Cover for Rotarians



Our Speaker this week - Mr. Paul Kavuma

EDITOR'S NOTE



Dear Friends,

s we approach the close of the 2024-2025 Rotary year let's continue to nurture our fellowships and connections within Rotary.

Last week, **Rtn Peter Odoki**, Rotary Fellowships Chair, enlightened us on the power of Rotary Fellowships.

In this issue, we explore intriguing topics, including what happens when a Rotary International President-elect resigns.

We also extend our best wishes to the RC Kampala Naalya team as they embark on their journey to the Rotary Convention in Calgary!

Warm regards,

Keno Lillian - Bulletin Officer

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President's Message

RTN SYLVIA JAGWE OWACHI Magical President 2024-2025



Dear Rotarians and Friends,

he Rotary theme for the month of June is Rotary Fellowships. Rotary fellowships are groups of individuals who unite around a common interest, vocation, or recreational activity with the primary purpose to network and further

friendship. For our meeting this week we were honored to host Rtn Peter Odoki the Rotary Fellowships Chair District 9213 who delved deeper into the subject.

At the start of each Rotary meeting we recite the Object of Rotary i.e. To encourage and

foster the ideal of service as a basis of worthy enterprise. This is achieved by developing acquaintance as an opportunity for service, promoting high ethical standards in business and professions, applying the ideal of service in personal

and community life, and advancing international understanding and peace. By development of acquaintance and advancing international understanding, Rotary emphasizes building relationships and connections among members and globally,

In line with Rotary

goal of expanding

our reach this

week our club is

also proud to have

sponsored the

creation of another

Rotary Club i.e.

the Rotary Club of

Kyadondo Rugby."

recognizing
that these
relationships
can be leveraged
for service and
to promote
goodwill and
peace among
people from
different nations
through shared
service initiatives
and fellowship.

There are a number of fellowships some of which are

quite active in Uganda such as The Women Economic Empowerment Fellowship, Camping fellowship, Rotary Means Business Fellowship, The Fitness and Wellness fellowship as well as many many more others globally depending on your area of interest and these fellowships are open to Rotarians and Non Rotarians. Key take away is Rotary Fellowships will make you experience Rotary in a broader and more fulfilling way.

In line with Rotary goal of expanding our reach this week our club is also proud to have sponsored the creation of another Rotary Club i.e. the Rotary Club of Kyadondo Rugby. This club bring together members with a common interest – Rugby. Congratulations President Kevin Nyeko and the 32 charter members on your charter and great job new club advisor Past President Dennis Juuko for all the hard work.

This week we are hosting **Paul Kavuma** who is the Toastmasters division director for Rwanda and Uganda who will be giving us tips on how to become great at public speaking. Please join us for the meeting and enjoy the bulletin.

Be Blessed.





Dental Consultation, Tooth extraction, root canal treatment, scaling and polishing, filing and cementing, orthodontic treatment/braces, teeth whitening, fracture management, crown and bridge work, dental surgery, dental implants, cosmetic surgery



News!

Arezzo Francesco of Italy selected to be 2025-26 Rotary International President

rancesco Arezzo, a member of the Rotary Club of Ragusa, Italy, has been selected by the Board of Directors to become Rotary International's president for 2025-26.

Arezzo will become president on 1 July. The Board conducted a special session following the unexpected resignation of RI President-elect Mário César Martins de Camargo on 8 June. Guided by the RI code and policies, the Board selected the new president-elect from a pool of candidates who were considered by the Nominating Committee for President of Rotary International in August 2023.

The 2025-26 presidential message, announced at the 2025 Rotary International Assembly in February, will remain Unite for Good, which calls on Rotary members to be a force for unity in a world increasingly divided by politics, geography, and ideology. Through service projects, Rotary brings together people of every background — across races, religions, and professions — in a shared mission to do good in their communities.

Arezzo is an orthodontist in private practice. He is active internationally as a member of the Italian, European, and American orthodontic associations. He is vice president of the National Association of Italian Dentists for the province of Ragusa and was the founder and head for seven years of the delegation for Ragusa of the National Trust for Italy. He is a Knight of Honour and Devotion in Obedience within the Sovereign Order of Malta.

A Rotary member for more than 30 years, Arezzo has served as vice chair of the Joint Strategic Planning Committee and as RI director, learning facilitator, and district conference presidential representative.



Francesco Arezzo

Arezzo is a Benefactor of
The Rotary Foundation. He
is married to Anna Maria
Criscione, an entrepreneur in
the tourism field. They have two
children.

Resignation What Happens When a Rotary International President-Elect Resigns?

BY RTN SYLVIA NANKYA

n an unprecedented but not unfamiliar turn of events, the Rotary International Presidentelect for 2025-26, Mário Cesar Martins de Camargo of Brazil, formally resigned from his position. Camargo cited health challenges, increased business obligations, and pressing family matters as reasons behind his decision.

Lit was not my will, but I was forced to do so for health, business and family reasons. I hope to count on the support of Rotarians in this difficult time and I wish you success in your mission," - Mário Cesar Martins de Camargo said in the announcement which was made last week.



Rtn. Mário César Martins de Camargo

His statement has left many Rotarians asking: What happens now? Who steps in? Is Rotary prepared for this?

Although rare, Rotary International has clear, well-established bylaws to handle such leadership transitions, ensuring governance, continuity, and stability remain intact. According to Rotary International Bylaws (Section 6.080), here's what happens:

6.080.1 If the Presidentelect resigns before the next Convention (And in this case, the convention is less than a week away) The Nominating Committee for President is re-engaged to select a new nominee for the year in question. This selection is made at the next scheduled meeting, an emergency meeting, or even through ballot-by-mail or rapid communication methods. The process is designed to be efficient and typically concluded within 30 days to maintain momentum.

Following Camargo's resignation, The RI Board of Directors is now revisiting the original slate of candidates considered during the last nominating cycle. As part of the process, all eligible candidates who

submitted their names for consideration by the Nominating Committee for RI President will be contacted by the general secretary and asked whether they wish to be considered for selection. No other candidates will be considered for selection by

the committee.

If the time before the Convention is too short for full procedural steps (As is the case this time), nominations can be made from the Convention floor. If all goes well, the new President-elect will be formally introduced and ceremonially equipped with the instruments of leadership at the upcoming Rotary International Convention in Calgary, Canada.

This isn't the first time Rotary has navigated such a leadership curve-ball. In 2019, Rotarian Sushil Gupta of India who was then President-nominee for 2020-21 resigned due to deteriorating health. His heartfelt resignation struck a chord with Rotarians globally:

"It was my dream to serve as your president, but my health prevents me from giving my absolute best to you and the office of the president... Rotary deserves nothing less," he said in his

communication.

Gupta's resignation was met with understanding and grace. In his place, the Nominating Committee selected Holger Knaack of Germany, who went on to lead Rotary International with distinction through the global COVID-19 pandemic during the 2020–21 Rotary year.

A year earlier, Rotary International had found itself in the unusual position of seeking another individual to lead the humanitarian service organization after the sudden death of RI President-elect Sam Frobisher Owori, just two weeks into his term as Rotary International president-elect. Then aged 75, Sam Owori, died after complications from leg surgery in Texas.

Barry Rassin, of the Rotary Club of East Nassau, New Providence, Bahamas, was later selected by the Nominating Committee as a replacement, a moment that reinforced a powerful truth: Rotary's strength is not just in its leaders, but in its systems, structures, and shared values.

Roles of the RI President

The Rotary International President leads a vast international organization with 1.4 million volunteers worldwide, requiring significant oversight, decision-making, and communication. One of their key roles is to set the

direction and strategic goals for the organization, which requires careful planning, goal setting, and action plan development.

The President presides over the Rotary International Board of Directors, which sets policies for the organization. They also likely interact with numerous committees and leaders from around the world and often travel extensively to visit clubs and districts and attend international events. This involves public speaking engagements and representing Rotary on a global stage, including presiding over all conventions and other international RI meetings.

Who Is Eligible to Become RI President?

Rotary International maintains strict eligibility standards for the highest office:

- Only Past RI Directors may serve as President.
- Presidents are selected by a 17-member Presidential Nominating Committee composed of elected Past RI Directors from half of the global zones (which alternate annually.
- Current RI Board members are not eligible.
- Most successful candidates have also served as committee chairs, and trustees, or held senior leadership roles at district, regional, and international levels.

Most RI Presidents have climbed through multiple leadership roles before nomination:

- At the District Level, they have served as District Governors, committee chairs for membership, public image, or The Rotary Foundation.
- At the Regional Level, they have served as Regional Coordinators, Public Image Champions, and Foundation Advisers, while at the international level, they have served as Trustees, Institute trainers, GETS faculty, and committee members.

This layered leadership journey ensures that when called upon, RI Presidents are deeply grounded in Rotary values, global exposure, and institutional knowledge. It is also worth noting that the Role of **Rotary International** President is demanding and multifaceted with responsibilities that inherently involve a significant workload.

For updates, keep your eyes on the official RI channels and the 2025 Calgary Convention announcements.





BY RTN SYLVIA NANKYA

n a historic move to improve the welfare and financial protection of Rotarians and Rotaractors across Uganda, Old Mutual Life Assurance Uganda has entered into a strategic partnership with the Rotary Clubs of Uganda through the Rotarians Uganda SACCO.

The official launch, held on June 13, 2025, at the Four Points by Sheraton hotel in Kampala, marks the beginning of a dynamic collaboration that centers around shared values of service, community support, and sustainability. With a unifying handshake as the visual emblem of this partnership, the two institutions pledged to bring real, meaningful benefits to members through the introduction of a tailored Group Funeral Cover for Rotarians.

The Group Family Protect Cover, offered through this tripartite arrangement, will be administered by Rotarians Uganda SACCO, acting as the exclusive agent for Old Mutual.

The product promises to bring peace of mind and financial dignity to Rotarians

and their families in times of grief. It ensures that families navigate moments of grief with a reduced financial burden

Speaking at the launch, District Governor Anne Nkutu hailed the product as a "gesture of love and foresight" and underscored its importance in

building resilient Rotary communities.

"It ensures that no Rotarian is left vulnerable during difficult times. This is a demonstration of how we can combine service and sustainability,"

she said.

The product promises to bring peace of mind and financial dignity to Rotarians and their families in times of grief."

It is designed to ease the financial burden on families during bereavement and protect them from exhausting their savings or incurring debt.

The cover includes:

- The main member (Rotarian or Rotaractor)
- Spouse
- Up to four children
- **Parents**

Joan Nyanzi, CEO of Rotarians Uganda SACCO, emphasized the product's inclusivity and fairness.

"Many people fear life insurance because it is associated with death.
But when a member dies,
condolence contributions
alone are often not enough.
This cover introduces a fair
and dignified system that
ensures every member
receives equal support when
it matters most."

The launch was also attended by District Governors-Elect Geoffrey Kitakule (D9213) and Christine Kawooya (D9214), District Governor Nominee Daniel Damulira (D9214), legal representative Counsel Lubogo D from Rotary Uganda Ltd, Past District Governors Stephen Mwanje (also Chair of the Rotary Cancer Run), Xavier Sentamu, and PDG Mike Sebalu, Chair of the Rotarians Uganda SACCO Board.

Steven Lubowa, Head of Marketing and Distribution at Old Mutual, highlighted the digital ease of the product, stating:

"This is more than just financial protection, it's digital convenience too. Members can register and make claims via WhatsApp, USSD, or online platforms. This product reflects what clubs and cooperatives should offer; real, accessible social protection."

Patrick Kimathi, the Managing Director at Old Mutual Life Assurance Uganda, described the partnership as a milestone in aligning insurance with community service.

"Today, we don't just launch a product. We join Rotary in its mission to create lasting change in communities."

During the event, Rotary leaders pledged their support to the initiative by signing a ceremonial commitment board, symbolizing unity and shared purpose.

The partnership also aligns with Rotary Uganda's broader community development agenda. In addition to insurance services, the collaboration will feed into key Rotary impact areas including:

- The Rotary Cancer Run
- Basic Literacy Initiatives
- · Financial Education
- Tree Planting and Environmental Protection

This initiative is expected to redefine how Rotarians across Uganda access financial protection, further cementing Rotary's role as a vehicle for not only service but security and sustainability.



Old Mutual Parners with Rotary Uganda





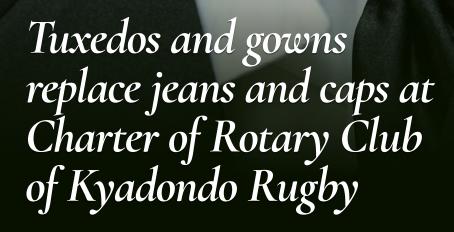












BY RTN. DENIS JJUUKO

t is rare to see men in tuxedos and women in gowns and stilettos at a rugby ground in Uganda. It is usually jeans, replica jerseys, baseball caps, micro shots and sneaker shoes.

But Thursday, 12 June 2025 was different. Men and women arrived at the Kyadondo Rugby Grounds elegantly dressed. Stopped by a photo booth to pause for the cameras before sitting down for dinner.

The occasion? The Charter celebration and Installation of the first president of the Rotary Club of Kyadondo Rugby.

District Governor Anne Nkutu and the next governor Geoffrey Kitakule were in attendance and joined by past district governors Stephen Mwanje and Mike Ssebalu. Other district leaders were in plenty. The Uganda Rugby President and his secretary were among the distinguished guests.

It was a momentous occasion as the Rotary Club of Kyadondo Rugby received its charter certificate and Charter President Kevin Nyeko got installed. The club, formed by the Rotary Club of Kampala Naalya, has 32 members who were inducted on the day.

Special interest clubs, the District Governor said, are one of the ways to grow Rotary and urged them to expand Rotary within rugby and other sports.

"Rugby can be used to reach communities that we previously couldn't reach. And we are glad that this club is going to enable us reach

them," DG Anne Nkutu said.

DGE Kitakule urged them to go beyond Kyadondo or even grow faster to create clubs at other rugby grounds.

With the formalities done, the members majority of whom are Lingala lovers entertained guests to dances from Congo. It was a joy to watch and made even the rare dancers dance.

President Sylvia Jjagwe Owachi of RC Kampala Naalya who presided over the fellowship congratulated President Kevin Nyeko on achieving this milestone urging him to ensure that the club grows from strength to strength.

Maureen Kawombe was appointed as Assistant Governor for the club for the next Rotary year.

RC Kyadondo Rugby Charter Celebrations and Presidential Installation











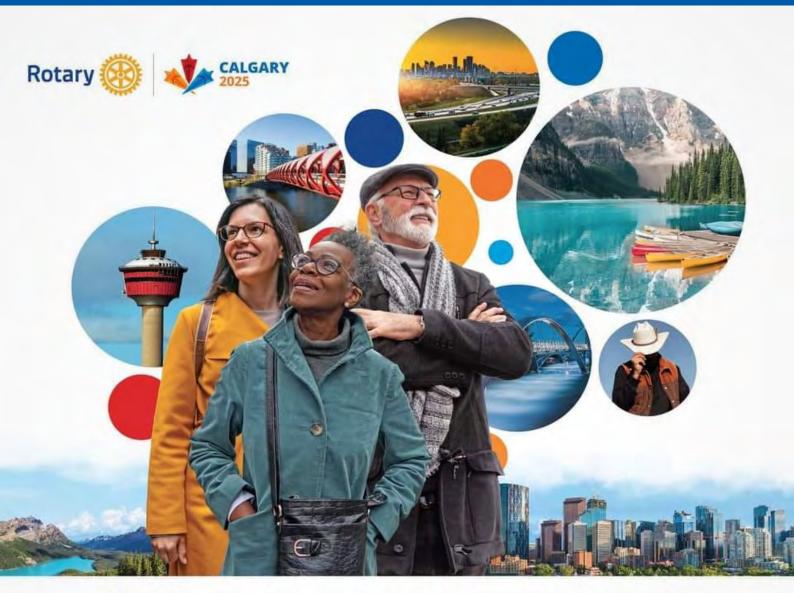








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Rotary Club of Kampala - Naalya Our Delegation to Calgary



DG Anne Nkutu



CP Francis Lakor



Rtn Flavia Serugo



Rtn Herbert Oloka



Rtn Rita Aciro Lakor



Rtn Elizabeth Wamalwa



Rtn Sylvia Nankya



Rtn Dennis Osikol



Rtn Julie Nabunnya



Rtn Christine Amucu







EDUCATION:

aul is an award-winning Public
Speaker with a rare combination of Building design, Finance, Business, Operations Management, communication, public speaking and leadership skills.

Paul has a Bachelors Degree in Architecture and a Masters Degree in Business Administration.

CAREER:

Paul runs a Building Design and Construction company called: Schema Construction Company Limited since 2014 to date.

Paul is also a Co-founder at TALK-SMART - Uganda: a company that offers trainings to Senior Business Executives and Managers in the following areas:

- Persuasive speaking and presentation skills.
- Facilitating effective meetings
- Marketing and sales management

Paul is the producer of the

annual Talk-Smart Show that happens at the Uganda National Theatre; a theatrical production that combines Public speaking with Theatrical Performance.

TOASTMASTERS MEMBERSHIP AND AWARDS IN TOASTMASTERS:

Paul is passionate about public speaking and leadership.

He has been a member of Toastmasters International since April 2016 to date. Toastmasters International is a non-profit organization that operates clubs worldwide to help people develop communication, public speaking, and leadership skills.

He has won over ten (10) public speaking contests in Toastmasters some of which include:

- Winner of East Africa Fictional Story telling speech contest- 2021,
- Winner of East Africa International prepared Speech Contest - 2020 ,
- Winner of East Africa

Impromptu Speaking Contest- 2020 ,

- Winner of the Uganda Toastmasters Humorous Speech Contest, (2 times),
- Winner of the Uganda Toastmasters prepared Speech Contest, Kampala (4 times).

Paul is constantly invited to deliver key-note speeches and trainings to various professional audiences. He was a key note speaker at the Rotary International Conference in 2023.

He is the Past President of Muyenga Toastmasters Club and he has risen through the ranks in Toastmasters Leadership.

Paul is currently the Toastmasters International Division Director overseeing all Toastmasters Clubs Uganda, Rwanda and Burundi.





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 - Rotary Club of Kampala Naalya

NAALYA FOOD BULLETIN





BY IPP GODFREY OKELLO **OMODING** Club Training Facilitator

ellowships as the theme of the month sets an appropriate end of the Rotary year. Why? Because; it gives an opportunity to have an understanding of fellowships, and to celebrate the togetherness fellowships enhance. It is a good end of year package.

A word fellowship, in our daily talk, has different functional meanings. As one joins rotary or hears very often from Rotarians,

a word fellowship being referred to as the coming together of Rotarians in their weekly meetings. The word translates to bear certain ways of conducting rotary business- saying of rotary norms, interactions during and after the meetings (fellowships). Indeed, it brings out the richness The word

of rotary menu. There is a lot of learning and experience sharing in these meetings leave alone catching up and interacting with

Though the technical meaning of fellowships in rotary is different, the weekly meetings

new people.

give a mirror view of actual fellowships. They become rather the preparatory grounds for fellowships. Certain manifestations of passions, interests and hobbies are bred in the meetings or they are triggered. Members get to

meet people of different and similar interests, passions and hobbies. Practically, extending horizons to transit to fellowships.

Questions continued to be raised on how one benefits

'fellowship'

translates to

bear certain

ways of

conducting

rotary business-

saying of

rotary norms,

interactions

during and after

the meetings ."

from fellowships. If fellowships are "avenues" of meeting of passions, interests and hobbies, then why questions of benefits? This seems to suggest a number of things, beginning from appreciation to not knowing what they are. During this month, hopefully, exposition of fellowships ought to be given or members ought to put time aside to read about

fellowships. And maybe even to pick up one to join. Members should seek for fulfillment and experience in fellowships rather than following "mobs".

Real benefits of fellowships



(s)he has understood it and is on an active mode. Passiveness per se deprives what would be satisfaction, and by extension holds back contribution to service. As we journey through this month, let us do more reflection on fellowships, joining them and ...create magic as being in them. Because each you seek to unite time you reflect for good in your on something, clubs. Let us use you get new fellowships to perspectives further infuse on it and an

Another aspect
of fellowships is
the diversity they
bring. In that diversity,
they have a sense of
instilling obligation.
Members are obliged to
follow certain code of
conduct, which they tend
to do religiously. Member's

appreciation.

spirit of voluntarism is ever awake hence a drive to self-satisfaction.

Sharing about fellowships in this time of the rotary year is very appropriate. By the time a new Rotary year

begins, members would be in position to begin the year with extended memberships and additional ways of increasing acquaintance. New acquaintances have a way of causing renewals, reigniting and rekindling life and actions. New club leaderships, watch out for this and create magic as

you seek to unite for good in your clubs. Let us use fellowships to further infuse life into our Clubs.

life into our

Clubs."

As I end, let me congratulate Rotary Club of Kyadondo Rugby upon their charter that took place on 12th June 2025. The new Club is unique in different ways. The best I can say to all the Rotarians and non-Rotarians is take time to visit and attend Club's meetings every Thursday starting at 6.00 pm. For sure you will get a unique experience and partake of the happiness that radiates among Club members.

New life is always ushered in after the meetings with the true spirit of fellowship. I wish the members of Rotary Club of Kyadondo Rugby great future as they strive to serve communities.

June is Rotary Fellowships Month

Rotary's vision of building a global community and creating meaningful connections across cultures.

Whether you're into music, art, sports, history, or technology, there's a fellowship for you! Participation is open to anyone, regardless of membership.







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UPDATES

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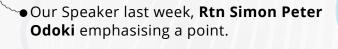
- Updating most Learning Plan titles (new links will be available after the updates)
- Adjusting learning plan courses
- · Turning off courses that are being updated
- Closing courses on 30 June



Last week's fellowship





















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Fun Facts

Do you know why America is called America?

he name America is full of history and exploration and goes back to a lesser known Italian explorer, Amerigo Vespucci. While Christopher Columbus gets credit for "discovering" the New World, it's Vespucci's name that is on the continents of North and South America.

In the early 1500s, Amerigo Vespucci went on voyages to the New World. Unlike Columbus, Vespucci realized the lands he was exploring were not part of Asia as everyone believed, but entirely new continents. This was a big deal in reshaping the European understanding of geography at the time.

The name "America" first appeared on a map by German cartographer Martin Waldseemüller in 1507. Waldseemüller and his team were influenced by Vespucci's letters where he described his voyages and observations of the New World. They believed Vespucci was the first to identify these lands as a new continent and decided to honour him by naming the territory "America" using the Latin version of his first name, Americus.

At first "America" only referred to South America. Over time, it would expand to include both North and South America as more of the continents were explored. Interestingly, Vespucci himself may not have known about this naming decision as he died in 1512 just a few years after the name first appeared.

Why "America" and not "Columbia" might seem strange today, but it was the influence of Vespucci's letters at that time in history. The name has stuck and represents discovery, exploration, and the Age of Exploration. So next time you hear "America" you can thank Amerigo Vespucci and a cartographer ahead of his time.





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NAALYA FOOD BULLETIN 25



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NAALYA FOOD BULLETIN

Family Matters



BY PASTOR RONNIE MUTEBI

uke 12:27 (KJV): Consider the lilies how they grow: they toil not, they spin not; and yet I say unto you, that Solomon in all his glory was not arrayed like one of these.

THE GLORY OF GOD'S **PROVISIONS**

The transformative phrase is "Consider the lilies," This thought invites us into a deeper place through which to perceive and understand the divine principle that governs the growth of lilies.

The Greek word translated "toil" in is kopiaō, which means to labor with wearisome effort, to grow weary and exhausted.

This draws a contrast analogy between the lilies and Solomon's raiment. Although King Solomon had everything at his disposal—wealth, wisdom, and human craftsmanshiphis attire could not compare to the natural beauty with which God made clothes for the lilies. This is the glory by which nature makes provision through the sovereignty of the creator.

Every person has been invited into this realm—not one driven by anxious toil or burdensome striving, but one anchored in the revelation of God's sovereignty and power to provide and beautify all that concerns us to the detail.

When we labor, it is through that divine strength and enabling—not our own limited efforts.

We produce works marked by a beauty that surpasses anything achieved by human effort alone. This is not to down play the human effort...NO....but to help us understand that previous tools limited

> to human effort cannot be the sole blueprint.

When we labor, **Take Home:** it is through that divine not our strength and enabling-not efforts. our own limited efforts."

When we labor, it's own limited By God's sovereignty and power,

we produce works marked by a beauty that surpasses anything achieved by human effort alone by acknowledging God's power.

NAALYA FOOD BULLETIN



BY PAMELA KAWADDWA

She perfected the art of masks Even got her eyes to play along Keeping what's going on behind the scenes **Under wraps** They say it's okay not be okay But she just can't let it show Can't have anyone know that she is not as strong as she **Projects** She smiles as her thoughts take a hammer To what's left of her sanity...

Thuy



DG at Bulange, Mengo

On Thursday 12 June 2025 **DG Anne Nkutu** accompanied 7 collaborating clubs led by RC Kampala Ssese to Bulange, Mengo to donate wheel chairs.

They were received by **Owek. Waggwa Nsibirwa** - Deputy Katikkiro of Buganda and **Owek. Ahmed Lwasa** - Deputy Speaker of the Lukiiko.



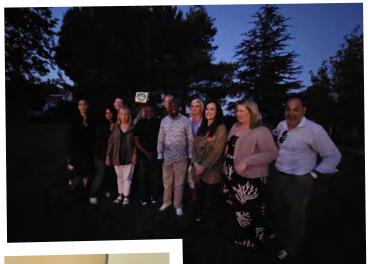




NAALYA FOOD BULLETIN

Ambassadorial Visits

CP Francis Lakor and Rtn Denis Osikol represented RC Kampala Naalya at the Rotary Club West Lake Village in Los Angeles, California.













AG Herbert Oloka presided over the RC Abim's Installation on Saturday June 14,2025

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Save the date 25—28 Sept. 25 Brussels

Breaking Barriers, Building Bridges

Square Brussels, Mont des Arts, 1000 Bruxelles www.rotary-fusion-summit.org



Save the Date

AVE THE DATE and Join us from September 25 to 28, 2025 at this 1st ever *Multi-zone Institute* designed for Rotarians, Rotaractors and Partners from Europe, the Middle East, and Africa.

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#RotaryFusion2025 #UniteForGood

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