

Naalya Food Bulletin

5th August, 2025

Rotary 
Kampala - Naalya

UNITE
FOR
GOOD

Issue 5 | RY 2025-26

Rtn. Sylvia Nankya,
Vice Chairperson, District
Family of Rotary Committee

RC KAMPALA - NAALYA



SCAN TO LEARN MORE

19

10 Creative Ideas to
maximize membership

22

Rotaract Kampala - Naalya
hosts DRR Nahabwe

In This Issue



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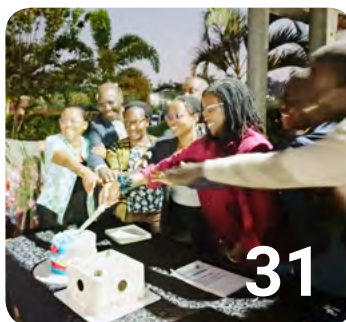
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Contents

Tap any title to jump to page

- 4 Editor's Note
- 5 Message from D9213 Governor, Geoffrey Kitakule
- 6 President Charles Owekmeno's Message
- 8 Let's opt for collaboration, not competition
- 11 Rtn Sylvia Nankya: Passion to serve above self
- 13 Tribute by PDG Anne Nkutu
- 14 Rotary's Power Lies in Committed Hearts, Consistent Action
- 19 10 Creative Ways to Maximize Club Engagement
- 20 Kyadondo-Rugby retreat builds bonds, ignites passion
- 22 Rotaract Kampala - Naalya hosts DRR Nahabwe
- 24 Little Hearts: Giving kids a chance to live
- 26 The Challenge of Club membership and Growth
- 28 Commercializing politics is derailing Uganda's development
- 30 Family Matters
- 31 Last week's joint fellowship
- 32 She's She!
- 33 Fun Facts



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Editor's Note

**Dear Rotarians
Rotaractors and Friends,**

JULY, WHERE WE
DELVED INTO THE
ISSUE OF MATERNAL
AND CHILD HEALTH
IS NOW BEHIND US.

I am now excited
to introduce an
exciting new focus
for our Club and for
this magazine: the
tangible benefits of
Rotary membership.

Throughout August, we're
taking a fresh look at the
incredible value each one
of you gains by being a
part of our global family of
Rotary International. This
isn't just about what we
give; it's also about what
we receive, and how those
benefits empower us to
serve and give to others
even more effectively.

Indeed, over the next
four weeks, we'll be
highlighting various facets
of Rotary membership. We'll
explore the professional



development opportunities
that come from networking
with leaders across diverse
industries and classifications.
We'll delve into the personal
growth (and stretching)
opportunities fostered by
challenging service projects
and leadership roles. You'll
hear stories of the lifelong
friendships forged within our
club and across districts,
and the unique sense of
community and belonging
that Rotary offers.

Our goal is to ensure that
every member - whether

you've been a Rotarian
for decades or are still
new - fully understands
and utilizes the rich
tapestry of advantages
that come with the
Rotary pin you carry on
your lapel. We also hope
this theme will equip
us all to articulate the
immense value of Rotary
to prospective members,
basically showcasing the
fact that joining a Rotary
Club is not just an act
of service to others, but
also an investment in
one's growth on all fronts.

In this first issue of the
Membership Month, PP Sylvia
Nankya's Rotary journey
helps us to rediscover the
full spectrum of benefits that
make our Rotary membership
and service truly invaluable.

Enjoy!

Yours in Rotary,

Rtn. Peter Nyanzi
Bulletin Officer

Feedback

We'd love to hear from you about any of our stories this year 2025. Contact the Bulletin Officer:
+256 772 434 328 or Email rkklanalyafoodbulletin@gmail.com or **tap on the buttons** below



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Tap to read previous bulletin issues



Message from D9213 Governor, Geoffrey Martin Kitakule

GROWING TOGETHER - THERE'S ALWAYS ROOM FOR ONE MORE AT OUR TABLE

BY DG GEOFFREY KITAKULE

Dear Rotarians and Rotaractors, thank you for a wonderful start of the Rotary year. Your energy and determination in July have set a wonderful pace for the year. Thank you to the Public Image team for the excellent campaign of #RotaryEyamba. We continue to show case impact stories to show that indeed Rotary cares and helps. I would like now to talk about something that is vital to the future of our clubs and our mission: **membership growth.**

Rotary began with just four individuals and an idea—to come together in friendship and service. From those humble beginnings, we've grown into a global force 'Uniting for Good.' But at every level—whether global or local—**Rotary's strength lies in its people.** And that's why we must be intentional and passionate about **inviting new people into this family.**

When we increase our membership:

- We gain **more hands to serve**, more ideas to innovate, and more voices to advocate for change. The task ahead of us is huge.
- We bring in **diverse experiences and talents** that enrich our projects and strengthen our community ties.



- We ensure that the spirit of Rotary continues—not just for this year, but for generations to come.

Potential members are everywhere. They are:

- **Young professionals** looking for purpose
- **Retirees** eager to give back
- **Teachers, doctors, entrepreneurs, lawyers, farmers, artisans**—people who care, people with a heart and sometimes, they're simply waiting to be asked.

Let's not just wait for people to come to us. Let's **go to them.** Let's share what Rotary means; what Rotary does; and most importantly—**what Rotary could become with them involved.** Membership is not about filling seats—it's about

building relationships. A personal invitation, a story shared, a life changed—these are what grow our clubs. **Let's each commit to bringing in just one new member this year. Imagine what we could accomplish if every Rotarian did that.**

▶ **We are not growing Rotary for numbers—we're growing it for impact. The more we grow, the more lives we touch, the more problems we solve, the more hope we spread. We need to create clubs that also fit within work life and other aspects of social life.**

I am happy to say that in addition to clubs like that of Emergency Medicine, Rugby and Environment, we are also creating corporate clubs. We have a corporate club in DFCU Bank called Blue Hearts and we are starting a Rotary Club of Mapeera with Centenary Bank. Let's open our doors, open our hearts, and remind our communities that Rotary is not just an organization—it's a movement. And it's a movement worth joining.

**LET'S GROW TOGETHER,
SERVE TOGETHER,
'UNITE FOR GOOD' AND
BUILD A ROTARY THAT'S
STRONGER THAN EVER.**

#ROTARYEYAMBA

President's Message

RTN CHARLES OWEKMENO
Club President 2025-2026



Hello Rotarians! Rotaractors, and Esteemed Guests,

A joyful and prosperous new month to you all!

As we step into August 2025, I want to extend my heartfelt gratitude for your support and team spirit. Thanks to your dedication, our Rotary year has kicked off on a high note marked by engaging fellowships, active participation in the 5-A-Side Tournament, and a memorable joint fun fellowship with the Rotary Club of Bukoto. We also continue to keep the Rotary family in our thoughts, extending condolences to the

Rotary Club of Kawempe on the passing of Past President Henry Nsamba. Let us also pray for the swift recovery of our members who are unwell.

August is a special month - it's our Membership Month and when our District Governor will grace us with his visit on Tuesday, 19th August 2025. This month presents a perfect opportunity to rekindle our engagement with Rotary. I encourage everyone to visit as many Rotary clubs as possible, contribute generously to the Rotary Foundation, and actively participate in our club's activities and initiatives.

“
I encourage everyone to visit as many Rotary clubs as possible, contribute generously to the Rotary Foundation...”

Additionally, this is the month of our Cancer Run, so let's ensure that we all register early and participate wholeheartedly.

▶ **I invite you all for fellowship this Tuesday, where we'll delve into a topic close to our hearts: investment opportunities. Please bring along fellow Rotarians and guests. Let's unite and grow our network and knowledge together.**

Wishing you and your loved ones a month filled with joy, health, and success.

YOURS IN SERVICE
ABOVE SELF.

The
Rotary
Foundation



Doing Good in the World



**Peacebuilding
and Conflict
Prevention**



**Disease
Prevention
& Treatment**



**Water,
Sanitation
& Hygiene**



**Maternal &
Child Health**



**Basic Education
& Literacy**



**Community
Economic
Development**



Enviroment

Let's opt for collaboration, not competition

BY AG FRANCIS LUBUULWA

Here in Uganda and across District 9213, many clubs are doing impactful work. Admirable as that is, imagine seven clubs joining forces on a single service project—pooling ideas, contacts, funds, and energy. That's the power of Rotary at scale. This is the rationale behind the 7×7 model: seven clubs collaborating on one initiative. Each contributes modestly—but together, the result speaks volumes. Smart. Scalable. Sustainable. And deeply unifying.

Why Does Collaboration Matter?

1. A Cultural Perspective: In many African societies, communal effort is woven into the cultural fabric—ubuntu in South Africa or the age-old adage “It takes a village to raise a child.”

Similarly, collaboration among Rotary clubs nurtures collective strength, shared responsibility, and inclusive dignity—especially when serving communities with limited capacity. When Rotarians work together, they not only multiply impact—they also embody the spirit of togetherness that defines us.

2. A Perspective from Rotary Leadership:

When he was Rotary International President Elect, Mário César Martins de Camargo emphasized that: “Rotary members working alone can achieve great



things... but collaborating with others makes it possible to change the world..... In a world often divided, Rotary stands as a beacon of unity and hope... united in a shared purpose: to do good in the world.” Similarly, during the Rotary year 2023-24, District Governor Dianne Crawford of District 5340 argued that: “A key strength of Rotary lies in the collaborative opportunities... when clubs unite for projects... this synergy not only broadens our scope but also allows us to pool resources and significantly enhance the impact on the

lives we aim to improve... Together, we are stronger.”

In our own District 9213, during her tour of Duty (2024-25), Governor Anne Nkutu strongly advised Rotary clubs to consolidate, and collaborate to increase impact and promote sustainability. This is why Governor Kitakule wants clubs to collaborate even during this Rotary year.

Making Collaboration Practical

We are stronger together—and our impact lives forever.

1. Start with Proximity & Trust: Begin by partnering with clubs nearby. Build familiarity and rapport.
2. Harness Club Strengths: Each club brings unique assets—mobilizers, talents and skill, media liaisons, or local relationships. Let strengths shine.
3. Co-own the Story: Plan launches together. Co-brand initiatives. Present as a united front.
4. Champion Transparency: Agree early on contributions and responsibilities. Invite diverse voices to planning tables.
5. Create a Joint Committee: Nominate one representative from each club to guide the project. This ensures mutual ownership.

Call to Action: Ignite the Spirit of Ubuntu in Rotary

This year, we are called to “Unite for Good”—to work beyond borders, beyond recognition, and beyond



competition.

Here's what each club should be thinking/planning (if it's not done so already):

- Identify at least one project for a 7x7 collaboration by end of this quarter.
- Reach out to six other clubs (including Rotaract) to form your coalition.
- Appoint one representative per club to join a joint planning

“
Rather than compete for limelight, let's light the bonfire of service, together.”

group.

- Share a launch event and a handover with media—from day one.
- Commit to measuring impact together—not just in terms of money, but in lives changed.

Final Thought

▶ **When we unite, we're not seven separate clubs—we are one Rotary,**

united in service and purpose. Collaboration isn't just a strategy—it's our identity. Our impact can last for a lifetimes, when built together.

Rather than compete for limelight, let's light the bonfire of service, together.

We are stronger together—and our impact lives on forever.

The author is Assistant Governor, and Past President of Rotary Club of Kampala - Naalya



Welcome to **August**

OUR THEME

Membership & New Club Development



#UniteForGood
#RotaryEyamba

 <https://rotaryd9213.org>
     Rotary District 9213

RTN SYLVIA NANKYA: *PASSION TO SERVE ABOVE SELF*

BY PETER NYANZI

Outside Rotary, most people know her as one of Uganda's most popular English news anchors and celebrated editors. Though now off the airwaves, her silky voice has left a nostalgic memory in many listeners' ears.

Today, Rtn Sylvia Nankya is one of the "most-known faces of the Rotary Club of Kampala-Naalya," according to the person who sponsored her in 2017.

Nankya's Rotary journey started during her journalism days when Owek. Nuwa Wamala Nyanzi would invite her to visit the Rotary Club of Kampala West.

Then one day, Rtn Dennis Jjuuko posted some fancy photographs that were taken from the Women in Rotary celebration at the Kampala Serena Hotel.

▶ **"The elegance leapt off the screen and whispered, 'You belong here!' I couldn't argue, and within minutes, I was in his inbox asking for details of how to join," says Nankya.**

In June 2017, Nankya was pinned by Past District



Rtn. Sylvia Nankya

Governor Emmanuel Katongole becoming full a member of the Rotary Club of Kampala-Naalya.

What she witnessed would make a lasting impression, setting her on a journey of service above self.

“

Rotary gave me a deeper meaning to my work. It's service, but from the soul.”

"What impressed me most wasn't the titles or the suits, but the humility of the big people," says Nankya. "As I became more

active, I saw them rolling up their sleeves - literally hauling jerrycans, planting trees, and sometimes sweating like they were on punishment. And I thought to myself; 'if the big shots are out here getting their hands dirty for humanity, who am I to sit pretty and supervise with my eyes'?"

Rtn Jjuuko was also instantly impressed by Nankya's commitment and dedication. The club made a decision to harness it to the maximum. "She came in and did fantastic work straight away. In a way, we threw her into the deep end and she didn't just manage to float or survive, she owned the deep end," he says.

Barely a year after joining, she became Club Secretary and did such a fantastic job at it that she was picked as President Nominee that very year when she was the Club Secretary.

"Since joining the Club, she has proved an invaluable member of Kampala Naalya - doing every task with 100% dedication. She is a fantastic person to work with and one person you know who will do what she said she will do," says Jjuuko.

"As President, she led excellently and grew our membership significantly. She is one of the most known faces of the club - serving in different roles."

Additionally, says Jjuuko, Nankya has been part of the Club's award-winning Naalya Food Bulletin. At District level, he adds, she continues to shine providing excellent service.

"And did I say that she is a

fantastic human being? She is somebody everyone needs in their corner,” Jjuuko notes.

Charter President Francis Lakor agrees.

“As the Charter President, I found Sylvia engaging and active, and not a difficult person to work with. It is easy to ask her to do something and she does it without any hesitation,” he says.

“From day one, Sylvia was extremely dedicated in the performance of her different Rotary responsibilities both at Kampala-Naalya and outside the Club,” he says, adding that when she served as Membership Director, she brought a number of people to the Club, most of whom have been a very valuable addition to Rotary.

“She is a charming and likeable person - a person who makes people around her happy,” he adds. “She is a change-maker with an incredible ability to connect with people of all types and ever ready to serve in different Rotary capacities both in and outside her Club.”

Most impressive for CP Lakor is that almost ten years since she joined Rotary, Nankya’s passion for serving has only continued to get even stronger. For example, at the recent Rotary International Convention in Canada, Nankya was on duty in the District 9213 and 9214 booth in the ‘House of Friendship.’

“She showed great dedication, and even when everyone else left the booth after a long day, she stayed behind to make sure that visitors are attended to and told about our District. She ended up distributing all the brochures that we went with. That level of dedication to Rotary work is very commendable,” says Lakor.



Rtn Sylvia Jaggwe Owachi, the Club’s Immediate Past President, says she has found Nankya an incredible “inspiration.”

“Rtn Nankya, whom I fondly call ‘Namesake,’ embodies the aspect of ‘Service Above Self’ in everything she does. Every Rotary year, she has served diligently in a different capacity,” she says.

“In the Magic Year (2024/2025) when I was Club President, she served as the Onto-Discon and RI Officer - roles she played so well, ensuring that we had a good number of members attending both events.”

She adds: “In Rotary, you can give of your time and

resources and I must say that Rtn Nankya inspires me by giving of both. She is very active - present at most of the Club activities and is also a giver, having given to the Rotary Foundation and to Club events.”

In her own words, Nankya explains that her loyalty to Rotary has continue to grow over the years.

“All I can say is that it’s increasingly rooted in compassion and passion for people, for purpose, and positive change. I’ve been privileged to serve alongside selfless, inspiring individuals, and that alone humbles me every day.”

SEE FULL INTERVIEW



Tribute by PDG Anne Nkutu

PP Sylvia Nankya is a dedicated Rotarian and one who walks the talk. As long as I have known her, once she commits to something – she gives 100%! But as Executive Assistant to the District Governor aka “Seki” – Sylvia gave 150%.

Many people underestimate what it takes to schedule and effect the District Governor’s calendar; and forgivably so. Even I wasn’t always aware of all the details. But I can tell you that there are so many moving parts, and a lot of back and forth between the Secretariat, the Clubs and external partners. Conflicting opinions are common, and the emotions that come with it.

And yet, she managed it all with firmness, with dedication, and with a smile. Ensuring that I was where I should be; that I was comfortable while there; and with everything that I required. I will forever be indebted to Sylvia, for the service and sacrifice she endured to ensure that my tenure as District Governor was successful.

~ IPDG Anne Nkutu



‘Rotary’s Power Lies in Committed Hearts, Consistent Action’

RTN SYLVIA NANKYA HAS SERVED AS CLUB PRESIDENT OF THE ROTARY CLUB OF KAMPALA-NAALYA IN ADDITION TO SEVERAL OTHER ROLES AT BOTH CLUB AND DISTRICT LEVELS. SHE SPOKE TO RTN PETER NYANZI ABOUT HER ROTARY JOURNEY.

Q: How and when did your Rotary journey begin?

I was officially inducted into the Rotary Club of Kampala-Naalya on June 29, 2017, after three months of what I now fondly refer to as ‘Rotary courtship.’ My interest had been piqued not by a high-level symposium or a service project (as one might expect), but by a Facebook post, yes, the power of social media at its finest. Rtn. Dennis Jjuuko had shared stunning photos from a Women in Rotary celebration: an all-white affair that oozed class, charm, and just the right amount of glam. The elegance leapt off the screen and whispered, “You belong here!” I couldn’t argue, and within minutes, I was in his inbox asking for details of how to join.

Of course, I wasn’t entirely new to the Rotary spirit. I had long been exposed to the ideals of service, thanks to Owek. Nuwa Wamala Nnyanzi, who had invited me several years earlier to visit the Rotary Club of Kampala West. I would pop in occasionally, just to observe. Those early visits planted a seed, but it was Kampala-



PP Sylvia Nankya with her boss PDG Anne Nkutu

Naalya, with its warmth, that sealed the deal. They always welcomed me with hugs, and the President of the time, Rtn Lad Ategeka, kept on reminding me to come again, and so I did.

Q: What impressed you most when you first became a Rotarian?

I was officially pinned by Past



District Governor Emmanuel Katongole, and as he fixed the lapel pin right above my wildly beating heart, he leaned over and promised to mentor me into a great Rotarian. I smiled politely, thinking it was one of those ceremonial courtesies, but he meant business.

Days later, I got a call inviting me to his office at Quality Chemicals Ltd. That's when it hit me - Rotary wasn't just about fellowships and fancy pins; it was a gateway to networks and opportunities that I could never stumble upon at my local kafunda. Although the busy schedules couldn't allow the mentorship to continue, the gesture meant much more and ignited me to be an active Rotarian. What impressed me most wasn't the titles or the suits, but the humility of the big people. As I became more

“
The other role I held during my very first year as a Rotarian was serving as the Onto-DCA Officer..”

active, I saw them rolling up their sleeves - literally hauling jerrycans, planting trees, and sometimes sweating like they were on punishment. And I thought to myself, if the big shots are out here getting their hands dirty for humanity, who am I to sit pretty and supervise with my eyes?

Q: Why, of all clubs, did you choose to settle down in the RC of Kampala-Naalya?

Apart from the allure of Women in Rotary, the event that sparkled with style and left me utterly intrigued, the Club's meeting venue was another irresistible plus. Ndere Centre, perched conveniently along the Ntinda-Kisaasi Road, happened to be right on my route home from work. It was as if the universe had conspired to nudge me into Rotary. The 7.00 PM meeting time felt tailor-made too; by then, the

day's hustle was behind me, and a Rotary fellowship was the perfect excuse to skip traffic and unwind with purpose.

Back then, the Club met on Wednesdays, which was ideal because I had Thursdays off. I could afford to stretch the evening a little longer without the worry of an early alarm. Of course, things have changed; we now meet on Tuesdays. But by then, Rotary had already pitched camp in my life, and like any committed Rotarian, I adjusted my program with minimal fuss. I also had several friends within the Club, and a change in meeting days couldn't be an excuse for me to leave.

Q: How did you become President of RC Kampala-Naalya, and what roles had you played in the Club prior to being elected President?

After my induction into the Club, my sponsor, Rtn. Dennis Jjuuko, who was then serving as President-Elect, asked me to serve as Club Secretary during his year of service

(2018-2019). Naturally, I said yes. I figured it was one of those honorary gestures extended to new members to keep them engaged. I was wrong; very wrong. I later learnt that the role of Club Secretary was far more serious than I had naïvely imagined.

The following year, Rtn. Francis Lubuulwa, who succeeded Dennis as President, also asked me to continue as Secretary. Either I had proven myself competent, or no one else was brave enough to take on the task. I chose to believe it was a vote of confidence.

Then came the real plot twist. During my first term as Secretary, we had to nominate a President Nominee Designate. Out of the blue, my name was mentioned. I was still relatively new to Rotary, still learning the ropes (and the acronyms), but the team believed I was ready.

I happened to be seated right next to President Dennis as he presided over the nominations. He leaned in and whispered, "Are you ready for it?" I don't remember nodding. Maybe I blinked too slowly. But before I could gather my thoughts, CP Francis Lakor called to close the nominations, PP John Mugisa seconded it, and the room erupted in thunderous applause. Just like that, I was unopposed, nominated for a role I didn't fully understand. I remember joking that they were fast-tracking me like a government procurement process. And the rest, as they say, is history.

After serving two terms as Secretary, I went on to serve as Club Administration Chair under President Hebert Oloka (2020-2021). That year, even

though I wasn't the Bulletin Officer, I continued to publish the club bulletin because, well, someone had to keep the lights on during the COVID-19 lockdowns. Visibility mattered, and in the absence of physical meetings, the bulletin became our voice, our connection, and sometimes our comic relief.

The other role I held during my very first year as a Rotarian was serving as the Onto-DCA Officer. I had no idea what this meant and what I was supposed to do, but on the job, I learnt that I was supposed to mobilise Rotarians to attend the District Conference and Assembly in Entebbe. It was also my first DCA to attend.



This Rotary year,
I am delighted
to serve as Vice
Chairperson
of the District
Family of Rotary
Committee, one of
the heartbeats of
our movement.,"

Q: In what unique ways did the one year you served as Club President change you as a person?

Serving as Club President in 2021–2022, under the theme, 'Serve to Change Lives,' was both humbling and transformative. It stretched me in ways I hadn't

anticipated, not just as a leader, but as a person. I had to balance my career, personal life (which was challenged by a cancer battle that eventually took my mother), and Rotary leadership. The experience taught me the value of leading through influence, not authority, and of staying grounded in purpose even when challenges arise. What changed most in me was my mindset; I became more intentional and more open to learning from others. I also gained a deeper appreciation for the power of teamwork and the silent strength of those who serve without seeking the spotlight. That one year reshaped my own approach to leadership and service in every area of my life.

Q: Briefly, what would you point to as the key highlight of your tenure as Club President?

While there was plenty to celebrate in TRF Giving (This was the first time our giving went beyond USD4,000), Membership Growth and Engagement, Public Image, and service projects, the absolute showstopper for me was this: during the year, the Rotary Club of Kampala-Naalya produced a District Governor Nominee, Anne Nkutu.

I can still hear the applause echo in my ears as Governor John announced at the District Conference in Naivasha, Kenya. For a moment, time stood still and then came the cheers, hugs, and compliments from across the District. One compliment that I still remember to date was: "Oh, she is Polished! Congratulations on producing the best," one Rotarian said as we walked out of the conference room.

Right there and then, I turned to my beloved **Nalyaakos** and declared; "**Ab'eNaalya temumanja**!" Meaning, "My debt to this Club is paid in full!" Because let's face it, as we marked ten years, we didn't just celebrate a milestone, we leapt forward in faith, courage, and history. Producing a District Governor Nominee is no small feat, and trust me, it doesn't come with a how-to guide. So yes, we did the work, we had the impact, and we strutted into double digits with flair and a future District Governor to show for it.

Q: If you're to give a word of advice to a new Club President, what would you say?

To President Charles Owekmeno, I am proud of you! You made a decision when I was President to end your sabbatical and return to Rotary, and for that act, I owe you my allegiance. While you lead us this year, please remember

that leadership in Rotary, like in life, has no one-size-fits-all formula. Every Club is different, and every president brings a unique energy and perspective. **Be present, be intentional, and most importantly, enjoy your presidency.** You have the honour of leading a team of volunteers driven by purpose. Embrace the challenges, celebrate the wins (no matter how small), and don't lose yourself in the checklist. Trust your instincts, empower your team, and remember; Rotary is serious work, but it doesn't have to be sombre. Make it meaningful, make it fun, and make it yours.

Q: In what other different roles have you served Rotary at the District level?

In the Rotary year 2023–2024, I was honoured to be appointed by District Governor Edward Kakembo Nsubuga as the Rotary International Convention Promotion Chair for District 9213. My mission was to rally Rotarians across the District to attend the RI Convention in Singapore and to oversee the District Booth in the famed House of Friendship.

It was part mobilisation, part diplomacy, networking and ensuring that D9213 service projects were ably pitched at the international scene. I continued in this role, supporting the team that was in charge of the just-concluded Rotary International Convention in Calgary, Canada.

Last year, while serving as the Executive Assistant to District Governor Anne Nkutu, I also doubled as the District Media Relations Chair under the Public Image docket, a role that had me passionately championing Rotary's stories and visibility.

This Rotary year, I am delighted to serve as Vice Chairperson of the District Family of Rotary Committee, one of the

heartbeats of our movement, where we cultivate connection, care, and a little bit of that magic that makes Rotary feel like home.

Q: In the most recent Rotary Year, you moved across the country with PDG Anne and visited different Clubs and community projects. What were your most important impressions about the impact of Rotary?

Travelling around with DG Anne was an eye-opening experience. It allowed me to witness, firsthand, the true footprint of Rotary in communities. What struck me most was how deeply Rotary projects are embedded in the everyday lives of the people and communities across the District.

When you visit Don Bosco Primary School, the transformation led by the Rotary Club of Bweyogerere-Namboole is impossible to miss. A stop in Makukuba speaks volumes about the dedication of the Rotary Club of Kasangati, and a visit to Kalangala would tell an even bigger story of a community that has changed through Rotary's acts of kindness.

In every Club we visited, there was an amazing story to tell from clean water systems and maternal health units to youth empowerment programs and literacy initiatives. You could see and feel the difference Rotary is making.

I was also moved by the passion and resilience of club members across the District; they are doing so much with so little, yet the impact is real and lasting. It reminded me that Rotary's power lies, not just in big budgets, but in committed hearts, consistent



action, and meaningful community partnerships that truly respond to real needs.

Q: Many Rotarians at both club and District levels are impressed with your dedication and commitment to Rotary. What drives your unwavering loyalty to Rotary?

Oh! I am glad and humbled by this compliment. My loyalty to Rotary has grown over the years, and all I can say is that it's increasingly rooted in compassion and passion for people, for purpose, and positive change. I've been privileged to serve alongside selfless, inspiring individuals, and that alone humbles me every day. Rotary constantly reminds me that no act of service is too small, and that real impact begins with a willing heart. If you travel with us to Kamuli, where we are supporting education and skilling programmes for vulnerable girls, you will appreciate how a simple act of kindness can change one's perspective on life. I don't serve because I have to; I serve because I'm called to and because Rotary gives me the space to grow while lifting others. That's what keeps me going.

Q: You have mentored many new members over the years. What advice do you usually give to the new members of Rotary?

While the message hasn't

been the same for all my mentees, and I may not remember all the tips I have given, I usually encourage all new members to start by being present and learn. Every meeting, every project, and every fellowship moment is a chance to understand our values and find your place. I also encourage them not to wait for perfect conditions to get involved. I want to believe that that's how Mr. Joachim Buwembo ended up being the champion of our activities in St. Mbagu Tuzinde Kiwatule Primary School. In Rotary, we grow through service, not before it. And above all, it's important to stay open to learning from others; Rotary is full of wisdom, and the best way to grow is to serve with humility and a willing heart.

Q: You're one of the members who are keen on RI Conventions. Why do you think it's important for every Rotarian to attend the Convention?

I have attended three conventions. My first one was in Melbourne, Australia, followed by Singapore and,

most recently, Calgary, Canada. Each of these international gatherings has uniquely reignited my passion for service. These Conventions are immersive experiences where you feel the heartbeat of Rotary at its strongest. You connect with people from every corner of the globe, exchange ideas, learn from the best, and return home inspired to do more. It's a reminder that we're part of something much bigger than our Clubs or Districts. Every Rotarian should experience that energy at least once; it's truly life-changing. On this note, I would like to invite you all to join our next Convention in Taipei, Taiwan.

Q: As a public image and communications professional, what advice would you give to Rotary Clubs/Rotarians if they are to remain influential in society?

My advice is simple but intentional: tell your story consistently, creatively, and with clarity. Rotary Clubs are doing incredible work across the world, but if we don't communicate it well, we miss the opportunity to

inspire, attract, and influence.

Clubs need to invest in public image not as an afterthought, but as a key part of their strategy. Let's use the tools available to tell our story. We are lucky to have social media today; we still have traditional media, and all these platforms are available for us to tell our stories and highlight our impact in society.

People connect with human stories, not just logos or reports. And above all, be authentic. Let your community see the heart behind your service. That's how Rotary remains relevant, relatable, and influential in today's fast-moving world.

My quick tip to clubs is that when posting, always answer this question: "Why should someone outside Rotary care?" If your story touches lives, solves a problem, or inspires action, then you're on the right track.





#Leadership

10 CREATIVE WAYS TO MAXIMIZE CLUB ENGAGEMENT

BY LEE ANN SEARIGHT

August is Membership Month in Rotary, a time when we celebrate our members, recognize their contributions, and engage with prospective members. We have many resources you can use to promote membership in your club and enhance participant engagement. Here are 10 ideas for planning an exciting August:

1. Print [“What is Rotary?” wallet cards](#) for each

member of your club and have a contest to see who can hand out the most in six months.

2. Share “Proud Member” graphics ([Rotary](#) or [Rotaract](#)) with your club and choose

a day in August to post it on your social media channels. Remember to include information about how people can check out your club, attend a meeting, or take part in a service project.

3. Set aside a meeting in August to host a Thank-a-thon. Write short notes to new members, donors, businesses in your community, alumni, and anyone who has partnered with your club in the last year. It’s a great way to appreciate these supporters and strengthen bonds.

4. Review and update your [club information](#) in My Rotary and consider using the optional “Notes” field

to include relevant information about accessibility, costs, dress code, or club culture so that prospective members can find you easily and know what to expect.

5. Plan a meeting for members to share their personal Rotary goals for the

next year. Get ideas from [“Designing Your Rotary Experience”](#)

6. Host a formal or informal [Prospective Member Event](#) to engage your community. Make it fun and follow up with

everyone who attended.

7. Plan to nominate members for Rotary

[awards](#). Learn the different nomination deadlines and requirements for each award, such as the Sylvia Whitlock Leadership Award, with an August nomination deadline, which honors one member annually who is actively working to advance women in Rotary.

8. Feature members on your club’s [social media channels](#) throughout August. Select a high-quality photo along with a story about why they joined, why they stay, and how they find meaning within the club and beyond.

9. [Watch a speech from the Rotary International Convention](#) during a club meeting for inspiration.

10. Share ideas with others on the [Discover Rotary Facebook page](#). Connect with leaders to maximize engagement in August, then keep it going all year long.

LEE ANN SEARIGHT IS THE MEMBERSHIP RESOURCES SPECIALIST, AT ROTARY INTERNATIONAL

“

There are men with seven children but have never sat in a single antenatal class, yet he calls himself “a proud father of seven, or 11 or 20.”

Kyadondo-Rugby retreat builds bonds, ignites passion



BY RTN ROBERT JURUA

August is Membership Month in Rotary, a time when we celebrate our members, recognize their contributions, and engage with prospective members. We have many resources you can use to promote membership in your club and enhance participant engagement. Here are 10 ideas for planning an exciting August:

In the heart of Rotary's mission lies the spirit of fellowship, service, and community. For new clubs like Kyadondo Rugby, blending into the traditional foundation of Rotary can be a challenge, but one that can be overcome

through meaningful gatherings and retreats. Our recent club retreat on 26th July 2025, at Ruga Ruga Sports Centre, Busukuma, along Gayaza-Ziobwe Road, was a testament to this, showcasing the value of coming together, sharing experiences, and building lasting bonds that could otherwise not have been achieved elsewhere.

The retreat was nothing short of a resounding success, filled with laughter, learning, and camaraderie. The highlight of the event was the culinary skills displayed by the beautiful wives of

Charter President Kevin Nyeko Okori and President Elect Robert Benon Jurua, Angellina and Agnes respectively, who whipped up delicious meals in the kitchen. Their culinary expertise was matched only by the enthusiasm and sportsmanship shown during the

Rugby, football and Lingala dance sessions that followed the business sessions.

What was supposed to be a formal meeting with guest speakers, Assistant Governor Maureen Kawombe

and District 9213 Polio Officer Ronald Mulindwa, quickly transformed into a picnic-like outing, fostering an environment of free sharing and open discussion. The guest speakers took it upon themselves to share critical Rotary information, speaking truth to power and providing valuable insights that left a lasting impact on all attendees.

The retreat was not just about the adults; the little ones were also taken along, and they had a wonderful time, adding to the joy and festive atmosphere of the event. The highlight of the retreat was the birth of a million-dollar idea to redefine our "Rugby in Rotary" journey, which promises to take our Club to new heights.

Feedback from members was overwhelmingly positive, with Rotarian Luru Bonny confessing to coming back a different person. "I was blown away by the warmth and camaraderie of the retreat," he said. "I encourage all members who didn't attend to ensure they do so next time. It was an experience I'll never forget."

Rotarian Richard Ezama, the Director Youth, spiced it up by

insisting this was the best the Club could offer, a conducive place, home away from home. "Our minds are never free in Kampala, such retreats are very relevant to allow us lose ourselves and accommodate each other, away from the very busy and noisy Kampala environment to enable us concentrate more on what really matters to help the Club grow organically."

The retreat was held at Ruga Ruga Sports Ground, courtesy of our awesome host, Rotarian Oola Denis and his beautiful wife. The venue provided the perfect setting for

our activities, and we are grateful for their hospitality. My key takeaways from the retreat included the fact that we bonded like never before. The retreat provided a unique

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The retreat inspired members to take their service to the next level, with the birth of a million-dollar idea to define our "Rugby in Rotary" journey."

opportunity for members to bond and build lasting relationships. We learned a lot. We had fun filled with laughter, sports, games and music dancing to our favorite Lingala Music, led by the Chairperson Lingala Dance group at Kyadondo Rugby grounds, our meeting venue, every Thursday starting at 6pm and then Lingala dance sessions till late. Rotarian Aparoku Michael, who also

serves as the Director Service Projects, made it an enjoyable experience for all. The retreat inspired members to take their service to the next level, with the birth of a million-dollar idea to define our "Rugby in Rotary" journey.

We are grateful to all members who attended and made the retreat a success. We look forward to more such events in the future, where we can continue to grow, learn, and serve together.

ROTARIAN JURUA IS THE TREASURER AND THE PRESIDENT ELECT AT THE ROTARY CLUB OF KYADDONDO RUGBY



Rotaract Kampala - Naalya hosts DRR Nahabwe



BY BRIDGET AMUTWONGIRE

On Tuesday, July 22, 2025, the Rotaract Club of Kampala Naalya had the pleasure of hosting the District Rotaract Representative (DRR), Ms. Abesage Nahabwe, for her official visit.

The evening fellowship, held at Arches Gardens in Kisota, brought together members of the Club, District officials, and guests in a vibrant and purpose-filled gathering.

The DRR's visit was more than ceremonial; it was an opportunity to reflect, refocus and reenergize the Club's vision for impact.

In her inspirational address, DRR Nahabwe acknowledged the unique energy of Rotaract Kampala Naalya and encouraged the Club to continue building on its legacy

of community-centered service and youth leadership.

She emphasized the need to grow the Club's membership, urging current members to be intentional about recruitment, mentorship and retention.

"A Club is only as strong as its people," she said. "Let's bring in more passionate individuals who are ready to serve and lead. Growth starts with each of us inviting others to be part of the journey."

Another key highlight of her address was the importance of public image and visibility. She encouraged the Club to consistently publicize its activities, not just within Rotary spaces but to the wider public.

“

A Club is only as strong as its people," she said. "Let's bring in more passionate individuals who are ready to serve and lead.."

"Let the world know what Rotaract is doing, when we share our impact stories, we attract more partners, inspire others and strengthen our footprint

in the communities we serve and the world won't know what we are doing unless we tell them," she added. "Publicizing your work gives others

a reason to join, support and amplify our impact."

She further challenged the Club to leverage digital platforms and partnerships to share their projects and initiatives, reminding members that a strong public image supports sustainability, growth, and credibility.

Club Status Highlights - 2025-2026

The Rotaract Club of Kampala Naalya, chartered on March 15, 2017 and proudly sponsored by the Rotary Club of Kampala Naalya, continues to stand out as a vibrant, community-based club



DRR Abesage Nahabwe



driven by a passion for youth empowerment, impactful service and strong fellowship. With a legacy shaped by over seven Past Presidents, the Club now enters a fresh chapter under the leadership of President Rtr. Kisuze Mark Pius, embracing the theme 'Unite for Good.' This Rotary year, the Club remains committed to strengthening unity among members, deepening community impact and enhancing visibility while upholding the values of Rotary.

The fellowship was filled with camaraderie, reflections, and renewed energy to take on the new Rotary year with purpose. Club President Kisuze, on behalf of all members, expressed gratitude to the DRR and her District

team for the visit, guidance and continuous support. As the evening came to a close, one message resonated deeply: Service is not just about what we do, but how we invite others into the mission and tell our story along the way.

Strategic Focus & Progress

The Club currently has 14 active members on My Rotary, with a goal to induct ten new members and support one transitioning to Rotary. Plans for growth include improving member retention through personal check-ins, mental health support and recognition.

Public relations efforts are expanding through platforms like Twitter, Instagram and

soon TikTok, complemented by the acquisition of a club camera and proactive content planning. Financially, the club is introducing fundraisers and regular financial reporting to improve accountability.

Key projects like 'Suubi Mu'kalaamu' continue to uplift underserved schools, alongside environmental efforts and community appreciation initiatives.

Focus also remains on strengthening the Family of Rotary, nurturing professional development through partnerships like Toastmasters and achieving key targets including mentoring an Interact Club and winning a District Award.

RTR AMUTWONGIRE IS THE PR DIRECTOR AT THE ROTARACT CLUB OF KAMPALA-NAALYA

“Key projects like ‘Suubi Mu’kalaamu’ continue to uplift underserved schools, alongside environmental efforts and community appreciation initiatives.”



#Impact

Little Hearts: *Giving kids a chance to live*



BY JAMES SERUGO

Harmony Kadenya (seven months) from Kigumba District and Aphluis Okileng (1.5 years) from Bukedea District have one thing in common – they both had deadly congenital heart disease.

However, they were part of a group of 23 other children who have been lucky enough to access the much-needed life-saving heart surgery at Amrita Hospital in Kochin, India. Given that this highly

specialized treatment is currently not available in Uganda, the fate of these children had been sealed, had Rotary's Little Hearts project not intervened.

The project, which is being implemented by District 9213, aims to save the lives of Ugandan children, by ramping up the back-log of cases of children needing heart surgery at the Uganda Heart Institute (UHI). Some of

the cases can be handled by UHI but some are way too complicated and have been referred abroad, but the cost is beyond the reach

of most parents. District Governor Geoffrey Kitakule is urging Rotary Clubs to come together and rally partners to make a multi-pronged approach to fighting heart disease.

Assisting those who cannot afford the surgery is one way, but the Little Hearts project has identified

three other actionable and achievable avenues

in which to make impact. The second project aim is to tackle the disease from source by providing preventive healthy living awareness information to the public. Dangers like obesity, poor diet, lack of exercise and not treating minor infections like cough have been linked to causing heart disease. Yet, these could be avoided if people knew.

The third project activity is to equip Regional Referral Hospitals with heart screening centres to make it affordable for people in the rural areas to do regular medical checkups without having to travel to Kampala to do simple check-ups such as ECG and Echo.

The fourth project activity is to train health workers in the Regional Referral Hospital and equip them with the skills and knowledge to man the heart screening Centres. This may be done over time through sponsoring study fellowships at UHI or through sponsoring Vocational Training Tours.

So far, three cohorts have been formed in the implementation of the Little Hearts project. One is led by the Rotary Club of Upper Kololo in partnership with other Clubs to establish

“

The project, which is being implemented by District 9213, aims to save the lives of Ugandan children, by ramping up the back-log of cases of children needing heart surgery at the Uganda Heart Institute (UHI).”



a heart Screening and Treatment centre at Mbarara Regional Referral Hospital.

The second cohort is led by the Rotary Club of Kampala South to cover all the Regional Referral Hospitals in the Greater Northern Uganda. This is composed of the Rotary Clubs of Lira, Gulu, RC. Arua, RC. Arua Echo City, RC. Adjumani, RC. Yumbe, RC. Obongi in formation and RC. Moyo. These also include several Rotaract Clubs in the region.

Finally, the Eastern Cohort, which is led by the Rotary Club of Kampala, has partnered with RC. Kasangati, RC. Sonde, RC. Ngora, RC. Soroti Central, RC. Mbale and RC. Busia, in addition to the Rotaract Club of Soroti University and Rac. Kampala City. All the cohorts are planning on implementing Global Grants plus mobilizing local partners to fund the project activities over the next two to three years. The Uganda Heart Institute has welcomed this project and have offered all the

technical support required.

The project contact persons include the **Project Leader Rtn James Serugo**, (RC. Kampala,) on: 0782822208) **Rtn. Adeka Boniface**, (RC. Kampala) on 0704604486 **Rtn. Jane Langoya**, (K'la South) on 0782747007; **Rtn. Wendy** (K'la South) on: 0772422278 and **Rtn. Filbert** (RC. Upper Kololo) on: 0702007070

RTN JAMES SERUGO IS THE PROJECT LEADER OF LITTLE HEARTS





#Impact

The Challenge of Club membership and Growth



BY PP GODFREY
OKELLO OMODING

Belonging to an organization, a community or a grouping gets you referred to as holding its membership. How, then, does one get the status of a member? That status can be attained voluntarily, involuntarily (including outrightly by birth) or by coercion.

Against that background, August's theme of 'Membership and New Club Development' poses a challenge to every Rotarian. It uniquely reminds every Rotarian of his/her role in "the reproduction of

Rotarians." Simply put it, "mango trees produce new mangoes trees through all the available means of seed dispersion." For instance, when you enjoy a mango fruit, you become an agent of its reproduction. For Rotary, those who enjoy its fruits are its agents of reproduction.

Dear Rotarians; you are the agent of Rotary's reproduction. Throughout this month of August, Rotarians are challenged, first, to increase their numbers and, secondly, to increase their scope. The month of August is really one of 'increase': increase on the number of hands brought to serve, and increase in the coverage of services.

“The month of August is really one of 'increase': increase on the number of hands brought to serve, and increase in the coverage of services.”

Regardless of the nature or direction of increase, just like a living thing, there must be nucleus cell. The nucleus cell in this matter is a Rotarian, who carries the Rotary DNA, hence responsible for its reproduction and growth. He/she has genetic material of Rotary as well as a store of Rotary material.

He/she should be able to

transmit, express, regulate and replicate. It's the role of a Rotarian to disseminate information about Rotary, differentiate Rotary from other organizations in the public eye; show the distinctness of Rotary, participate in service delivery, bring people to Rotary, and coordinate it among people so that they understand and appreciate what Rotary is all about. The call on a Rotarian is to have a better understanding of Rotary so as to be a good nucleus cell for its growth.

This month's theme is also a re-awakening Rotarians in their responsibility as a living storage of Rotary information, point of expressions and reference of Rotary, and the director of activities of Rotary. There is no better time than this month for Rotarians to be drawn deeper into the centre of Rotary growth. Sometimes, when growth in Rotary is talked about, it may appear remote. This month, it's narrowed to the individual Rotarians - the way we conduct ourselves, participate and the knowledge we exhibit about Rotary.

If Rotary is good for you, this is the month to share it with others. Good things are sweeter when shared. Very often, Rotarians say the 'Grace' in their meetings. Among the words mentioned

are these," ... to be mindful of the needs of others..." How are you expressing the mindfulness? Bring others

into the flock of volunteers. With more hands, you will increase the scope and coverage of services. With more members, you get more ideas and competences. With more ideas, you increase outreach and impact. With the wider outreach and impact, realization of 'Unite for Good' gets full realization.

Today, what is the nature of your membership growth as a Club? This may be one question members of a



Club may ponder over this month. It's good to have moments off to ponder on membership growth

especially where a Club's attrition rate is worrying. Also, it's an opportunity to draw members to their nucleic roles.

For me, 'Unite for Good' suggests two things. First, there are different components which are to be brought together; and secondly, the components should be useful and used usefully. To proclaim whatever messages and actions embedded in 'Unite for

Good,' it must have members with ethics, integrity, dignity and worthiness. Therefore, the nature of growth must have filters. How these filters are used will tell what perception others will have about the Club or Rotary.

Also, the kind of service delivery the Club can give matters. Hence, the call for growth in numbers should come with caution.

Rtn Godfrey Okello-Omoding is an Economic Development Expert, and a Past President of the Rotary Club of Kampala Naalya.





#OutToLunch

Commercializing politics is derailing Uganda's development

BY RTN. DENIS JJUUKO



In his book, **The Promised Land**, former US President Barack Obama recalls an invoice that had been sent to him when he was occupying the White House. He loved to eat a certain fruit and ordered it regularly. At the end of the month, the bill that was sent to him to settle was higher than normal. He realized that his favourite fruit, imported into the US for him, was too costly and never asked for it again.

It may come as a surprise to many but US presidents pay for personal expenses in the White House. If they invite friends over for drinks, they pay. Dry cleaning or tooth paste? They pay. They earn a salary of US\$400,000 (approximately Shs1.4b) a year, which means they aren't the highest paid people in America or the world.

For example, in comparison, the CEO of Apple, makers of your favourite iPhones and MacBooks, earned US\$76.41m in 2024. His base annual salary is US\$3m. That is nearly ten times the salary of the US President - the most powerful person in the world.

“

Some of the presidents enter the White House when they aren't wealthy and leave when they aren't any wealthier.”

An average footballer in the English or Saudi leagues earns way much better than the US President. Some in fact earn what he earns a year in just a week or less.

I think the idea in the US has always been to have people

who are willing to serve than merely seeing the presidency as a means of getting a huge pay. Some of the presidents enter the White House when they aren't wealthy and leave when they aren't any wealthier. However, their earning improves by them

signing multimillion dollar book deals and charging premiums as speaking fees at events after they leave office.

▶ **Those who contest the US presidency and indeed other positions don't necessarily have to have a lot of money. They must be able to raise the money for the campaign largely from people who feel they represent their causes.**





For example, latest US politics wonderkid, Ugandan-born Zohran Mamdani (son of Prof. Mahmood Mamdani and film maker Mira Nair), doesn't have much personal wealth to talk about but was able to defeat established politicians backed by billionaires by rallying thousands of people to donate to his New York mayoral campaign for the right to be the Democratic nominee.

Here in Uganda, some friends may raise money for a political candidate but largely the funding comes from the contestant. This year, many candidates are liquidating their assets to enable them fund their campaigns. Some are investing more money than they will legally be paid should they win the election.

If somebody sells their apartments in Kyanja or mortgage their home to fund an election bid, they will do anything to win. That is why we have seen nearly unprecedented violence and voter bribery in the recently concluded NRM primaries. Sembabule District became the epicenter of violence with some people even losing their

lives. In Rukungiri District, we saw images of a Member of Parliament chasing rival supporters with a club. Videos of candidates assaulting others were common.

Even in parties where there were no general type of elections, we saw delegates at conferences like that of the

“

This year, many candidates are liquidating their assets to enable them fund their campaigns.”

Democratic Party fighting each other and accusing each other of stealing each other's votes. It is a do or die because the candidates know that if they don't win by any means possible, they would lose their home to the

banks or won't be able to replace their apartment.

Politics in Uganda is one of the most high-paying jobs with parliamentarians earning more than some of the CEOs of the country's biggest and most profitable companies. This pay arrangement is problematic to the country. Candidates don't go in to serve. They go in to make money and will only make decisions that enable them to get a favourable return on their investments. Commercialized politics means that the leaders won't pay much attention to

social services that benefit the ordinary people. After all, they paid for the votes.

The people have also been conditioned to think that they have to rely on the benevolence of the politicians to get any social services. That is why each MP buys either an ambulance for the constituency, a water bowser, or plastic cups and plates that people can use during funerals.

▶ If the voters aren't sending people to Parliament or LCV chairpersonship so that they could buy them cheap communal utensils, they are sending them 'to eat.' One of the reasons many incumbents lose is because people claim they didn't share the money with them or it is time for somebody else 'to eat.'

This kind of politics can't lead us to the 'promised land.' It can only enrich a few politicians.

The writer is a communication and visibility consultant. Email: djuuko@gmail.com

#Inspiration

FAMILY MATTERS



BY PASTOR RONNIE MUTEBI

PSALM 106:34-35 (KJV): "THEY DID NOT DESTROY THE NATIONS, CONCERNING WHOM THE LORD COMMANDED THEM: BUT WERE MINGLED AMONG THE HEATHEN, AND LEARNED THEIR WORKS."

BE DIFFERENT

God has designed life to set each person on the course of identity.

One of the easiest ways to fall away from your God-given purpose is by copying others without thinking carefully about it.

In our theme verse, God had told the Israelites to stay separate from certain nations. But instead, they mixed with them and began to live like them. What started as just being around others became full-on compromise. They gave up what made them special for the sake of fitting in.

Today, many people have fallen prey to this same thing, ignoring their place of uniqueness and somehow, it could easily happen to anyone of us.

We're created to be different in the world, not to become complacent in our desires to be like everyone else. But slowly, some people start on the path to act like everyone else – their way of talking, walking, dressing - and even start building relationships like them or chasing the same things, and even picking up ideas that aren't within their ability but just to fit in.

This desire to be like someone else doesn't happen overnight—it sneaks in through the lusts we

are drawn to like music, social media, trends, and the things we let into our hearts. Before we know it, we're trying to blend in instead of standing out.

Did you know that in the entire world of over 8 billion people, there are no two people with similar finger prints, not even the identical twins! That's God's masterplan. It's ok to - "BE DIFFERENT."

“

One of the easiest ways to fall away from your God-given purpose is by copying others without thinking carefully about it.”

Take home: Your uniqueness

is not by default or a weakness but the strength to drive your God-given contribution to the world. We don't need to copy other people—we need to stay rooted in what defines our uniqueness to changes lives.

Last week's Joint fun fellowship with RC Bukoto





She's She!

BY PAMELA KAWADDWA

She broke the chains of convention,
Unleashing her bold
eccentric flame.
The fire within her was never
meant for taming—
It was born to run wild,
To dance freely,
As the status quo crumbles
in her shadow.

She won't just break the mold—
She'll shatter it,
Then sculpt a new one
From the brilliance of her
boundless beautiful mind.

She'll take the world by storm,
And leave nothing but
clear skies behind.
Burying every doubt you cast,
She'll rise—
Carved from underestimation,
Crowned among the stars.

Till again,

Phvy



Fun Facts

Trojan Horse

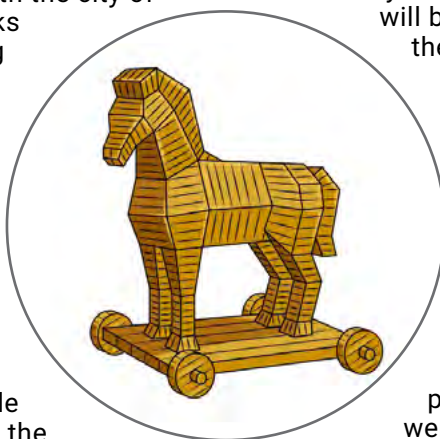
The 'Trojan Horse' is a term we use today to describe a deceptive gift or a sneaky attack. Its origin story is a classic tale of ancient warfare and clever craftsmanship.

It all started with the city of Troy. The Greeks had been trying to conquer it for a solid decade. Ten years of siege. Ten years of shouting insults across the walls. The war was at a stalemate. The Trojans were cozy inside their walls, and the Greeks were getting bored and cranky. Their dried food rations were running low. Something had to give.

Odysseus to the fore with an idea. He gathered his

troops and presented his master plan. "We build a giant wooden horse," he announced. The Greeks blinked. "A horse?" someone asked. "Yes! A magnificent, beautiful, absolutely massive wooden horse,"

Odysseus said, his eyes gleaming with a mad sort of genius. "We'll leave it outside their gates as a 'gift,' and then we'll pretend to sail away. And some of us will be hiding inside the horse."



The rest of the Greeks stared at him. It was a terrible idea. It was a fantastic idea. It was the kind of idea that a drunk college student might have after a toga party. But they were out of options, so they went with it.

They built the horse. It was an engineering marvel, a glorious monument to bad decisions. They even wrote a little inscription on it: "For Athena, from the Greeks. Definitely

not a trick. Seriously."

The Trojans, seeing the Greeks' ships disappear over the horizon, were ecstatic. "The war is over!" they cheered. "And look! They left us a horse! A giant horse! For a city full of horse enthusiasts, this is the best day ever!"

So, they dragged the gift horse into the city, welcoming it with wildest orgy of all time. They partied like there was no tomorrow. They drank, they danced, they ate. Late in the night, after everyone had finally passed out from too much celebrating, the Greeks inside the horse crept out. They opened the city gates, let their army back in, and, well, let's just say the Trojans had a very rude awakening from their hungover.

AND THAT IS THE TALE OF THE TROJAN HORSE - **A LEGENDARY MAGNIFICENT GIFT OR GESTURE WHOSE AIM IS TO FINISH YOU OFF.**

Today's jokes

1. What's the difference between a Rotary intern and a regular member? The intern still thinks "**fines**" are a form of punishment.

2. An intern shows up late for work. The boss yells, "You should've been here at 8:30!" The intern replies, "**Why? What happened at 8:30?**"



KIKOMANDO BUDDY GROUP IN CHARGE



Peter Simon Nyanzi



Anne Nkutu



Christine Amucu



Denis Jjuko



Dorcas Karungi Mwanje



Elizabeth Wamalwa



Godfrey Okello Omoding



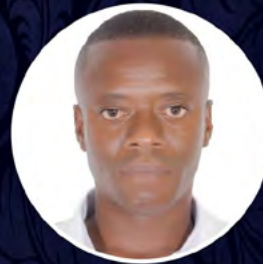
Julie Nabwire



Mathias Mulumba



Rita Aciro Lakor



Pastor Elias Namanya



Juliet Nabunnya

Rotary 
Kampala-Naalya

EXPLORING INVESTMENT OPPORTUNITIES AMIDST GLOBAL FUNDING CUTS

DR MICHEAL JJINGO
General Manager, Commercial
Banking, Centenary Bank

Tuesday August 5, 2025 7 p.m.

 **Ndere Centre**



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