

# Naalya Food 16th January 2024

# Bulletin

Rotary  
Kampala-Naalya

CREATE HOPE  
in the WORLD

Issue 2 | 2024



## Inside This Issue



Electric Mobility  
as a business



Member  
Spotlight



# Editor's Note

**Dear Friends,**

Thank You for taking the time to read the Naalya Food Bulletin.

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**This Vocation service month we continue to recognize our occupations and to dignify our work as an opportunity to serve society. Our jobs in themselves, are a way of serving the community.**

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This week, we celebrate our members from the Business and Women empowerment sector. They have been featured in this issue.

Also, join us for fellowship this Tuesday as our guest speaker Sam Patrick Ogwang takes us through fish farming as a business.

**Wishing you all a joyous week!**

**Keno Lillian**  
Bulletin Officer

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## Feedback

We'd love to hear from you about any of our stories this year 2024. Contact the Bulletin Officer: **+256 782 601 009** or Email: **[rcklanalyafoodbulletin@gmail.com](mailto:rcklanalyafoodbulletin@gmail.com)**



# Message from the President

**GODFREY OKELLO-OMODING**  
**HCP**

**Dear Rotarians and Friends,**

**We** are getting deeper into the vocational service month. This week we are hosting a guest speaker who is going to give us an exposition to agricultural vocational services. Key for our food. The speaker will hopefully remind us to put our vocations effectively into service. This is particularly important in this early time of the year, where we get busy in many things even alienating our service projects. The theme of the month draws us back to our rotary obligations. It reminds us of one avenue of service where each one of us, at least, has a passion.

As a Club, we have plenty of areas within our projects where our vocational services are needed. I call upon members to be more proactive. Let your vocational services be a gift to humanity. For instance, at the corner, we have Women in Rotary event coming. Organizing and hosting this event requires different expertise which members have. It is my appeal to all of us with ideas, skills, expertise and any contribution to come forward. With our various vocational services and gifts, the task of organizing WIR will definitely be light. This goes also with

the preparation for installation of the District Governor Elect, our own.

Vocational service is doing what one loves. The month's theme is reminding us not to be absent from action. Really reawaking us to plug in and do something. The reawaking creates a link to hope that is triggered by the spirit of action. It is our actions that make us Rotarians; turning our knowledge, skills, experience, competences and many of our endowments into creating hope in the world. Each Rotarian can within his/her will create his/her world of hope. Where we live, where we work, and the people we interact with form our different worlds that we ought to be creating and giving hope.

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**True, the challenge of creating hope in the world today is enormous. Every day emerges new challenges. Currently, peace in the world, communities and families is a major concern. No doubt, you have a role to play. And indeed, you are placed to act ever small it may be in whatever level you find yourself. Spread love.**

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Of course, each one of us has a different way of looking at what is unfolding around us. Our different perceptions and perspectives influence us differently and see things from where we are positioned. However, the bottom line is that hope is universal. Wherever you are and whatever you are, all of us are sustained by hope and live by hope. When one gets hope in whatever he/she doing and wherever he/she is, it is very satisfying and rewarding.

Important to note is that every Rotarian can create hope because every Rotarian has a vocation. In the Object of Rotary, Rotarians keep invoking their vocations, "... each Rotarian's occupation as an opportunity to service society." May we all this month be out there creating hope as a celebration of the theme of the month; rendering it with high ethical standards. May your vocational service be the light to show or give someone hope he/she may be looking for.

Be blessed.

# member SPOTLIGHT

## January is Vocational Services Month.

This week we celebrate our members in the Business and Women Empowerment sector



### ***Rtn Fathila Nannozi***

**R**tn Fathila is a Program Officer at the community Women's Enterprise Network-CWEN. She holds a Bachelors Degree in Business Education which drives her passion for women and entrepreneurship.

Her motivation is seeing women grow from scratch with their ideas and prosper in this challenging world with finished products. Rtn Fathila joined the Rotary Club of Kampala-Naalya in 2021 and is currently serving as the Club Service Projects Director.

### ***Rtn Hadijah Nankanja***

**R**tn Hadijah is the team leader at Community Women's Enterprise Network, a serial entrepreneur, activist and marketer at heart. Rtn Hadijah strongly believes that the root of most problems impacting women in Africa can be traced back to a lack of economic empowerment.

She envisions a world with economically empowered women with equal access to resources, thriving businesses, taking on leadership positions, rallying for causes

in communities and supporting them.

Hadijah is an all-rounder, from rap music, basketball (Lakers fan for life) books, travel and adventure. Best of all she gives back her time through mentoring and supporting grassroots causes in communities.

She joined the Rotary Club of Kampala-Naalya in June 2021 and is currently the club Youth Services Director.





## ***Rtn Sheila Kawamara Mishambi***

**R**tn Sheila is the Executive Director of the Eastern African Sub-Regional Support Initiative for the Advancement of Women (EASSI) and former Legislator in the East African Legislative Assembly (EALA).

She originally became known for covering the Rwandan Genocide in 1994 and is now known for her feminist activism and work on human rights and conflict

resolution.

She is also the director of Tembuzi Cultural Fun Park, a spacious leisure centre located in Nabusugwe in the outskirts of Kampala.

Rtn Sheila is a charter Member of the Rotary Club of Kampala-Naalya

## ***DGE Anne Nkutu***

**R**tn Anne has for more than 20 years provided advisory services to development agencies and civil society organizations on gender equality, women's empowerment, social inclusion and programme management issues in different countries.

She is the Chair of the Mentoring and Empowerment Programme for Young Women (MEMPROW); and a board member of the International Center for Research on Women (ICRW) and Global Grassroots and one of the Eminent Women of the Women Situation Room (WSR) Uganda 2021.

Anne joined Rotary in 2011 as a charter member of the Rotary Club of Kampala-Naalya. She has served in different capacities at Club, Country and District Level.

She served as Club President (2014-15); Editor of the DG's Newsletter (2015-16); Assistant Governor (2016-17); District Chair, Public Image (2017-18), Country Chair, Uganda (2018-19); Chair, Corporate Engagement (2019-20); District Chair, Peace Fellowships (2020-2022), District Chair Membership Growth and Development (2021-22); District Vice Chair, Training (2022/23); and is now the District Governor Elect for D9213



## ***Rtn Rita Aciro Lakor***

**R**tn Rita Aciro Lakor is the Executive Director of Uganda Womens' Network (UWONET) and has been at the forefront of advocacy and campaigning on the rights of women and girls for more than 20 years.

She is passionate about up lifting the status of women and girls and providing equal opportunities in all aspects of their lives. She has worked extensively with communities

and governments in Uganda and East African on a wide range of issues including the role of girls and women in leadership, women's land rights, combatting gender-based violence, women in peace building as well as civic and voter education and election observation.

**Rtn Rita is a charter Member of the Rotary Club of Kampala-Naalya**







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# OutToLunch: Electric mobility as a New Year business option



BY DENIS JUUKO

One of the most trending videos last year was of a bus driver recorded having a meal while driving. He wasn't snacking, picking on a crisp or something. He had his plate full from which he would pick some African food while driving. At one stage, he even sipped some soup direct from the plate. On seeing the video, police as usual reacted and had him arrested. Another driver was recorded WhatsApping while driving a busload of passengers.

One would expect that bus drivers pay the utmost attention given the number of people on board. In most cases, they are the worst. They drive at high speeds beyond the 80kph that they emboss at the back of their buses, overtake in blind

spots, or simply overtake and other road users must find their way or else a head on collusion. They install train horns in their vehicles that they sound with reckless abandon. They don't care if they make you deaf in the process, as long as they have sounded the horn as if their lives entirely depend on it. Most times, the buses are rickety with broken centre bolts that make it impossible to move in a straight line. If you want to see impunity on the road, follow a bus on a highway.

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**One of the major reasons they drive that way is because many haven't received proper bus driving training. They are easily moved from lorries or even taxis to buses. Some start as cargo loaders and along the way start learning to drive. In**



## **a few years, they are bus drivers.**

Most bus drivers are paid per a trip so drivers consider sitting down for a meal or driving at the recommended kilometre per hour a wastage of time. The more trips they make, the more money they earn in a day, week or month. The more money a bus owner makes.

**I have though never understood why a businessman would spend Shs700 million or more on a bus and then hand it to the most incompetent driver ever or one who wouldn't care about how the bus is driven. If bus owners don't value human life, at least they should look at their investments. Many of these buses don't have comprehensive insurance so once they are involved in an accident, that is the end of it. No compensation. That could explain why many bus companies struggle to stay in business for decades.**

So, I was impressed on a recent visit to Nakasongola

where I met bus drivers undergoing skilling by Kiira Motors. Even though the program being implemented by Kiira is updating drivers with the skills they need to drive electric buses, it is also focusing on customer care and experience, traffic rules and regulations, routine service maintenance and repair as well as handling and operation of equipment including electric charging.

If they can skill a big pool of bus drivers including those who drive internal combustion engine buses, the better for the country. Passengers eventually won't be driven from one part of Uganda to another like bales of used clothing.

But this work can't be left to one entity and its parent ministry. Bus and taxi drivers must be equipped with regular skills they need to do a job that puts the lives of the passengers and other road users first. Not just thinking of how many trips they can make a day. Bus owners must be aligned to this necessity as well.

Of course, it isn't just bus and taxi drivers that require refresher driving courses. Many 'my cars' drive recklessly and don't even know basic traffic rules and regulations. Once they have made some money, they buy a car and next day, they are driving for Christmas to the village to show it off to their relatives. Many arrive by

sheer luck.

Beyond the case for driving, last year saw an increase in the number of electric vehicles in Uganda albeit with nearly all of them in Kampala. Some corporate bodies, NGOs and diplomatic missions accredited to Uganda started electrifying their fleets. This heralds a new era of electric mobility. Sooner than later, there will be lots of electric vehicles without the skills to drive and maintain them.

The opportunities for electric vehicles are massive and there is a lot for the private sector to play. We shouldn't just wait when the vehicles are all over the city and then try to catch up. It isn't just cars by the way. Some entrepreneurs have been converting boda bodas from petrol engines to rechargeable batteries. Since there are more boda bodas than cars in Uganda, that sector also has a lot of potential—from charging infrastructure, skilling, to maintenance.

**If you are reflecting on what to do in the new year, electric mobility is one option.**

The writer is a communication and visibility consultant.  
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**Rotary**  
Kampala-Naalya



**CREATE HOPE  
in the WORLD**

*9th Edition*  
**WOMEN**  
**In Rotary**

SATURDAY  
**March 9, 2024**

*Save  
the Date*

**#** *Inspire Inclusion*



# Pictorial - Our Visit to our baby Club Kyadondo in formation





# TeamBuilding at TEMBUZI

## ABOUT US

Tembuzi Cultural Fun Park is designed as a family-friendly leisure park, with recreational facilities, kid's play area, restaurants and bars. Tembuzi is a place where individuals and families can chill, catch-up and celebrate themselves.

## WHAT WE OFFER

Tembuzi Cultural Fun Park offers you the most appropriate venue for all kinds of outdoor corporate events, including team building activities to increase communication, motivation, leadership skills, goal setting abilities and productivity.

Along with an amazing space, we offer food, drinks and a games master to guide the experience. Book the Tembuzi space for team building, corporate parties and more.



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# Family Matters

BY PASTOR RONNIE  
MUTEBI

**2 Corinthians 9:7**  
(AMPC): Let each one [give] as he has made up his own mind and purposed in his heart, not reluctantly or sorrowfully or under compulsion, for God loves (He takes pleasure in, prizes above other things, and is unwilling to abandon or to do without) a cheerful (joyous, "prompt to do it") giver [whose heart is in his giving].

## CHEERFUL GIVING

We give in several ways, one of which is in how we serve. Giving to anything through service also requires cheerfulness.

Our study scripture explains how this is expressed in 'prompt to do it.'

So, think for a moment about the quality of your service in rotary matters. Is it sloppy? Do you drag your feet over tasks and assignments? Have you succeeded in convincing



everyone you work with that you are doing rotary a big favour? Are you the kind who must be reminded over and over again before you can get the work done? Do you truly fit the criteria of 'prompt?'

God does not reward you simply because you serve. How you serve also matters. All the men in the parable of the talents were considered servants (Luke 19). But their rewards were different because of how they served.

Many people have been deluded into thinking that God does not mind mediocrity when it comes to service. I assure you, He minds.

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**Today, EXAMINE WHAT YOU DO IN SERVING. Does it measure up to God's balanced scorecard? If not, be deliberate about changing your attitude.**

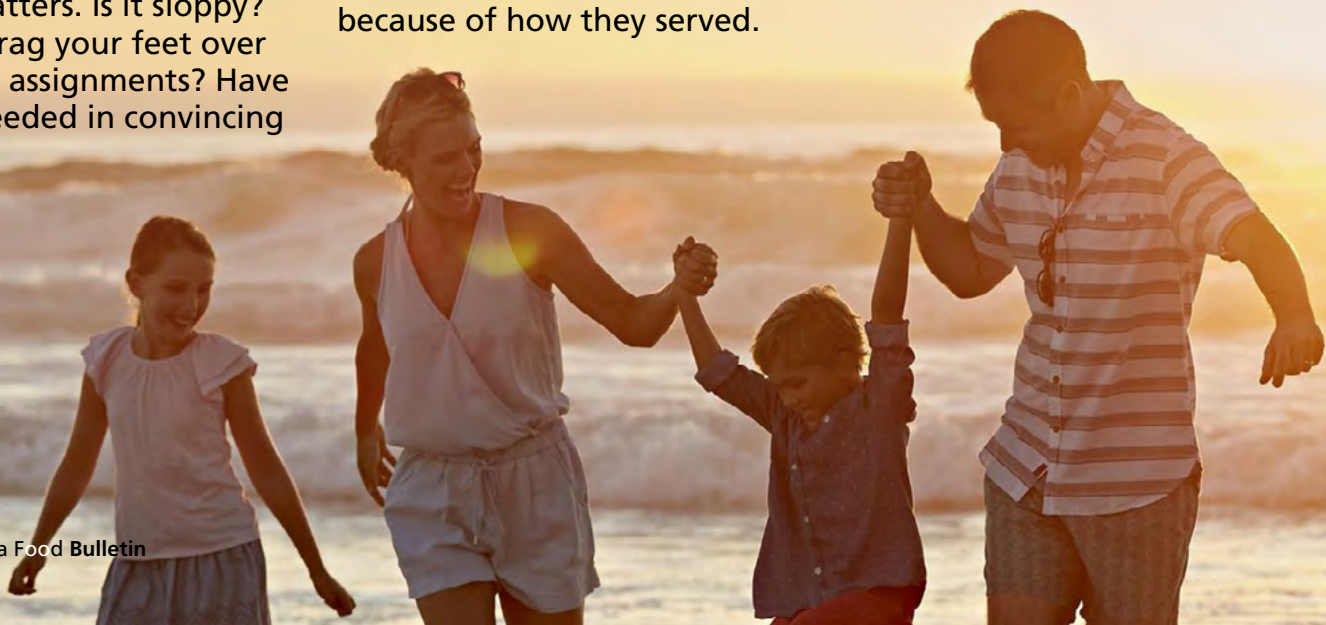
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Purpose to serve with diligence, excellence and the knowledge that there is no greater pleasure than having Him as your boss as you extend service to others.

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**\*Take Home:\* God does not reward you simply because you serve Him. How you serve also matters. Always offer a service beyond self.**

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# Pictorial - The just concluded RI Assembly in Orlando, Florida







# RelaDental

## Smile for Miles



### **RELA Dental is located**

in the Sub urban of Naalya Estate, 200meters from Naalya roundabout of Northern by pass. Along - Namugongo road. Take 2nd turn after OXY Petrol station, to Shelter Road. Between 40-50 meters along Shelter road turn Right to Access road and to North south close, Block 221, House No. 2 in a quiet residential area overlooking Northern bypass.

**Contact Dr Francis Lakor on 0782 859 914**

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### **WHAT WE OFFER AT RELA DENTAL**

#### **CONSERVATIVE AND REHABILITATIVE DENTAL TREATMENT WHICH INCLUDES;**

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- Root canal Treatment
- Crowns and Bridges
- Orthodontic Treatment/Braces (For clients with teeth mal-alignment)
- Denture for clients with missing teeth
- Periodontal Treatment (scaling and polishing or Cleaning)
- Provision of mouth guards to sports men and women
- Teeth whitening.
- Dental implants
- Tooth Extraction

#### **MAXILLOFACIAL IMPLIES ONE DEALS WITH THE FACE, MOUTH AND THE SURROUNDING AREAS. THIS INCLUDES;**

- ORIF (fixing broken jaws)
- Reconstruction surgery to Patients who might have lost their palate due to cancer.
- Face Lifting





Trainer:

**PAG Ronald S. Kawaddwa**

RI Assistant Regional Coordinator,  
Africa Zone 28, Rc Kasangati

# ROTS VIRTUAL 1st session

Topic: A call to service



**Saturday, 20th  
January 2024**

**09:00 AM-11:00 AM**

Attendees:- President Elect | Secretary Elect |  
PLD elect | Treasurer Elect | Service Project Director  
Elect "From Each Club"

**zoom**

**MEETING ID: 867 2170 6273**

**PASSCODE: 632044**

For any inquiry, contact us on;  
Email: [rotaractofficertrainingseminar@gmail.com](mailto:rotaractofficertrainingseminar@gmail.com)

**#ROTS24**



**Fanya**



**f in**



Rotaract District 9213



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# KATOGO BUDDY GROUP IN CHARGE

## OUR MEMBERS



Dr Lakor Francis



Enid Kabunga



Fathila Nanozi



Grace Mutungi



Herbert Oloka



Jimmy Mayanja



Joachim Buwembo



Johnson Akanyijuka



Lillian Keno



Ruth Mugisha



Pamela Kawaddwa



Simon Sekanya





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**SEND AN EMAIL TO  
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CALL 0778120939**

**THE ROTARY CLUB OF KAMPALA NAALYA  
MEETS EVERY TUESDAY AT 7-8PM**