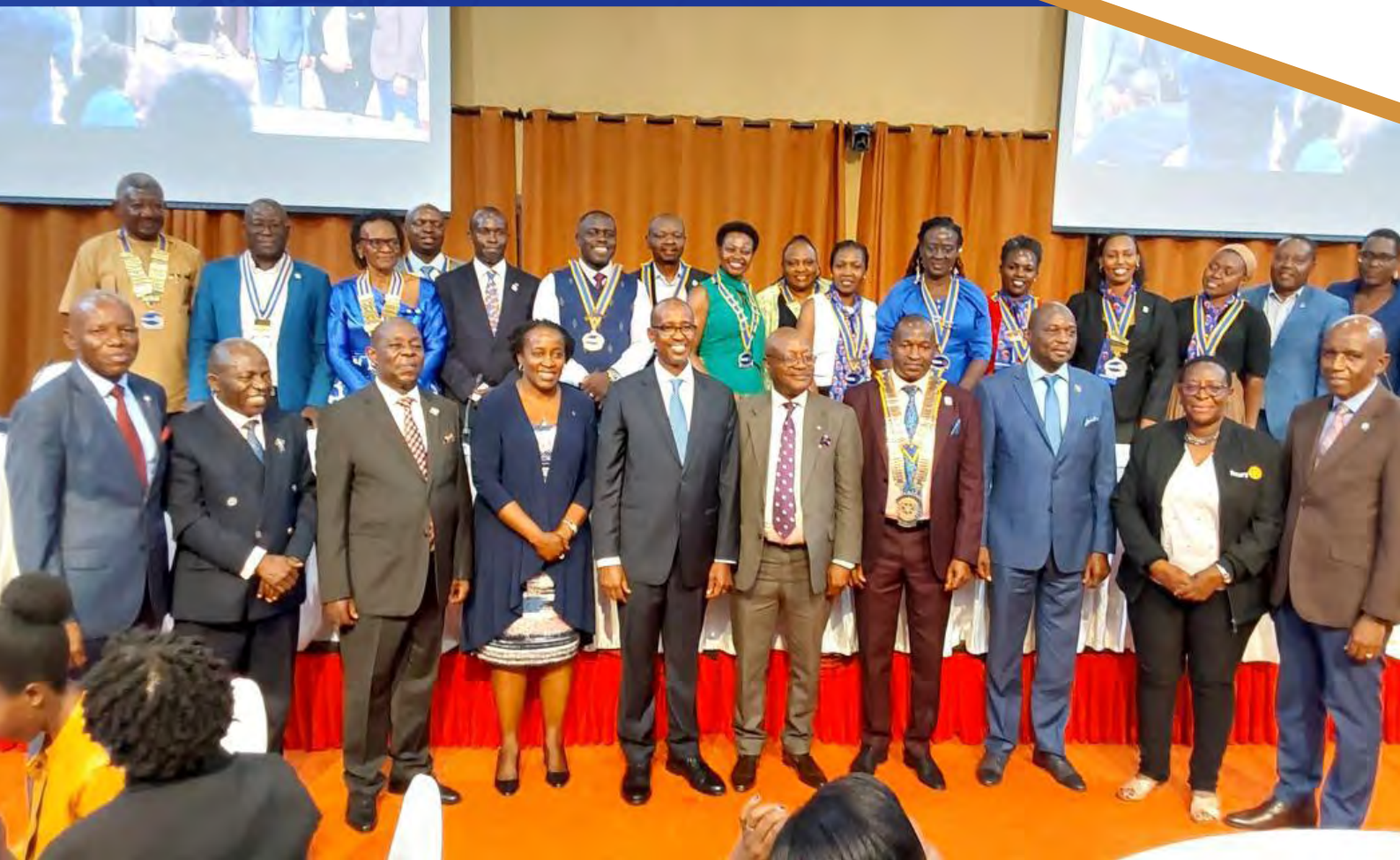


Naalya Food 05th March 2024 Bulletin

Rotary
Kampala-Naalya



Issue 9 | 2024



Inside This Issue



06

The Women in Rotary
Celebration Dinner



11

Good public schools against
high tuition fees



Editor's Note

Dear Friends,

Happy International Women's Month. This is even more exciting as the Rotary Club of Kampala-Naalya hosts the 9th edition of the Women in Rotary event this Saturday, March 9, 2024 at the Kampala Serena Hotel.

The event is held annually in March, to coincide with International Women's Day,

Women are active participants in Rotary, serving their communities in increasing numbers and serving in leadership positions in Rotary.

The Naalya Food Bulletin brings you the phenomenal journey of Women in Rotary. Also don't Miss, RI President Gordon McInally's March 2024 message

As always feel free to reach out to our editorial team for any comments and share our Bulletin to more readers.

Let's March Together!

Keno Lillian
Bulletin Officer

Editorial Design by

Bruno Komurubuga
WhatsApp: +256 706 909 576



Feedback

We'd love to hear from you about any of our stories this year 2024. Contact the Bulletin Officer: **+256 782 601 009** or Email: **rcklanalyafoodbulletin@gmail.com**

RI President's Message

R. Gordon R. McNally

March 2024

There are many pathways to peace, and in Rotary, we are fortunate to have Rotary Peace Fellows who demonstrate this truth time and again. Each year, Rotary awards up to 130 fellowships for leaders around the world to study peace and development, and what these peace fellows learn prepares them to work in conflict prevention and resolution and promote Positive Peace. Here are a few examples of the creative ways peace fellows advance peace:

Promoting sustainability
Alejandra Rueda-Zarate combined her Rotary Peace Fellowship in peace and conflict resolution with her master's degree in energy and resources to support her dream of protecting the Colombian countryside.

She founded the organization NES Naturaleza in 2011 to help farmers in Colombia and across rural Latin America gain access to knowledge and training to uphold sustainable farming standards. That support has improved the lives of nearly 4,500 farmers, inspiring many of them to become entrepreneurs. And it's helped promote both natural and social sustainability throughout Latin America.

Ending racism
Peace fellows Geoffrey Diesel and Kathy Doherty have applied their fellowships in peace and development studies toward co-founding the Racial Equity Project, a subcommittee of Rotary Positive Peace Activators in North America committed to studying ways to create a more peaceful society through anti-racism efforts.

The Racial Equity Project takes a deep look into how the eight Pillars of Positive Peace could support efforts to address racism, and it works to spread this message to communities across North America. The organization initially grew from Rotary's strategic partnership with the Institute for Economics and Peace, a global think tank dedicated to promoting Positive Peace.



R. Gordon R. McNally
Rotary International President
2023-24

Managing disasters using data
Through a Rotary Peace Fellowship, Jamie LeSueur earned a master's degree in social science within peace and conflict research. He now leads emergency operations for the International Federation of Red Cross and Red Crescent Societies, setting a management and operational framework for agency collaboration in emergency response situations. Jamie has found that research data is a powerful tool to bring calm to the complex world of disaster response. No matter what an organization's protocols might entail, letting research be the foundation for decision

making helps clarify even the most complicated emergencies.

These stories — and hundreds like them — show how Rotary is creating a generation of leaders ready and able to build peace worldwide. Nearly 1,800 peace fellows have graduated from Rotary Peace Centers, and they are applying their craft in more than 140 countries.

May the continuing work of peace fellows and the Rotary members who support them inspire you to continue to Create Hope in the World through service, fundraising, and creative thinking.

Message from the President

GODFREY OKELLO-OMODING
HCP

Dear Rotarians and Friends,

Water is Life... and sanitation is health! Welcome to the month of March whose theme is Water and Sanitation. We are always reminded by slogans such as, "Water is life; Every drop matters, washing hands" emphasizing the importance of water and sanitation. With water, there is a lot at stake. Everyone needs water to live, including plants. Water with its different uses is very essential. This month, among other things, we will be reflecting on the essentiality of water, together with its "sister"-sanitation. These two go together.

Nations strive to have their citizens have clean and safe water and better sanitation. Together, the nations have formulated seventeen sustainable development goals (SDG), where water and sanitation is SDG 6. These goals are structured around the five pillars of the 2030 agenda: people, planet, prosperity, peace and partnership. As we reflect on the theme, among others, we will touch on the challenges faced in accessing water and sanitation. Our organization, rotary, comes in to supplement the efforts of nations, and communities in accessing water and sanitation.

A lot of efforts and resources are needed to enable more people have access to clean and safe water and better sanitation. As a number of human beings continues to multiple on one hand, and climate change issues increasing on the other hand, more challenges are surfacing affecting access to clean and safe water. Therefore, more collective hands are needed in addressing access to water and sanitation.

This month's theme, too, serves as a reminder to us all to galvanize the human spirit to do more. The hope of more people to access water and sanitation is within us cultivating the human spirit that has a will to do something. There is no better choice than doing something that can give and promote sustenance of life. Human race collectively ought to engrave the spirit that ensure that water as life, everyone must have access to it.

Rotarians, this month, the challenge before us is to examine the extend of and where our human spirit of action lies. We must continue working and ensuring that access to clean and safe water and sanitation is not narrowed to survive for the fittest but rather universal access. Where issues of affordability are left to those who want to have choices on the different types and kind of water to have. Let the general populace have universal access to water and sanitation without limitations.

The hope of the universal access to clean and safe water and sanitation understandably are affected by several factors such as technical, financial and governance. These, notably, to some extent can be fixed when, as Rotarians, we allow to tap on our resources, capabilities and skills. It forms the nearest possibility of mobilizing human spirit to do something.



Access to water and better sanitation to many people remain a daily challenge they face. These people continue to look out for water and sanitation hope. Many asking, "where is our hope coming from, and when?" This has been manifested, in some cases, in increasing water resource conflicts of varying degrees right from households to international level. While the prevalence of poor sanitation related diseases is hard hitting some communities. These too are asking, "where is our hope coming from, and when?". As if that is not enough, water resources are getting depleted and polluted. Human activities are accelerating water depletion and pollution on one hand. While on the other hand, climate change is having impact on water availability and quality. All these impact on the human survival. In the short and medium term, the impact may vary between the rich and the poor or rich nations and the poor nations, but in the long run, we all suffer.

In our humaneness, Rotarians, let us continues to create hope for those who have no access to clean and safe water and better sanitation. Let us continue to be instruments of hope creation; enabling and providing drops of life-water.

Be blessed.



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The Women in Rotary Celebration Dinner is finally here!

The signature event of the Rotary Club of Kampala-Naalya is held annually in March, to coincide with International Women's Day. This year's red carpet event will take place on Saturday March 9, 2024 at the Kampala Serena Hotel.

The dinner is organized by the Rotary Club of Kampala Naalya to shine a light on women's roles and achievements in Rotary, create awareness of Rotary among women groups and inspire them to serve. It is also an opportunity to recruit more women in Rotary service and fundraise for causes.

The last edition was held in March 2023 under the theme; "DigitALL: Innovation and technology for gender equality". The theme explored the impact of the digital gender gap on widening economic and social inequalities and spotlights the importance of protecting the rights of women and girls in digital spaces and addressing online and ICT-facilitated gender-based violence.

The club also adopted the campaign theme #EmbraceEquity, to emphasize the need for an inclusive world.

The Deputy Director General Civil Aviation Authority, Olive Birungi Lumonya, will deliver a keynote address at this year's edition, which is being celebrated under the theme, Invest in Women: Accelerate Progress.



The campaign theme is #InspireInclusion

History of Women in Rotary

Rotary Clubs got their start from the visions of Chicago attorney, Paul Harris, who formed the first Rotary Club in February 1905, so professionals with diverse backgrounds could exchange ideas and give back to their communities, while forming meaningful, lifelong friendships. Although the clubs have been dedicated to the idea of service for more than 100 years, many were not always fond of the idea of allowing women to join the clubs.

But by 1972, more women began reaching high positions in their professions, and clubs had begun lobbying for female members. It was in this same year that a United States Rotary Club proposed



admitting women into Rotary at the Council on Legislation. In 1977, despite three more proposals being made, women were still not permitted to be members.

In 1978, the Rotary Club of Duarte (California) dared to admit women as members in violation of the Rotary International Constitution. Because of the violation, the club was terminated in March 1978.

It then took a while for gender-based equality to prevail. Between 1980-1986, more and more clubs from all over the world began pushing to allow females to join their clubs, and the Duarte Club filed a lawsuit against Rotary International. The California courts went back and forth for several years regarding a lawsuit by the Rotary Club of Duarte against Rotary International.

In 1986, a breakthrough finally came for women wanting to join Rotary, when the California Court of Appeals reversed the lower court's decision. The California Supreme Court refused to hear the case, and the appeal was moved to the United States Supreme Court, where the Duarte club was reinstated.

37 years after the first proposal to allow female members into Rotary, on May 4, 1987, the US Supreme Court ruled that Rotary Clubs could no longer exclude women from membership on the basis of gender. That same year the Rotary Club of Duarte elected the first Female Club President- Sylvia Whitlock.





9th Edition
WOMEN
In Rotary

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MARCH 9, 2024**

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KAMPALA
SERENA HOTEL

TIME:
FROM 4:00PM

TICKETS:
200K PER TICKET
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RTN MARIA MUZAANKI

TeamBuilding at TEMBUZI

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RTN STEPHANIE GACUKUZI



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RTN FLAVIA SERUGO

OutToLunch: Good public schools only solution to high tuition fees

BY DENIS JUUKO

At some of Kampala's so-called elite schools, a sizeable number of parents with their children sat on the wooden benches under several white tarpaulin tents. Armed with laptop computers, several teachers or school administrators sat on desks facing the parents and children. The parents were humble, like a Catholic about to receive Holy Communion. They were gloomy though and spoke to the teachers in whispers. A teacher or administrator would punch stuff on the keyboard and eventually issue a small piece of paper.

The parents would put a date on the paper and sign it and return it to



the teacher who would eventually stamp it and hand it back to the parent. The parent, a little smiley, would then walk their child to class. I would later learn that the chit was a permit of sorts to allow the child to attend school until the date the parent has committed to pay school fees.

The ever-omnipresent government knows a lot about the economy and had anticipated

this for some time. Many parents are struggling to pay school fees and even "afford life." They know that the only thing they can do to give the children a half chance in life is by taking them to schools where they hope the kids can learn something. Such schools are expensive because they have been built with private money.

Those established by missionaries are not any better. Some even charge more than the private ones. They know over the last many decades that they have built a brand of sorts and have strategically remained small so that they can charge a premium.

In the first term of the academic year, some of





these head teachers are the most sought-after people in the country. Sometimes, it is even easier to get a US visa than to meet them. Everyone wants their children in their schools. The schools can only admit a few. It is the perfect scenario for charging premium rates.

The privately owned schools know that the missionary schools can only admit a few kids so they sit down, cross legged and wait for the parents to show up. After all, they invested in some few storied buildings and a canopy over the gate!

Every government in the world will pretend that it is doing something when they know things are bad. It is called managing the public. Government officials spent some time posturing by urging the private sector to "be considerate."

They even debated whether they should put a cap to how much school owners can charge. Same kind of stories they gave us during Covid-19 when they told us they were about to issue a policy on how much a private hospital can charge for intensive care unit or high dependence unit beds. Since Covid-19 ended,

the debate on expensive healthcare disappeared faster than the early morning mist. The issue is now education. Managing people, they call it.

If government wants to put a cap on tuition fees, it is a simple thing to do. Build better schools than the private sector in areas where people live today. In the suburb where I live, just 15km from Kampala Road, I don't know of any decent government school that exists. I don't know of any school projects being built or even planned. Yet my suburb over the last 15-20 years has seen a huge population growth. Many private cemeteries are being shifted to Kikyusa or Nakasongola. Apartment buildings are replacing them.

The only school projects coming up are from the private sector. The public ones, like a primary school at my local church, is dilapidated that you rather keep the child at home than sending them there. Windows are falling apart. Doors have fallen apart already. Teachers look miserable, like they last had a meal on Christmas day!

The only alternative parents in my neighborhood have is to humiliatingly queue up in the hot tent and beg private school owners to allow their kids attend school as they look for fees. Unless they steal the money, many parents won't be able to meet the deadline they committed to. If they do pay, they will not be able to pay for next term. They will have to beg school owners to allow their kids in, again. And the circle will continue for another 20 years. Most of these parents will retire poor and start stressing their unemployed children to look after them. A cycle of household poverty is on the horizons.

Instead of urging private schools to charge less or dictating what they can or can't charge, good public schools would sort them out. If government wants to create significant impact, it should simply build good public schools. The private sector would be sorted without anyone cajoling them.

The writer is a communication and visibility consultant.
djjuuko@gmail.com



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RTN MARION NATUKUNDA-RC KIWATULE



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RTN PAMELA KAWADDWA

Rotary Clubs that visited us last week

1. RC Kasubi
2. RC Ntinda
3. Kampala Naguru
4. RC Kasangati
5. RC Kitante
6. Rotaract Cape Munyonyo.

Pictorial - Last week's fellowship





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99thDISCON

99TH DISTRICT CONFERENCE (DISCON) D9213 deadline for registration at US\$ 250 (for Rotarians) and US\$150 (for Rotaractors) has been extended from 29th February 2024 to 15th March 2024. According to the Organizing Committee the exchange rate has also been revised from Ush 3,800 to Ush. 4,000 per US Dollar, effective 1st March 2024.

Take advantage of this new registration extension and complete your registration today. See you in Munyonyo (18-20 April 2024).



Family Matters



BY PASTOR RONNIE MUTEBI

Psalm 10:17(KJV):*
Lord, thou hast heard
the desire of the
humble: thou wilt prepare
their heart, thou wilt
cause thine ear to hear:

WAY UP - DOWN

Humility is an extremely important virtue for any man or woman who must be promoted by God.

This is because it shields you from the vulnerabilities that come with success.

These vulnerabilities include, among other things, the sharp tongues of critics, the envy of both friends and enemies or the easy assumptions people make about your character and person because they do

not have access to the details of your life.

This is why, in preparing for greatness it's important to prepare the heart to be humble.

In contrast, a proud heart can never be made ready for greatness and often enough, it becomes a victim of its own success.

Pride comes before destruction (Proverbs 16:18).

The rubble of failure is filled with the broken dreams of men who were too proud as they ascended the ladder of success.

They fought critics out of pride and lost in the places where humility required silence.

In the moments when they were misunderstood, they sought to prove themselves yet humility would have required that they allow silence to vindicate them.

Take Home:

The path to greatness begins by preparing hearts for success. Endure those break and bend experiences if you must. In this manner, you learn the patterns by which people go up and remain up.





Are you ready for Singapore?

Are you ready for Singapore? The 2024 Rotary International Convention is less than four months away, and it's time to start planning your time in Singapore. Below is part of what we are preparing for you.

Signature events

These events are among many fantastic opportunities to connect with the family of Rotary and immerse yourself in the rich culture of Singapore. Tickets are limited, so secure your spots as soon as possible. Follow the link for each event to learn more about it and purchase tickets.

Enjoy the first night of the convention with your Rotary family at the Bay Front Events Space of Marina Bay Sands Expo and Convention Centre, our main convention venue. You'll enjoy exclusive access to the GastroBeats festival, a celebration of Singapore's culinary and musical culture.

On Sunday afternoon, experience the vibrant Singaporean spirit at a gin tasting and tour of the Brass Lion Distillery. And on Sunday evening, relax at the Singapore Chinese Cultural Centre while listening to the best of Singaporean music live at a concert with The TENG Company.

Finally, your visit to Singapore would not be complete if you didn't try one of the city's

famous culinary delights. Monday evening, enjoy an eight-course prix fixe seafood dinner at JUMBO Seafood restaurant, home of the original Singapore Chilli Crab. It's an experience you won't forget!

Host Hospitality Night

Get ready for an exceptional evening of hospitality, culture, and connection. On Monday, 27 May, from 18:00 to 22:30, Rotary Clubs in Singapore will hold a Host Hospitality Night at venues throughout the city to immerse you in the local culture, allow you to sample authentic cuisine, and offer a genuine Singaporean experience.

This is a wonderful chance to forge friendships, create cherished memories, and truly understand the heart of Singapore: the city, the island, and our extraordinary hosts. Learn more and register at the Host Organization Committee's site, rotarysingapore2024.org. Registration and ticket sales close Monday, 4 March 2024, Central time.

Tours

While you're at the Host Organization Committee website, don't forget to explore the many options for tours on the island and beyond. The host committee has designed special packages through tour operators both before and after the convention.



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- Face Lifting

PK's Corner: To my daughter on her wedding day

BY PAMELA KAWADDWA

You winked at me as you walked past with your new best friend. My heart is palpitating as I fight back tears of joy. Today is a perfect day. Your wedding day, filled with life, love, and laughter. You will never forget this day.

Prior to this day, you have heard so much from friends and family, but these are my two cents for you, my little mama...

Today, you have started off as lovers, and the day will end as husband and wife. Remember to always prioritize both of you. Live happy forever first as friends, then as lovers. You will have beautiful kids, but don't lose yourself under their umbrella.

Always love yourself first, deeply. Don't be lied to that you can love someone better than you can love yourself. Never give up on yourself.

When you are in touch with yourself, you will easily love others, especially your husband.

Keep your friends and nature those relationships as they will keep you sane during insanity. They will always bring out that girl in you. These I only mean the genuine ones.

My sweet daughter, focus on the things you can control and change. You can't change your husband's behavior or character, so don't try to. If you do, it will only end in frustration and resentment.



"Dear lord, let me see my husband through your eyes, let me love him like you do, let me accept things I can't change and allow me to be his perfect helper at all times".

This should always be your silent prayer.

And with God in sync, all your hopes and your dreams will come to pass. May success find its way to your hearts. Tomorrow can bring you the greatest of joys, but today is the day it all starts. Don't live in the future. Each moment counts, so be present.

Live in the NOW!

Before there was a Mrs... there was a YOU! YOU as an individual. Don't lose sight of who you are in hopes of pleasing those around you..

Marriage is not a destination, nor is it an achievement. Enjoy your marriage journey day by day, and your husband isn't the source of your happiness! You are the source of your OWN happiness. Never forgetting that, happiness is a choice..... take it and live with it always...



Congratulations **UPON GRADUATION**

Rotarian Barbara

Rotary
Kampala-Naalya



CREATE HOPE
in the WORLD

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I Will Be There



PE SYLVIA JAGWE OWACHI

Rotary
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RTN CHRISTINE AMUCU

Pictorial - All Thursday Clubs Joint Fellowship at Speke Resort, Munyonyo

- Mr Odrek Rwabwogo shared insights on failure as a stepping stone to success.



KITOOBERO BUDDY GROUP MEMBERS



Bobby Louis Ogwal



Charles Owekmeno



Esther Babirye



Faith Nambozo



Flavia Serugo



Jackie Mutimba



John Mugisa



Julie Kisekka



Margaret Harriet Kugonza



Paul Jerome Luyima



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