Naalya Food 02nd July 2024

Bulletin





Issue 01 | 2024



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The Industry of bolts & nuts and small businesses.



Rotary Uganda launches new giving platform

Welcome to the new ROTARY YEAR

Dear Reader,



ur hearts are filled with excitement and determination to make the magic of Rotary work for our communities and beyond.

I take this opportunity to thank all the Past Leadership Team Members for their dedication in supporting Rotarians and friends to do good in the world.

This first issue of this Magical year brings you a New Year's message from RI President, highlights as DG Anne Nkutu received chain of leadership, RC Kampala Naalya President's Message among many other interesting and informative items.

Let's continue to share our stories of impact and inspire others to join our mission. This is an invitation for every Rotarian to be part of the local and global community that turns the magic into reality.

Happy New Rotary Year!

Keno Lillian

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Bulletin Officer

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Feedback

We'd love to hear from you about any of our stories this year 2024.

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Let the Magic begin

~ RTN SYLVIA J. OWACHI Club President 2024-2025



Dear Rotarians and Friends,

welcome you all to a new month and the new Rotary Year 2024 -2025. As I embark on this journey of being the Magical President this Rotary year, I am profoundly humbled, honored by the confidence that you my fellow club members have in me. I am excited about this Presidency too, like am sure you saw during the very colorful installation ceremony last Tuesday. The very vivid excitement on your faces last Tuesday gave me great hope about what we can achieve this year. I would like to deeply and sincerely thank all of you for your contributions in whatever way to our joint installation and more importantly the team that worked their socks off to make the event the resounding success that it was!

This year is themed the "Magic of Rotary" and as Rotary International President Stephanie Urchick said "The True magic of Rotary lies in the everyday acts of Kindness, compassion and service that define who we are as Rotarians". She further said that "It is up to You, You create the magic with every project completed, every dollar donated and every new member." This will be the basis of everything we do this year.

As we enter the 2nd year in the implementation of our 3-year strategic plan, we will build on the good work that has

already been done by my predecessors. At our meeting this week, we will walk through our implementation plan so that all our members buy-in and commit to our goals for this Rotary year. Our goals have been developed along the strategic priorities for Rotary as outlined below: -

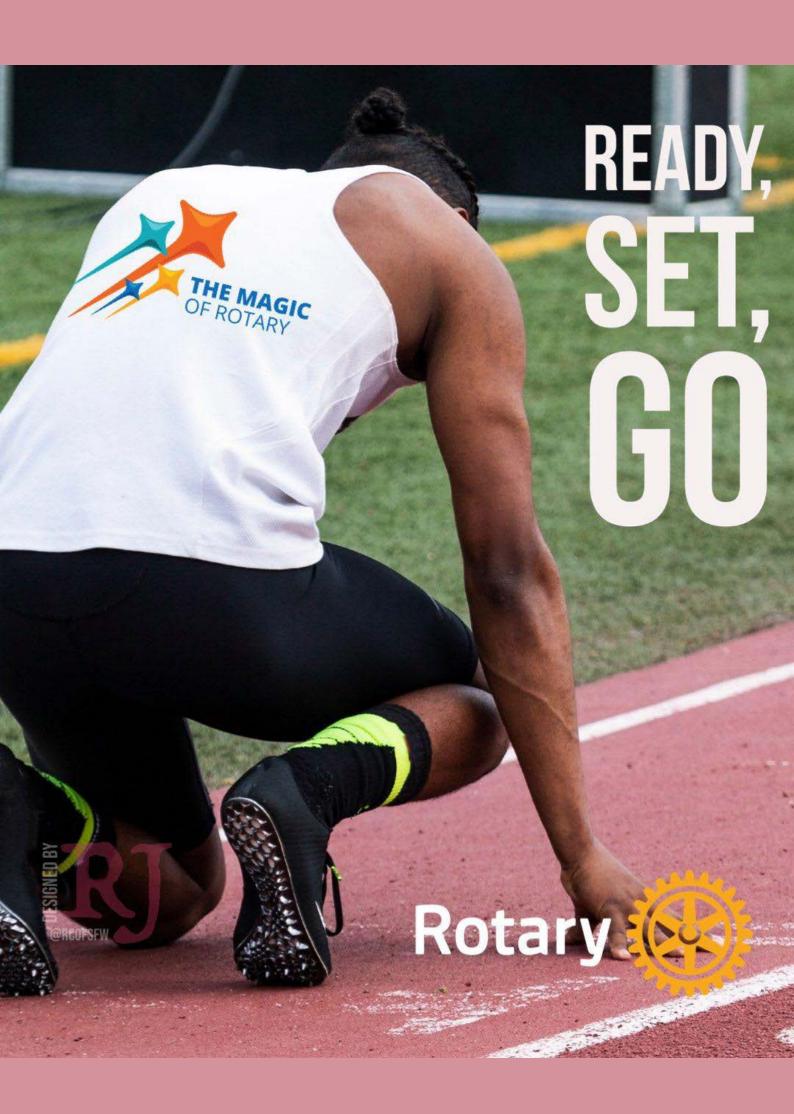
• Enhance Participant Engagement through Service participation, social activities, Leadership development, Training and attendance of District events and conference



...we will build on the good work that has already been done by my predecessors,"

- Increase our impact through giving to the Rotary Foundation and undertaking impactful projects using Global Grants.
- Expand our Reach by members sponsoring new members and growing membership, birthing a new Rotary club and sponsoring Rotarators for the Rotary Youth Leadership Awards (RYLA).
- Increase our Ability to adapt by enhancing our governance practices and online presence.

I have no doubt that we will all give our best this Rotary year. So let the fire of service burn hot and bright in our club this Magic Year so that we ignite the Rotary Motto of "Service Above Self". Let's all be more deliberate, intentional and become better Rotarians and let us all work to make this our Governor's Club simply irresistible!!



Towards a Greater Vision

~ **STEPHANIE A. URCHICK** *RI President 2024-2025*



Peace in these troubled times.

Peacebuilding is one of our top priorities, and one of the most effective ways we can build peace is with our Rotary Peace Fellowships, through which peace and development professionals learn how to prevent and end conflict.

JULY 2024

notary is at its best when we foster a sense of inclusion and belonging in our clubs. In fact, I would go so far as to say that belonging is The Magic of Rotary itself.

With a focus on inclusivity and belonging, it is easier to be united in a common purpose. When we are committed to one another and focused on our goals, we are most effective.

Rotary's Action Plan can help. The Action Plan comes with tools you can use to collect feedback, assess your club's strengths and weaknesses, and address challenges.

The world is changing, and our clubs can't afford to stand still. But the changes we make need to be consistent and strategic — building on one another toward a greater vision. The Action Plan can help you work toward that vision and create effective change within your club. Following the Action Plan and addressing suggestions from the community will go a long way to fostering the sense of belonging we want all Rotary members to feel in their clubs.

That's why expanding our commitment to diversity, equity, and inclusion is so important. Committing ourselves to each other's well-being is the first step to expanding our reach, allowing us to spread Positive

We offer the fellowships through our Rotary Peace Centers at leading universities around the globe, where more than 1,800 Rotary Peace Fellows have graduated. And thanks to a \$15.5 million gift from the Otto and Fran Walter Foundation, we can continue supporting peacebuilders in more regions with the next peace center at Bahçeşehir University in Istanbul.

Opening another peace center is a monumental achievement, and it is my great honor to invite you to celebrate at next year's Rotary Presidential Peace Conference at the Istanbul center. The three-day conference 20-22 February will highlight the many ways our family of Rotary advances peacebuilding. Registration for the conference is officially open. I hope to see you there.

The 2025 Rotary Presidential Peace Conference has great potential for our peacebuilding efforts — but only if we have your support.

The truth is, we're not going to bring peace to the world, end polio, or grow membership by waving a wand and saying some funny words. It's up to you. You create the magic with every project completed, every dollar donated, and every new member inducted.

I love my Rotary family and I know you do too. That's why I know that together, we can make every club and district simply irresistible. This year, let us change the world by embracing The Magic of Rotary.

Rotary in Uganda launches new giving platform

otarians in Uganda raised nearly **Shs2.5** billion (USD 645,000) in the year ending 30th June to support Rotary's work in local communities all over the world.

This contribution maintains Uganda as the highest giving country in the region, second only to Nigeria in Africa, and among the world's top 30 giving countries to The Rotary Foundation (TRF).

The Rotary Foundation uses this money to provide clean water and sanitation, support education, prevent and treat disease, save mothers and children, grow local economies, promote peace, and protect the environment.

Rotary International has set a target of growing the Foundation's says L Endowment Fund to \$2.025 billion by 2025. District 9213, which covers most of Uganda, in turn aims to raise a minimum of \$700,000 to contribute to this global target.

In order to make giving easier and more convenient for more Rotarians, District Governor Anne Nkutu on Monday launched the 25 x 25 TRF Relay, a mobile money-based solution.

The new giving platform will complement other ways that Rotarians give to The Rotary Foundation, including direct card payments and collections from their clubs.

In Uganda, contributions to the Rotary Foundation have enabled clubs to implement community service projects in a number of areas, including provision of clean water and sanitation in remote communities and construction of classroom blocks and dormitories.



Part of increasing the impact of our community service projects is ensuring that we have a strong resource base,"

says DG Anne Nkutu.

In the last Rotary year, clubs in District 9213 implemented projects worth more than Shs2 billion.

These life-changing projects are in addition to others that Rotary in Uganda has implemented over the years. For example, the Rotary Blood Bank at Mengo Hospital, has contributed significantly to

addressing the challenge of blood shortage in the country.

The Rotary Cancer Run, which has been held annually for more than a dozen years, has not only raised awareness about the killer disease but also supported the construction of two bunkers at Nsambya Hospital, housing testing and treatment machines.

Uganda also implements the Rotary Family Health Days, a massive annual

1-3-day nationwide health campaign that provides comprehensive free healthcare services and referrals to thousands of citizens across communities in the country.

The programme, which had served nearly a million Ugandans by the time the Covid-19 Pandemic struck in 2020, was a

response to inadequate medical facilities and insufficient numbers of health

Uganda also hosts a Rotary Peace Centre, the first in

Africa, at Makerere University. These Centres train change-makers devoted to peacebuilding and conflict resolution.

"We want to build on what is already there, and encourage clubs to stay longer with the projects they are already working on so that we can increase our impact."



This Rotary year,
we are going
to consolidate,
increase our impact
and promote
sustainability,"

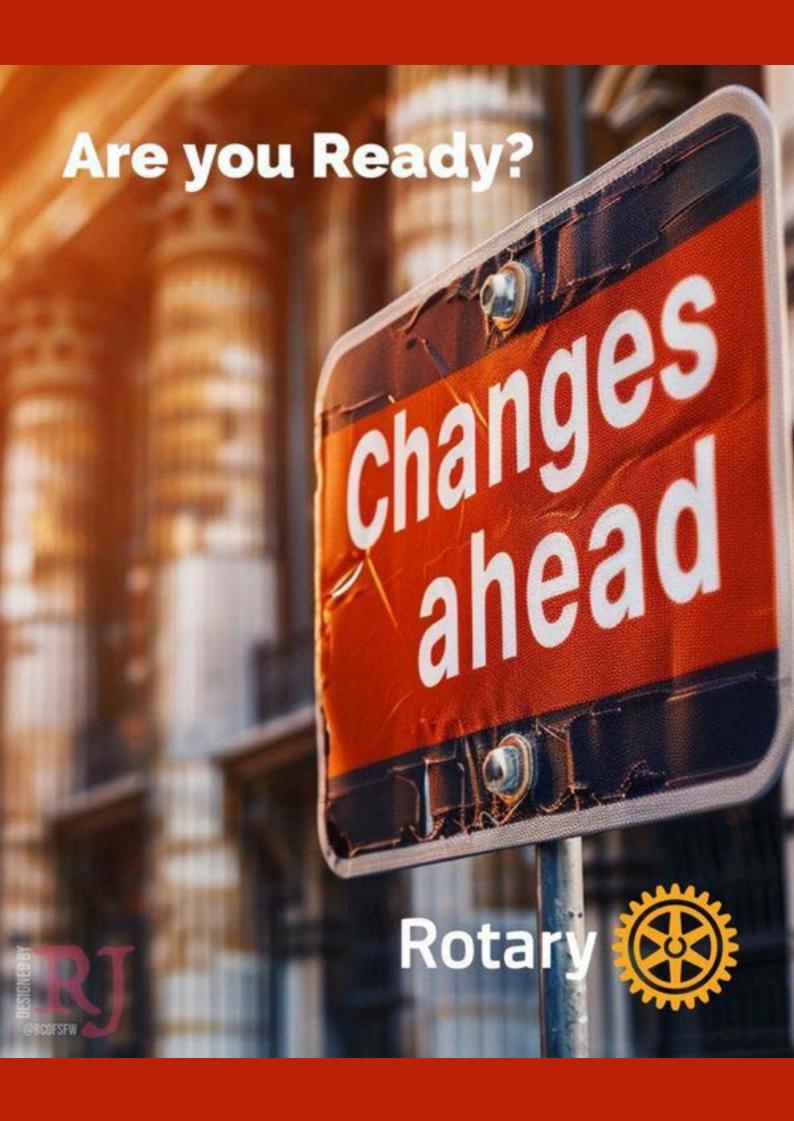
says DG Anne Nkutu.

Joint Installation at RC Kampala Naalya



Joint Installation at RC Kampala Naalya





When the delight of joining Rotary cools, what next



BY RTN MATHIAS MULUMBA

few days have gone by since she was last inducted, a sense of pride from wearing the lapel pin on her blouse, lit her face day long. A tangible reminder of her new found membership. Today marks the third Rotary meeting, and Claire is eager to immerse herself in this vibrant community.

And it's beginning to get into the lingo at her workplace... Tuesday is booked... Claire has a rotary meeting this evening. A new spot to gravitate to, anxious, she heads to the venue of their Club meetings at Ndere Center.

Shortly before reaching the venue, rays of mixed feelings shroud her; am I smart enough...ah look at this dress, crumpled up in some areas...think I need to powder up a little... glancing at her reflection in the car mirror. Gosh now this hair... is my lipstick smooth... should I splash some perfume? She needs to scrutinize all this and must use a bigger mirror. Stepping out ... she scans the environs for the 'rooms' to freshen up and touch up first.

Upon entering the venue, the first impressions of soft hugs from members still linger on her mind. She gets more, and is beginning to like this warmth,

"Come sit here near me", beckoned Paul a seasoned member. "What would you like, tea or juice", he offered.

it lifts her

confidence.

Claire's eyes lit up at the gesture. "Thanks...I will go for a cup of tea!" She replied, adjusting her dress lightly and settling her bag on the table. By the look of things, Claire had tried to blend in and be nice to her new family. Soon more Rotarians showed up half filling the seats around the tables, a few ladies scanned smartphones, others had friendly talk catching up with each other and their day's

The small talk lowered on the strike of the bell that rang sharp in her ears. That Bell ... strangely it was synonymous with her primary school days that would signal the beginning and end of lessons or break time...that nostalgic feeling briefly fleeted in her mind.

"Members let's start the meeting!" announced the President. She was smart in her floral dress and adorned a blue and yellow stripped chain with names of past presidents knit in rows on it. Claire was just beginning to comprehend the weight of power the president seemed to

exert. Like a headmaster at the school parade, the President's call seemed to fetch respect

here... among these notables. Whoever chose the bell symbol, was quite innovative...I mean, what would catch the attention of these adults, leaders, officers, CEOs, business fellows?

Masking nerves, she was not alone...this was the first meeting the newly installed

President chaired. She looked slightly anxious...intentions of making an impression tensing her cheeks. Was the Presidents' Chain heavy around her neck? Then, with crisp accent, she called on the Buddy group to lead the norms list. Shortly after, she stood up to deliver her maiden address as President. A paper carrying prepared remarks held tight in her hand. "Fellow Rotarians, I am privileged to stand before you today. The new Board has outlined the Club goals of our tenure in close considerations of the strategic plan we set two years back..." she noted. All eves trained on her, she wore a smile that conveyed ... We can do this!

On that concluding remark, Claire sighed, pursing her lips, a soothing sense of calm enveloped her. 'I am safe with her', she mused. She glanced around the room as members clapped to the President's speech. These were fair company to keep... she reassured herself and looked forward to winding the evening with this new family. She had to define herself among these notable members, her new home!

Welcome Claire,

our newest

Rotarian!" Older

members reach

out to make her

comfortable."





In Support of the **Makerere University Rotary Peace Centre** #APeaceConcert24







"The curious beauty about African music is that it uplifts even as it tells a sad story."

Nelson Mandela

PARTNERSHIP WITH: fireworks



My Rotary Journey

BY RTN JULIE KISEKKA



After a year of visiting

different clubs, I made

up my mind to join a

club near my residence

and that was Rotary club

of Kampala - Naalya."

y Rotary journey began when the Late George Walusimbi Mpanga (RIP) advised me to visit Rotary clubs to sell my Insurance products. I met George at St Theresa's Primary school Namagunga and we became friends. He took me along with him to visit various Rotary clubs and he introduced me to all the jolly good fellows. I tried to sell my Insurance products to them but almost everyone had a friend or a relative in the Insurance industry.

One day i requested for a 10 minutes presentation to the Rotary Club of Kiwatule and the then President told me that they had a member of the club who was an Insurer and he was the one handling all their Insurance needs.

This was my turning point. I wished to be that person for some club and i started thinking of which club.

Growing up i knew Rotary was for the rich and famous. I spent about 3 years in a Rotarian's home and all i used to see is Happy generous people who used to meet up for meat and dance.

In 2017, I spoke to the Past President Denis Jjuuko who was then a Facebook friend and he briefly told me about his club. He invited me to join them one of the Tuesdays. I expressed my worry and asked him if a person without a private car is welcome. He told me that it's not about what we have but rather what we can give to the community.

He was away on a business trip but he pushed me to go make my first appearance.

I obliged and reached the serene Ndere Cultural centre for my first meeting. I was received by the Past Assistant District Governor Flavia Serugo who introduced me to the members. I was struck by the warmth and camaraderie of the members. They welcomed me with hugs and Green Bottles of adult Beverages. I felt a sense of belonging immediately.

Since then, I've been privileged to be part of many Rotary projects; from the annual

Glamorous fundraising event, WOMEN IN ROTARY to international service trips. Each experience has taught me something new and given me a deeper understanding of the power of service above self in my community.

I joined Rotary to sell insurance but I was drawn to its values of service, leadership, and community development.

The Rotary Club of Kampala-Naalya has been there for me during many times of need and I am forever grateful. We've laughed, worked, and grown together, and I'm grateful for the friendships, Love and connections that i've made.

My Rotary has been and still is a transformative experience for me. I'm proud to be a member of the District Governor's Club and i pledge to support her as she delivers / Spreads / brings out the Magic of Rotary to District 9213.

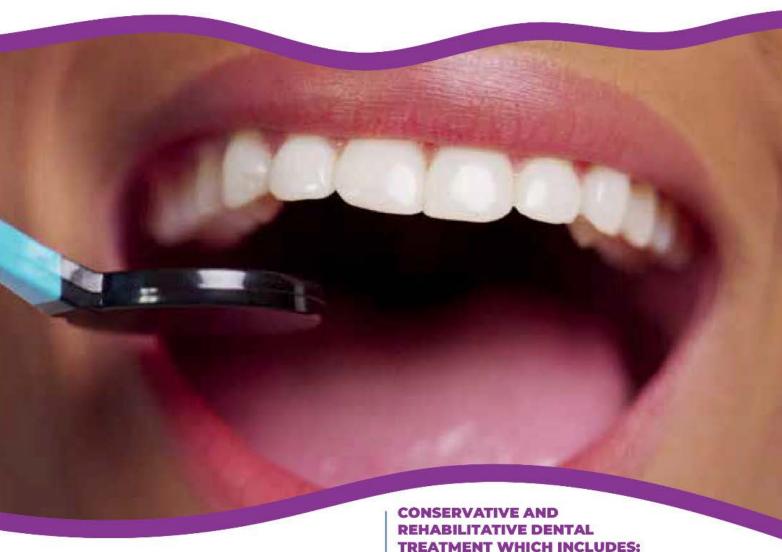
DG Anne Nkutu receives chain at RC Kasangati Installation





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Naalya States Presidential Installation & Charter Night













The industry of bolts & nuts and what small businesses can make on a car

BY RTN. DENIS JUUKO



n one of the dingy alleys of Nakasero at hitherto Kampala's major hardware market area existed a very tiny shop that seemed to attract lots of customers. The customers, largely contractors would come with a piece of metal that they showed to the lady owner. The customers wanted the exact same part.

Many times, the seller didn't know where the part was. She was sure she had it but she didn't know where to find it. However, she knew how to find it. This meant emptying her sacks or baskets on the ground floor and start going through hundreds of pieces of metal to find the part. As more customers came over, she would task the buyer to carefully look for what he was looking for as she attended to another customer. It was tedious but her customers never

they were sure they would find what they were looking for.

The shop owner used to go to Dubai, Japan and such other places to source her wares. Most of them were old stuff, discarded from motor vehic

from motor vehicles, towers, and machinery. Here people would use her wares as replacement parts in vehicles and even factories, construction and fixing whatever needed fixing.

The materials she was selling aren't unique at all. Simply, bolts and nuts. Yes, different sizes of bolts and nuts. As her business boomed and she became the reference point for

bolts and nuts in Kampala, other people started similar shops in Shauri Yako and Kisekka markets. I don't know whether her tiny shop still exists but there are many other shops today

66

The funny thing is that the last time I checked, there was no factory making bolts and nuts in Uganda." that sell bolts and nuts.

They are usually in high demand as replacement parts for vehicles and factories, construction and for fixing lots of things. The funny thing is that the last time I checked,

there was no factory making bolts and nuts in Uganda.

I was once directed to one in Namanve industrial area. The warehouse was well decorated with all sorts of bolts and nuts and other materials that form the fastening industry. I realized the warehouse was a store and wholesale selling point. The owner was simply importing them from China and India. Though of course, my research may not have been thorough and was done several years ago. There could be guys making them today.

I have googled several times how bolts and nuts are made and saw several videos from India and China. There was nothing

..nobody manufactures a car in its entirety. It is small parts made by

so many players..."

complained.

and most

importantly

They knew the

modus operandi



sophisticated about making a bolt or nut. Largely, it involved an iron or steel bar that fed into a machine that sized it, created threads and the shape at the top. Nothing special to be honest.

This story came to mind over the weekend when Kiira Motors announced that it had made eight electric buses from its temporary premises at Luweero Industries in the precinct of the UPDF barracks in Nakasongola. Like every time Kiira Motors makes such an announcement, the story that trends on social media is whether the parts were made in Uganda or not, followed by the argument that we cannot make things.

But nobody manufactures a car in its entirety. It is small parts made by so many players that are put together to make a car. Same way a 5-star hotel makes a buffet. They get ingredients for the buffet from several suppliers who also get them from several farmers. It is called a value chain.

Anyway, most motor vehicles have more than 30,000 parts. Buses, sometimes have as many as 70,000 parts. Many of them have to be fixed together using bolts and nuts. If our argument is that we can't make a car, why then can't we at least make bolts and nuts?

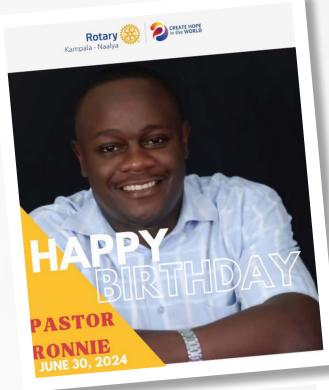
It isn't just bolts and nuts that we can make. There are many things that we can make on a vehicle that don't require significant investment. Individuals asking what are we making on a vehicle can easily invest some little money in such areas — same amount they invest in a plot of land that remains idle and bringing no income in places like Kira (no pun intended).

The beauty of car parts is that the majority can be used in other sectors. For example, we can make car seats but if you can make car seats, you can also make seats for technical benches at stadiums (Hoima stadium is coming up), dental clinic chairs, waiting room/reception chairs and basically any upholstering. We already have an industry here in Kisenyi where taxi seats are made. We simply need to deploy slightly better technologies.

Fiber parts like face and rear. If you can make translucent sheets used for roofing shades and pergolas, you can make car fenders and bumpers. Brackets are used a lot to attach a range of car systems. All one needs is a bender and cutter to turn iron bars into such parts. Anyone making stainless steel balconies can make bus hand holds and cabin rails. Internal aluminum moldings should not be so difficult either.

Cars are very sophisticated as a finished unit but many parts that make a car are not that sophisticated to make. And like I said earlier, most of these parts can be used in all sorts of industries and sectors. Instead of spending our bandwidth on the argument that we cannot make a car, what about, as small businesses, we started with those basic parts like bolts and nuts?

The writer is a communication and visibility consultant. djjuuko@gmail. com









Family Matters



BY PASTOR RONNIE MUTEBI

uke 1:31-35 (KJV): And behold, thou shalt conceive in thy womb, and bring forth a son, and shalt call his name Jesus. He shall be great, and shall be called the Son of the Highest: and the Lord God shall give unto him the throne of his father David: And he shall reign over the house of Jacob for ever; and of his kingdom there shall be no end. Then said Mary unto the angel, **How shall this** be, seeing I know not a man? And the angel answered and said unto her, The Holy Ghost shall come upon thee, and the power of the Highest shall overshadow thee: therefore also that holy thing which shall be born of thee shall be called the Son

of God.

THE POWER OF A WOMAN

The potential of women is always underestimated, yet if women knew their potential, this world would easily turn upside down. The fights in the mindsets of society has made women think they're inferior because it knows what they are capable of.

For example, the indifferent mind is and will always be perplexed by the mystery of our theme scripture.

Never before in human history had it ever been recorded that a woman could bring forth a child without the involvement of a man and his seed. Yet, no man can bring forth a child without a woman's participation. A woman is designed to nurture the multiplier effect of everything she receives.

This truth has a very practical application in daily life.

If the seed represents conception like, then as a woman, you must understand that God has given you the ability to do great things without having to entirely depend on or be at the mercy of a man.

This is to that single woman who thinks she cannot raise her children well because their father is irresponsible. You can do it, just search the potential within!



The potential of women is always underestimated, yet it they knew it, the world would easily turn upside down.

This is the hope to that married woman whose husband left the home, and she is trying to make ends meet for her family. Don't get into a pity party and stake your survival on his return. You can make it!

As we celebrate the new Kampala-Naalya leadership under a woman at the helm of the next 365 days, Our hearts celebrate yet another amazing Rotary year of a woman President.

Take Home: As a woman, if you believe in yourself and the potential God placed in the inside of you, you can take care of your children, build a business, and provide for your family.

Half a year already!

BY PAMELA KAWADDWA

ooooo, as it's said, time flies.. indeed, it does. **How**did we get to mid year? Resolutions and goals
were made at the beginning of 2024. Some people
like myself, jot them down for accountability, others feel it's
ancient, not necessary, or they just don't like the pressure that
comes with goal or resolution writing. Personally, I focus on
goals, not Resolutions. I feel there is a difference...
Do you?

Well, as usual amidst my mind travels, it just knocked me down, realising that it's already half a year. Reflecting on what my goals were, my heart skips.. Yes, I am on the right path but far behind schedule. I feel the months escaped unnoticed.

Pull up!!!!

Let's be grateful that we are still here breathing. With or without the fulfilled goal tasks or Resolutions. Life is everything.
I keep telling myself. As long as I have life, I have a chance of achievement. First things first, I need to count my blessings one by one, for I am not where I was at the year beginning.

Gains and some losses have happened, but I am glad I am still here breathing and keeping strong. The past is gone, the new is sprouting out, and I need to be ready for it! I need to look ahead and be optimistic.

Pick yourself up, dust off your shoes, and get time to get going again! Was it a financial goal you had, a health or weight goal, an intellectual or relationship goal? Whatever you were focused on, keep running the race. Don't get scared, don't throw in the towel. Keep dreaming and take strides towards your goal, not forgetting that a journey of a thousand miles starts with onle one step.

Let's toast to the next magical six months! What you put in is what you will get out. Put in what you wanna get out! Let's do this...!!

Till again.





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Charles Owekmeno



Esther Babirye



Faith Nambozo



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