

# Naalya Food 6th Aug 2024 Bulletin

Rotary  
Kampala - Naalya



Issue 06 | 2024



[www.rotarykampalanaalya.org](http://www.rotarykampalanaalya.org)

## Inside This Issue



Call for Applications  
for RYE 2025-26



Coffee export and its local  
consumption by farmers

# EDITOR'S NOTE

Dear Friends,



Welcome to August, the Membership and New Club Development month. This month we are encouraged to do things differently as part of our attraction, growth and retention strategy.

The more Rotarians we have, the more Rotary Service we can deliver and the world will be a better place.

In her August 2024 Message, RI President Stephanie A. Urchick points at inclusivity and embracing the spirit of belonging as one of the strategies to membership growth.

This issue also brings you a message from DG Anne, President Sylvia Jagwe Owachi's August Message, insights by IPP Godfrey Okello-Omoding in line with this month's theme and much more.

Thank you for devoting your time to read the Naalya Food Bulletin. Special thanks to the Club members who have devoted time to write articles for the Bulletin, we appreciate you all.

*Keno Lillian - Bulletin Officer*

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## Feedback

We'd love to hear from you about any of our stories this year 2024.

Contact the Bulletin Officer: **+256 782 601 009** or

Email: **[rcklanalyafoodbulletin@gmail.com](mailto:rcklanalyafoodbulletin@gmail.com)**





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# Foster Sense of Belonging in Clubs

~ **STEPHANIE A. URCHICK**  
RI President 2024-2025



no charge and catering lunch from a nearby deli. Lunch costs \$10 per person but it's optional, so no one has to spend money to attend a meeting. What a great way to work toward being "fair to all concerned."

**Since making this change, the Holyoke club has gained 13 members. I suspect part of its membership growth is due to the club's sense of inclusivity — the first step toward belonging.**

If you ask members what they expect from the club experience, you might find that your club doesn't meet expectations. Think of this as an opportunity to reshape your club in exciting ways, as alternative club models are making a positive impact.

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**As you receive feedback from club members and community, pursue that spark.”**

initiatives.

For example, a Rotary Fellowship called Beers Rotarians Enjoy Worldwide, or *BREW*, has worked closely with the Water, Sanitation, and Hygiene Rotary Action Group for the past eight years to assist with clean water projects. In that time, *BREW* has funneled 25 percent of its dues to those

***BREW is one of many examples of members pursuing belonging to improve the world.***

I can't stress enough the importance of belonging. Clubs become simply irresistible when all members feel that they are exactly where they need to be. To me, *belonging is the spark that ignites The Magic of Rotary.*

As you receive feedback from club members and the community you serve, I urge you to pursue that spark. The Action Plan can help you find the path to success, and if you light your way with the spirit of belonging, that path will lead to a bright future for your club, your community, and the world.

## AUGUST 2024

**I**f we are to truly change the world with *The Magic of Rotary*, it's up to all of us to foster a sense of belonging in our clubs. But every club should take its own path to get there, and the Action Plan can help you find your way. What does that look like?

**Take for instance the Rotary Club of Beveren-Waas in Belgium. It was chartered in 1974 but has evolved with the times, developing both a strategic plan and a membership plan. To find new members, the club analyzes the city's professions to help focus its search, and all new members are quickly assigned tasks and roles.**

The club also mixes up meeting times, alternating between evening and afternoon sessions, making them accessible for all members.

**Sometimes, circumstances force clubs to make changes. But as people of action, we know that behind every obstacle is an opportunity.**

The Rotary Club of Holyoke in Massachusetts was forced from its meeting place because of rising costs after the COVID-19 pandemic, but members took this setback and turned it into a strength. The club started meeting in a library community room that was available for





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# DG's Message

RTN ANNE NKUTU  
AUGUST MESSAGE



A few days ago, I received a call from my TV service provider. My subscription had lapsed by a week, and the representative was checking in to see if everything was alright and whether I was still satisfied with the service. He also took the opportunity to inform me about channels airing the Olympics and some upcoming programs he thought I might find interesting. Although I rarely watch TV these days due to my busy schedule, I renewed my subscription almost immediately because of the courteous customer service. This interaction, however, got me thinking.

In July, I visited 25 Rotary clubs and even welcomed a new member to the family – the Rotary Club of Adjumani. During this time, I also visited several club projects, focusing on basic education and literacy, disease prevention and treatment, economic empowerment, WASH, and the environment. My carbon credits have increased significantly, as I've planted a tree at every opportunity. I have a deep love for trees, so the more, the merrier.

But beyond that, a recurring theme in these visits has been member engagement. I've heard from various clubs about challenges like low participation levels, attendance issues, late payment of dues, and eventual terminations. While these are valid concerns, I believe they are symptoms of a larger underlying

**issue that we must address. In an ever-evolving world, Rotary clubs face the ongoing challenge of staying relevant and appealing to both current and prospective members.**

Managing membership in today's Rotary clubs requires a fresh perspective and a proactive approach. Modern Rotary members are diverse, ranging from young professionals seeking networking opportunities to seasoned leaders with a passion for community service.

Their expectations and lifestyles differ significantly from those of previous generations, and clubs must not only recognize and respond to these changes but also anticipate and lead them.

“  
People are more selective about where they invest their time & money.”

**In today's fast-paced world, people are more selective about where they invest their time and money, and ensuring that members continuously see value in their involvement is key to retention. I would therefore like to encourage all Rotary clubs in our district to adopt a business-like approach to membership growth and development. Start by “knowing your members” and offering a variety of engagement opportunities that cater to different interests and schedules. This might include project involvement, committee participation, or leadership roles that align with members' strengths and passions.**

Rotary clubs must continually communicate and deliver Rotary's value proposition in terms of community service, networking opportunities, and personal and professional development to attract and retain members. This also includes leading new and existing members to opportunities outside the club, such as Rotary Fellowships and Action Groups.

**Effective club management and highlighting the impact of our projects are also critical. Prospective members are often drawn to organizations where they can see tangible results and strong leadership. Staying ahead of the curve in Rotary membership growth and engagement requires a proactive and innovative approach. By embracing technology,**

fostering an inclusive culture, and continuously evolving to meet the needs of modern members, Rotary clubs can remain appealing and vibrant. Focusing on flexible participation options, clear value propositions, and impactful projects will attract new members and keep existing ones engaged.

**Ultimately, the key to success lies in understanding and anticipating the changing landscape, ensuring that Rotary continues to thrive as a dynamic and impactful organization.**



# President's Message

**RTN SYLVIA JAGWE OWACHI**  
*Club President 2024-2025*



**Dear Rotarians and Friends,**

**W**e closed the month of July with a joint fun fellowship with Rotaractors featuring “**Babaluku**” and the Poetic justice. Babaluku talked to us about philanthropy and the importance of understanding your purpose. He implored each one of us to be authentic and to be genuine givers. As a Rotarian you need to understand your Why and understand your calling. His quote that stood out for me “Don’t just do charity be involved in Charity.”

**The talented group of creatives Poetic justice blew us away with their individual presentations on different aspects of life. Everyone agreed that it was truly a magical evening!! Special thanks to buddy group “Kitobeero” who were in charge of the month’s activities and also emerged winners of buddy group of the month.**

The month of August is dedicated to Membership and new Club Development. Everything around Rotary revolves around members and the asset of each Rotary Club is its members. Membership focusses on attracting new members, engaging existing members and retaining members within Rotary. Members undertake projects, serve in various capacities and give to Rotary. A

club therefore needs to place emphasis on the 3 different categories of members;

- Prospective members – Understand why they would like to join Rotary and give them a positive orientation process and engage them in service projects and other activities.
- Current members – Understand why they stay and ensure you keep the club vibrant and engage them in leadership and other club activities.
- Former members – Understand why they left and work on issues of improving member experience, diversity, flexibility and innovation.

“

**Don’t just do charity, be involved in Charity.”**

**This week we will delve into My Rotary and Club runner which are online tools that a member can access to improve their Rotary experience.**

Look out for more on membership and new club development this month. Be reminded that Rotary is a global network that strives to build a World where people unite and take action to create lasting change. Becoming a Rotarian connects you with diverse group of professionals who share your drive to give back.

**Be Blessed.**

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FOR IMMEDIATE RELEASE:

## CHANGE OF VENUE FOR THE ROTARY CANCER RUN 2024.

05/08/2024:

The organizing committee of the 13<sup>th</sup> Annual Rotary Cancer Run announces a change in the venue for this year's event. Due to unforeseen renovations at the Kololo Ceremonial Grounds by the Ministry of Defense and Veteran Affairs, the Rotary Cancer Run 2024 will now be hosted at the UMA Lugogo Parking Grounds.

We acknowledge that this shift may come as a surprise and deeply regret any inconvenience it causes. Rest assured, this change will not affect the run's activities, routes or the designated parking zones.

Aligned with our unwavering commitment, we promise to create an unforgettable, impactful experience for every individual involved. Your continued enthusiasm and participation are the lifeblood of this noble cause, and we urge you to keep registering and spreading the word.

Our mission remains steadfast: to raise UGX 4 billion towards the completion of the Cancer Treatment Center at Nsambya Hospital, contributing to the overarching target of UGX 13.38 billion. Your involvement and support play a pivotal role in this journey, and together, we can indeed make a monumental difference in the fight against cancer.

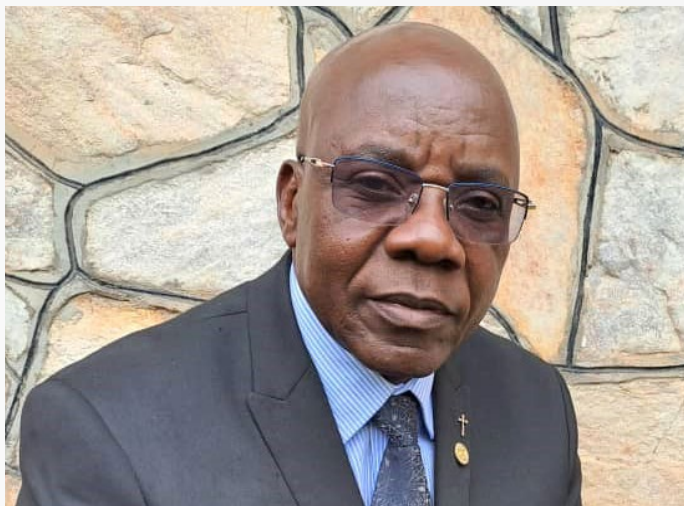
Join us at the UMA Lugogo Parking Grounds with the same spirit and energy that define the Rotary Cancer Run. Thank you for your understanding, your enduring support, and for standing with us in this vital cause.

For more information;  
Rtn. Michael Niyitegeka  
Committee Chair 2024

Rtn. Dianah Kagere  
Chair-Media Management

Rotary Cancer Program  
Plot 425 Zzimwe Road, Muyenga  
Tel: +256 393 194575.

# Facilitating Membership



**BY IPP GODFREY OKELLO OMODING**  
*Club Training Facilitator*

In the structure of rotary club leadership, the immediate past president automatically becomes a club training facilitator after his/her presidency. This may bear wisdom of ensuring that the immediate experience of past president is passed to members when he/she is still fresh through a role of training facilitator. Yet, the preference of a past president may be to have "a rest". It is in this new role that I get myself obliged to write. From time to time, I will be posting some thoughts in the club bulletin.

**To begin with, in this regard, the facilitation of training for club members, we begin with highlighting the nucleus of rotary membership. This being a membership and new club development month, it is appropriate to highlight this "nucleusism."**

What are those aspects that are necessary in building and solidifying membership and new club development? One of them is building club experience. This comes with creating sense of identity that enhances belonging. Members of the club must create their unique identity

and pass over to new members. The experience of each member should give a feeling and sense of belonging. In turn, it should be able to sustain membership. Since joining or belonging to a rotary club is by choice, there is a need for a glue. It takes serious decision making to join an organization which is voluntary and yet requires one to pay and continue giving "free" services and time. Experience can be that glue that binds. Let members share their experiences.

**Listening is another aspect that builds membership. Listening to each member and sharing stories is one recipe for long experience and bonding. Belonging to a club goes beyond attending training seminars or reading reference materials or attending fellowships/meetings. Mentoring has been argued to be helpful particularly for climatizing new members.**

“

**...building club experience comes with creating sense of identity that enhances belonging.**

Yes, how about those already there, presumably the old members? They need continuous learning and unlearning. Listening unlocks among others things the feeling on new concerns, sharing, and continues to instill the heart of serving.

Task involvement of every member is another aspect of building and sustaining membership. This is very essential in holding members together. In rotary, serving is central and is well stipulated in the Object of Rotary. However, reciting of it does not necessarily trigger a serving spirit in each member. It sometimes remains as an echo. It is essential that regardless of the length of time a member has been in the club he or she be assigned tasks to undertake or responsibility to hold.

*...to be continued*





***Brian Mayanja***

*Rotarian of the Month of July - for a  
successful 5-A-Side Club Mobilization*





# Rotarian, A Call for Applications for the RYE Program 2025-2026 from D9213 is on.

**W**ith support from the Power of One (a committee of the Rotary International), students will be placed in various host Rotary Districts (countries). Each host district may offer a scholarship in between a standard scholarship (parents pay air fares, Visa, insurance) to a full scholarship (where hosts pay for most of the requirements, including school tuition, family hosted accommodation, a stipend)

**Share this call with eligible candidates in your community (including but not limited to children of Rotarians) and let them send their applications for review and endorsement to the nearest Rotary Club.**

By 29th November 2024 fully filled in applications FORMS MUST HAVE BEEN sent by email to **David Semakula**  
[davidsam.semakula@gmail.com](mailto:davidsam.semakula@gmail.com)  
(applicants in D9213).

**Note:** The application forms must be recommended and endorsed by a Rotary Club from D9213, before being forwarded to the Chair RYE

#### **Eligibility criteria:**

- Students between the ages of 15 and 17.5
- Presently at the high-school or equivalent academic level

- Willing to learn a new language and adapt to a new culture
- Willing to be hosted in a family.
- Willingness to continue with school whilst on exchange and on return
- Above-average academic performance
- Be sponsored by a Local Rotary District
- Complete and unqualified support of parents or legal guardians
  - Pass medical & dental health exams
  - Ability to Communicate well (verbally, written)
  - Demonstrated leadership skills
  - Adaptability to changing surroundings & customs
  - Residency in certified districts i.e. Uganda
  - Willing to share own culture with host community
- Desire to return after exchange & share experiences
- Willing to be Ambassador for world peace and understanding

During the course of the Rotary year, various physical seminars and Rotary club presentations will be organised by the Rotary Youth Exchange Committee to provide more guidance to the interested Rotary Clubs, Parents and students.

“  
RYE is Rotary  
Youth Exchange  
Program.

# Sangkoo Yun is selected to be 2026-27 RI President

BY ETELKA LEHOCZKY

**S**angkoo Yun, of the Rotary Club of Sae Hanyang, Seoul, Korea, is the selection of the nominating committee to become Rotary International's president for 2026-27. He will be officially declared the president-nominee on 15 September if no other candidates challenge him.

Yun received his bachelor's and master's degrees from the Syracuse University School of Architecture in the U.S. and an honorary doctoral degree from The University of Edinburgh, Scotland. He is the founder and CEO of Dongsuh Corp., which engineers and markets architectural materials, and the president of Youngan Corp., which operates in real estate and financial investment. He is involved in many civic organizations and has a special interest in the preservation of cultural heritage.

A Rotary member since 1987, when he was a charter member of the Rotary Club of Sae Hanyang, Yun has served Rotary International as a director, trustee, committee member and chair, and RI learning facilitator. He served for eight years as co-chair of the Keep Mongolia Green Project, by Korean members of Rotary. His RI committee roles include the Board Administration Committee (2013-15, vice chair



Sangkoo Yun of Rotary Club of Sae Hanyang, Seoul, Korea

(2014-15), the International Assembly Committee (vice chair, 2020-21), and the End Polio Now Countdown to History Campaign Committee (regional vice chair, 2023-27). He also served on The Rotary Foundation's Executive Committee (2019-22, chair 2020-21) and Programs Committee (2019-22, chair 2020-22).

Yun received The Rotary Foundation's Distinguished Service Award in 2021-22. He was appointed an Officer of the Most Excellent Order of the British Empire by Queen Elizabeth II, awarded the Friendship Medal by the president of Mongolia, and recognized for distinguished services by the president and prime minister of Korea. He is a veteran of the Republic of Korea Army and an emeritus

elder at Andong Presbyterian Church.

Yun and his spouse, Eunsun, are Rotary Foundation Benefactors, Major Donors, and members of the Arch Klumph Society, the Paul Harris Society, and the Bequest Society. They have two children.

To learn more about Yun, read his [interview and vision statement](#), which outline his goals for Rotary.

The members of the Nominating Committee for the 2026-27 President of Rotary International are:

Jessie H. Harman (chair), Rotary Club of Wendouree Breakfast, Victoria, Australia; Francesco Arezzo (secretary), Rotary Club of Ragusa, Italy; Per Høyen, Rotary Club of Aarup, Denmark; Jeremy Hurst, Rotary Club of Grand Cayman, Cayman Islands; Jan Lucas Ket, Rotary Club of Purmerend, Netherlands; Urs Klemm, Rotary Club of Aarau, Switzerland; Sam Okudzeto, Rotary Club of Accra, Ghana; Bharat S. Pandya, Rotary Club of Borivli, Maharashtra, India; Julia D. Phelps, Rotary Club of Amesbury, Massachusetts, USA; José Alfredo Pretoni, Rotary Club of São Paulo-Sul, São Paulo, Brazil; Dean Rohrs, Rotary Club of Langley Central, British Columbia, Canada; Kenneth Schuppert, Rotary Club of Decatur, Alabama, USA; Johrita Solari, Rotary Club of Anaheim, California, USA; Katsuhiko Tatsuno, Rotary Club of Tokyo-West, Tokyo, Japan; Guiller E. Tumangan, Rotary Club of Makati West, Makati City, Philippines; Kamal Sanghvi, Rotary Club of Dhanbad, Jharkhand, India; Chang-Gon Yim, Rotary Club of Daegu West, Daegu, Korea

“

Yun received the Rotary Foundation's Distinguished Service Award in 202-22



## Last week's club fellowship



## Visitors last Week

### Rotarians

RC Kampala Impala  
RC Kampala South  
RC Kitante  
RC Semuto  
RC Kampala  
RC Kampala Maisha  
RC Makerere Rainbow  
RC Kampala North  
RC Kasubi  
RC Mityana  
RC Wandegaya

### Rotaracts

Rct Kitante  
Rct Makerere University  
Rct Ntinda  
Rct Cape Munyonyo  
Rct Kampala Naguru TankHill City  
Rct Hoima Kitara  
Rct Kampala Naalya

Guests - 9  
Prospect - 1

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*PHF Godfrey Okello-Omoding*





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# Our Speaker this Tuesday

Rtn Charles Odaga

He is a Member of the Rotary Club of Kampala South,

Served as President in 2021 - 2022.

Served as Assistant Governor 2023 - 2024.

Currently serving as District Webmaster.



TOPIC:

## USING **ONLINE TOOLS** TO **IMPROVE** MEMBERSHIP EXPERIENCE

WITH

**RTN. CHARLES ODAGA**



**7:00 PM**



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KIKOMANDO**

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## *RC Kampala Springs Project at Luzira Church of Uganda Primary School*



## *RC Mukono Central*



## *Inner Wheel District 900*





# Condos *are here* *but are they worth it?*



BY JOACHIM BUWEMBO

**T**wo decades after the enactment of the condominium Act, the open market is finally catching up with the law. The law has precise, detailed and elaborate definitions but in brief, the condominium arrangement is really about the division, acquisition, registration and management of separately owned housing units which are on one building. The observations about the emerging condominium market below are of a layman, not an expert.

**Previously before the enactment of the condominium law, people could 'buy' single units on a building with the risk of losing out if the proprietor did not recognize the transaction. Such transactions were commonly known as goodwill, with agreements drawn elaborately to protect the 'purchaser' since the 'seller' was not the owner.**

These sales mostly involved government property, or property in the custody of government like business premises on buildings previously belonging to Indians

who left them during their mass expulsion in 1972. Those built directly by the government comprised several thousand housing units for public servants in Kampala like flats for mid-level officers in estates such as Bugolobi and Bukoto; mansions for senior officers in Kololo and Nakasero; and low-class quarters in Naguru, Nakawa and Ntinda.

When the government decided to let officers purchase the units they were occupying (at ridiculously low prices) the operationalization of the condominium era had finally come, as many flats fell in this category. Many

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**The demand for  
condos is here  
and it's growing**

apartment blocks had been built by and belonged to the National Housing and Construction Corporation. But some institutional housing units also started going to the “sitting tenants” and bodies that had many of these included Kampala City Council and other local authorities.

**All those are long gone and many, if not most, were immediately resold by the “sitting tenants” who were not doing so well financially, being paid in advance by the ‘loaded’ buyers. If you wanted to buy one of those today, you would have to pay at least twenty times more than what the first person bought it at from the government. So now here we are finally, with developers building blocks specifically for disposal in subdivided units.**

First of all, we must note that demand for condos is here and it is growing. GenZs (those who have the money) are not about to suffer the hassle of buying a plot (where is it anyway?) and then start “fighting” with thieving builders after realizing that most of the cement was diverted to the market and the structure is a death trap poised to fall on the occupants. So buying a “finished” unit whose construction was in any case inspected by the authorities is a much safer option.

A quick survey finds that condos in and around Kampala are overpriced. You may ask overpriced in relation to what. An average



suburban one-bedroom apartment goes for some 200 million shillings. They quote sh195m, a tool marketers use to show it is cheap since it is less than 200.

But at 195m, much of the final finishing is not done, with the argument that it is left to the buyer to finish it according to their taste. How considerate! So the plumbing is there but you have to buy the taps, the showers etc... The painting is sometimes not final because again the buyer's preference is not known to the developer. And the rooms are rather small.

**The condominium blocks visited are also squeezed. If every buyer has a car (which Ugandan buys a house when they don't have a car?) some parking problems arise.**

On average, the two-bedroom condo goes for sh245m (cheaper than sh250m) and you can get three-bedroom affairs at sh295m (read 300m).

These figures are not very high, but if you are not in

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**Even if you are Gen Z, you can not rule out relatives coming to sleep over.**

person who understands the value of money and would ask yourself whether a one-bedroom condo is really worth it.

**This is because you would have surveyed the different options, and found that with sh50m, you can buy a 50 x 100 plot in commuting range of the city centre. (This sounds Kampala-centric but fortunately, the figures are even lower in or around other towns.) So you would see it as a folly to pay sh195m for a one-bedroom flat. Even if you are GenZ, you cannot rule out relatives coming to sleep over for several days...**

You will also realize that you can build a good three-bedroom house to completion, finishing including a nice fence and gate with sh100m on that

the (these days endangered) category that can access the “sacks”, what are the chances of you getting your hands on Sh200m? If you have saved it consistently over several years, then you are a

plot. The remaining 45m can buy a nice car or stage a wedding, there is no harm keeping it in the account or putting it in unit trust and continue consolidating your saving culture. All these you would get from 195m, and be better off than your colleague who buys a three-bedroom condo at 295m. Yes, better off because you will have a compound the size of the entire block s/he shares with 20 other families!

Still, it is not a good thing for everyone to construct their own house because they are not experts and in any case it is wasteful. Imagine every own-built house must have its own drainage/sewerage system! But you cannot afford to wait until sanity comes to the housing market. This of course includes the mortgage market, which in turn depends on the cost of money. If you have approached a bank about a loan recently you know what it is. Finance experts don't want us to decry the current state of affairs and even assure us that there is no debt crisis looming. So let me stop here.





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## Coffee export good but protect farmers from consuming some of it locally.

BY RTN. DENIS JJUUKO



For a few years, coffee prices have been rising greatly crossing the Shs13,000 per kilo mark for the fair average quality or what is known as kase thereby turning many farmers into millionaires. Some of them instantly. The price of Robusta over the last few months has been almost the same as Arabica that usually grows on higher altitudes.

Driving through some villages in Masaka recently, you hardly found a courtyard where coffee was not being dried. And almost everyone dried the coffee on tarpaulins instead of the bare ground of yonder. This obviously means a better-quality product and the fact that people are adhering to the messages being given to them.

**Farmers are also planting improved varieties and applying better farming methods all of which are leading to an improved end product that is demanded across the world.**

In the just concluded financial year, Uganda

exported 6.13 million bags (60kg each) of coffee earning an unprecedented USD1.144 billion, an increment of 6.33% in volume and 35.29% in revenue compared to the previous year.

The higher prices have been attributed to improved quality and quantity but also demand in the destination markets where coffee is consumed.

“...the vulnerabilities still exist and therefore Uganda’s focus shouldn’t entirely be on exports Although there might be other reasons such as increased local consumption in larger exporting countries like Brazil and weather fluctuations in Vietnam, and a changing

environment in Europe starting in January 2025 leading to stock ups. Europe says it will only be buying coffee which is traced to farms that have not been set up after destroying forests.

**Most Ugandan coffee farmers are small and do so on small pieces of land and therefore no forests have been destroyed, which means the demand for our coffee in European markets should continue.**

Although farmers are experiencing the highest prices in 30 years, the vulnerabilities still exist and


therefore Uganda’s focus should not be entirely on exports that is targeting the 20m bags annually. Local consumption is equally important. In Ethiopia, Africa’s largest coffee producer, 60% of the harvests are consumed at home.

**The data may be hard to come up with but imagine how many meetings especially in government ministries, departments and agencies take place on a daily basis. They must be hundreds of them. Many of them have some coffee and tea for the people to enjoy.**

Many officials in government have flasks of coffee and tea beside their office desks and it is not uncommon to find a few government workers enjoying breakfast or a mid-morning snack complete with a hot cup of beverages. Now, imagine if they all were drinking Ugandan coffee! How much money would the government be spending? How much money would the farmers and roasters be earning? Many times, the coffee people drink is imported instant coffees.

At workshops in many hotels, imported instant coffees rule the day sometimes serving





hundreds of people attending conferences and workshops. Private companies and development partners are not exceptional. In a country that is a major producer of coffee!

**I don't know whether the preference of instant coffees is strategic where we prefer to export raw coffee so we can important instant ones or it is one of those things we have not clearly thought about. Should we consume some of the coffee we grow here or we should focus on exporting it only?**

There is no guarantee that the current prices will remain as high as they are today and if we only focus on exports, farmers at one stage may become delusional and abandon it like they did years

ago. To avoid this risk, there must be ways to promote its consumption locally not through fictitious campaigns that teach people how to drink coffee but through a well thought out campaign. A campaign that gets implemented.

A campaign that is implemented by people that are trusted. In the central region for example, Buganda Kingdom pushed these boundaries earlier through their Mmwanyi Terimba campaign, distributing seedlings and the Katikkiro making endless drives to the expansive kingdom to see whether the people were growing coffee. The results can be seen by even a suckling baby.

Government can start with its offices. Procurement officers, administrators and whoever is responsible for purchasing

coffee should be aligned to the fact that charity begins at home. That they can't be singing value addition while importing something as easy to make as coffee. Then private companies and development partners can be encouraged to go locally roasted coffee. Tax incentives could be given.

**This doesn't mean that we abandon the 20 million bags target rather we do both. Improved quality and quantity would ensure that we can go ahead and get nearer to the 20 million bags target while a significant chunk is consumed at home.**

*The writer is a communication and visibility consultant.  
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# Family Matters



BY PASTOR RONNIE MUTEBI

**I**saiah 43:19 (KJV):  
Behold, I am doing  
a new thing; now it  
springs forth, do you not  
perceive it? I will make  
a way in the wilderness  
and rivers in the desert.

## WE ARE GOD'S WAY

It's important to understand how God makes a way in us for the benefit of others. There are situations where you might think there is no way yet God has designed His way through you.

## But how does He do this?

There is an inner conviction within every human, some

call it instinct or "something " it's easy to miss and overlook that silent voice if you do not understand how God works.

The Cancer Run is one of the ways by which God is empowering Rotarians as "THE WAY" to respond by raising funds to complete the bankers at Nsambya Hospital. The inner conviction ignites the urge to be a part of a life-saving agenda.

**Usually, when people wait on God for a way out of a situation, they are fixated on a supernatural manifestation of His great power yet they're the conduits of God's power by reason of that inner conviction.**

They sometimes assume that God is going to appear out of heaven with mighty thundering and scare their enemies away.

That is a very narrow view of how God works.



The potential of women is always underestimated, yet it they knew it, the world would easily turn upside down.

**You need to understand that most often than not, He makes a way through instructions by that still inner voice. This is why you need the open yourself to that inner conviction by which God makes a way through you.**

In his words, Dr. Luke 12:11-12, says that, God uses the word TEACH to tell us how He instructs us in times of trouble.

You may be waiting for the spectacular, yet God only wants you to incline to His voice through that inner conviction and hear Him on what you should do.

**Take Home: God makes a way through His instructions to us. This is why you need to pay attention to that inner conviction**





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# RESERVE THIS DAY



**10TH.  
JAN. 2025**



**15H (GMT)  
18H (EAT)**



**SPEKE RESORT  
MUNYONYO**

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that it uplifts even as it tells a sad story."

**Nelson Mandela**

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# Passion Action Reaction

**10TH TO 12TH  
JANUARY, 2025**

**REGISTER NOW**

**FEE: 380,000 PER PARTICIPANT**

*Payments to: District account (Name: **D9213 Rotary District Dues**,  
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**Theme:** Unleashing Africa's Potential ; Rotaract leading the way

## REGISTRATION



**14th - 17th  
November 2024**



**Las Vegas  
Garden Hotel**  
Kazibwe Road, Bunga, Kampala

**\$80**

Early Bird Registration  
1st Feb -31st July 2024

**\$100**

Late Registration  
1st Aug -14th October 2024

*Note: Fees don't include accommodation*

## ACCOMMODATION

**\$120**

Shared Accomodation  
3 Nights

**\$150**

Non Shared Accomodation  
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Deadline:  
Sat. 31st  
August 2024

**PAY THROUGH REGISTRATION LINK**

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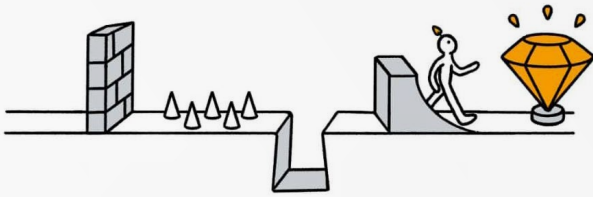
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**JUNGO**



THERE ARE NO REWARDS



# Dear Leader,

BY RTN FRANK NEIL YIGA

One of the keys to unlocking our potential to be in the 1% is how we deal with challenges.

Challenges are an inevitable part of life's journey. They *test our resilience, push us beyond our limits, and shape our character*. Without these obstacles, we stagnate, unable to evolve and reach our full potential.

**"The price we have to pay is not the same for everyone and that's ok. So let us individually train our muscles and pay what we have to in order that we might be at peace with ourselves" - Willi Helbling**

So, embrace challenges as opportunities for growth, for it is through overcoming them that we unlock the most rewarding experiences and achievements.

Embrace & overcome your challenges to unlock true irresistibility. Be irresistible!







**25X25**  
**TRF RELAY**

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**Choose your race**

**No amount is too small**

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25by25.jjengo.com**

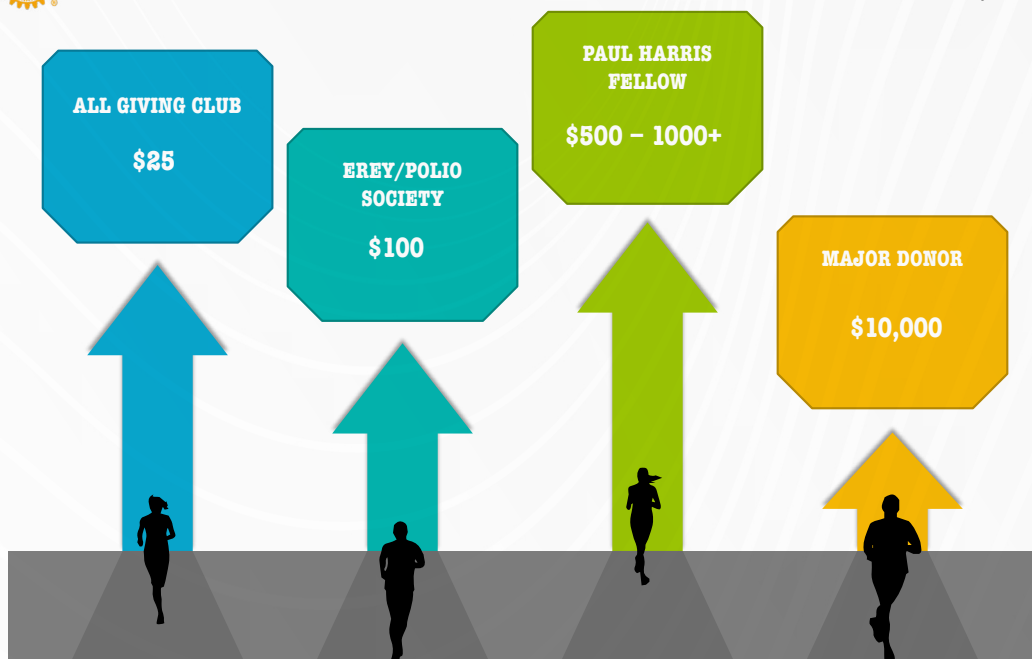
Enter your email address  
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You can donate multiple times

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**25 X 25 TRF RELAY**  
*Choose your Challenge*



# The Silent Battle

BY RTN PAMELA KAWADDWA

**T**his place I once called home, Is suddenly just a house. This place where I've played, Where I've wept and prayed. This place once filled with laughter and weeping. Is now filled with silence, heavy and creeping.

A silence where tensions are building as each man prepares to fight.

I wonder when the silence will crack,  
When the first shot will fire,  
When Hell won't be held back

All I can feel is anticipation  
As I hold my concentration  
And pray I won't break the silence.

If this war's to go on,  
We will each become a pawn.  
And no one will leave uninjured...

Till again...

*Phwyy*





*Rotary District - 9213*  
*International Service Committee 2024*  
*List of Projects seeking Partnerships & Collaboraitons*

	Project Scope	Area of Focus	Rotary Club in RD 9213
1	Increasing availability and access to maternal and newborn health services in Hoima region	Maternal & Child Health	Rotary Club of Nansana
2	Community WASH, Maternal & Child Health Project in Terego District West Nile	WASH Maternal & Child Health	Rotary Club of 7 Hills - Kampala
3	School tree planting, the game changer for our environment	Supporting the Environment	Rotary Club of E-Club Naguru
4	Building and supporting sustainable Peace, Social Justice, and Democracy among Ugandan communities	Peace & Conflict Resolutions	Rotary Club Of Mukono Central
5	Inclusive education and awareness among mainstream schools in Uganda	WASH & Literacy	Rotary Club of Wakiso
6	Economic empowerment of Nyakabande women community group	Economic and Community Development.	Rotary Club of Najjeera
7	Enhancing child health care and development through education and training, family support and reducing barriers to success for vulnerable groups.		Rotary Club of Fort Portal

*Rotary District - 9213*  
*International Service Committee 2024*  
*List of Projects seeking Partnerships & Collaboraitons*

	Project Scope	Area of Focus	Rotary Club in RD 9213
8	KATEBE Adopt A Community	All Areas of Focus	Rotary Club of Kampala South
9	Improving menstrual health and hygiene management in the selected schools from Luweero, Nakaseke and Nakasongola districts in central Uganda.	WASH -MHM	Rotary Club Of Kasana-Luweero
10	Improvement of the Bukerere Health Centre II		Rotary Club Of Sonde & Rotary Club Of Bowmanville D7070
11	Water project in Kamuli Village, Kakiri - Wakiso District	Water Supply	Rotary Club of Nansana
12	Youth Sustainable Skills and Empowerment Program	Adult Literacy	Rotary Club of Lira Metropolitan
13	Awareness Creation & Management Of Sickle Cell Disease (SCD)	Disease prevention	Rotary Club of Tororo
14	Mental-Health Support for Adolescents in Ghetto Communities (MSAG) Project.		Rotary Club of Kampala Naalya &



# KIKOMANDO BUDDY GROUP IN CHARGE



**Ann Natukunda**

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**Anne Nkutu**

---



**Christine Amucu**

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**Denis Jjuko**

---



**Dorcas Karungi Mwanje**

---



**Elizabeth Wamalwa**

---



**Godfrey Okello Omoding**

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**Julie Nabwire**

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**Mathias Mulumba**

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**Rita Aciro Lakor**

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**Sam Byagweri**

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GUIDANCE AND MENTORSHIP

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**or CALL 0752 964 448**

OUR CLUB MEETS EVERY TUESDAY AT 7-8PM

[www.rotarykampalanaalya.org](http://www.rotarykampalanaalya.org)